

# Swindon Borough Council ‘How Are You?’ - student voice survey 2023/24 Year 8 results



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# Introduction

Swindon secondary schools, as part of the 'Raising Aspirations' project were provided with a 3 year license for Chameleon PDE's PSHE resource library, staff CPD and the student voice survey 'How Are You?'

Schools were invited to complete a modified version of the survey, with students in years 8, 10 and 12, in the early part of the 2023/24 academic year. The survey was closed on 19th January 2024.

This report provides an overview and insights from the year 8 survey. A separate report considers findings from year 10 students. There was a very low response rate from year 12 and as a result only the data file has been produced and shared.

The report considers responses of the entire year 8 cohort completing the survey and compares this data by gender and ethnicity. Where appropriate comparison are also made with a wider sample collected in the academic year 2022/23 of close to 11,000 respondents from a range of settings across the UK and beyond.

**It is important to note that not all schools completed and it is likely that the settings taking part in the survey are delivering better PSHE. Results should be interpreted accordingly.**

Headline data is considered and commented across a range of topics and the full data sets can be found in appendices.

Table 1 provides an overview of the number of schools and individuals completing the survey.

Table 2 provides an overview of ethnic minority groups and the number of respondents in each of these groups.

## Key findings

There are some very positive results such as the majority of young people not engaging in risk taking behaviour. However, numbers are quite small.

There are differences in findings between boys and girls, with boys generally reporting more positively. We believe this may be due to girls of this age being at a more advanced stage of adolescence and therefore experiencing different emotional responses and more likely to take some risks.

Girls from ethnic minority groups display some results that are out of sync with their wider peer group.

These findings suggest that in planning PSHE it is important to consider both gender and ethnicity in planning sessions that are inclusive and relevant to all students.

**Table 1**

Schools completing	<b>13</b>	<b>Some schools returned very small numbers</b>
Girls	262	(less girls from ethnic minority groups)
Boys	315	(less boys from ethnic minority groups)
Girls (EMG)*	97	
Boys (EMG)*	79	
Non-gender*	29	Only included in all student data
Total	<b>782</b>	

\*EMG - Ethnic minority groups

**Table 2**

Ethnic Minority Group	Girls	Boys	Total
Asian or Asian British (Indian, Pakastani, Bangladeshi, Chinese, any other Asian background)	43 (11.98%)	33 (8.38%)	78 (9.97%)
Black, Back British, Caribbean or African, Any other Black, Black British, or Caribbean background.	24 (6.69%)	15 (3.81%)	40 (5.12%)
Mixed or multiple ethnic groups. White and black Caribbean, White and Black African, White and Asian.	13 (3.62%)	15 (3.81%)	28 (3.58%)
Other ethnic group (Arab, any other ethnic group)	17 (4.74%)	16 (4.06%)	33 (4.22%)
Totals	97 (27.03)	79 (20.06)	179 (23%)

**Note**

'It was important for us to include the question around ethnicity to understand specific needs around health inequalities relating to ethnicity. The smaller sample size for children and young people from ethnic minority backgrounds could mean that this group are not fully representative of children and young people from ethnic minority backgrounds in Swindon. Due to the relatively small sample size, we did not split responses into the ethnicity background that pupils had identified as, rather we used the term 'ethnic minority groups' to include: Asian or Asian British; Black, Black British, Caribbean or African; mixed or multiple ethnic groups and other ethnic groups including Arab and any other ethnic group. This group did not include White English, White Welsh, White Scottish, White Northern, White Irish or White British; Gypsy or Irish Traveller; Roma or any other White background'. A link to writing about ethnicity is here: [Writing about ethnicity - GOV.UK \(ethnicity-facts-figures.service.gov.uk\)](https://www.gov.uk/government/factsheets/ethnicity-facts-figures).

## Section 1 - Perception Vs Reality

We know that in many walks of life, perception drives beliefs, and peer group behaviour is no exception. It is very common for young people to overestimate the level of risk-taking amongst their peer group. The commonly heard cry that 'everyone's doing it' is often very far from reality. Take vaping, for example. There has been a big increase in the number of young people vaping, but the majority DO NOT vape despite widely held beliefs to the contrary.

The same holds true of many 'risky' or 'exploratory' behaviours. This area is well-researched, and there is good evidence that dispelling these myths can be protective. After all, teenagers on the whole want to behave in the same way as their peer group, so if they know that the majority of their peers aren't smoking, vaping, drinking, or having sex, they will be less likely to engage in this behaviour themselves.

Of course, the main driver of 'exploratory' behaviour is getting older, so we should expect to see the numbers increase as students move up the school. Nonetheless, the later young people engage in the use of substances, the less likely they are to experience harm from them in the future, e.g., dependency. It also allows brain development to take place without the introduction of substances or behaviours that may be harmful.

New research is emerging all the time in this area, but for now, the advice and guidance are that the less exposure young people have to potentially harmful substances, the better. The impact of pornography is less clear-cut; however, in terms of issues around body image and an understanding of respectful sexual relationships, there is potential for misunderstanding and unrealistic expectations.

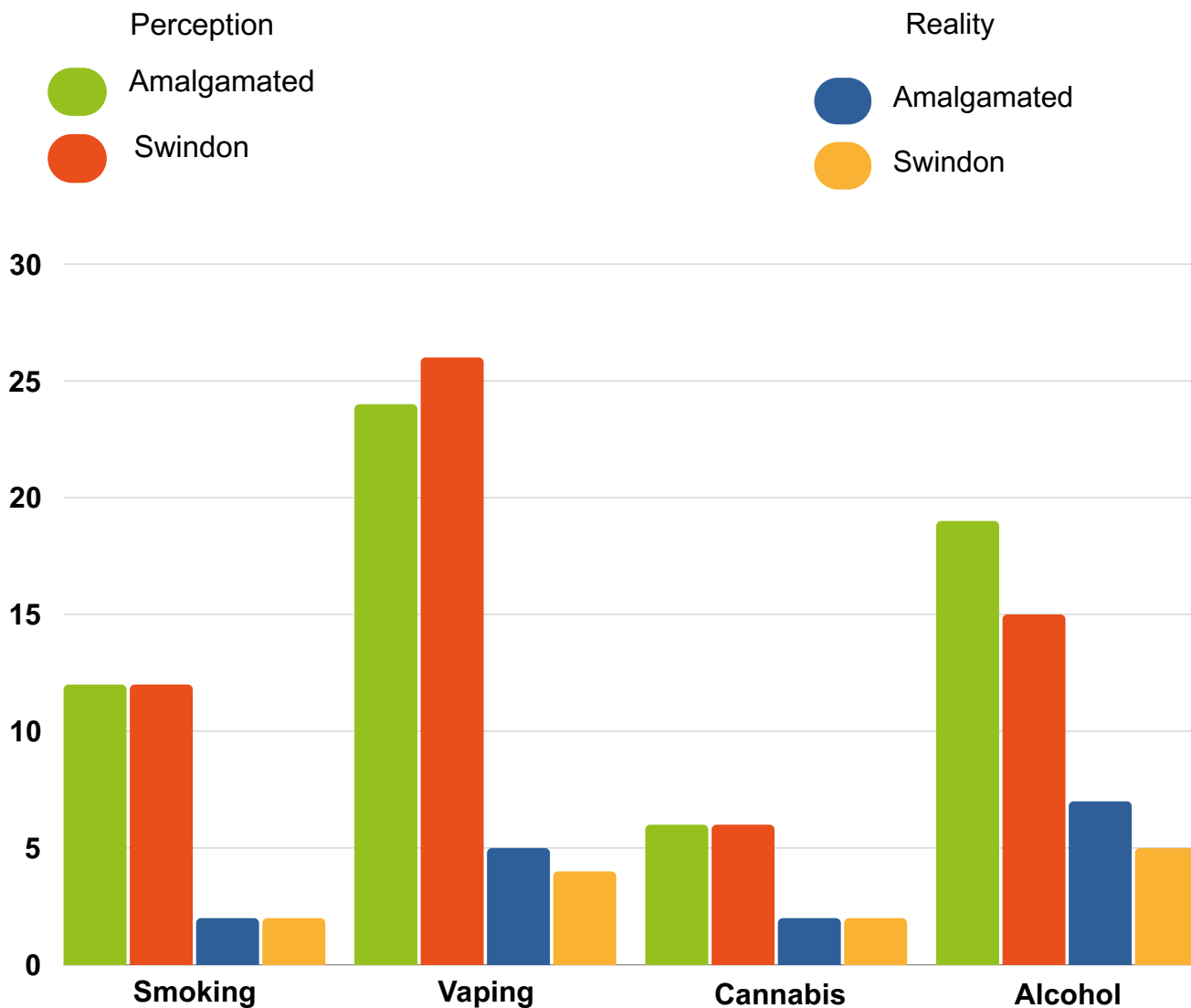
"Everyone vapes,  
don't they?"



# Perception vs reality

Chart 1

% Year 8 substance use (all students)



There are often very wide gaps between perceptions of substance use and what is actually happening.

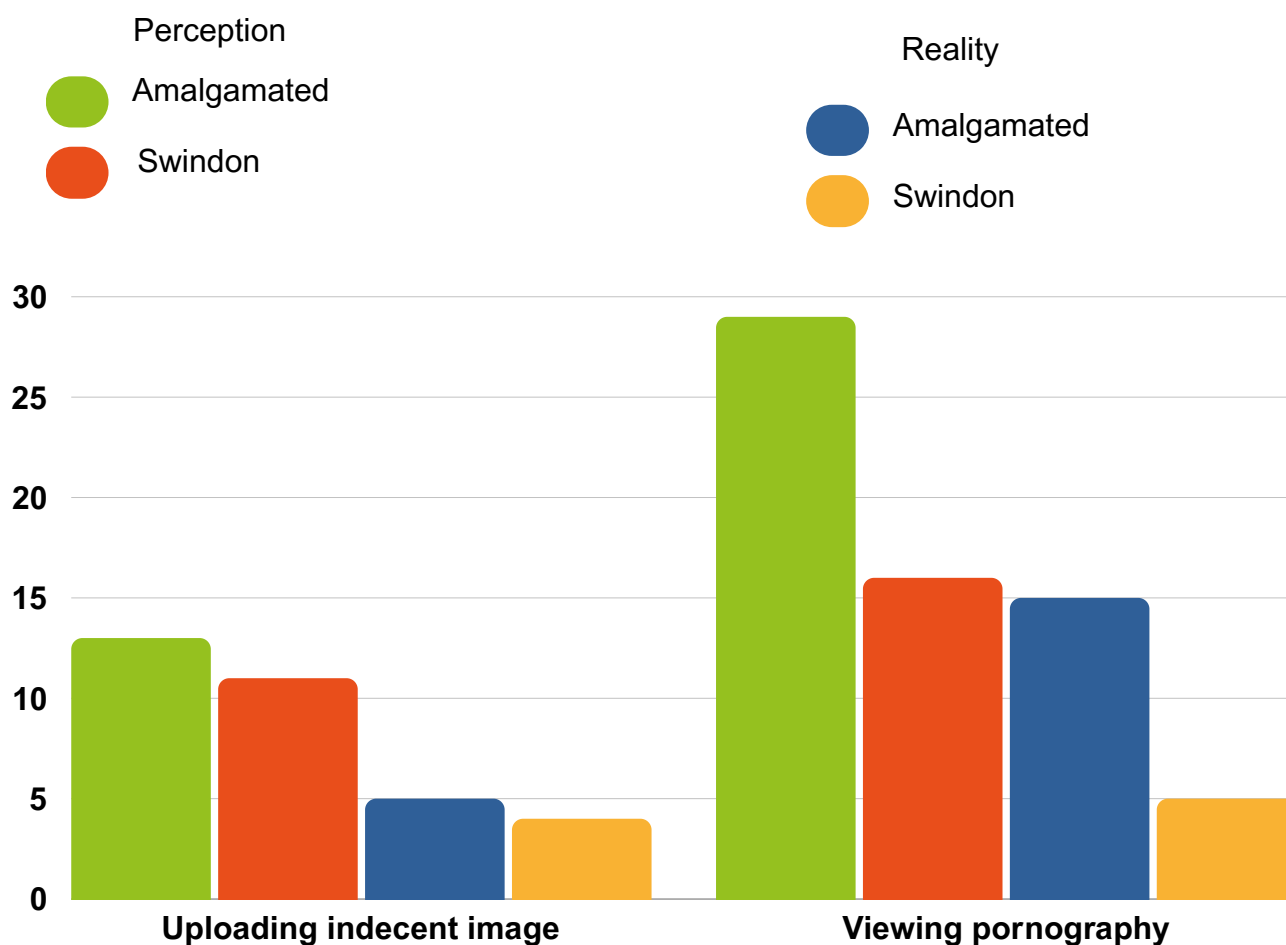
Comparing Swindon Year 8 students to the amalgamated data set there is very little difference between the two groups. Swindon students are slightly less likely to have consumed alcohol.

Most young people make healthy choices around substance use.

# Perception vs reality

## Chart 2

% Year 8 uploading images/pornography



The media regularly gives us the impression that children are regularly viewing pornography. Although it is not unusual for younger students to have seen pornography at some point this does not mean that they are actively choosing to engage with pornographic content.

The year 8 cohort in Swindon who completed the survey both perceive less of this behaviour and as a group are viewing porn significantly less than the amalgamated data set.

Uploading indecent images is also less prevalent amongst students than their peers imagine, and in this area Swindon Y8 are in line with the wider sample.

Year 8 students have more accurate perception re: peers viewing porn and report lower rates of viewing pornography compared to our amalgamated 2022/23 data set



## Perception vs reality

### Swindon (all students) compared by gender & ethnic minority groups (EMG)

Charts 3a to 8b considers how perceptions of year 8 students in Swindon completing the survey compares to 'reality' across a range of behaviours. The graphs are presented in two styles to effectively show the variation in behaviour and perception when filtered by gender and ethnic minority groups. In general, gender accounts more variation in behaviour and perceptions than belonging to an ethnic minority group.

Girls from ethnic minority groups stand out in many categories as having the greatest level of misperception around peer group behaviour and also being a little more likely to engage in risk-taking/exploratory behaviour.

E.g., they are the group most likely to carry a knife (for their own protection) and to choose to view pornography. In other categories the behaviour pattern is the same as boys from ethnic minority groups, however, level of misperception around peer group behaviour is greater in the girls (EMG). **However, numbers are small, so care should be taken when interpreting this data.**

In general girls appear to have a greater level of misperception with regard to peer group behaviour which has implications for PSHE delivery and suggests that emphasis on dispelling myths around young peoples' behaviour in relation to a range of choices.

Charts 6a and 6b show remarkably similar perception and behaviour for girls and boys irrespective of ethnicity. Girls perceive higher levels of regular alcohol use and are also a little more likely to be using alcohol than boys. Still, regular alcohol use is at a very low level across all groups. The Swindon figure for year 8 alcohol use is slightly lower than the amalgamated data set.

# Perception vs reality

## Swindon (all students) compared by gender & ethnicity (EMG)

Chart 3a

% Year 8 - smoking

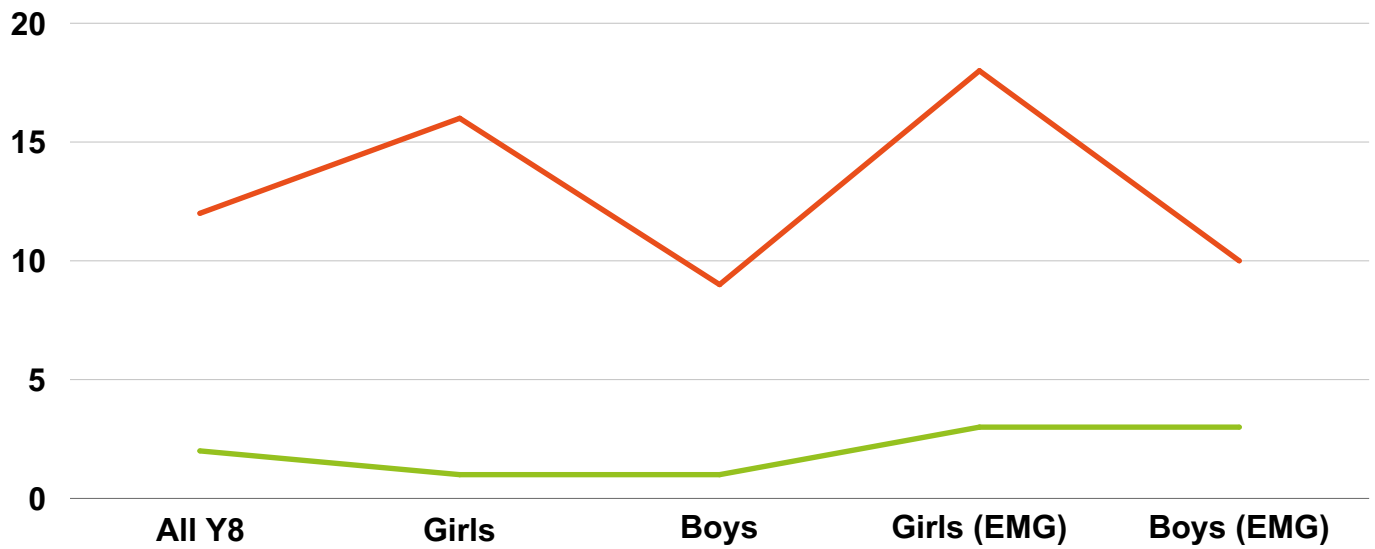
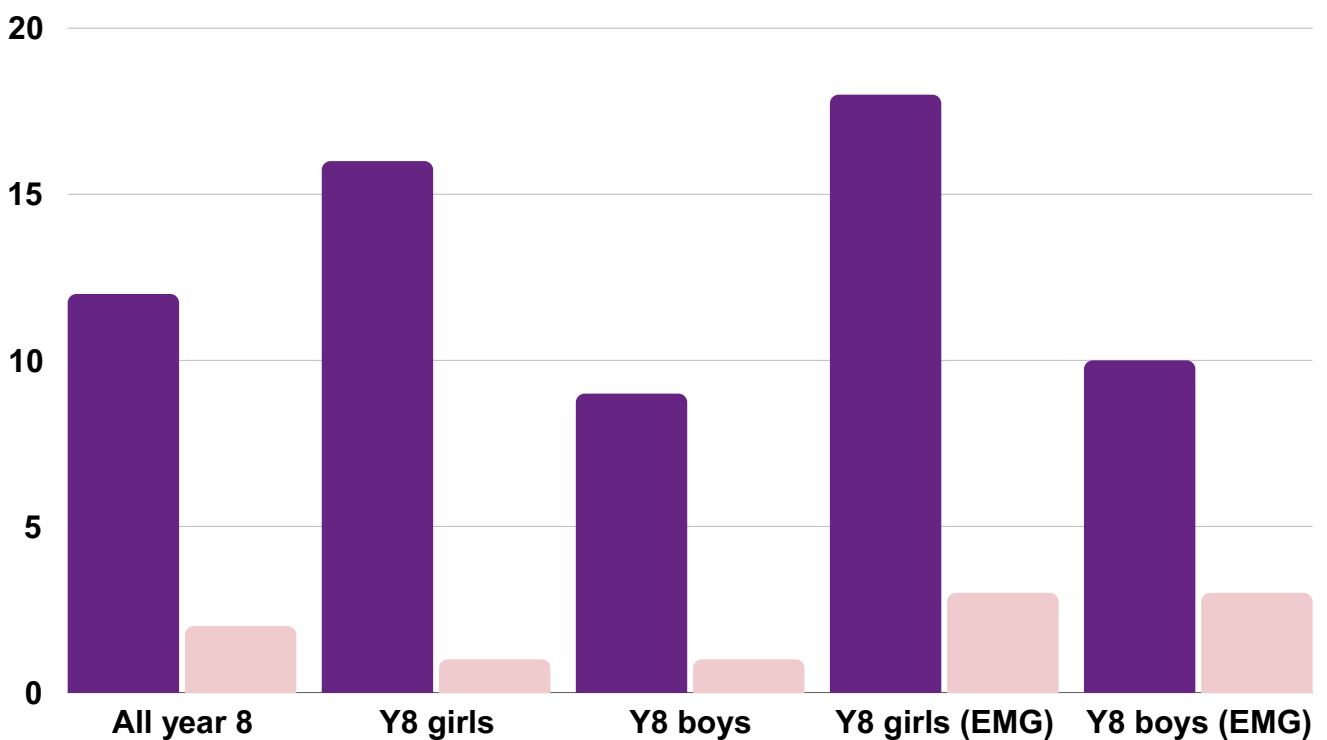


Chart 3b

% Year 8 - smoking

● Perception ● Reality



# Perception vs reality

## Swindon (all students) compared by gender & EMG

Chart 4a

% Year 8 - vaping

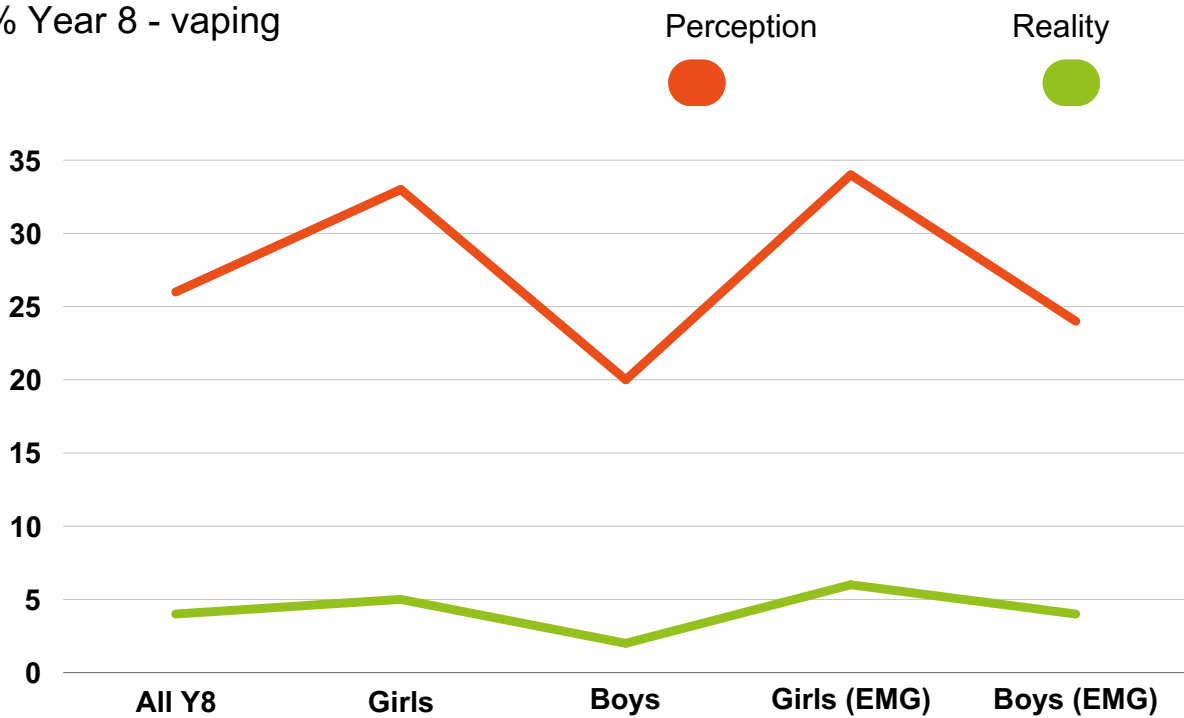
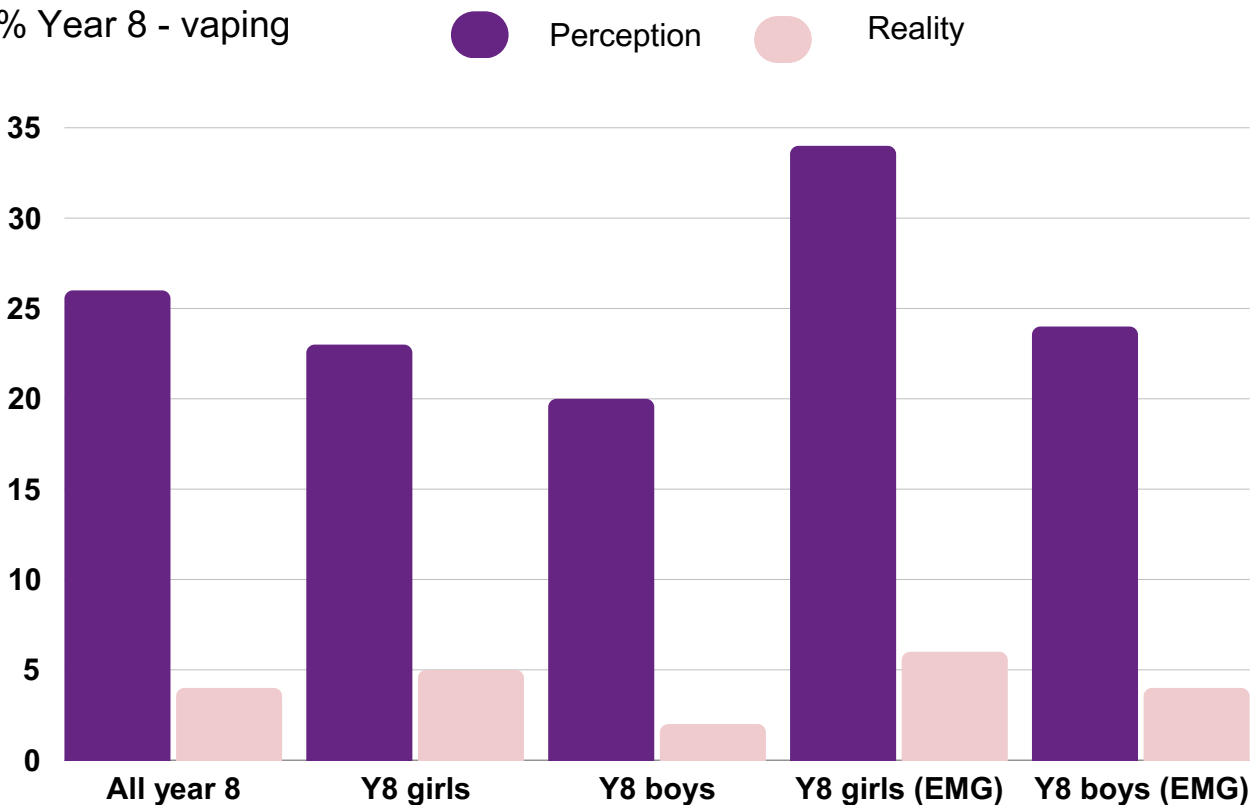


Chart 4b

% Year 8 - vaping



# Perception vs reality

Chart 5a

% Year 8 - cannabis

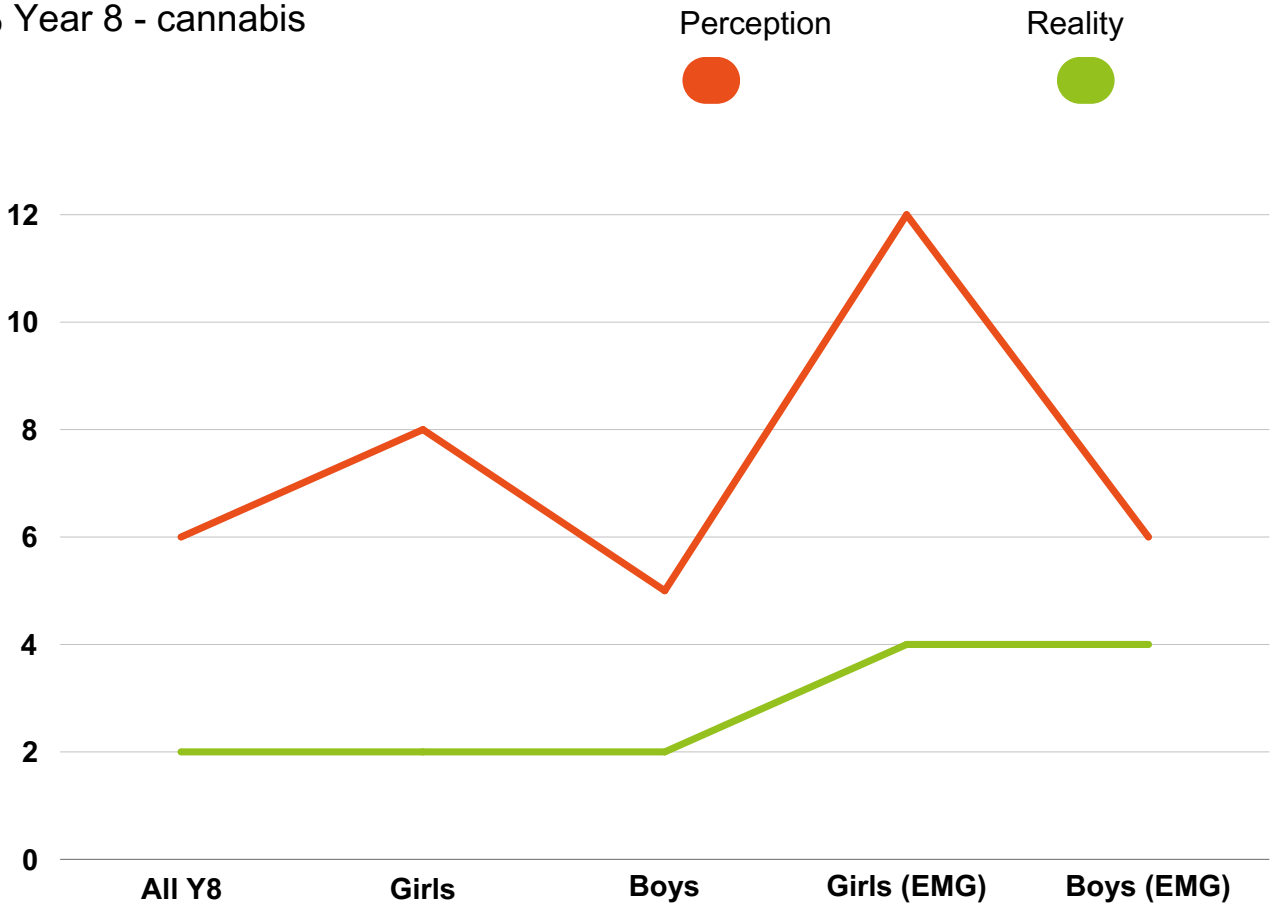
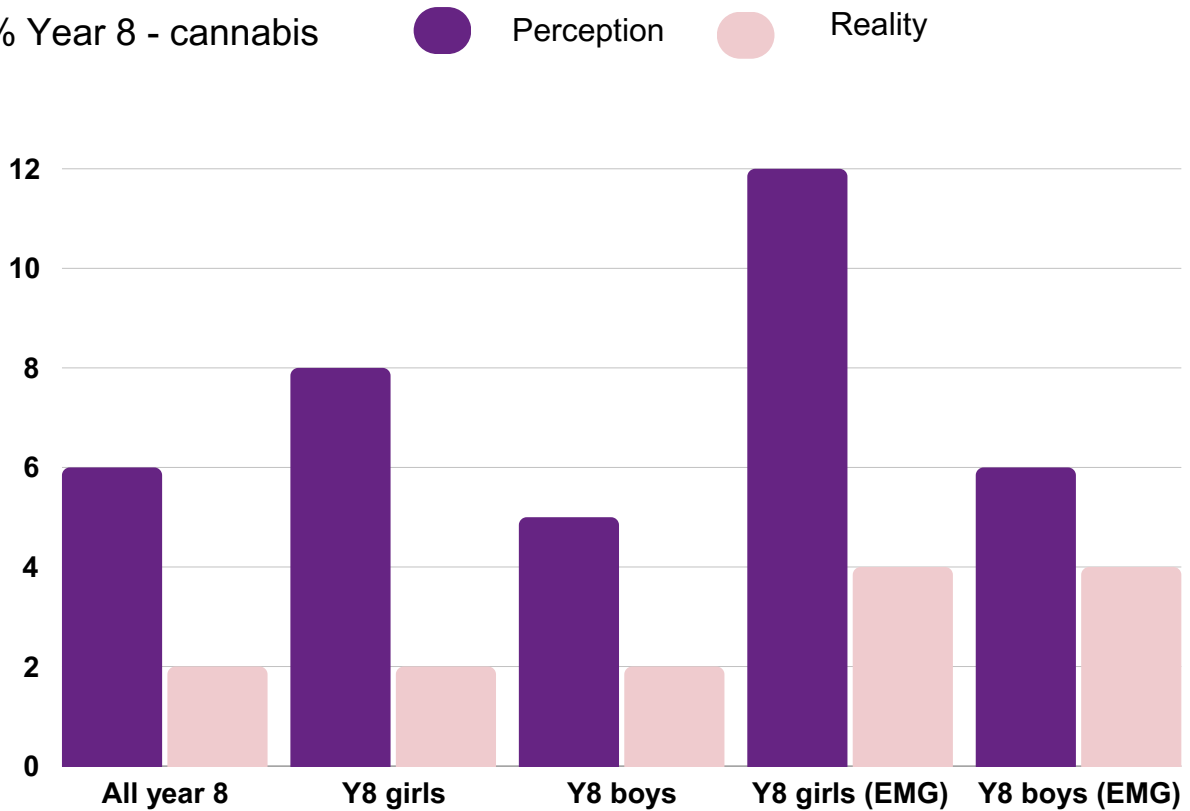


Chart 5b

% Year 8 - cannabis



# Perception vs reality

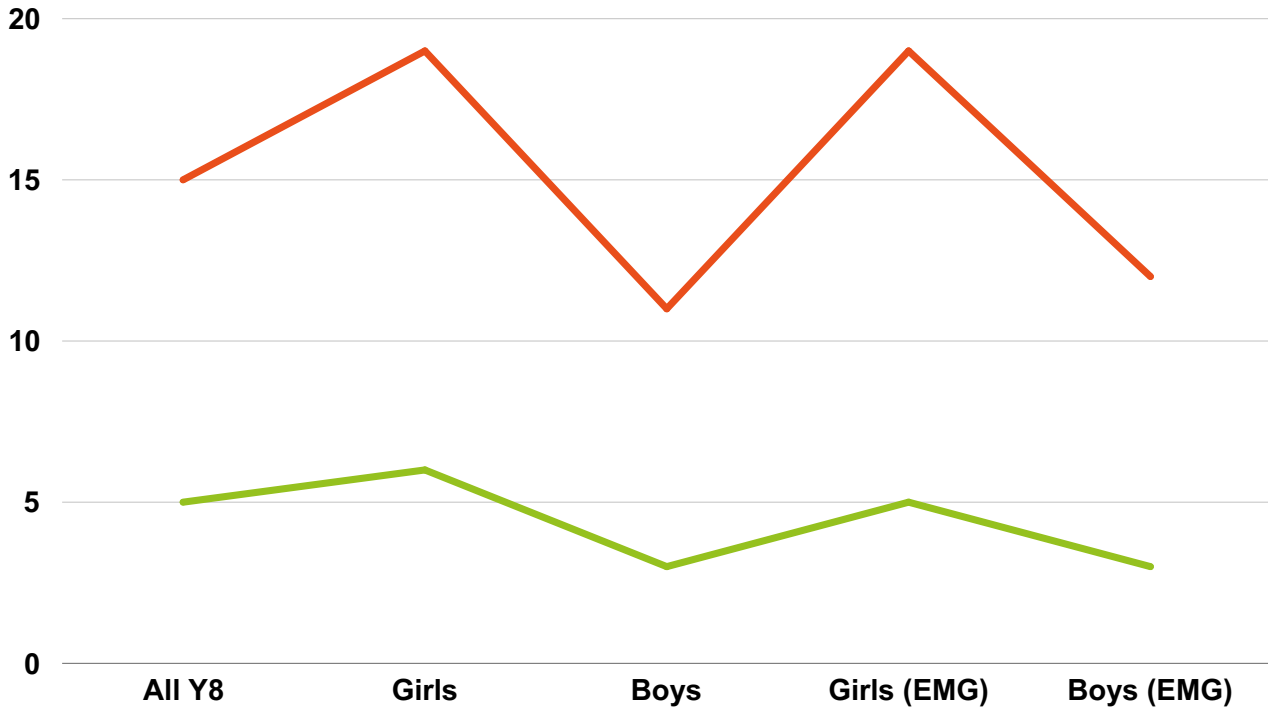
**Chart 6a**

% Year 8 - alcohol (drinking regularly)

All students

Perception

Reality



**Chart 6b**

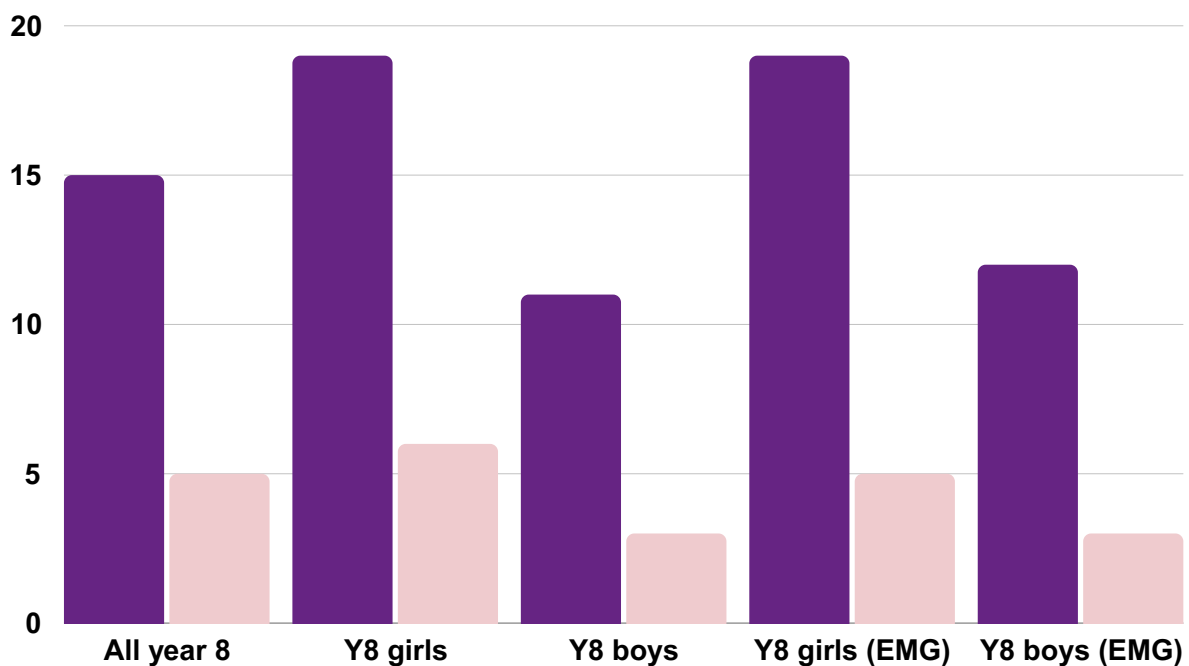
% Year 8 - alcohol



Perception



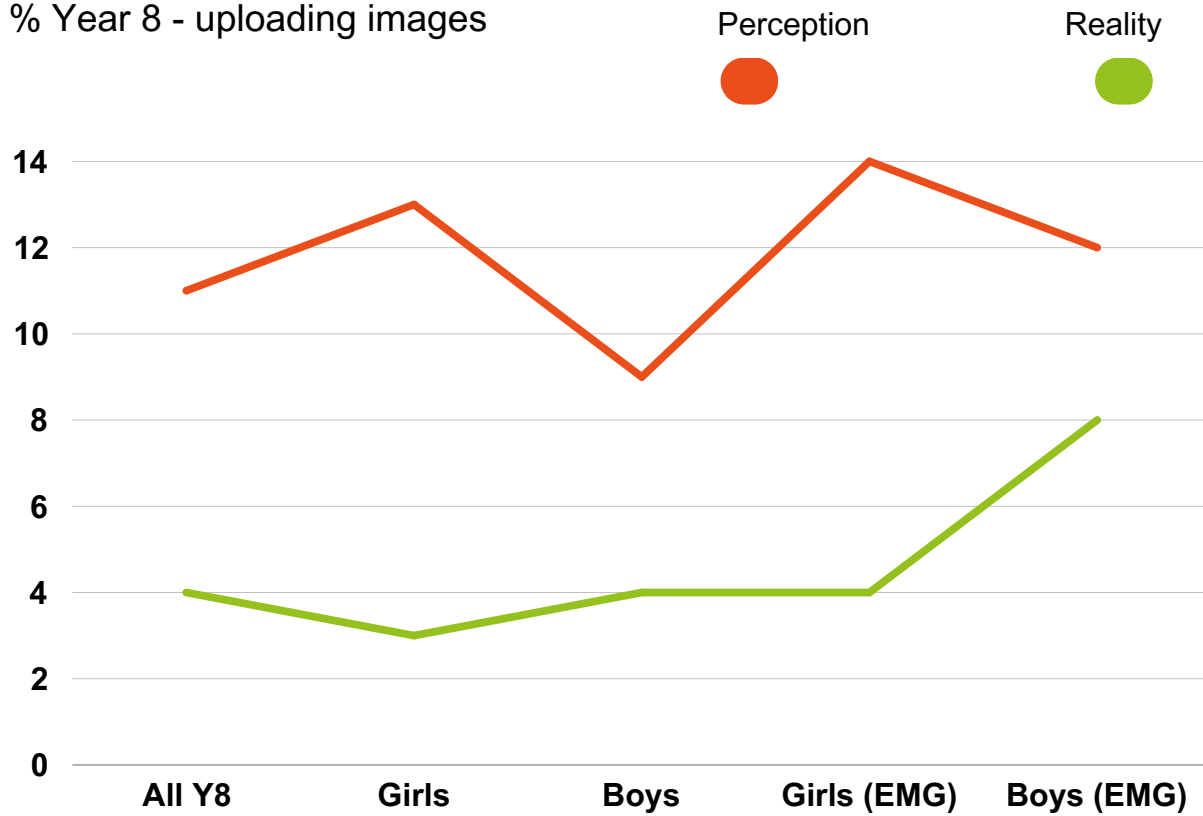
Reality



# Perception vs reality

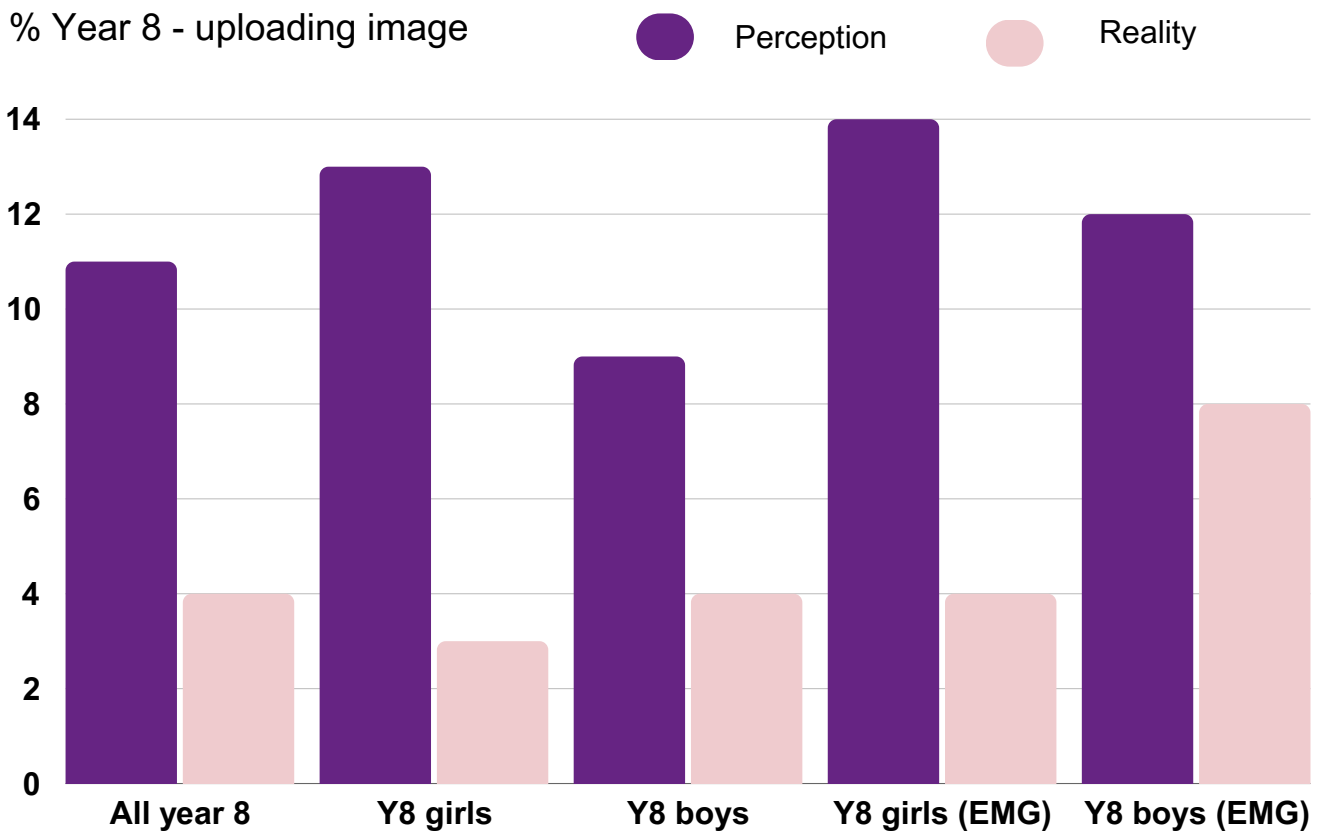
## Chart 7a

% Year 8 - uploading images



## Chart 7b

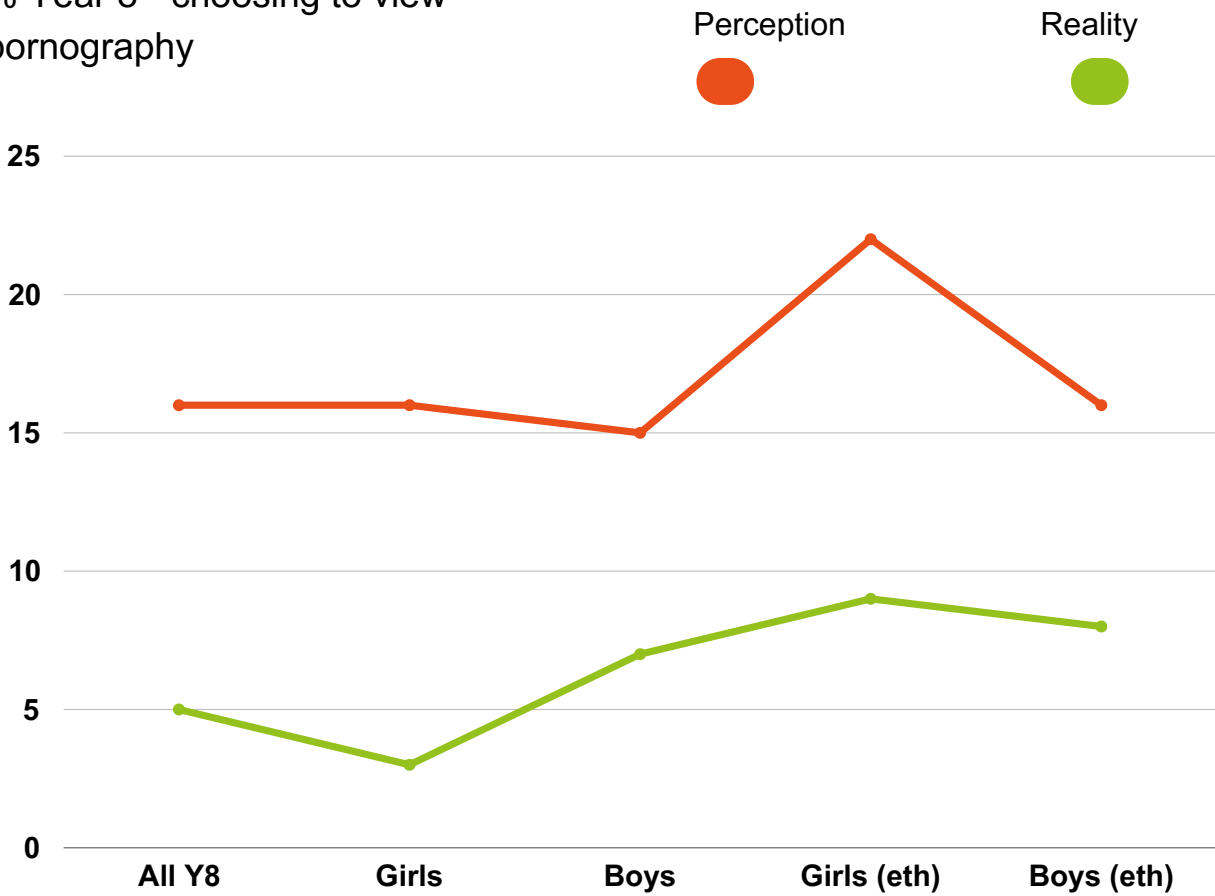
% Year 8 - uploading image



# Perception vs reality

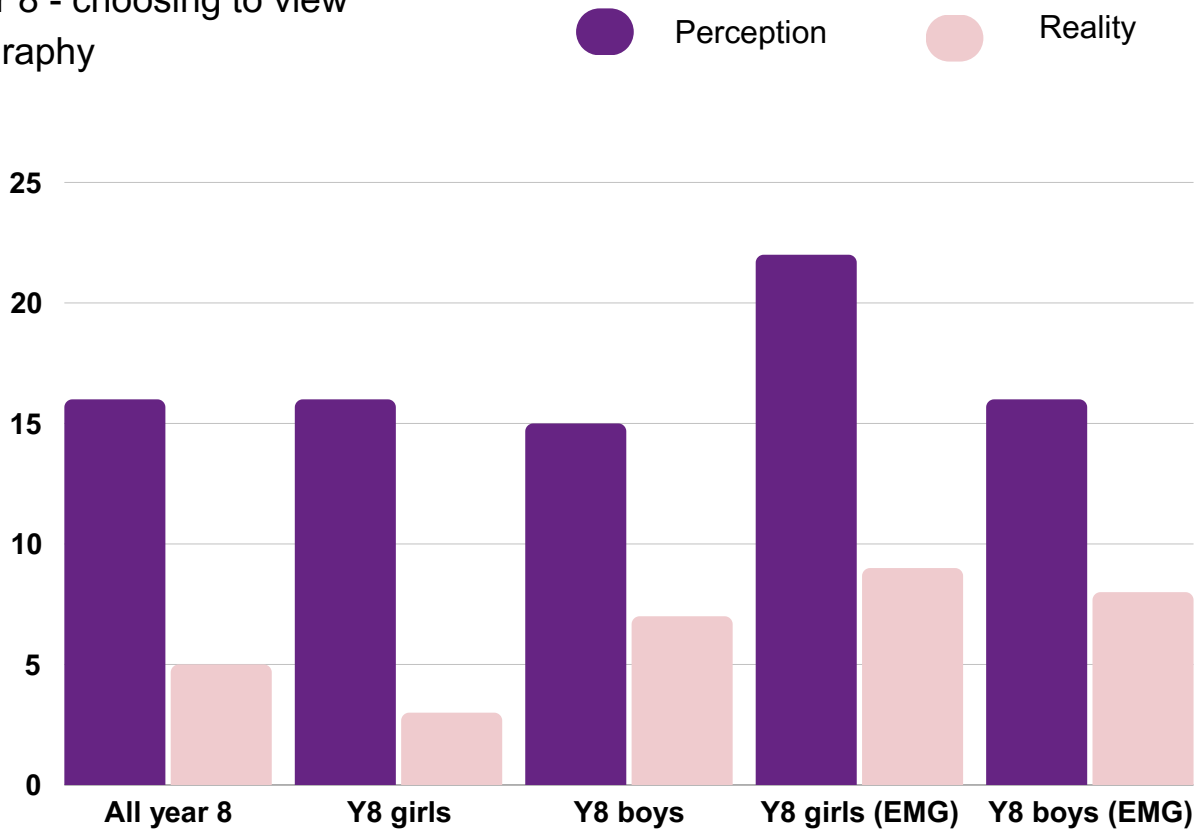
**Chart 8a**

% Year 8 - choosing to view pornography



**Chart 8b**

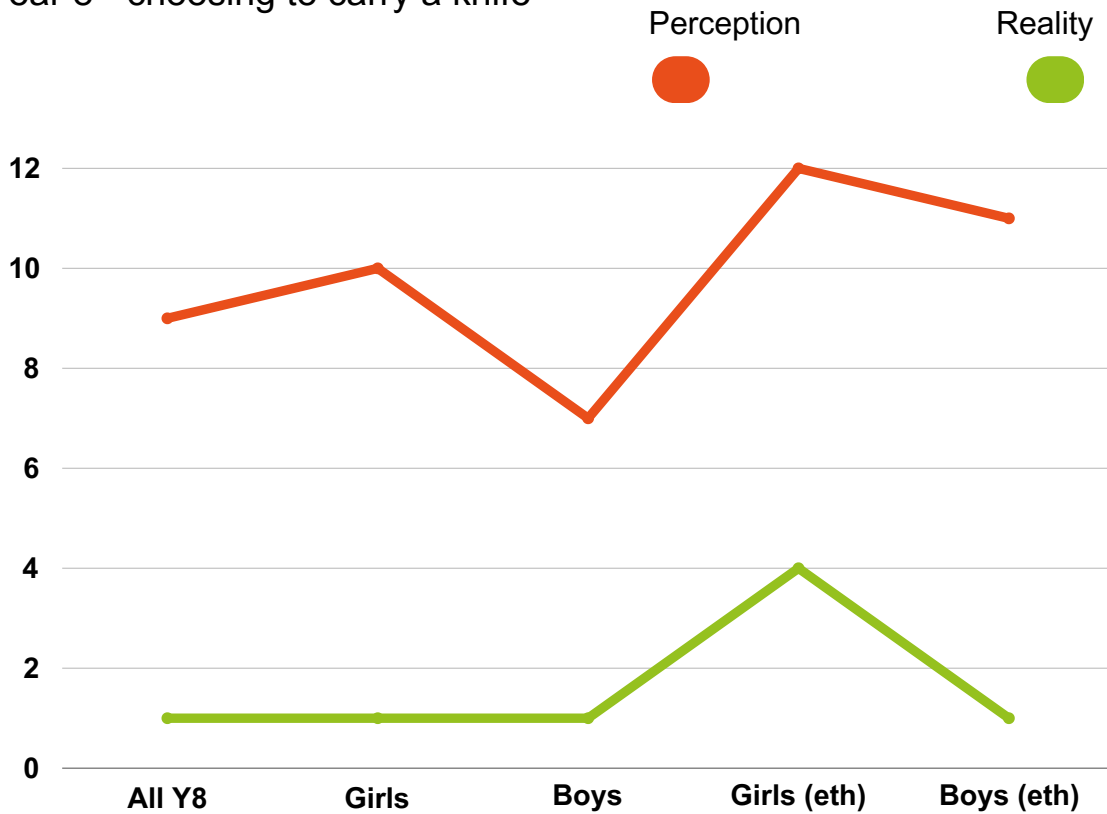
% Year 8 - choosing to view pornography



# Perception vs reality

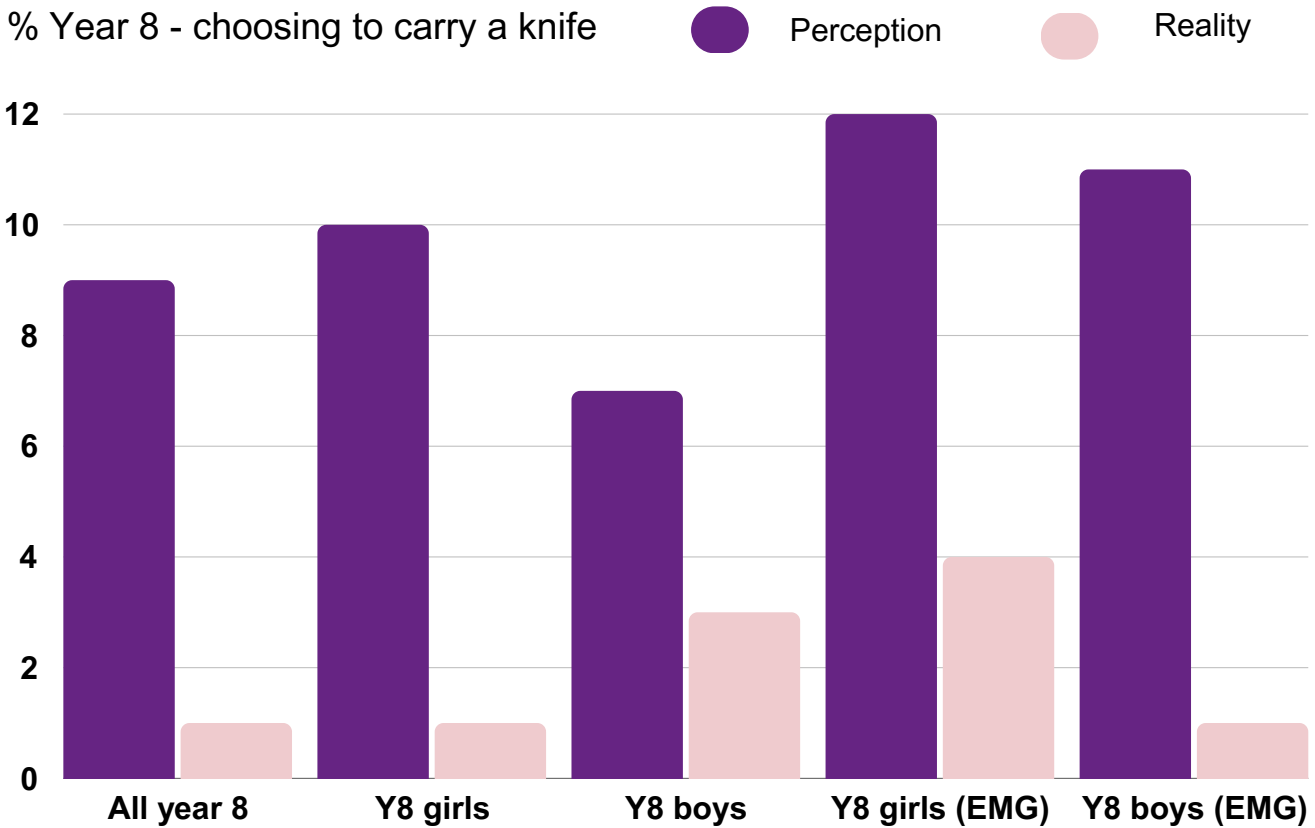
### Chart 9a

% Year 8 - choosing to carry a knife



### Chart 9b

% Year 8 - choosing to carry a knife





## Section 2 - behaviour

This section looks at the key behaviours across a range of activities, many of which indicate how mentally/emotionally healthy students are.

It is more common for students to have received an explicit image than to have sent one and there is little difference between groups in how common this is apart from in the case of EMG girls.(Chart 10).

When looking at gambling behaviour, it is relatively uncommon with boys being somewhat more likely to have gambled. (Chart 11).

Chart 12 displays occurrences of bullying experiences, showcasing data regarding the frequency at which students 'never or rarely' encounter different forms of bullying. The majority of students report that they have never or rarely experienced physical or online bullying, however, verbal bullying is invariably more common. Girls are more likely to report that they have experienced verbal bullying.

When it comes to knowing how and where to report bullying or other incidents and having confidence to do so, boys report more positively than girls. (Chart 13). The most common reason given for not reporting an incident is the belief that staff will not do anything about it. (Chart 14)

Most year 8 students report that they have at least one friend to turn to for support and although the numbers are lower, most also know of a member of staff they could approach. Girls are a little less likely to believe that there is a member of staff in school that they could turn to for support. (Chart 15).

When it comes to self-esteem and resilience (Chart 16), boys paint a more positive picture about being able to manage their emotions and move forward from difficulties.

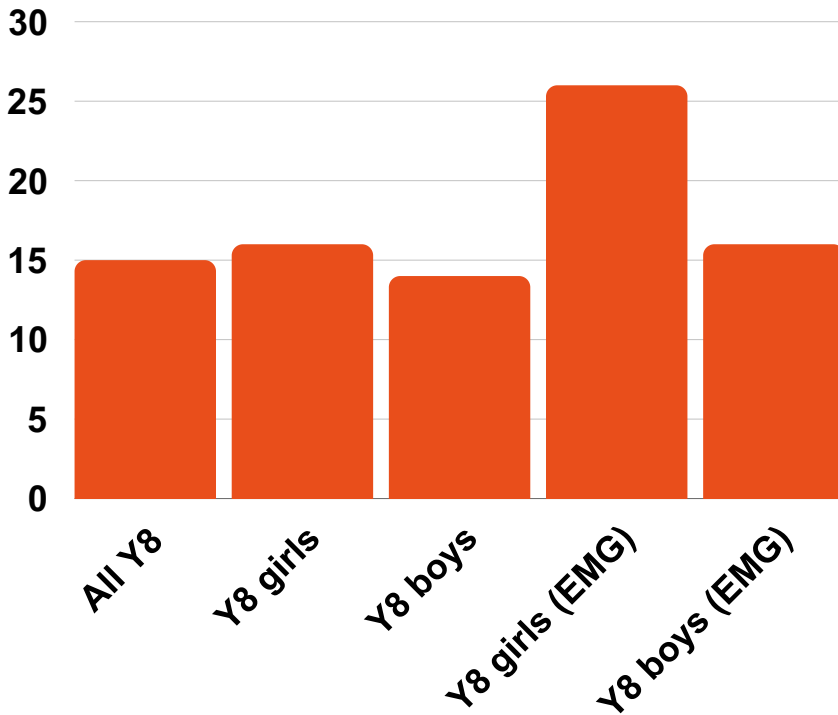
All groups provide very favourable data around their relationship with social media, however at least a third in each category report having experienced an upsetting or frightening incident on social media.(Chart 17).

Much of PSHE is focused around developing both self-respect and respect for others and there are gender differences in reporting on this area (Chart 18) with boys reporting much more favourably than girls. Boys are also more likely to see teachers as positive role models compared to girls. Boys view how they look more positively, which is probably not a surprise. (Chart 19) and are less likely to compare themselves to others (Chart 20).

A significant minority have self-harmed and this is more prevalent in girls. Within the self-harming group, most have stopped, but there are small numbers regularly self-harming and girls are more likely to be engaging in this behaviour. (Chart 21)

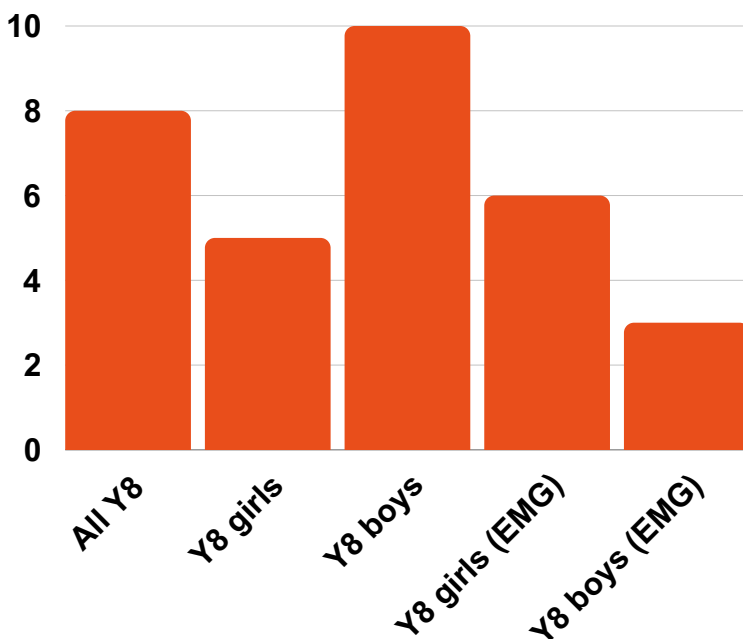
## Chart 10

% Year 8 receiving an 'explicit' image



% Year 8 who have gambled without parental knowledge

## Chart 11



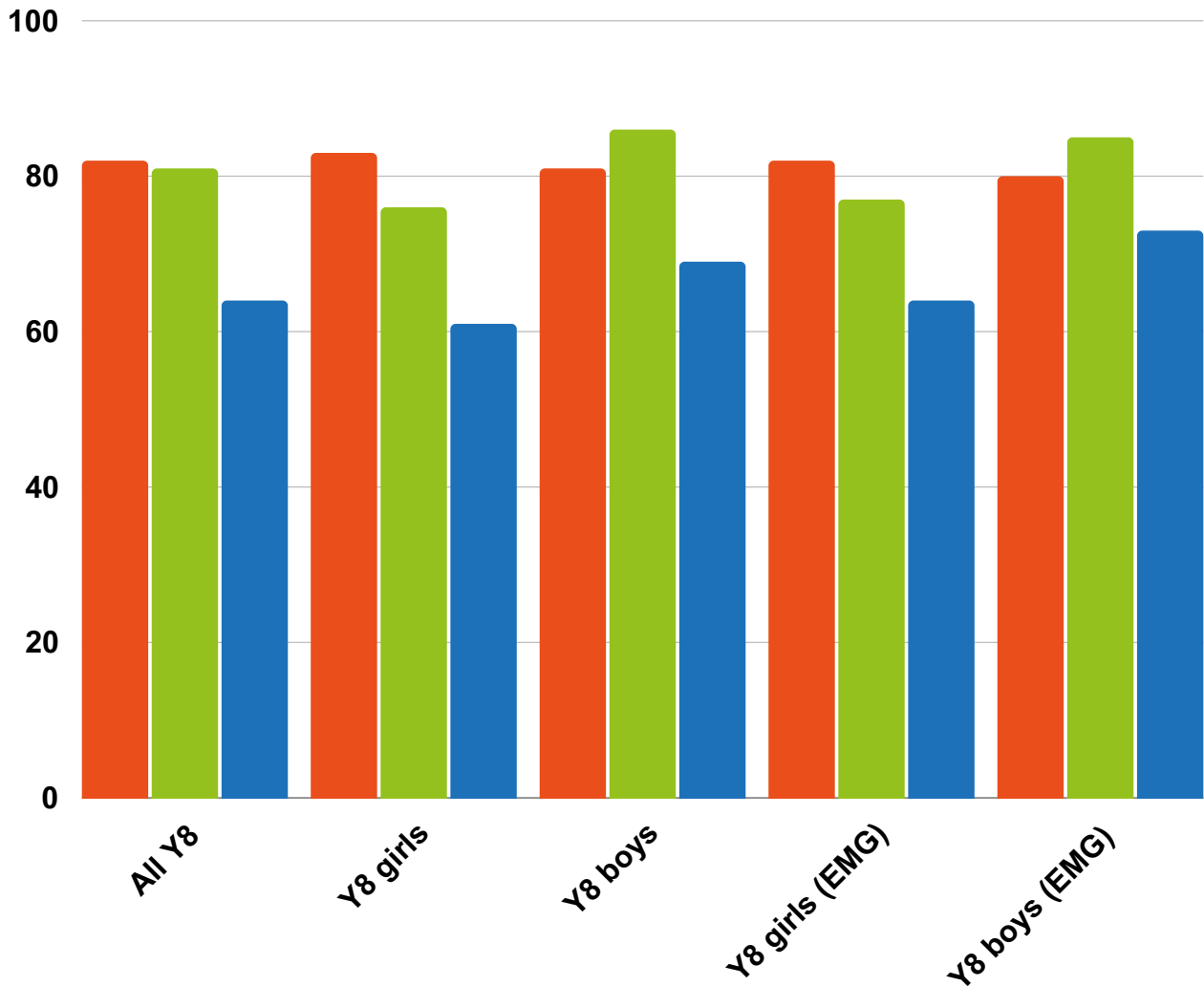
The media regularly gives us the impression that children are regularly viewing pornography. It is not unusual for younger students to have seen pornography at some point; however, this does not mean that they are actively choosing to engage with pornographic content. Year 8 students both perceive less of this behaviour and as a group are viewing porn significantly less than the amalgamated data set.

Uploading indecent images is also less prevalent amongst students than their peers imagine, and in this area Swindon Y8 are in line with the wider sample.

# Bullying & reporting bullying & abuse

Chart 12

% 'never' or 'rarely' experiencing bullying by type of bullying



Across settings, patterns of bullying are remarkably similar, with verbal bullying being the most prevalent by far. All types of bullying drop significantly as students move into post-16 education.

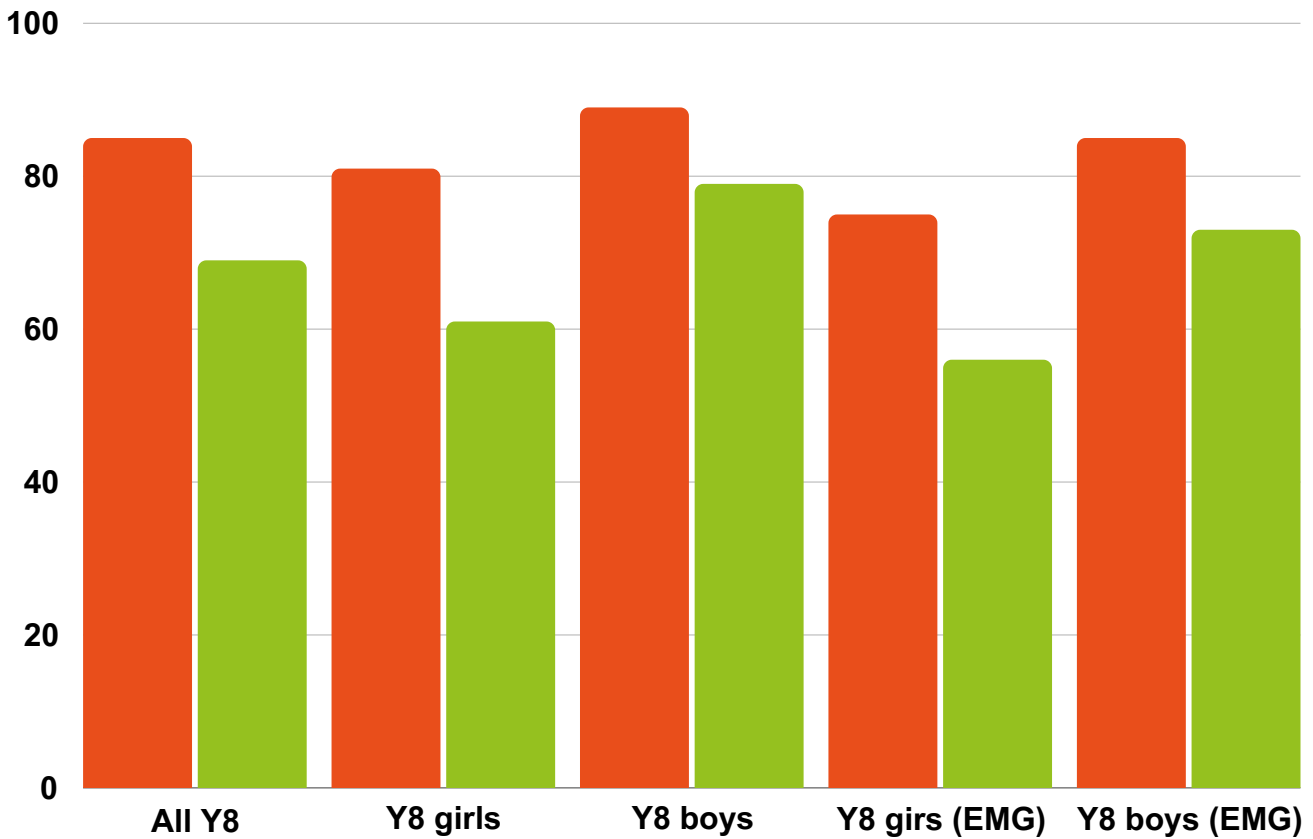
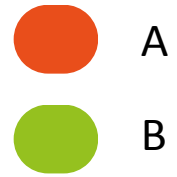
For most schools, the priority around anti-bullying work is tackling low-level verbal bullying and so-called 'banter'. i.e., between a quarter and a third of students report that they 'sometimes' or 'regularly' experience verbal bullying.

### Chart 13

% who agree that they:

A) Know who and where they report bullying to in school/college

B) Feel confident to report incidents affecting personal safety



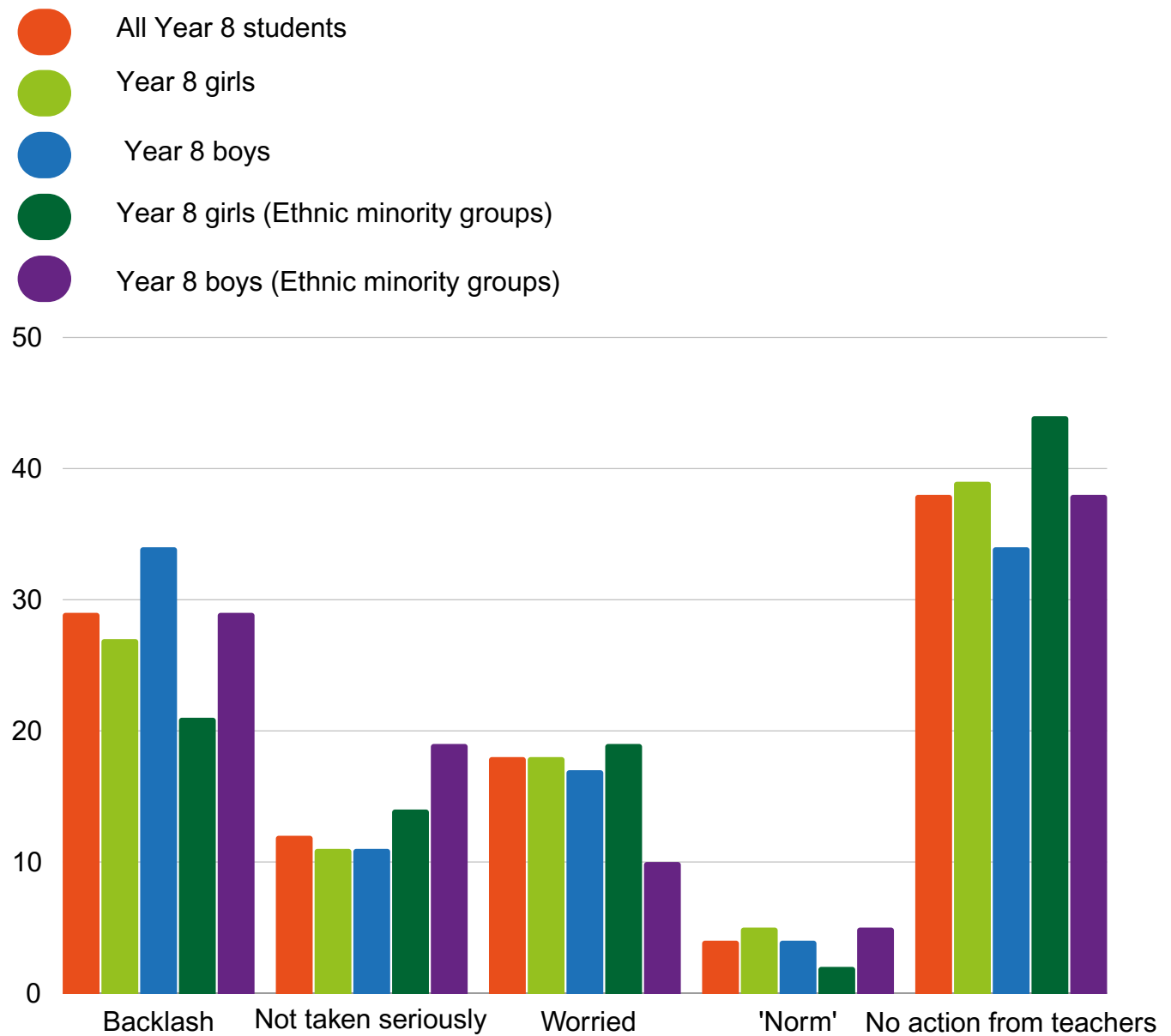
From a safeguarding perspective it is important not only for young people to know who, where and how to report incidents that make them feel unsafe, but also to have the confidence to do so. There is often a significant gap between knowledge about reporting incidents and having the confidence to report.

The graph suggests that there are quite significant gender differences in this area with girls from ethnic minority groups being the least likely to know about reporting mechanisms and have the confidence to report an incident.

## Chart 14

% who agree that they:

Main reason for not reporting issues that affect personal safety



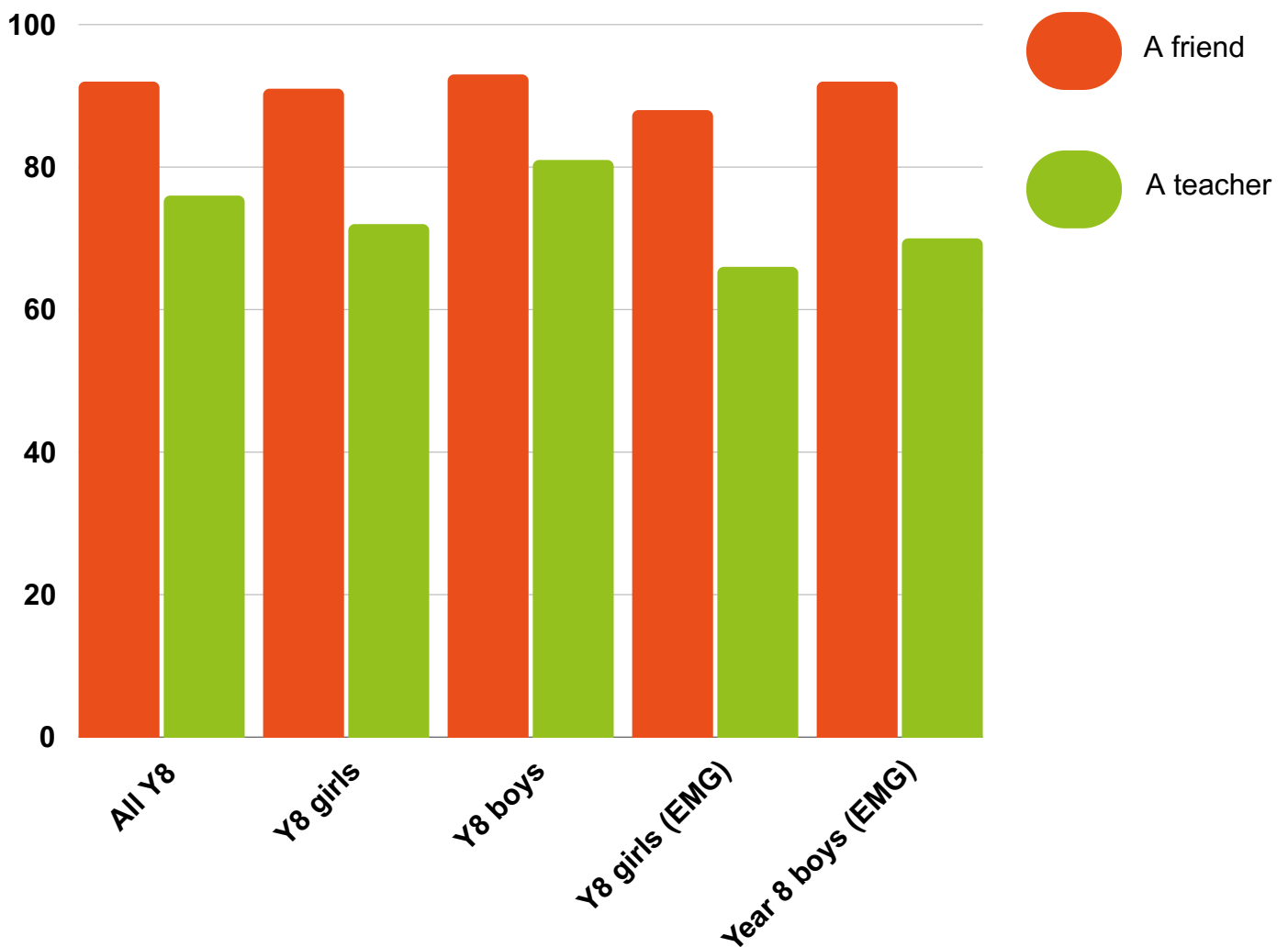
This a new question for 2023/24 designed to gain insight to the reasons why students would be unwilling to report an incident that affected their safety.

By far the most common reason is the belief that staff would not take any action in response to the report, followed by backlash from other students.

This indicates an area where there may be a need for staff CPD as well as support for students.

## Chart 15

### Someone to turn to in times of difficulty

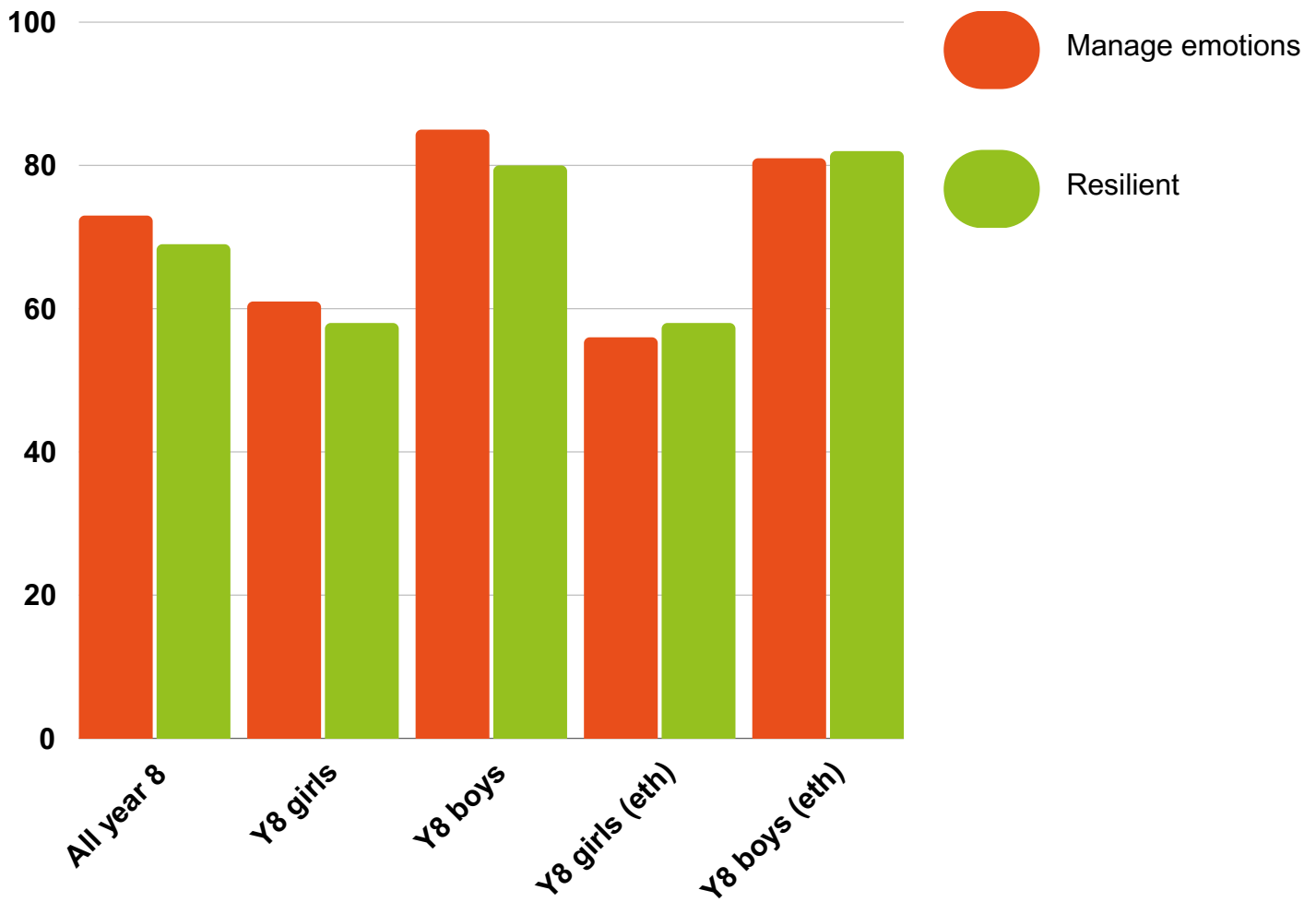


Almost all young people have at least one friend they could turn to for support. This is very reassuring, but at the same time, it highlights how important it is for students to have the skills and knowledge to help their friends and also strategies to protect their own mental and emotional health. They should also have the confidence to know when it is imperative to involve an adult in a situation.

The majority also report that there is a member of staff in school they could speak to if worried about anything. There is some variation across settings on this figure; and we find that post-16 students regularly report more positively in this area.

EMG girls report a little less favourably.

## Self-esteem & resilience

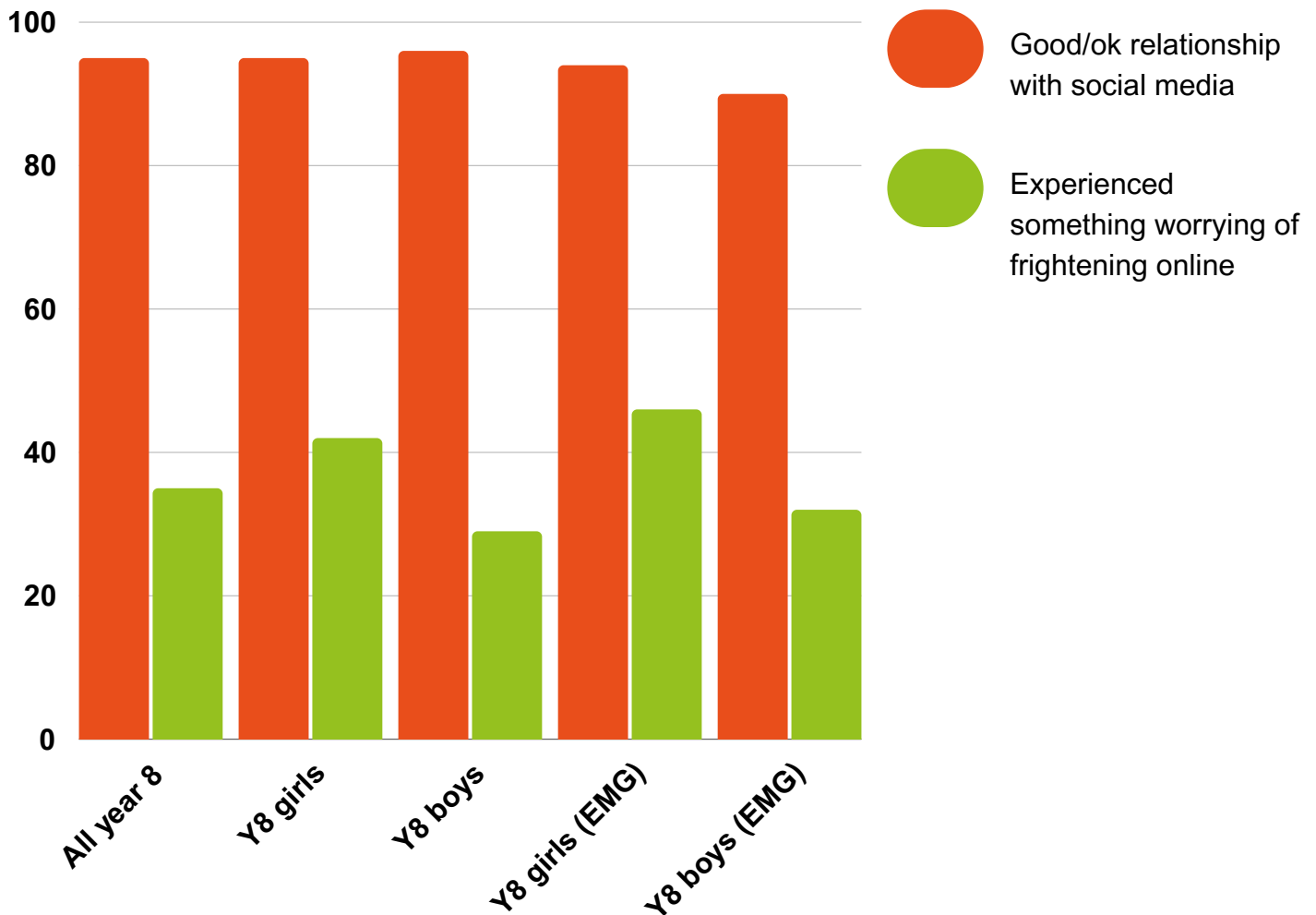


We hear a lot about ways to improve the resilience of young people and there certainly appear to be gender differences when it comes to managing emotions and moving forward from difficulties. Within genders there is little difference on how year 8 students report on this area.

NOTE: students not identifying as male or female are not included in this report and it is known that this group are more likely to experience a range of emotional difficulties and challenges.

Chart 17

## Social media

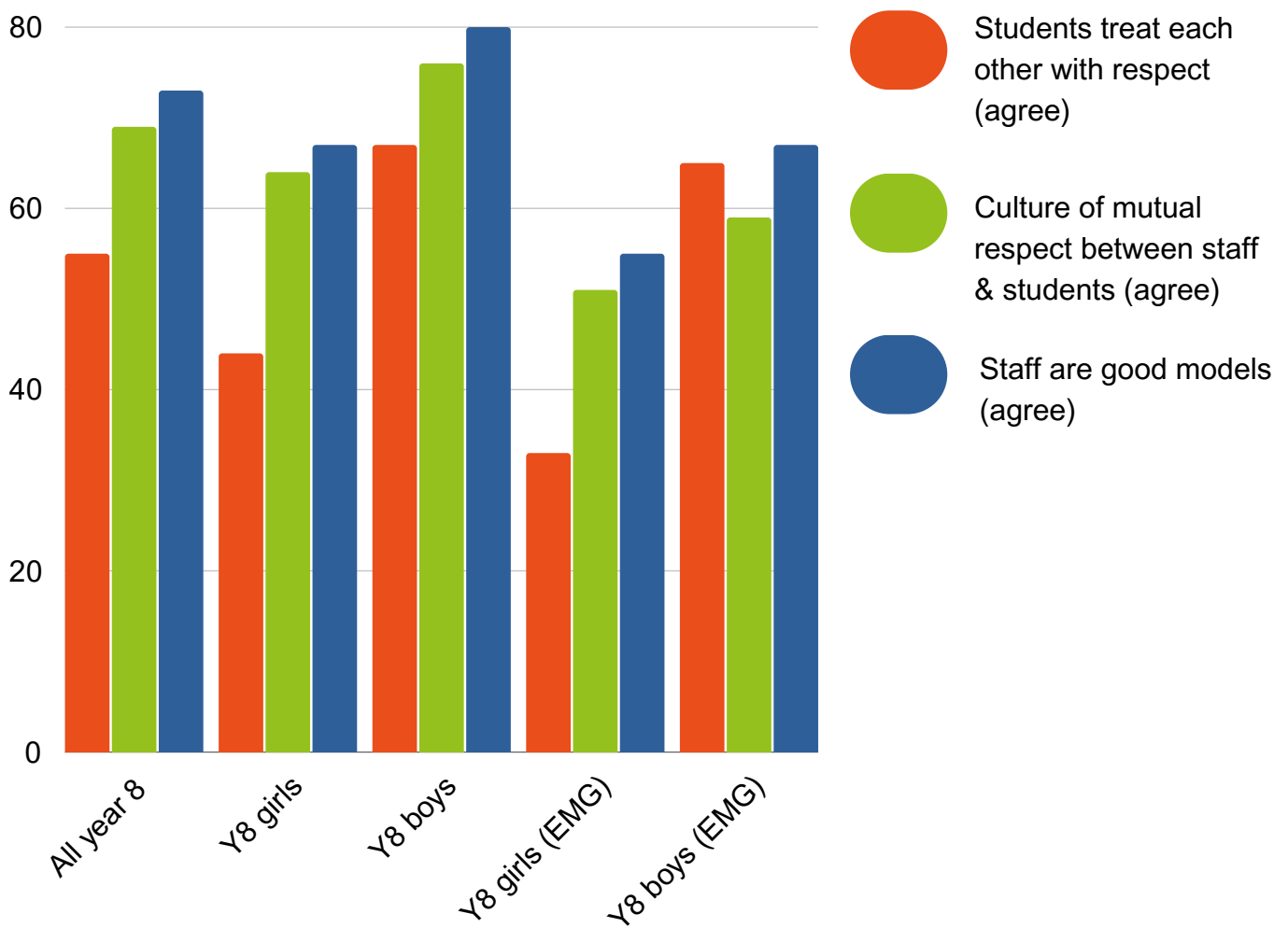


This is a new question that has been introduced in 2023/24. With social media blamed for many of the problems young people experience it's interesting to see how they view their relationship with online platforms and interactions. As the graph shows, the feedback is overwhelmingly positive, however, between 29% and 46% report that they have had difficult or upsetting experiences on social media. The appendices provide further details on the range of experiences that students have found upsetting.



## Chart 18

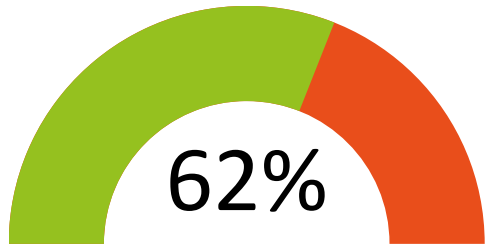
# Mutual respect & staff role models



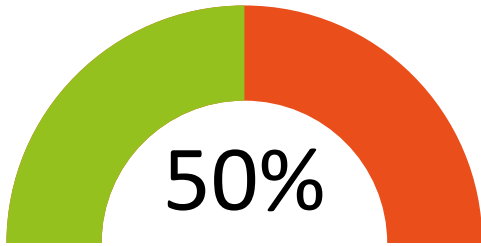
These are new questions that have been added for 2023/24 and intended to provide insight to students experiences in relation to feeling respected. There has been a lot of media attention around misogyny and the graph demonstrates that girls and in particular girls from ethnic minority groups are more likely to report not feeling respected by their peers or staff. They are also the group least likely to view staff as good role models. Ethnic minority boys follow a similar same pattern, but figures are a little more positive, especially around peer to peer respect. Year 8 boys report most favourably across all three questions.

## Chart 19

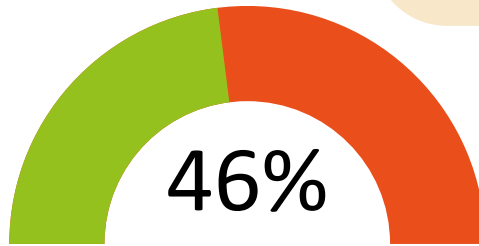
### % of students who feel 'happy' or 'ok' with how they look



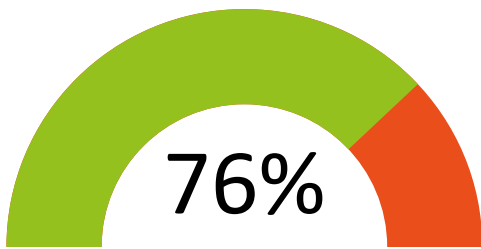
All Y8 students (62%)



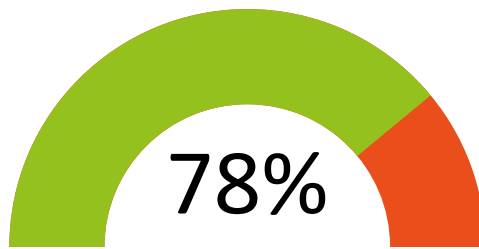
Y8 girls (50%)



Y8 girls (eth) (46%)



Y8 boys (76%)



Y8 boys (eth) (78%)

These figures can help provide some useful insight into self-esteem and body image.

There are significant gender differences in reporting. This pattern continues when considering to what extent students compare themselves to others.

## Chart 20

### I try not to compare myself to others



Around 6 in 10 age of all year 8 students try not to compare themselves to others

Y8 girls



Y8 girls (EMG)



Y8 boys



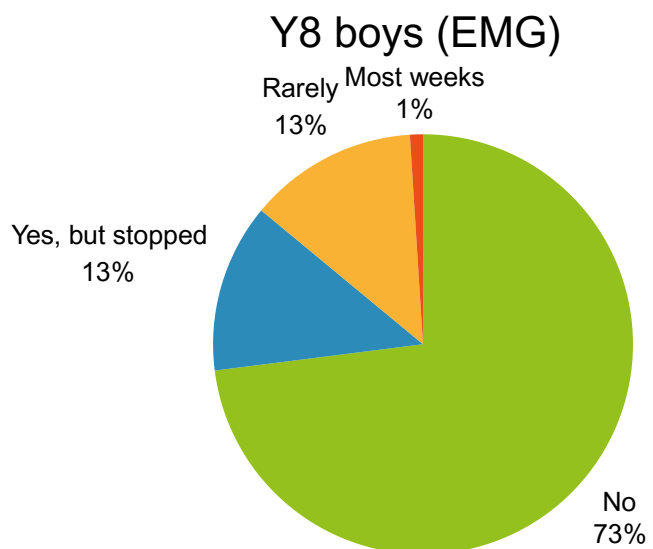
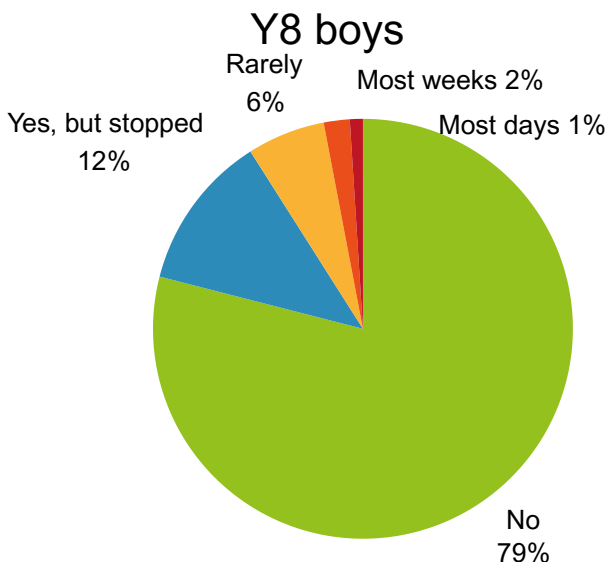
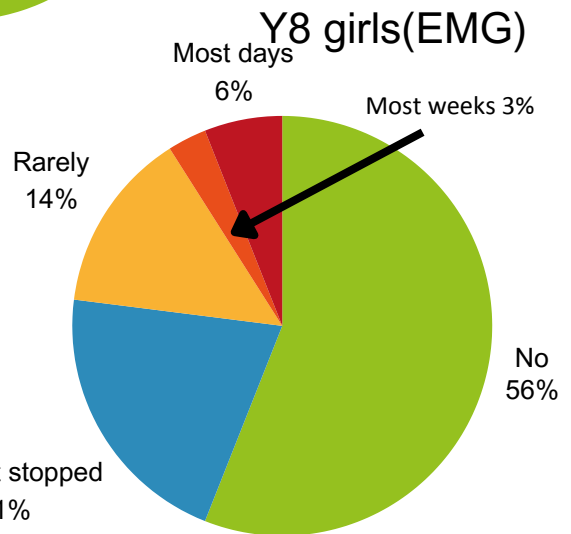
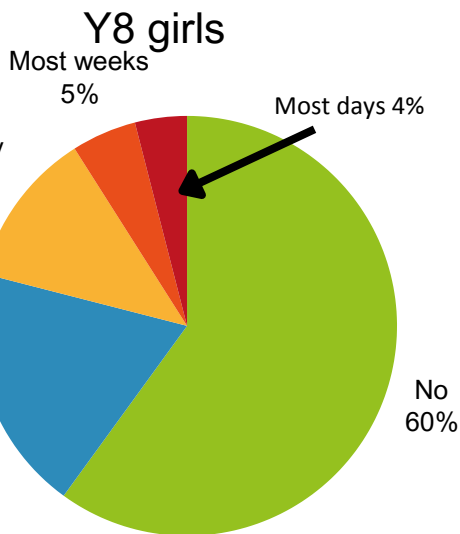
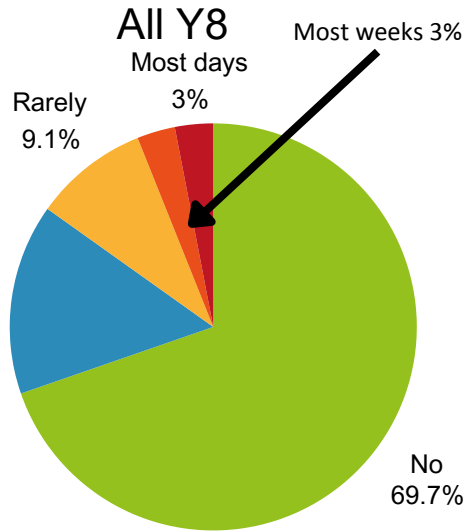
Y8 boys (EMG)



# Comparing 'ever' to ongoing self-harm

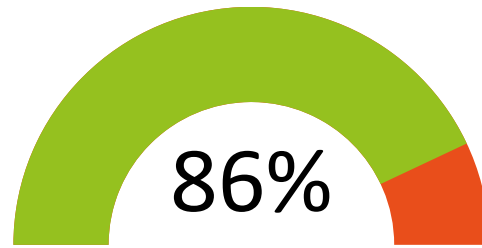
A significant minority of young people will self-harm at some point. However, a more interesting and useful figure is the number who habitually self-harm. Generally, there is a fairly consistent relationship between these two figures, with ongoing self-harm being around 50% of the 'ever self-harmed' figure. However, this doesn't hold true for Swindon. Most of those who continue to self-harm do so infrequently, and the number who self-harm most days is very small. There are gender differences with girls being more likely to self-harm than boys.

**Chart 21**

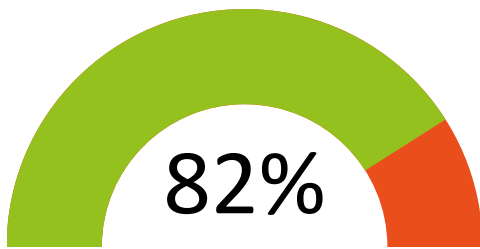


# % of students who think their PSHE is useful

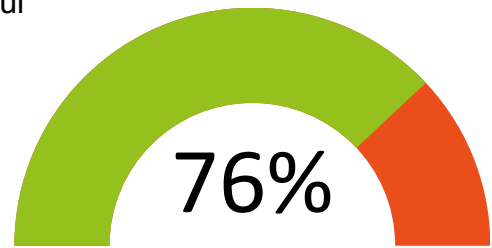
Chart 22



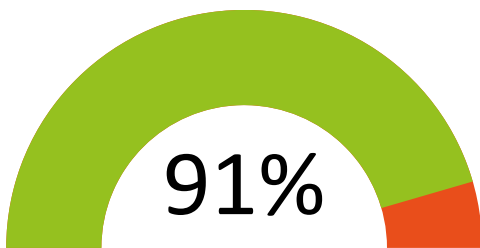
86% of age Y8 students report that they find their PSHE 'sometimes', 'mostly', or always useful



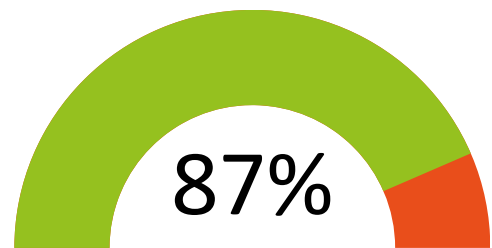
82% Y8 girls report that they find their PSHE 'sometimes', 'mostly', or always useful



76% Y8 (eth) girls report that they find their PSHE 'sometimes', 'mostly', or always useful



91% of Y8 boys report that they find their PSHE 'sometimes', 'mostly', or always useful



87% of Y8 (eth) boys report that they find their PSHE 'sometimes', 'mostly', or always useful

Students can be quite critical about the PSHE/PD they receive, particularly as they get older. It is reassuring to see that year 8 students are positive about the PSHE they receive in school. These are very good results.

**It is likely that the schools completing this survey value and prioritise PSHE and this most likely explains the positive results. It would be unwise to suggest that these results would be replicated in the schools not completing the survey.**

# PSHE/PD topics that students want more of

We provide opportunities for students to comment on the areas of PSHE/PD that they would like more of, and the most common requests are:














- Finance, budgeting, managing money, life skills
- First aid
- Strategies to support mental health

The appendices provide further insights to PSHE topics where students feel less knowledgeable confident. These are highlighted in yellow.




# APPENDIX 1

## ‘How Are You?’

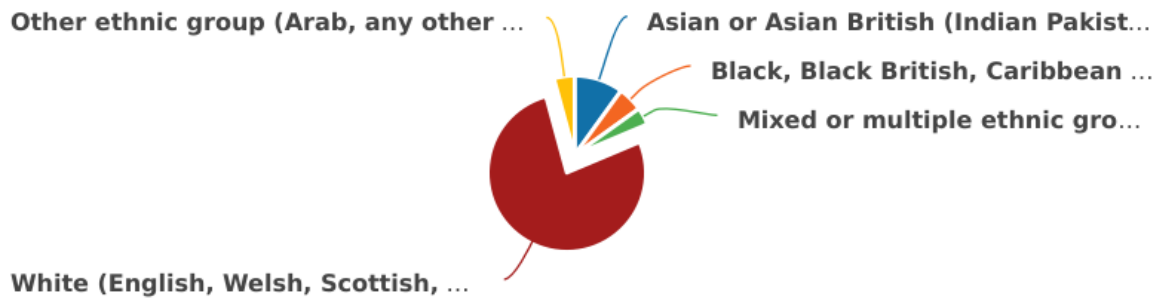
### Swindon schools Year 8, 2023/24

1. Which school do you attend?				
Answer Choices			Response Percent	Response Total
1	Abbey Park school		26.60%	208
2	Churchward		0.64%	5
3	Crowdy's Hill		0.13%	1
4	EOTAS		0.13%	1
5	Great Western Academy		18.03%	141
6	Highworth Warneford School		4.73%	37
7	Kingsdown School		0.00%	0
8	Lawn Manor Academy		0.13%	1
9	Lydiard Park Academy		24.68%	193
10	Nova Hreod Academy		11.76%	92
11	St Joseph's Catholic College		6.91%	54
12	St Lukes		1.79%	14
13	Swindon Academy		3.84%	30
14	The Commonweal School		0.00%	0
15	The Deanery CE Academy		0.64%	5
16	The Dorcan Academy		0.00%	0
17	The Ridgeway School and Sixth Form		0.00%	0
			answered	782
			skipped	0






## 2. Are you?

Answer Choices			Response Percent	Response Total
1	Male		50.38%	394
2	Female		45.91%	359
3	Other/prefer not to say		3.71%	29
			answered	782
			skipped	0

### 3. What is your ethnicity?

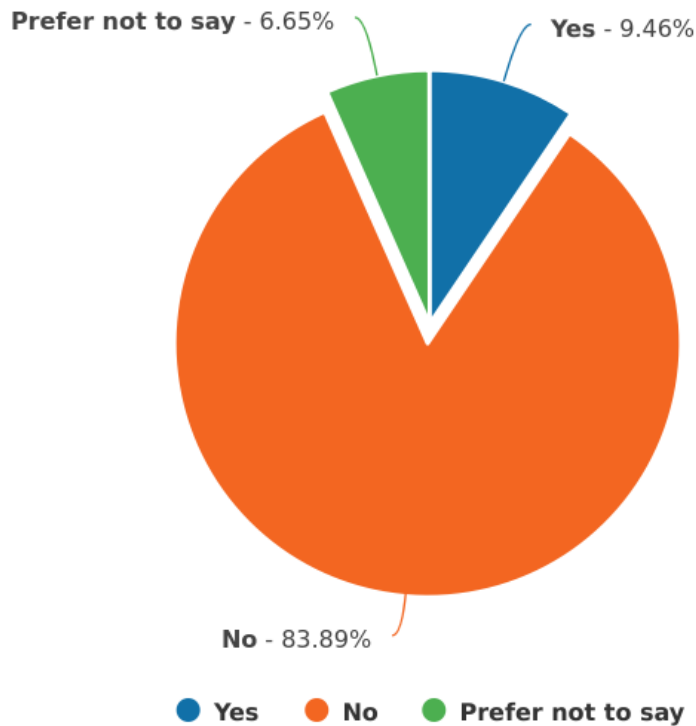





- Asian or Asian British (Indian, Pakistani, Bangladeshi, Chinese, Any other Asian)
- Black, Black British, Caribbean or African (Caribbean, African, Any other Black, Black British, or Caribbean)
- Mixed or multiple ethnic groups (White and Black, Caribbean, White and Black, African, White and Asian)
- White (English, Welsh, Scottish, Northern Irish or British, Irish, Gypsy or Irish Traveller, Roma, Any other White)
- Other ethnic group (Arab, any other ethnic group)

Answer Choices			Response Percent	Response Total
1	Asian or Asian British (Indian, Pakistani, Bangladeshi, Chinese, Any other Asian background)		9.97%	78
2	Black, Black British, Caribbean or African (Caribbean, African, Any other Black, Black British, or Caribbean background)		5.12%	40
3	Mixed or multiple ethnic groups (White and Black, Caribbean, White and Black, African, White and Asian)		3.58%	28
4	White (English, Welsh, Scottish, Northern Irish or British, Irish, Gypsy or Irish Traveller, Roma, Any other White background)		77.11%	603
5	Other ethnic group (Arab, any other ethnic group)		4.22%	33
			answered	782
			skipped	0



**4. Do you identify as LGBTQI+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex) or another member of the LGBTQI+ community?**



Answer Choices			Response Percent	Response Total
1	Yes		9.46%	74
2	No		83.89%	656
3	Prefer not to say		6.65%	52
			answered	782
			skipped	0

**5. For each group below: How many do you think smoke cigarettes (tobacco)? Move the slider to the % that you think smoke. For example, do you think it's hardly any (1-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year smoke do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.32	0.00	100.00	16.04	782
Students in your year	12.30	0.00	100.00	20.64	782
				answered	782
				skipped	0

**6. For each group below: How many do you think smoke e-cigarettes (vaping)? Move the slider to the % that you think vape. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year use e-cigarettes/vape do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	6.42	0.00	100.00	16.80	782
Students in your year	26.31	0.00	100.00	26.77	782
				answered	782
				skipped	0

**7. For each group below: How many do you think use cannabis (weed), this includes using THC in a vape? Move the slider to the % that you think use cannabis. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends use cannabis, do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.10	0.00	100.00	11.35	782
Students in your year	6.33	0.00	100.00	15.27	782
				answered	782
				skipped	0

**8. For each group below: What percentage do you think drink alcohol once per month or more? Move the slider to the % that you think drink alcohol. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends drink alcohol do not use the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	7.10	0.00	100.00	18.70	782
Students in your year	15.36	0.00	100.00	24.04	782
				answered	782
				skipped	0

**9. For each group below: How many do you think have sent an explicit photo of themselves to someone else e.g., in underwear or naked? Move the slider to the % that you think have done this. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends have sent an explicit photo of themselves, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	3.26	0.00	100.00	13.59	782
Students in your year	11.37	0.00	100.00	20.47	782
				answered	782
				skipped	0

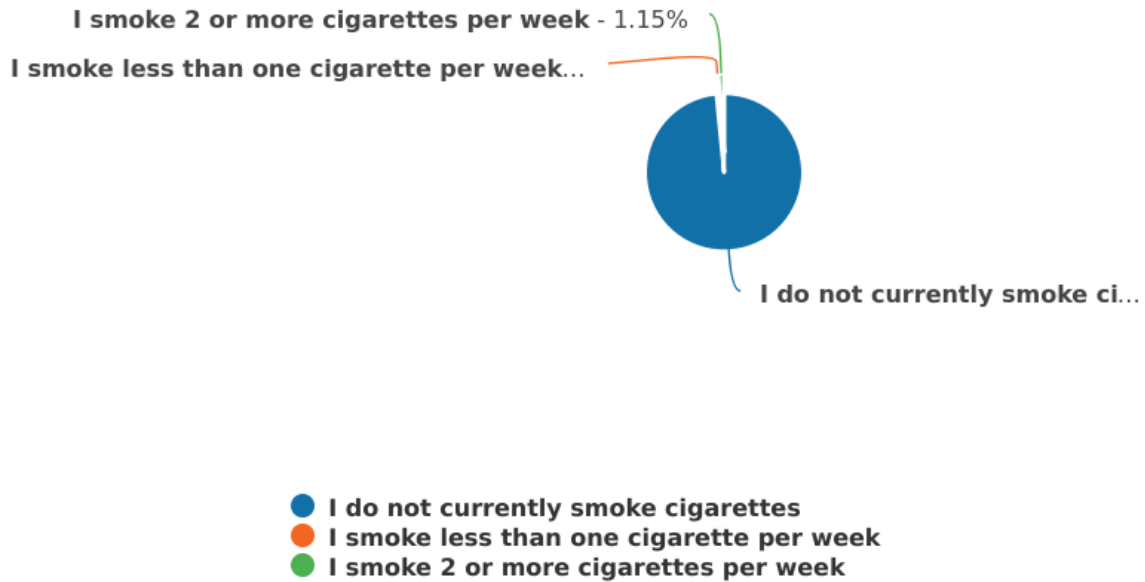
**10. For each group below: How many do you think choose to view online pornography? If you think none of your friends have viewed pornography do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	6.50	0.00	100.00	19.20	782
Students in your year	15.64	0.00	100.00	24.69	782
				answered	782
				skipped	0

**11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.42	0.00	100.00	11.64	782
Students in your year	8.50	0.00	100.00	16.86	782
				answered	782
				skipped	0

**12. Choose the statement that describes you:**



Answer Choices		Response Percent	Response Total
1	I do not currently smoke cigarettes	98.47%	770
2	I smoke less than one cigarette per week	0.38%	3
3	I smoke 2 or more cigarettes per week	1.15%	9
		answered	782
		skipped	0

**13. Choose the statement that describes you:**

I use an e-cigarette/vape more than 1 time per w...

I use an e-cigarette/vape less than 1 time...



I do not currently use e-ci...

- I do not currently use e-cigarettes or vape
- I use an e-cigarette/vape less than 1 time per week
- I use an e-cigarette/vape more than 1 time per week

Answer Choices			Response Percent	Response Total
1	I do not currently use e-cigarettes or vape	<div style="width: 96.42%; height: 15px; background-color: blue;"></div>	96.42%	754
2	I use an e-cigarette/vape less than 1 time per week	<div style="width: 2.17%; height: 15px; background-color: orange;"></div>	2.17%	17
3	I use an e-cigarette/vape more than 1 time per week	<div style="width: 1.41%; height: 15px; background-color: green;"></div>	1.41%	11
			answered	782
			skipped	0

**14. Choose the statement that describes you:**

**I regularly use cannabis (weed) i.e., most weeks - 1.15%**

**I use cannabis (weed) less than once a month - ...**

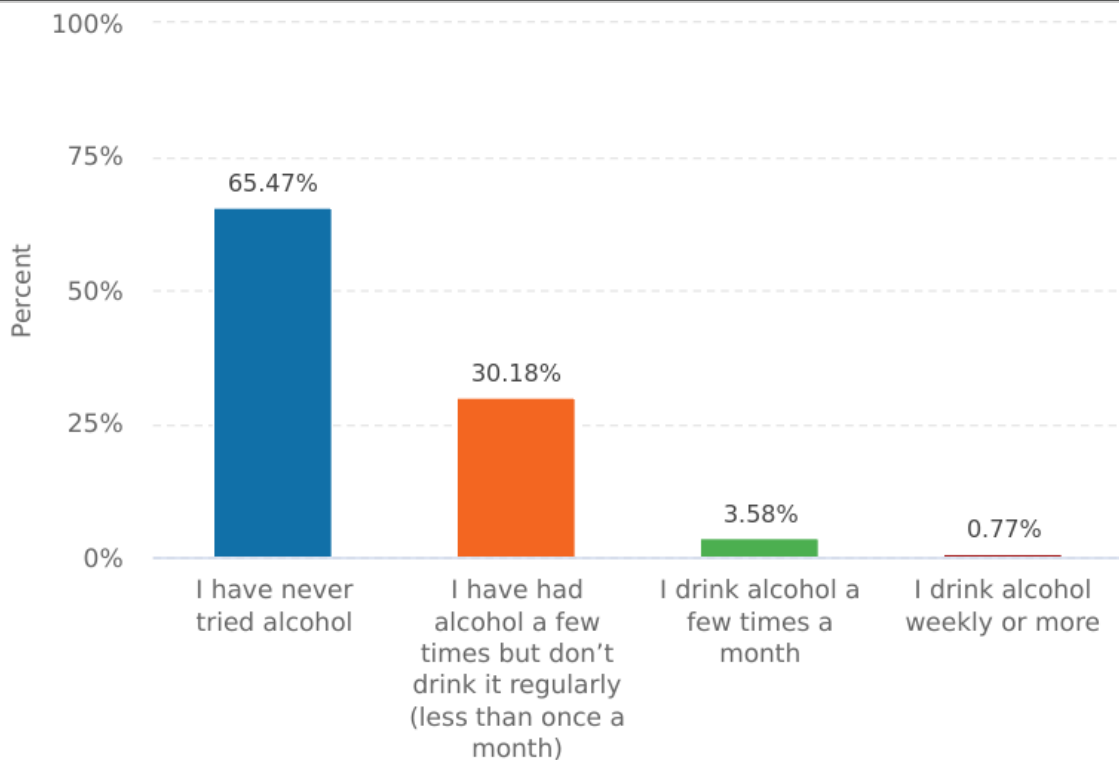






**I do not use cannabi...**

- **I do not use cannabis (weed)**
- **I use cannabis (weed) less than once a month**
- **I use cannabis (weed) more than once a month**
- **I regularly use cannabis (weed) i.e., most weeks**

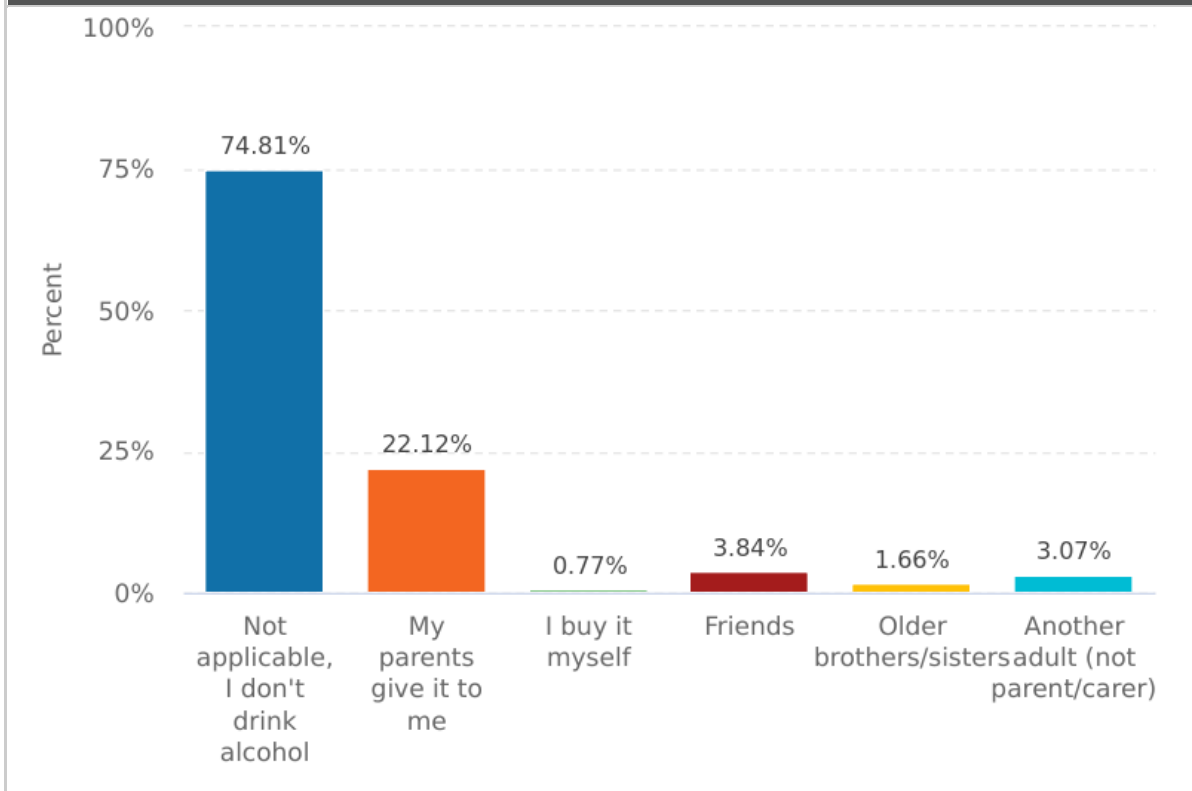
Answer Choices			Response Percent	Response Total
1	I do not use cannabis (weed)	<div style="width: 98.08%; height: 15px; background-color: blue;"></div>	98.08%	767
2	I use cannabis (weed) less than once a month	<div style="width: 0.64%; height: 15px; background-color: orange;"></div>	0.64%	5
3	I use cannabis (weed) more than once a month	<div style="width: 0.13%; height: 15px; background-color: green;"></div>	0.13%	1
4	I regularly use cannabis (weed) i.e., most weeks	<div style="width: 1.15%; height: 15px; background-color: red;"></div>	1.15%	9
			answered	782
			skipped	0







### 15. Choose the statement that describes you:



Answer Choices			Response Percent	Response Total
1	I have never tried alcohol		65.47%	512
2	I have had alcohol a few times but don't drink it regularly (less than once a month)		30.18%	236
3	I drink alcohol a few times a month		3.58%	28
4	I drink alcohol weekly or more		0.77%	6
			answered	782
			skipped	0

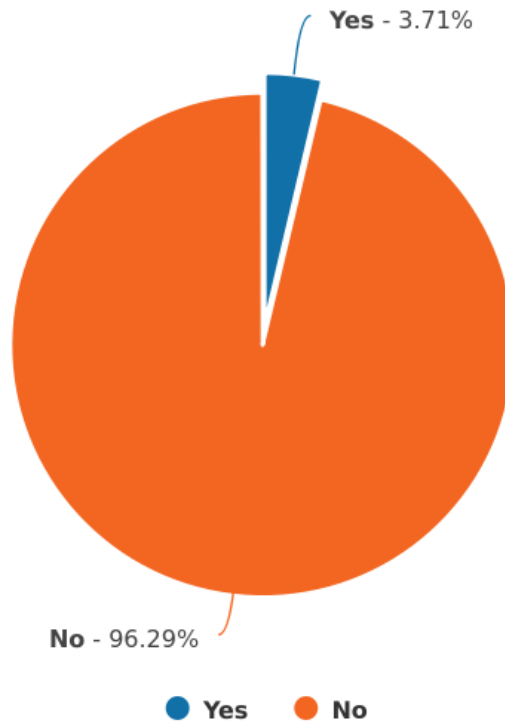
### 16. How do you get alcohol? Please tick all that apply.




Answer Choices			Response Percent	Response Total
1	Not applicable, I don't drink alcohol		74.81%	585
2	My parents give it to me		22.12%	173
3	I buy it myself		0.77%	6
4	Friends		3.84%	30
5	Older brothers/sisters		1.66%	13
6	Another adult (not parent/carer)		3.07%	24
			answered	782
			skipped	0

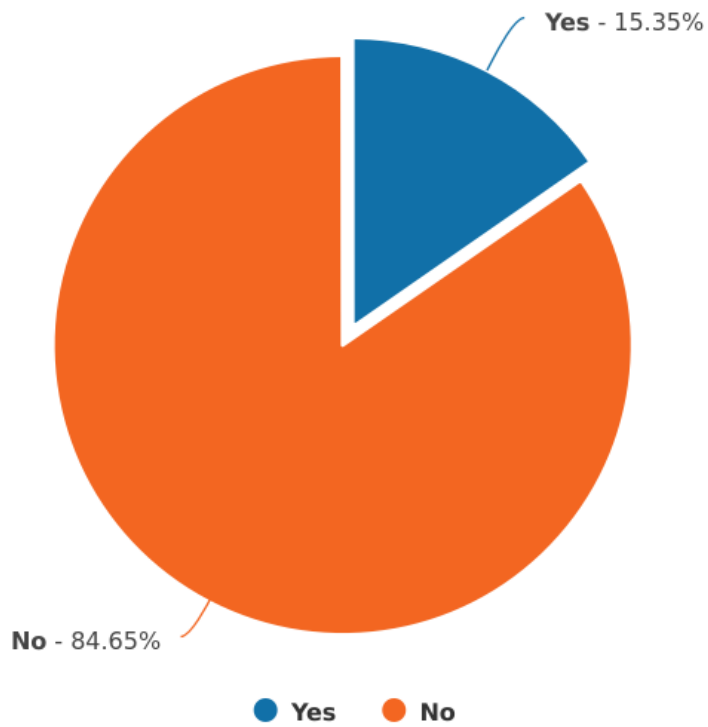


**17. Have you ever sent an explicit photo to someone, e.g., wearing only your underwear or naked?**



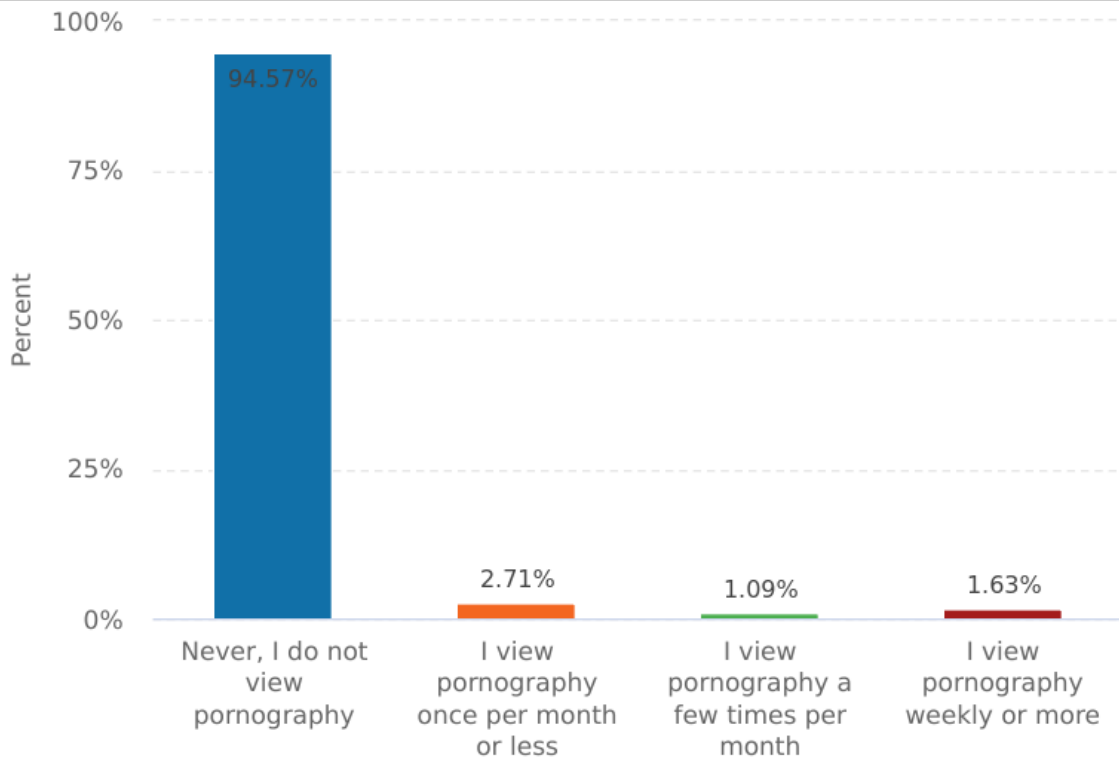
Answer Choices			Response Percent	Response Total
1	Yes		3.71%	29
2	No		96.29%	753
			answered	782
			skipped	0





18. Have you ever been sent an explicit photo? e.g., someone in their underwear, partially naked or naked.



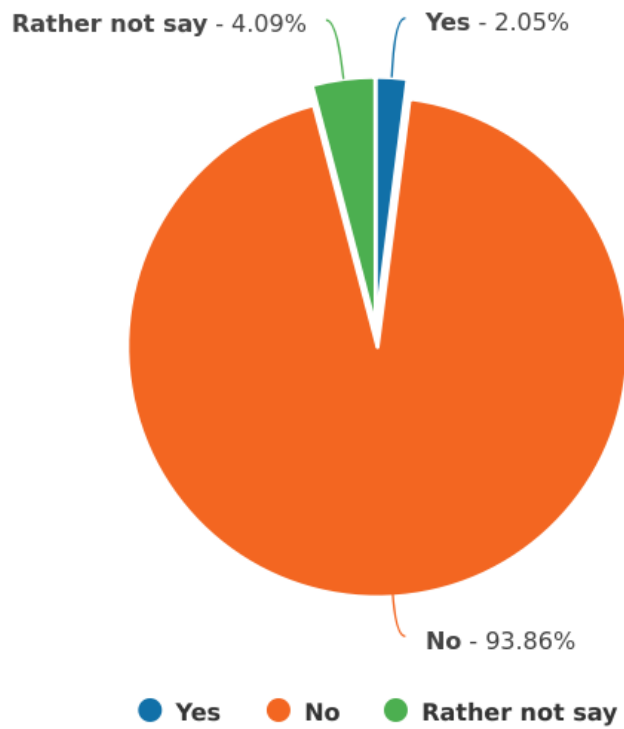
Answer Choices		Response Percent	Response Total
1	Yes	15.35%	120
2	No	84.65%	662
		answered	782
		skipped	0

**19. How often do you view pornography? (You can skip this question if you feel uncomfortable answering it.)**



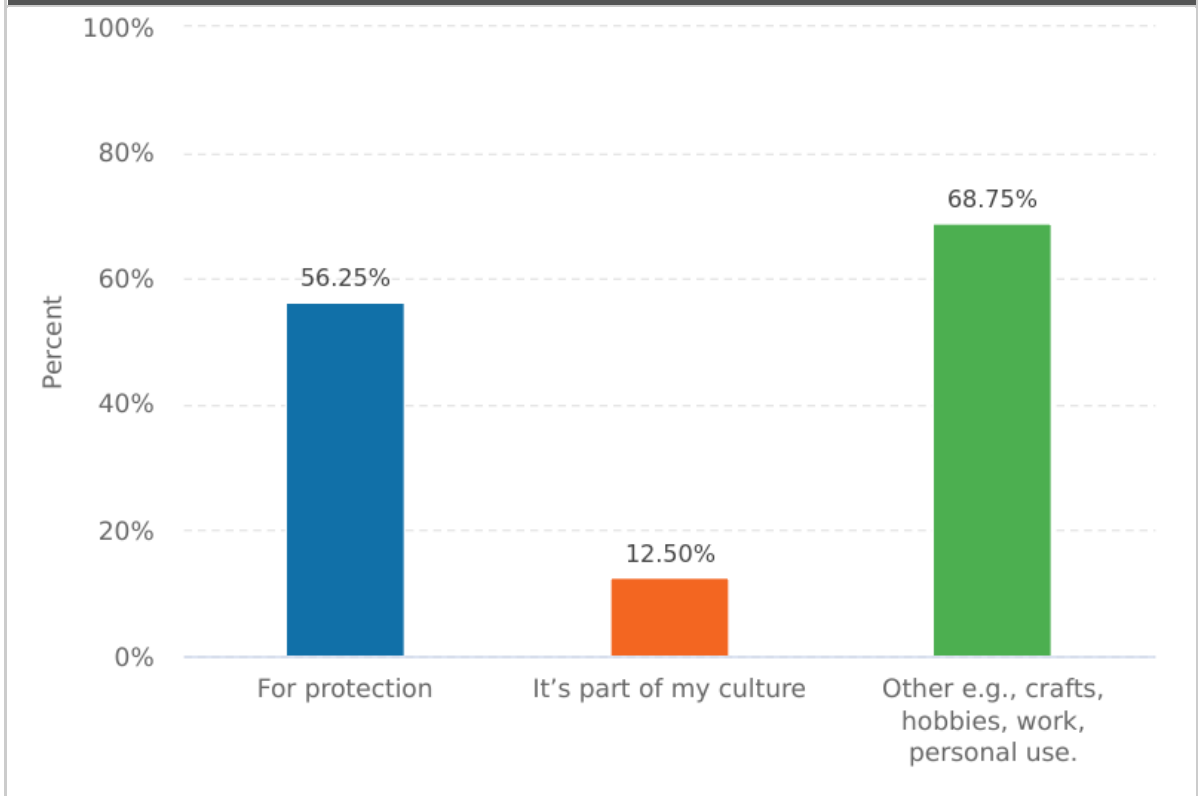
Answer Choices			Response Percent	Response Total
1	Never, I do not view pornography		94.57%	697
2	I view pornography once per month or less		2.71%	20
3	I view pornography a few times per month		1.09%	8
4	I view pornography weekly or more		1.63%	12
			answered	737
			skipped	45




**20. Do you carry a knife/ bladed implement/ tool?**



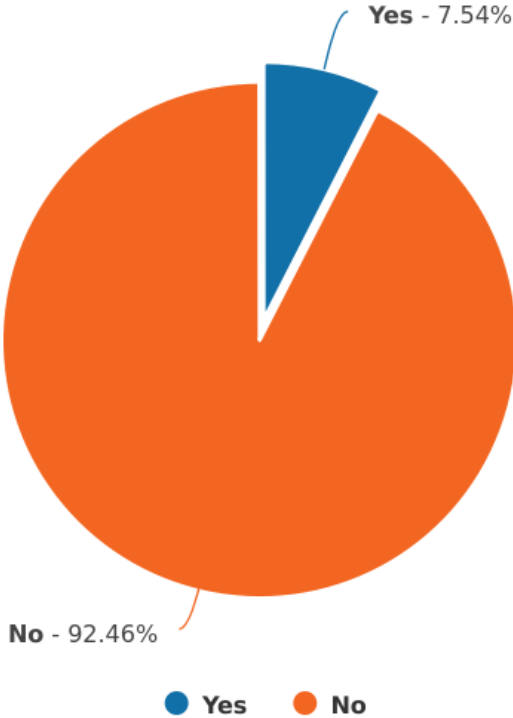
Answer Choices		Response Percent	Response Total
1	Yes	2.05%	16
2	No	93.86%	734
3	Rather not say	4.09%	32
		answered	782
		skipped	0

21. Select the MAIN reason why you carry a knife/ bladed implement/ tool.



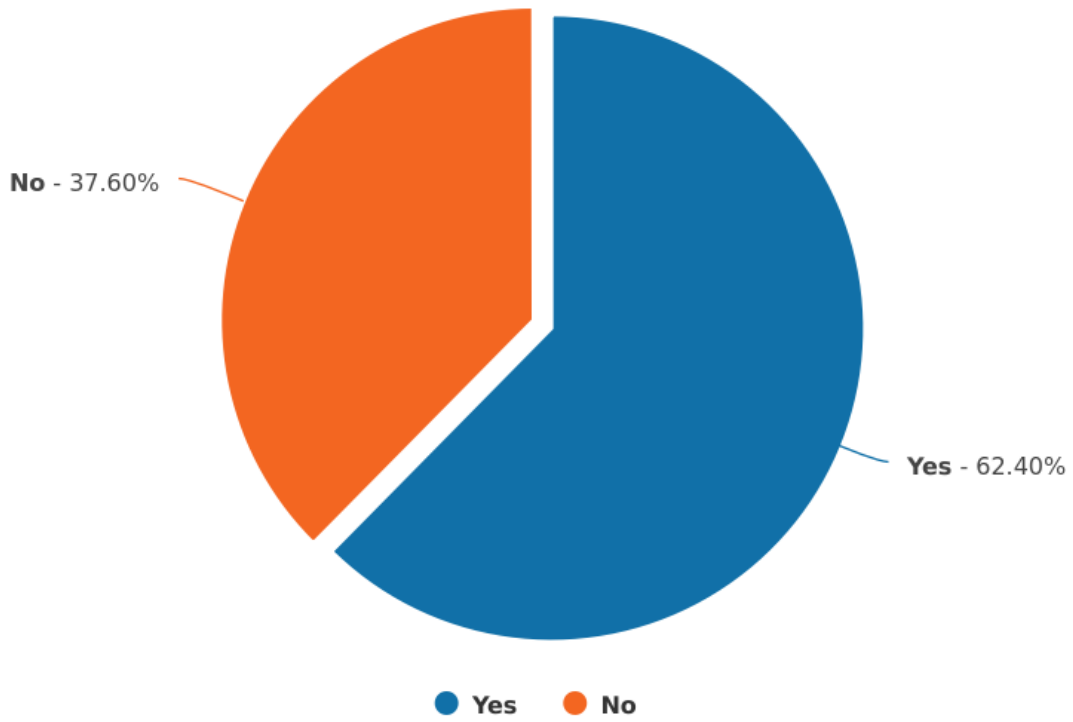
Answer Choices			Response Percent	Response Total
1	For protection		56.25%	9
2	It's part of my culture		12.50%	2
3	Other e.g., crafts, hobbies, work, personal use.		68.75%	11
			answered	16
			skipped	766

**22. Have you ever gambled without the permission of your parents/carers?**



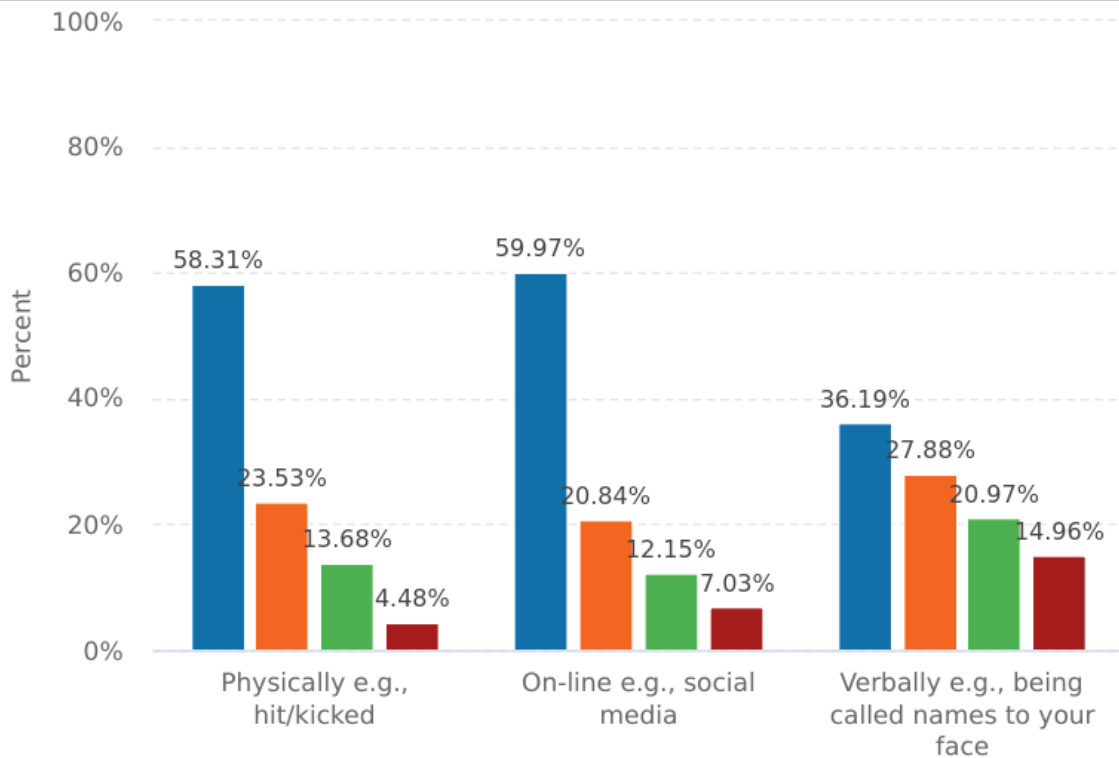
Answer Choices		Response Percent	Response Total
1	Yes	7.54%	59
2	No	92.46%	723
		answered	782
		skipped	0

23. Do you feel mostly happy or ok about the way you look?



Answer Choices		Response Percent	Response Total
1	Yes	62.40%	488
2	No	37.60%	294
		answered	782
		skipped	0

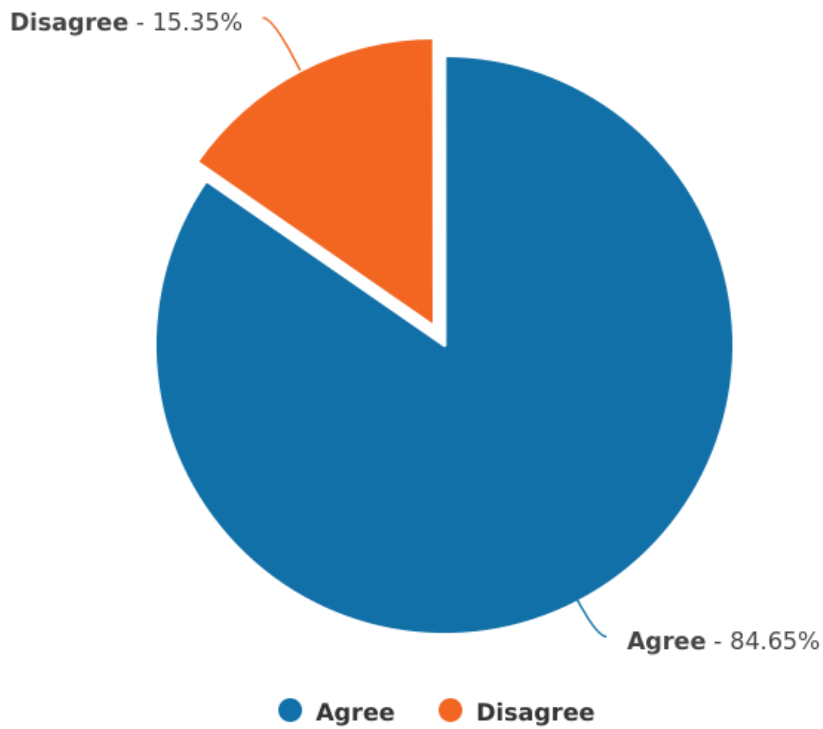
## 24. Have you ever been bullied at secondary school?



Answer Choices	Never	Rarely	Sometime s	Often	Response Total
Physically e.g., hit/kicked	58.31% 456	23.53% 184	13.68% 107	4.48% 35	782
On-line e.g., social media	59.97% 469	20.84% 163	12.15% 95	7.03% 55	782
Verbally e.g., being called names to your face	36.19% 283	27.88% 218	20.97% 164	14.96% 117	782
				answered	782
				skipped	0

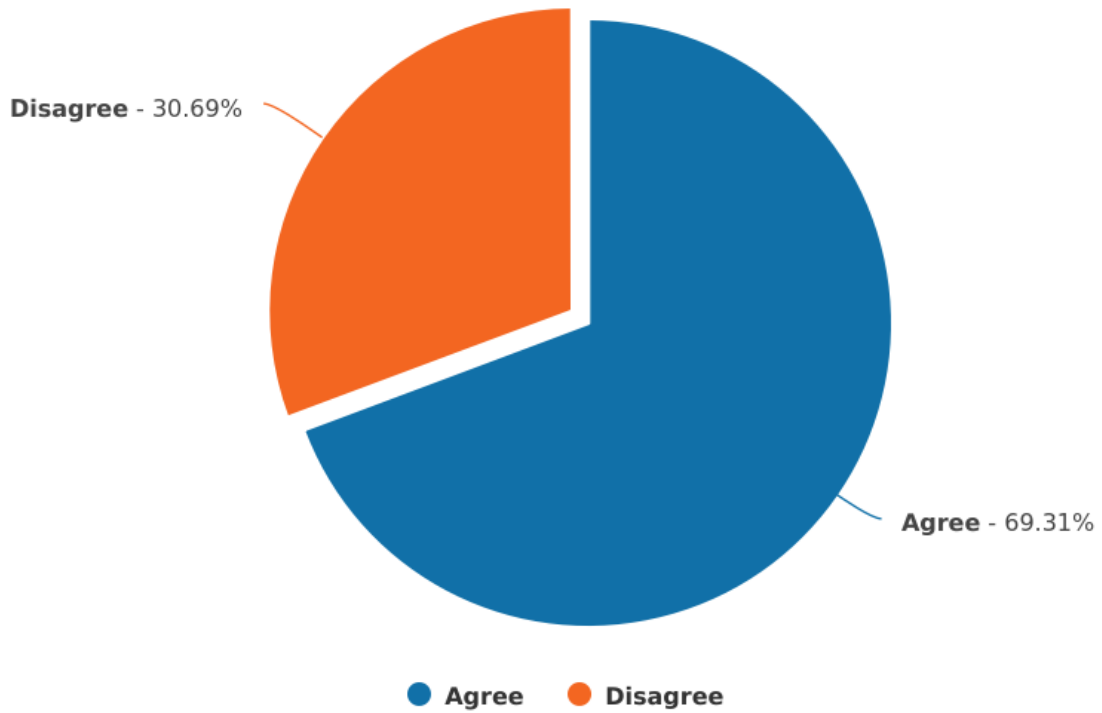


**25. I know how and where to report bullying in school.**



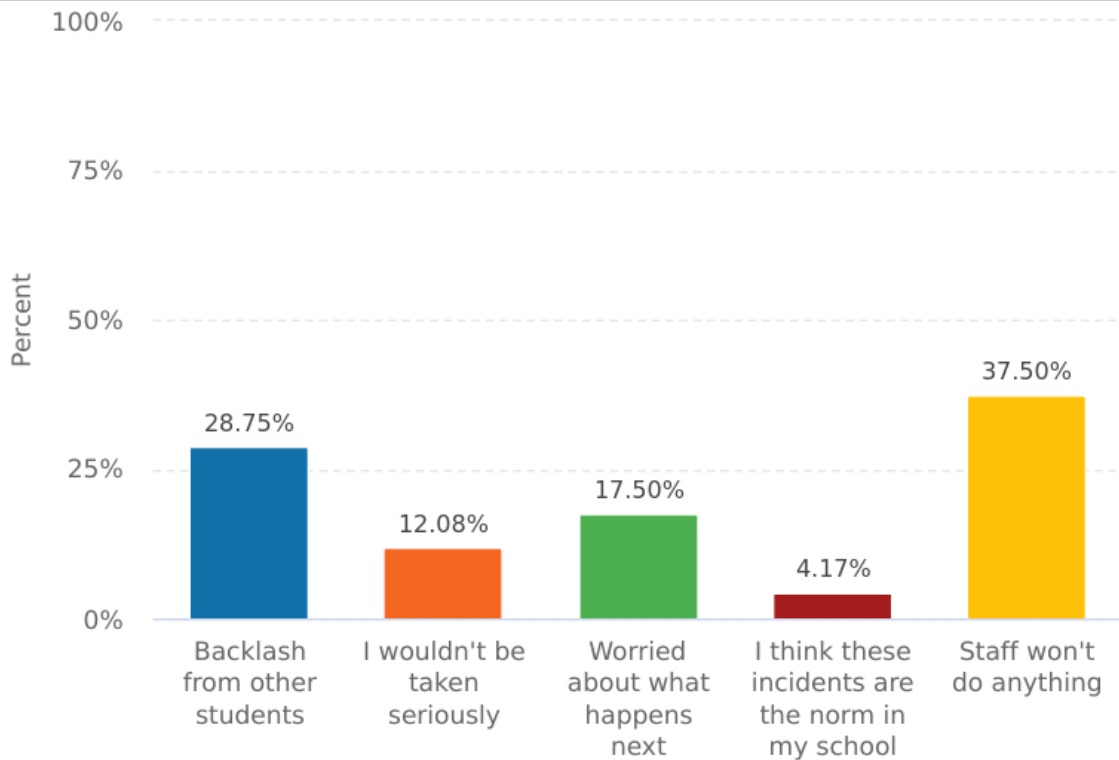
Answer Choices		Response Percent	Response Total
1	Agree	84.65%	662
2	Disagree	15.35%	120
		answered	782
		skipped	0






26. I feel confident to report incidents that affect my personal safety (i.e., anything or anyone that makes me feel unsafe).



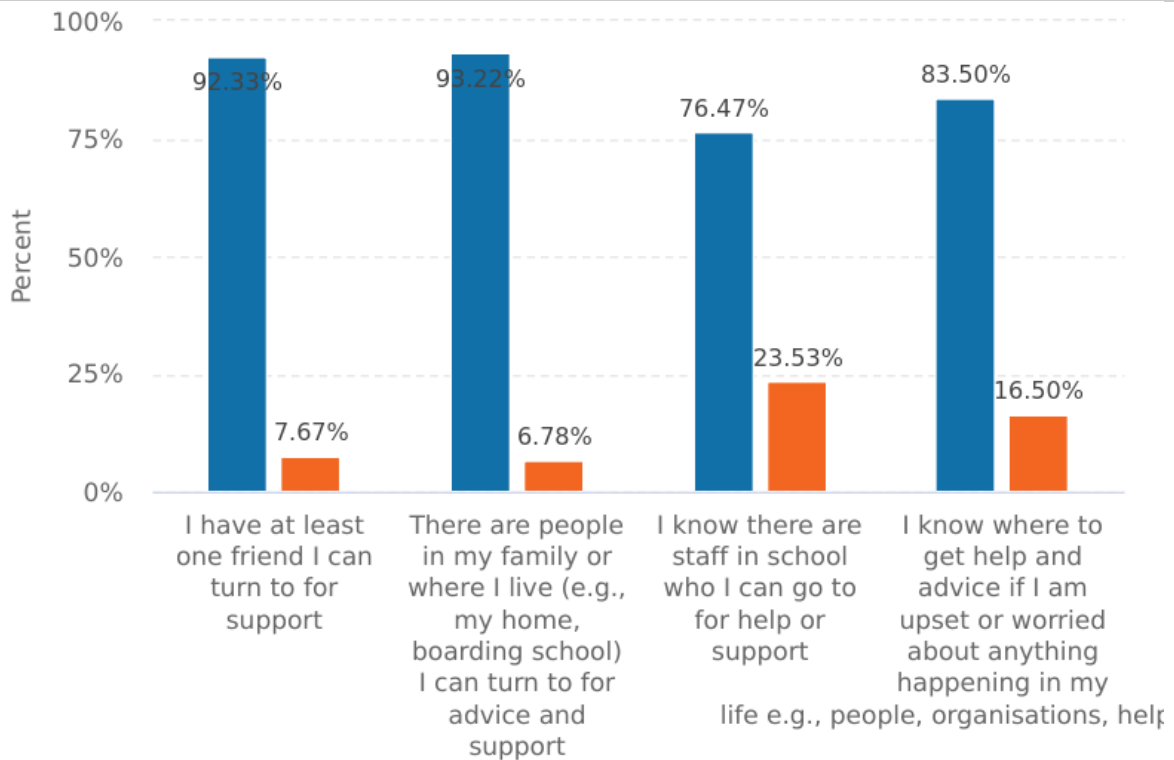
Answer Choices		Response Percent	Response Total
1	Agree	69.31%	542
2	Disagree	30.69%	240
		answered	782
		skipped	0

**27. The main reason I do not feel confident to report incidents that affect my personal safety is: (choose the one reason that is most relevant to you).**



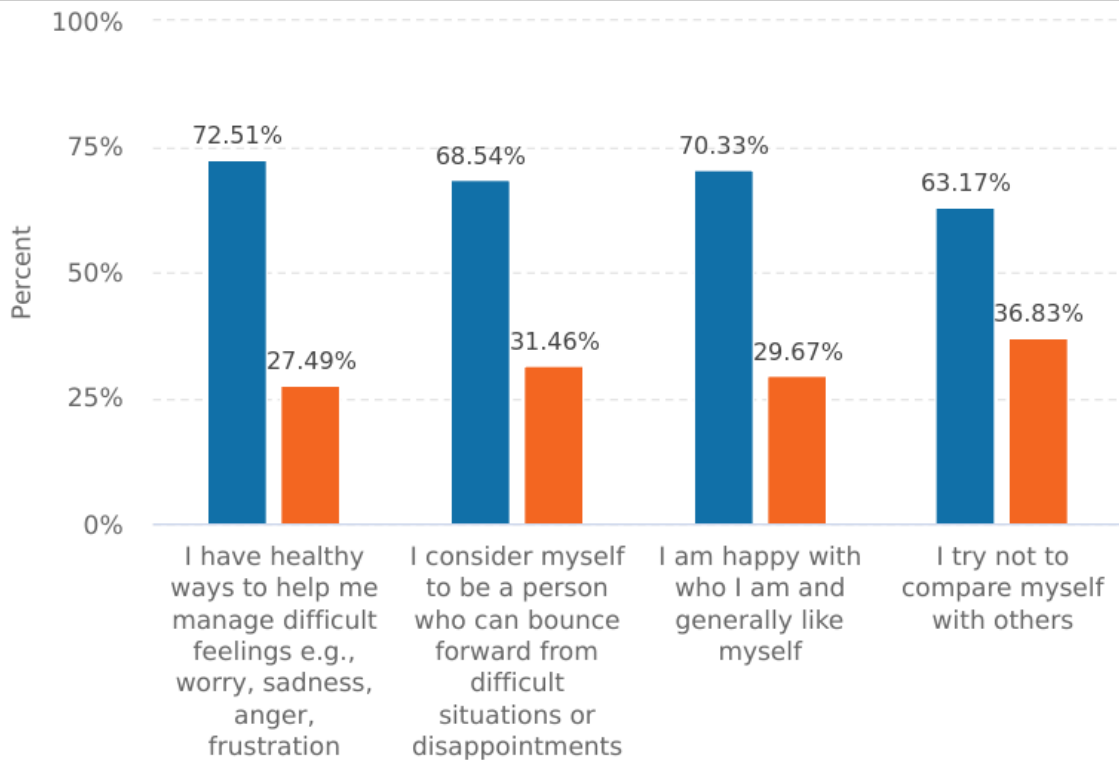
Answer Choices			Response Percent	Response Total
1	Backlash from other students		28.75%	69
2	I wouldn't be taken seriously		12.08%	29
3	Worried about what happens next		17.50%	42
4	I think these incidents are the norm in my school		4.17%	10
5	Staff won't do anything		37.50%	90
			answered	240
			skipped	542

### 28. Do you agree or disagree with these statements?:



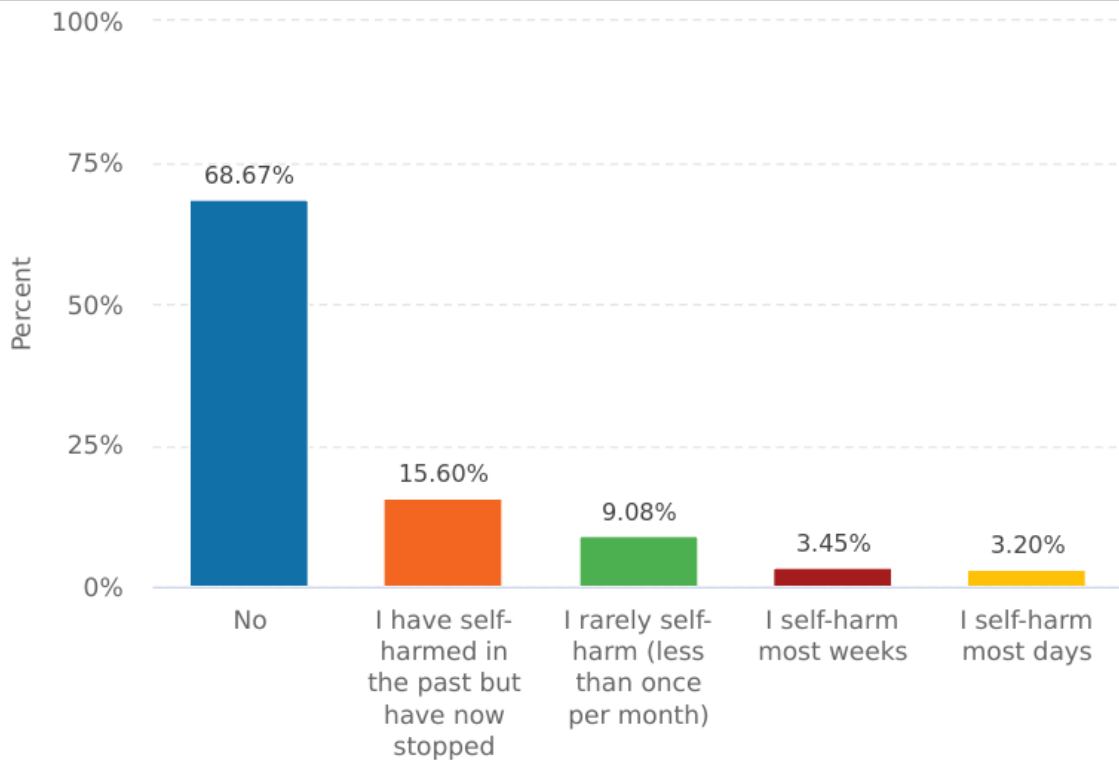
Answer Choices	Agree	Disagree	Response Total
I have at least one friend I can turn to for support	92.33% 722	7.67% 60	782
There are people in my family or where I live (e.g., my home, boarding school) I can turn to for advice and support	93.22% 729	6.78% 53	782
I know there are staff in school who I can go to for help or support	76.47% 598	23.53% 184	782
I know where to get help and advice if I am upset or worried about anything happening in my life e.g., people, organisations, helplines etc.	83.50% 653	16.50% 129	782
		answered	782
		skipped	0






### 29. Do you agree or disagree with these statements:



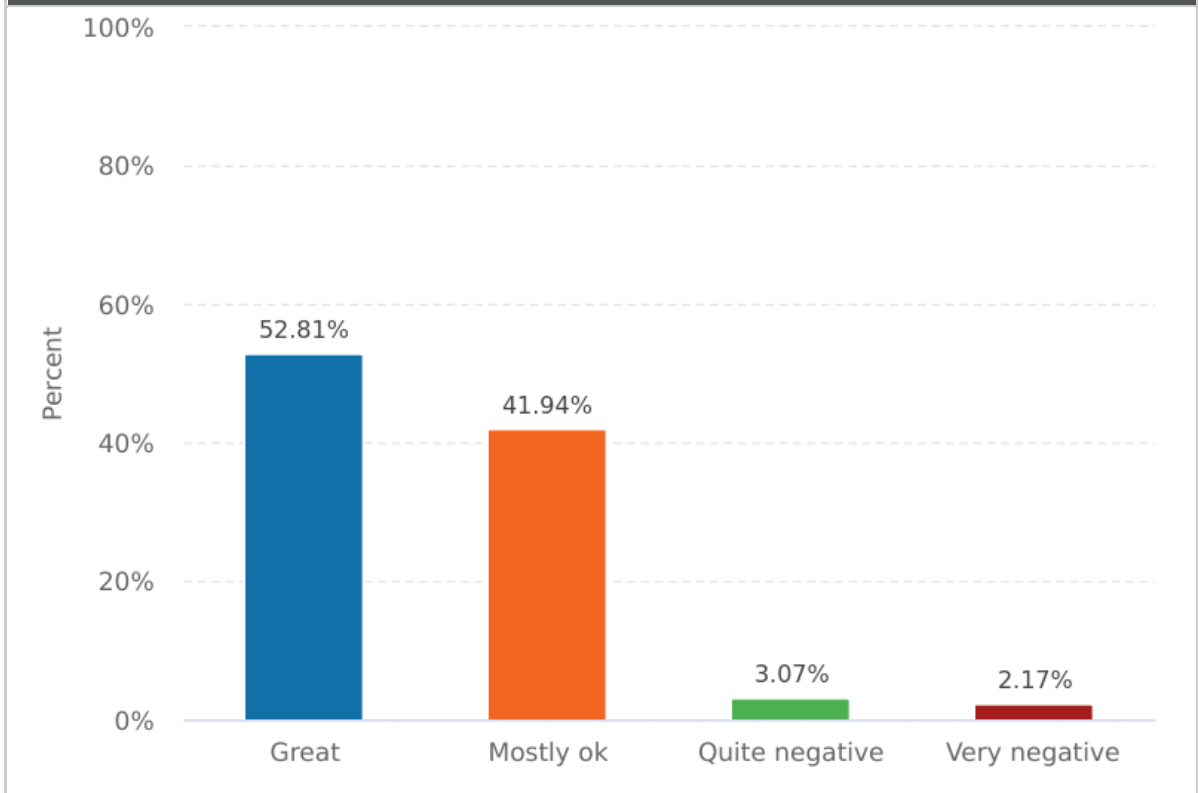
Answer Choices	Agree	Disagree	Response Total	
I have healthy ways to help me manage difficult feelings e.g., worry, sadness, anger, frustration	72.51% 567	27.49% 215	782	
I consider myself to be a person who can bounce forward from difficult situations or disappointments	68.54% 536	31.46% 246	782	
I am happy with who I am and generally like myself	70.33% 550	29.67% 232	782	
I try not to compare myself with others	63.17% 494	36.83% 288	782	
			answered	782
			skipped	0





**30. Have you ever deliberately harmed yourself? e.g., scratching, cutting, burning. Select the answer that most closely reflects what you are doing now.**



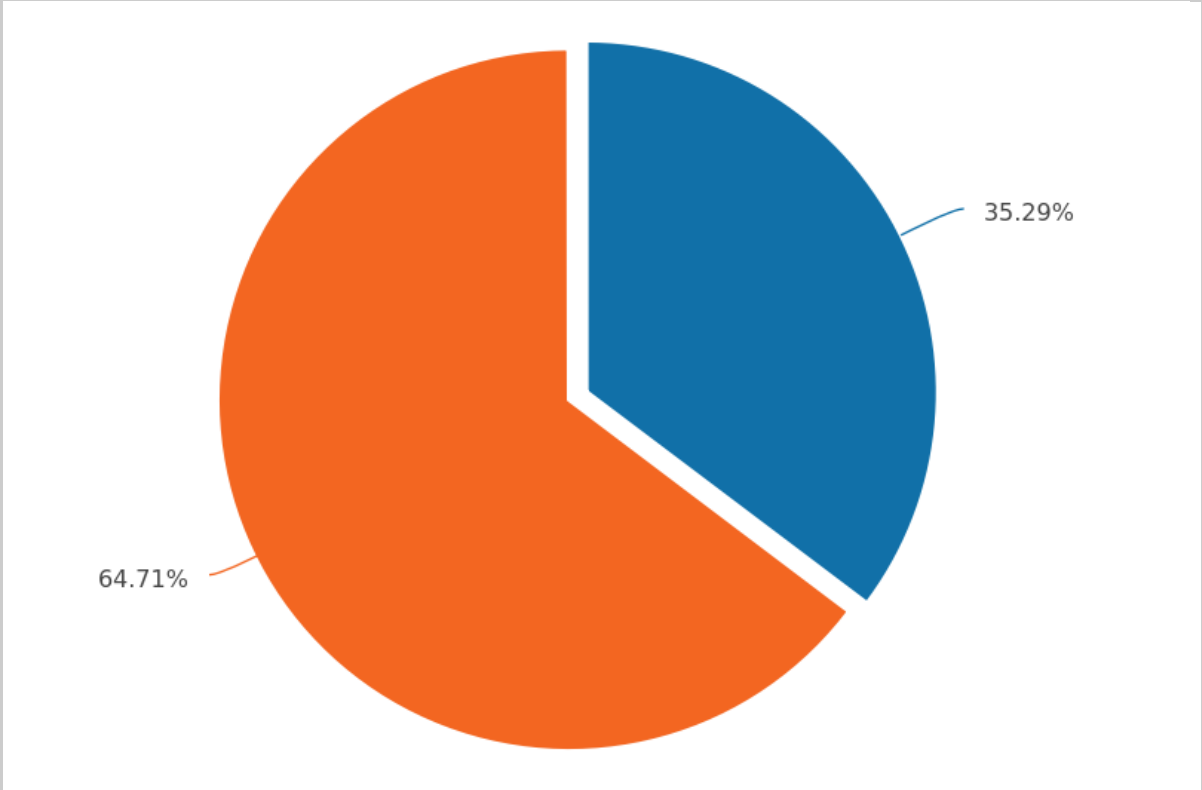
Answer Choices			Response Percent	Response Total
1	No		68.67%	537
2	I have self-harmed in the past but have now stopped		15.60%	122
3	I rarely self-harm (less than once per month)		9.08%	71
4	I self-harm most weeks		3.45%	27
5	I self-harm most days		3.20%	25
			answered	782
			skipped	0

### 31. How would you describe your relationship with social media?



Answer Choices			Response Percent	Response Total
1	Great		52.81%	413
2	Mostly ok		41.94%	328
3	Quite negative		3.07%	24
4	Very negative		2.17%	17
			answered	782
			skipped	0

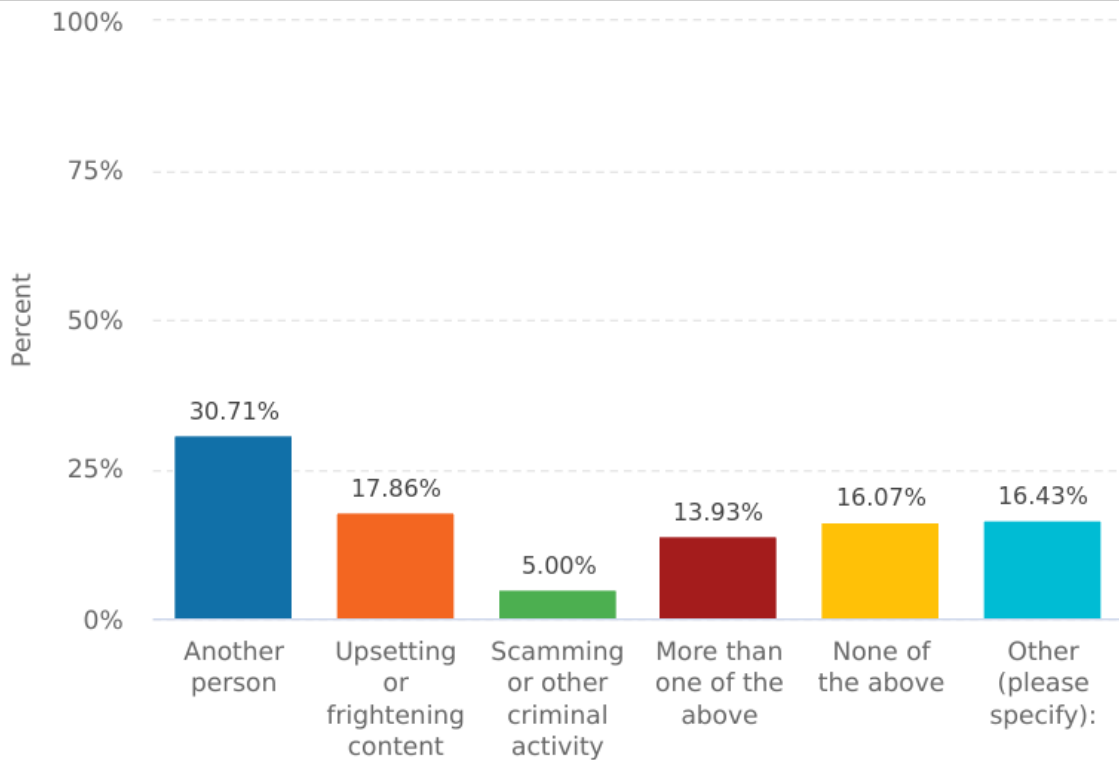
**32. Have you experienced anything on social media that has made you feel anxious, worried, or scared?**









Answer Choices		Response Percent	Response Total
1	Yes	35.29%	276
2	No	64.71%	506
		answered	782
		skipped	0



**33. Select the statement below that is most relevant to you. i.e., what has mainly made you feel anxious, worried, or scared on social media?**



Answer Choices			Response Percent	Response Total
1	Another person		30.71%	86
2	Upsetting or frightening content		17.86%	50
3	Scamming or other criminal activity		5.00%	14
4	More than one of the above		13.93%	39
5	None of the above		16.07%	45
6	Other (please specify):		16.43%	46
			answered	280
			skipped	502

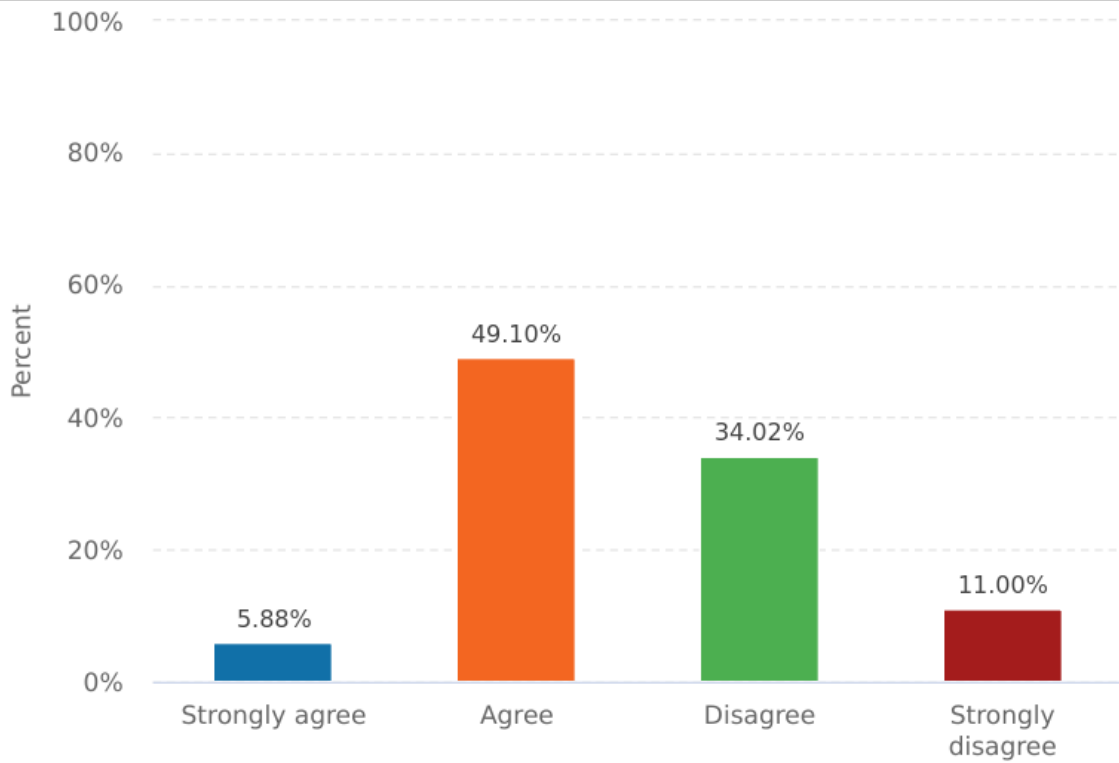
Other (please specify): (46)





1	08/11/2023 07:21 AM ID: 230877698	Getting random phones calls saying g creepy homophobic stuff
2	08/11/2023 13:21 PM ID: 230918530	The news and information that may effect the uk
3	08/11/2023 17:39 PM ID: 230954289	So called friends at school bullying me online
4	08/11/2023 20:15 PM ID: 230970160	Nahla
5	08/11/2023 20:18 PM ID: 230970522	random threats from random people
6	08/11/2023 20:25 PM ID: 230971084	It wasn't bullying but I was called a swear word in my dm's
7	09/11/2023 09:53 AM ID: 231002023	Dont want to say
8	09/11/2023 15:31 PM ID: 231043733	my birth dad
9	12/11/2023 15:48 PM ID: 231207178	So I was watch lng a video on a car driving unit there was a jump scpre
10	19/11/2023 20:47 PM ID: 231777122	Rude comments and personal threats
11	20/11/2023 23:23 PM ID: 231878282	horror videos
12	23/11/2023 11:08 AM ID: 232278003	Space Events
13	23/11/2023 11:09 AM ID: 232278046	people bullying me
14	23/11/2023 11:10 AM ID: 232278253	getting preasured into gangs
15	23/11/2023 11:14 AM ID: 232278078	myself
16	23/11/2023 11:20 AM ID: 232278115	war ,virus and scaryy urban legends
17	27/11/2023 09:10 AM ID: 232506990	Gore videos/ pictures
18	27/11/2023 09:10 AM ID: 232506974	got threatened to get jumped

19	27/11/2023 09:12 AM ID: 232507168	threats
20	27/11/2023 10:11 AM ID: 232513644	people sending upsetting messages to specify
21	27/11/2023 14:45 PM ID: 232550099	
22	27/11/2023 14:49 PM ID: 232550934	bullied
23	27/11/2023 14:50 PM ID: 232550152	people killing animals
24	27/11/2023 14:52 PM ID: 232549325	Large group chats where I am targeted
25	29/11/2023 11:57 AM ID: 232733032	being banned on social medias for no reason
26	29/11/2023 12:05 PM ID: 232733621	MOMO and SMILE DOG on creepypasta
27	10/12/2023 14:44 PM ID: 233594538	Someone said they would find where I live and they would kill me
28	14/12/2023 22:17 PM ID: 233991467	I once was scrolling through tiktok and came across a live with a man in it who was being very disturbing
29	05/01/2024 19:31 PM ID: 234845602	That people don't like me and my friends will leave me
30	06/01/2024 13:09 PM ID: 234886350	It says if you don't use this sound your mum will die in 20 minutes
31	06/01/2024 19:08 PM ID: 234896925	Fake news
32	07/01/2024 19:29 PM ID: 234920040	Discrimination (because I am gay)
33	08/01/2024 15:49 PM ID: 234968207	people calling me racist for saying a non-racist opinion they don't agree with
34	08/01/2024 22:30 PM ID: 234991899	I rather not
35	10/01/2024 09:29 AM ID: 235079540	seeing we have school
36	10/01/2024 19:21 PM ID: 235140338	Sad dog videos

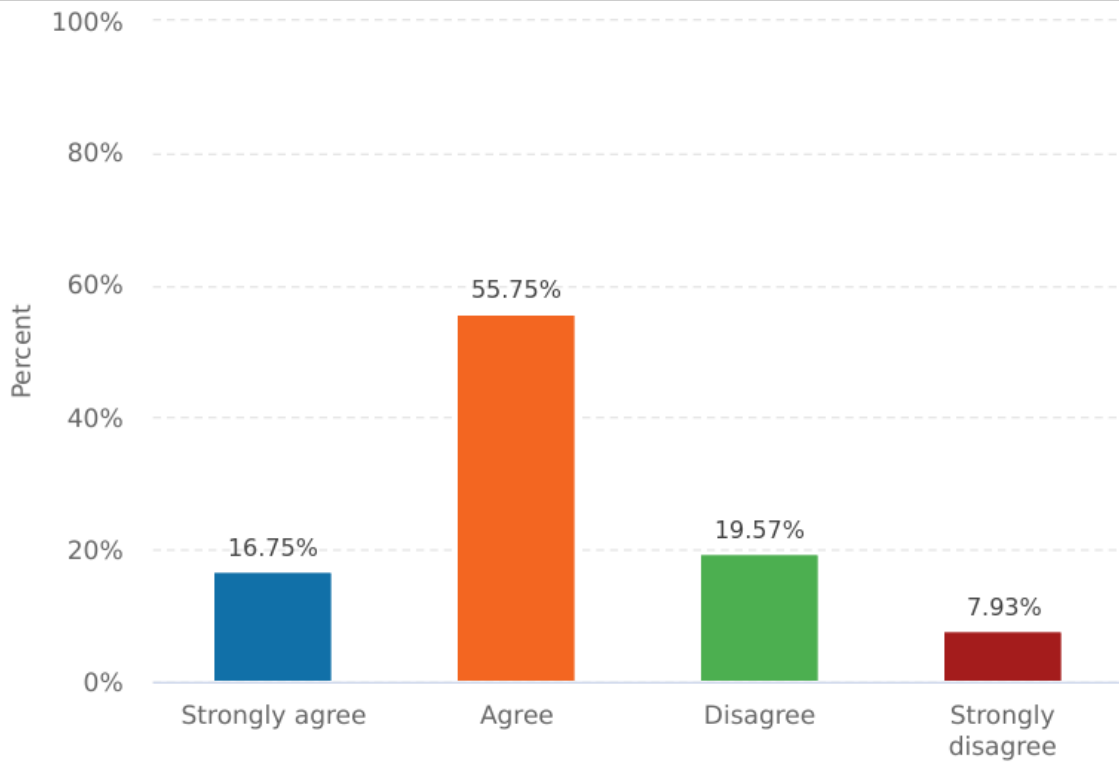
37	10/01/2024 19:40 PM ID: 235142366	Bullying
38	11/01/2024 11:09 AM ID: 235176536	people getting my ip but they really cant do any about it now a days
39	14/01/2024 10:43 AM ID: 235364897	Horror
40	15/01/2024 12:02 PM ID: 235424293	characters
41	15/01/2024 12:08 PM ID: 235424674	skibidi toilet
42	16/01/2024 10:07 AM ID: 235495099	random p3dos sending nudes
43	18/01/2024 11:46 AM ID: 235697578	chicken
44	18/01/2024 11:46 AM ID: 235697283	GETTING INTO MORE FIGHTS
45	19/01/2024 10:27 AM ID: 235779784	people makeing fun of me of how i got sexaul assalted
46	19/01/2024 10:35 AM ID: 235779905	being bullied about my weight





### 34. Students in my school/college treat each other with respect



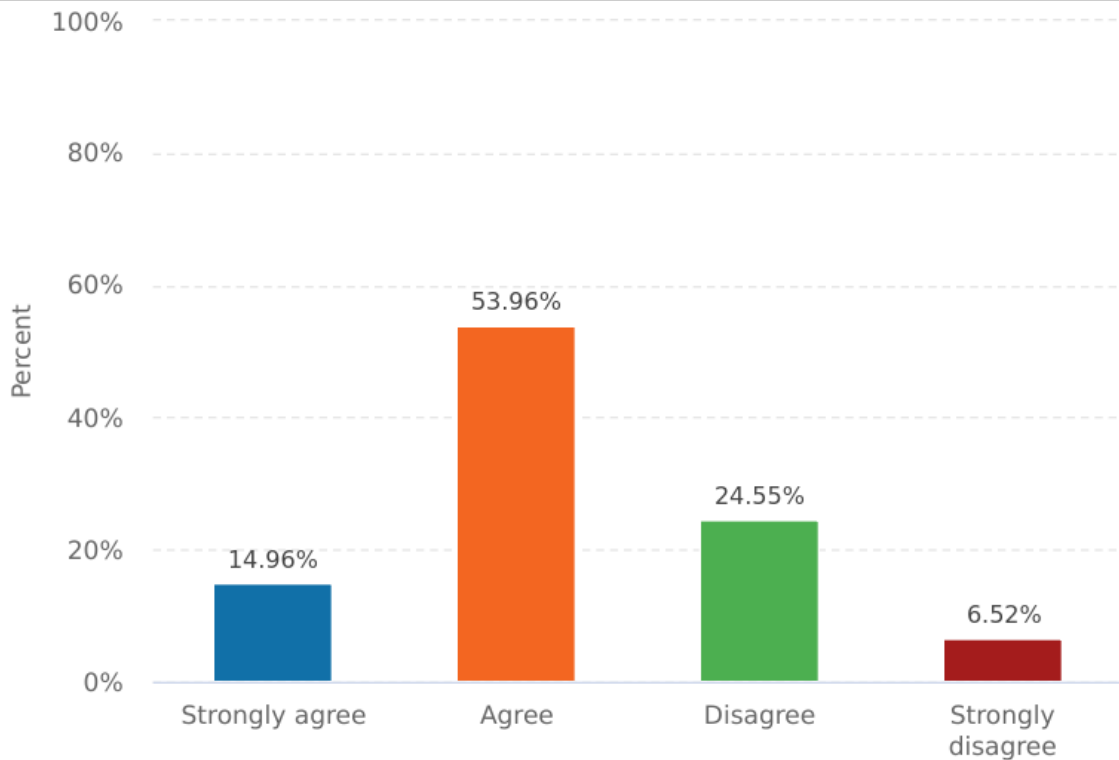
Answer Choices			Response Percent	Response Total
1	Strongly agree		5.88%	46
2	Agree		49.10%	384
3	Disagree		34.02%	266
4	Strongly disagree		11.00%	86
			answered	782
			skipped	0





### 35. Staff in my school/college are good role models.



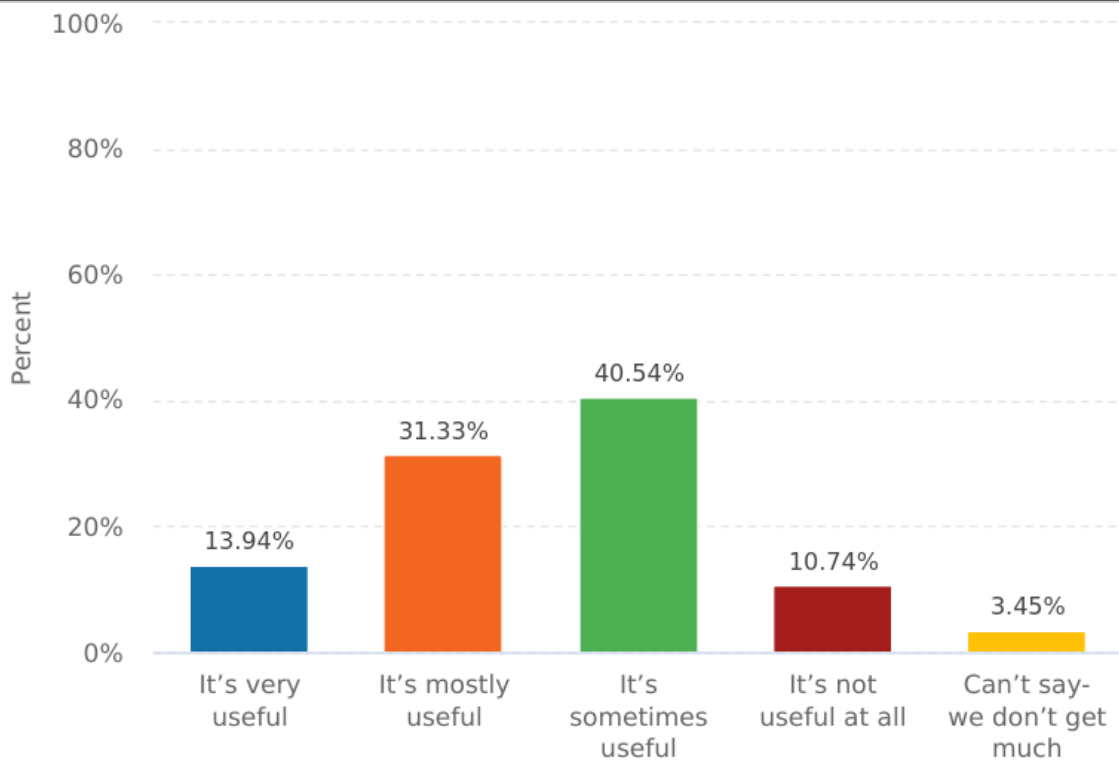
Answer Choices			Response Percent	Response Total
1	Strongly agree		16.75%	131
2	Agree		55.75%	436
3	Disagree		19.57%	153
4	Strongly disagree		7.93%	62
			answered	782
			skipped	0






**36. There is a culture of mutual respect in my school/college between students and staff. i.e., students treat staff with respect and vice versa.**



Answer Choices			Response Percent	Response Total
1	Strongly agree		14.96%	117
2	Agree		53.96%	422
3	Disagree		24.55%	192
4	Strongly disagree		6.52%	51
			answered	782
			skipped	0

### 37. How useful do you find the PSHE/ Health and Wellbeing / Personal Development / Social and Global lessons you have in school?



Answer Choices			Response Percent	Response Total
1	It's very useful		13.94%	109
2	It's mostly useful		31.33%	245
3	It's sometimes useful		40.54%	317
4	It's not useful at all		10.74%	84
5	Can't say- we don't get much		3.45%	27
			answered	782
			skipped	0

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	460
<p>More guest speakers, this is very engaging</p> <hr/> <p>more on bullying</p> <hr/> <p>i would suggest doing a lesson about our day to day life and see if it's good for our well-being</p> <hr/> <p>Answer more questions</p>			



**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

make them more fun by acting out real life dangers and how to act on it and doing more practical work

Stories of mental health on others teenagers to make us feel understood

I don't have any thoughts

try make students more involved and make them encouraged to learn

Make it more age appropriate for year 8

listen better

More lessons

How to deal with mental health issues NOT how to get rid of it(which won't work anyway)

do more sport

For them to teach us what lessons are good to take as a GCSE for the job we aim to do.

Nothing

It's all good

In my class the boys act stupid and are immature and I just think they should be quiet so then we can learn.

It's already good so nothing to improve

to have lessons that could help us in the future

be for fun

Talk more about how to help with self harm since I haven't heard my cool talk about that

Nothing really everything is good

talk more about people's mental health because it matters. It's easy to say your okay when really your not, mentally or physically

I think the school staff can update the system and thinking that there the boss of EVERYONE when I am just going on with my day until a teacher comes up to be shouting and giving me a c3 for doing nothing or one of the smallest things ever it's not very good how they sometimes communicate with students when people can have stuff going on and the last thing they would want is a teacher coming up behind them shouting and being disrespectful to them at the next of the day yes I have disrespected a teacher but not for no reason I only do it when I feel uncomfortable with the way the teachers are shouting at me making me feel like I'm worthless and I think they could fix how there staff speaks to teachers as is very ridiculous!

get teacher who act know what they are on abt i find it very embarrassing for them bc they think touching a bit of grass will fix all my life problems

I am happy with PSHE lessons

Include more mental health calming tips.

more interesting topics

Maybe every now and again make a list of things the tutor thinks we would like to learn about in PSHCE and then do a blind vote for what to do next term

Nothing

I'm not sure PSHE is quite fun

add a bit more activities

Yeah by not having on good lesson bc I miss it

Explain the effect of what we are learning

Make it more useful in life rather than learning about a guy who makes a football out of condoms

Make it fun

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Not to do a family tree

I dont really like PSHE

for the lessons that are personal can you separate the girl and boys into separate rooms

Tell students to stop following random trends online

Learn about things that are useful

Make more activities that include groupwork.

I don't suggest anything

Nothing

Nothing

No there is nothing I would like to improve

Be open to more of the students ideas

Try and make lessons more relevant/ relatable to the children you are teaching.

maybe more financial, culinary, taxes, how to invest, time management, more career advice lessons

Learning about teenagers now

actually tell us things

How to control ur anger in different ways

That are very good

Idk

More things such as finances

blooket

Go slower as maybe people can't write much

try to get to the grade i need and to make sure everyone is lissinig

Maybe we can view each other's views a bit more and opinions of others on the topic and show all views. Like when we were having a lesson on the Taliban I really wanted to tell people that all muslims aren't terrorists. It's just this 1 specific group of muslims that do all of the terrible acts of terrorism.

Ask people if there ok sharing the info

Teaching us about things that are needed in real life, such as finance and sexual education.

Seating plan

Learn about more things relevant to our mental health

Probably to learn about bullying much more since it does happen a lot.

Make it more religious about how people treat different religious people or groups

More engaging/fun activities

More interaction in the lesson, rather than asking 5 questions a lesson.

do more relatable things for the age group

Nothing

Anonymous question box to write questions to be answered and discussed in the next session  
Lessons to be more engaging, asking more questions to people etc

The teacher

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Talk about self harm and things like emotional dysregulation/depression. And more on sexualities and that its ok to love who you want because many students are homophobic and or disgusted by the thought of it

Bring people that have done the things like drugs and have them explain how it hurt their life

Don't have anything to suggest

I am not sure

Nothing, the way they teach is very good

More in depth teaching of different things

Make it more fun

Nothing

Make them less book work, less very full on and breaks to make it more better

I have no suggestions

More lessons focussed on money, benefits and stuff to do with the government.

How to get fitter and to get stronger and to learn a about money

More activities

Better understanding and more activates

Make it interesting

make it more fun.

Adding more things that really can help instead of things you may not be able to do in difficult situations

to add more stuff about learning disabilities

try to add some more video's to the lesson so we can experience other people views

Explain it more

i would suggest talking about things like the problems and stuff not how to be ace because i dont really think that many people listen to stuff like that and dont care

do more practical stuff

Learning about more stuff that is relevant to people in our age group.

make it more fun and more engaging to students and make tasks more physical like more getting up and doing stuff tasks

**MENTAL HEALTH!!!!!!!!!!!!!!**

Some more fun activities like colouring by number and stuff

be less soft

to do kahoot or blooket every lesson and let us sit anywhere

I think we should learn about more serious stuff like sex and love life not how to be ace

make it funner and less boring

they could help more maybe and talk more

i don't know

no BULLying and racism

more of it

just stop phse its terrible

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

N/A (because I really don't know) I think it's all ready really good and it doesn't really have to change

Nothing.

less lesson time

try to make your pupils feel more safe and respected. and always make sure everyone is comfortable with the topic

not do it at all

I would let people ask more questions instead of just telling the info

just teach more lessons on it because we don't have many lessons on it

i think that they could have a lesson where you write down any worries or questions they have anonymously and the teacher can either read them alone or answer them out loud

explain things more

Adding things like lessons about self-harm because that is very common these days

Have more relevant lessons to our age so if we were in year 7 we learn about safety online but as we get older we go on to more serious subjects

more relevant topics and not doing things that don't really matter

More specific topics

make it more interesting and fun

It's fine how it is

with sensitive subjects try and make it so people understand what to do if anything happens

To improve the PSHE lessons in my school, they could add in more lessons about taxes, realistic problems that could happen at my age, and how to control your emotions with hurting anybody / anything.

give more information to support it

Maybe ask students or do a survey to see what they are most interested in learning about and then they would like the lessons more.

couldn't say anything i like pshe and don't think we need to improve anything

letting students pick useful subjects that are going to help us in life and letting the teacher teach them and let the students be active in the activities

Try to be more supportive with students suffering with serious things like self-harm and mental health. And unless very serious keep it confidential

more about mental health and how people silently suffer to understand.

I could have it more.

more better

Make it more accessible to more than just some type of people

staying safe online, how to manage friendships, periods and the body in general

nothing

go over it again towards the end of term or make a quiz to test their knowledge

i can't really think of any improvements

, i suggest learning about life and how to control it

I think when learning about a sensitive topic students should be allowed to sit where ever as they may not be comfortable sitting with certain people  
More explanations about certain things as it may confuse people

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Making it more welcoming. I don't know how this could be done, maybe making it more anonymous. I know I feel uncomfortable opening up in person.

talking more about help in different situations

New teachers

making it more entertaining

i wouldnt

nothing i think its good

i think it covers everything for our well being

it be a place to discuss with friends and not the person sat next to you

To have more practicals and look at more interesting topics

maybe make it more interactive.

For the teachers to let you talk to them in private.

Talking about or trying to do something about peer pressure  
legal ages for things  
the consequences for things like vaping, smoking, using drugs, smoking cannabis

Having teachers that are really kind. Have regular one to one sessions with the teacher and child.

more one to one sessions with child so that they can get things off their chests and be nicer and more understanding to children.

more lessons

Make the activities funner and more interesting

have a wider team and to know who your team is.

They could ask whether you are comfortable with learning something.

talk about things that the class want to talk about

talk alot more about mental health and where we can go

Make it a bit more interactive, so that students aren't just sat at desks for 1 hour etc.

not sure

make it more relatable

learning about bullying and situations in life but i like pshe and i dont think it is a bad subject

to not just say 'report to a teacher' because sometimes you feel like u cant

i dont really know but more support

maybe add more fun things like games and videos to help us understand

free personal therapists

Let students discuss what they want teachers want to go over in lesson

make it easier

Preferably more life skills e.g money

dont talk about sensitive things with out checking if anyone is going through it

Nothing I like it

i wouldnt

Nothing it is already good

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

no

I don't have any suggestions

more activities

Could have more subjects about safe sexual relationships and how rent, jobs and other adult bills work

Better teachers that are not nosy and misunderstand you

More talking time and not just copying everything of the board

Learn useful stuff for life because nobody wants to learn about the positives and negatives about social media.

more about mental health, racism, discrimination

Less personal because some people get upset because it can get quite personal

Talk negatives and positive about a influencer or celebrity of done so

Try to get better reference points

Not showing us dangers but instead how to deal with them.

Learn more about things that can help in the future

Dedicate it to children, what 12-14 year old needs to learn about sex? Dedicate it to online problems, health and safety etc...

Being more informative on subjects like Sexyal Education

More modern examples

I would teach looks aren't important and. Personally its better

i would suggest that if we are doing PSHE lessons that we talk more about self harming, bullying etc.

Teach us about more about sensitive lessons.

Instead of just watching videos do practicals

I'm only teen lol, can't think of much, but there's always room for improvement

Put bullying topic it is the really common topic but im seeing too much TOO much bullying around this souless school.

Making the lessons more relatable

have workshops more often

TO HAVE A BETTER TEACHER WHO CAN TAKE GOOD CARE OF STTUDENTS

make it more enjoying instead of making it te dark side of purbety

tackling acctual problems for kids

better teachers

Nothing really

DONT LIKE LEARING ABOUT GAY STUFF

Think before anything or a meditation lesson so if people are insicure to tell whats happening in their lives they can help us meditate

For teachers not to tell us off for talking and laughing about thing and doing exercises that even the teachers know people are going to laugh at and telling them off for it

I wish we can learn about uncomfortable things

Do more lessons talking about well being and realistic scenarios that students may face. e.g. suicide, self harm, drug use,smoking/vaping and mental health improvement

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Allow students to find ways to end situations that are negative to someone  
E.g. suicide , depression , a loss, bullying/harassment, unwanted sexual behaviors

The teachers need to work better because they dont teach it properly

have teaches that actually care and have nicer teachers we can trust

we should learn about the bad habits that kids develop and this age and how will you life be affected for it and if school is to hard to bear all the time[negatively impacts you] and how to cope with that.

nothing

I get to spend time in choter instead of lessons I don't want to be at

learn more about what people do in this generation instead of the past

I would suggest giving more options on what we learn about and go wider on who and why

Keep it more understanding

More on sex because most are unaware of the purpose of masturbating

Talk about taxes

I don't have any wanted improvements personally.

I wouldn't

Learn more stuff

One quiz homework and them to not move on so fast

More fun way of learning. Not miserable stuff like stabbings, eating disorders

Idk my tutor does a good job

Do more work about health and wellbeing

To make it less boring and so something fun like matching words to statements

Make it more interesting so people are more engaged in the lessons.

It's not bad but I know most of the stuff already

Let if be less boring

That we have more time for PSHE

Not sure

To make it less boring

It's mostly fine

Nothing

The pshe lessons are fine 😊

Not sure

Nothing

I font know they are all. Very good

More about dangers

To add more physical activities.

Make the lessons relate more to us as young people/teen-agers.

I enjoy all lessons in pshe and don't need to improve it

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

I hate pshe bc I don't like the tutor I'm with so it makes everything in that room pointless and waste of my time

Do more stuff about current matters in the world

Teach us how to get a job, budget, pay tax, pay bills, how to invest, what to invest in, give motivation, how to keep disciplined, life lessons.

i dont think i could improve pshe because i learn a lot

Nothing

Talk about problems that happen inside school more

To get people to actually understand and listen

Learn how to manage and create a business

Teach more relevant subjects

like not learning about LGBTQ+ stuff because it makes me feel uncomfortable

nothing

fun games (e.g. khoot)

to teach us about the actual things that happen in life and not random scenarios i want to learn things that will be useful in life

to learn cultures

to learn about cultures

Nothing

I don't know

Do more relatable subjects e.g. how bills work and how to pay them

That we are encouraged to write down more

I don't know, sorry

nothing

Stop people from talking around me bc it's detracting

I don't know

I'm not sure

More creative tasks?

More talking allowed

I'm not sure

Talk about what we can do to help people that is struggling with ADHD or autism

Learn more about future (money)

I don't know sorry

More information on stuff like how to do taxes and how to manage money

hjjh

NICE TEACHERS

I don't really know

more things that help general life



**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

- I don't think it needs to improve the lessons are good

---

- Don't teach things to students that could make them scared of things in life

---

- I dont know

---

- I'm unsure.

---

- Make the lessons more interactive

---

- More videos

---

- More regularly

---

- I don't know

---

- nothing

---

- no sexual subjects

---

- Teach us about how to overcome wrong and bad things that would make us anxious and worried.

---

- Nothing it's all good

---

- Blooket

---

- nothing

---

- more fun things

---

- teachers to respect students

---

- i dont have anything to improve on

---

- I'm not sure

---

- ?

---

- fortnite

---

- to maybe watch videos because it would make ppl watch and consertrate

---

- not sure

---

- yu

---

- Include more things about LGBTIQ+

---

- I don't know

---

- Just improve it

---

- i would change them so they focus on the age group of the class

---

- to focus more on what will happen in the future

---

- Teach more about right after school, like college/university/and more.

---

- do more of it and do stuff thats useful

---

- I would go onto active ways to help people

---

- Not sure...

---

- Learning more about business

---

- salmon roe

---

- I DONT REALLY KNOW

---

- More time on the computers so we can feel happy

---

- Bring in more life skills

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

its just not good and there's nothing you can do to make it good

thou shalt revere god  
thou shalt worship god  
thou shalt prove thy faith  
those who fail these commandments shall not leave alive

Be more straight forward and dont try make things different in a way that we can understand it

Be more straight to the point about stuff and dont make thiungs dfferent t owhat they actualy are

let us use our phones let us have a 5 min break in between lessons have an assigned person who we feel comfortable talking to

Teach us how to pay taxes and how to invest responsibly, as well as how to get on with life (shopping for human benefits e.c.t)

yasss papppyyyyy purrrrrrr slay queen period okuurrrrr

more moden and interactive learning

Make it memorable.

Teach us how to mänge our daily life in the future - money, getting homes, places to work, where to live etc

Teach us how to be successful in life like how to get a job or how to start a business

get rid of it

talking more about ways to cope with trauma e.g self harm

stop doing it

i would not change anything

dont know

get rid of emily being hater to sociaty

talk about more personal subjects like lgbt  
religion and self-discovery because we legit only talk about drugs and useless things over and over and over and over  
and its annoying

Actually do something about a certain situation.

Its fine how it is

make it more interesting and fun

Its fine i do not have a ploblem with it.

I'm not sure really but we can improve the way we are told life will be in the future and what to expect.

i dont know im 12

not sure

I dont need this lesson

We should look in more detail of wellbeing.

LEARN MORE ABOUT THE EFFECTS OF BULLYING AND THE RESULTS IT CAN LEAD TO

talk more about futures and careers and how to get there.

SHOW MORE HARMS OF LIFE AND DANGERS

Talk about taxes and morgages

I don't know

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

More physical lesson e.g. acting

playing games

IDK

I don't know

dont know

explain in more depth maybe on specific topics that are useful to us in the future

How to manage a bank account

Make it more interesting

let more people notice the lesson

do more on the LGBTQ stuff to help people feel better by being trans gay etc

make it more about what life is like now not what it was like 5 years ago and ask us what we want to learn about in the lesson not what the teacher wants to

i would change the fact how we learn about things that is relatable to other people it might make you feel like a sad angry upset wanting to leave school or something like that

idk

to take peoples topics that they dont want to talk about seriously and dont make them talk about it

not have pshe

i would suggest that the teachers should ignore students that annoy them and to pay more attention to the lessons

i would suggest that the teachers should ignore student that annoy them and pay attention to other people in the lesson

do things students would be more conferrable with

good

MAKE IT MORE FUN AND THATS IT ;)

more learning than usual

more descusion nwith teacher

make them more fun and more discussions.

i have nothing to suggest

7yufr3f23

dunno

life situations

To include more scenarios where students have to guess what the person should do in a situation that's challenging.

i would suggest speaking more about how to cope with bullying

Make the activities funner

Talk about being kind and not bullying because we only look at it once a year for 3 lessons

Im not dure

Mate it more interactive.

Nothing I think it's ok

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

Talk more about protection.

no

MAKE IT FUN BECAOUSE SOMETIMES PSHE IS BORING

if i could i would kill myself right now

to teach students to have their own head and not to follow the herd

talking about peoples life

answered	460
skipped	322

### 39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?

Answer Choices	Good	OK	Could be better	Poor/non-existent	Response Total
Information on drugs, alcohol, tobacco and e-cigarettes/vaping	54.22% 424	33.89% 265	9.72% 76	2.17% 17	782
Benefits and dangers of prescription drugs	49.74% 389	36.32% 284	10.61% 83	3.32% 26	782
The link between physical and mental health	47.19% 369	32.23% 252	15.73% 123	4.86% 38	782
The benefits of physical health and fitness	51.28% 401	35.04% 274	11.00% 86	2.69% 21	782
Causes of ill health, treatment and how to stay healthy	45.01% 352	37.85% 296	12.66% 99	4.48% 35	782
Knowledge of basic first aid	31.07% 243	30.95% 242	23.02% 180	14.96% 117	782
The importance of good quality sleep	47.31% 370	33.38% 261	13.55% 106	5.75% 45	782
Body changes as a result of puberty	54.60% 427	31.71% 248	8.82% 69	4.86% 38	782
Emotional changes as a result of puberty	47.44% 371	32.10% 251	13.04% 102	7.42% 58	782
				answered	782
				skipped	0

#### 40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to manage stress and anxiety	34.91% 273	32.99% 258	22.51% 176	9.59% 75	782
Recognising the signs of common mental health issues e.g., depression and anxiety	36.57% 286	31.71% 248	19.31% 151	12.40% 97	782
Common types of mental ill health	35.55% 278	36.83% 288	16.62% 130	11.00% 86	782
How to manage your finances e.g., budgeting	37.72% 295	32.86% 257	19.18% 150	10.23% 80	782
Online safety including the law and how to use the internet and social media responsibly	50.00% 391	36.57% 286	9.08% 71	4.35% 34	782
Understand harms on and offline including gambling, fake news, harassment, bullying, exploitation, sexual harassment	46.04% 360	35.29% 276	13.94% 109	4.73% 37	782
Sex education, including contraception and Sexually Transmitted Infections (STIs)	37.98% 297	39.64% 310	14.19% 111	8.18% 64	782
How to have good relationships, including consent	45.40% 355	37.21% 291	11.76% 92	5.63% 44	782
LBGTQI+	32.10% 251	33.25% 260	13.04% 102	21.61% 169	782
Learning to live in a diverse society e.g., challenging racism, sexism, misogyny etc.	47.19% 369	34.65% 271	11.64% 91	6.52% 51	782
The risks associated with crime, gangs and knives	49.36% 386	30.43% 238	12.40% 97	7.80% 61	782
				answered	782
				skipped	0

#### 41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to cope with changes in a relationship e.g., break-ups, death of a loved one	32.23% 252	32.23% 252	19.05% 149	16.50% 129	782
The legal status of different types of relationships	35.04% 274	37.34% 292	15.22% 119	12.40% 97	782

**41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?**

Skills including teamwork, active listening, negotiation, public speaking etc.	44.76% 350	35.42% 277	13.30% 104	6.52% 51	782
Fertility, pregnancy and choice	29.16% 228	39.90% 312	16.11% 126	14.83% 116	782
Pornography	22.12% 173	31.84% 249	15.47% 121	30.56% 239	782
Information on choices relating to jobs, careers, further and higher education	43.48% 340	36.96% 289	13.04% 102	6.52% 51	782
Protecting yourself from people or groups with views that are harmful to others i.e., radicalisation and extremism	38.11% 298	37.21% 291	14.83% 116	9.85% 77	782
Grooming and exploitation, including online.	39.00% 305	37.72% 295	11.76% 92	11.51% 90	782
				answered	782
				skipped	0

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	312
More about budgeting			
good			
nothing			
N/A			
Be nicer			
not sure			
What helps mental illness			
To cover wha GCSE you would need to take for what jobs.			
Nope			
Dunno			
All good			
I think there should be some more pshe lessons on bullying because I'm getting bullied daily and even when the teachers have told them to stop and leave me alone they dont care and it just carry's on.			
I don't have any fredback			
could be better to explaining all of the things we learn			

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Maybe to help people get over trying to self harm just a little bit more and if people get uncomfortable ask tondo it one on one talking so it's not Infront of anyone

PSHE is a interesting lesson in some topics. We learn new things every lesson. Some things could be covered better than others

these teachers should all be fired they have poor skills AND ruin ppls mental health and are overall horribly rude and disrespectful they are selfish and if they are rude to u and u are rude back they throw a fit abt it and there have been multiple times i have said i felt dizzy or sick they have said "i don't care" or "that's nice" like what kind of answer is that sorry what??? how did my school pass and offsted the school found out my mate sh and they locked her in a room all day when though she said she didn't want to and the male teachers make girls very uncomfortable with some comments i've had experienced like were i've been called "darling" like PEDOOOOOOOOO and many more things o think this school should be shut down the teachers are always twisting up stories to parents and stuff like that so i hope they all climb down a deep dark hole and stay there forever

No everything is good

We haven't learnt everything but it is usually a very serious lesson and usually takes 2 lessons to explain

Disability awareness

Nothing

more fun

More fun

More physical activity

np

N/A

It is fine at the moment

LGBTQ

no homophobic

Careers

There is nothing I would like to improve

Please stop telling girls to cover up and tell boys that touching people without consent isn't ok

Please don't have more sex education, I don't think everyone enjoys it

I don't know

Finances, and how to spend money better.

Talk to us about depression and causes for self harm

n/a

Good

I am fine.

No

Finance

blooket

How to make friends/deal with anxiety better

None

I don't care It justvhwelp

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I would like to know how to deal with getting a better mental health and how to handle with not liking your looks.

More about vapes and e-cigarets

Don't know

t have no feedback to give

...more interaction in lessons

Not sure

I don't have any

I don't know

More choices of the activities and more chances to work with your friends.

Talk about self harm  
Emotional dysregulation  
LGBTQIA+  
Depression  
Why some people arent confident

I don't know

i don't know

Online bullying

We don't really learn much about sexual things or like how to be safe and what happens and the harms of when you vape/smoke

We haven't done much this year however I think we will cover more as the year goes on

Nothing.

I have no feedback

N/A

Idk.

How to get stronger and to earn money

More activities

More fun

i think its quite good at the moment

Not any feedback :D

make lessons more fun like watching clips because we find that more interesting and actually watch them instead of twiddling our thumbs

not getting involved into gang

mental health and anxexity/panic attacks. the school never does nothinng about ir its annoyin.

more about how to deal with anxiety and create an are you go at break at talk to a teacher.

idk

i would like to cover about finaces carrers and sex eduction like more

idk

some more of everything maybe



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i don't know

things going on in the world and racism and deaths etc

setyehrfdthfth

health welben

ways mental health effects people ,

i i dont knw

making sure you know when to help someone if you can se they are in distress

no

h

N/A

personal development, health and wellbeing

its fine how it is

Topics that i would like to be covered are taxes and more about sexual relationships.

I would like to do more about how to notice mental illnesses and how to treat them in more depth

i think that overall PSHE can be taught very well but there are those like one or two subjects that we haven't learnt yet because we don't do much about that topic in year 8.

Things like self harm, mental health issues, pornography and sexual harassment and bullying

i don't know

not sure

cvx

i love PSHE it is good to do the topics are good.

pshe is marvin

do more about males as whenever we do things on puberty it is always about females

not sure

o

no. LOL

im not sure

nothing

how to deal with life mistakes

How to cope with having not enough money or how to budget your money or pocket money. how to save money

Jobs in the future and what tests/exams you would need to take in order to achieve that role

loosing famle members

Make it easier to talk!!

maybe working on mental health and peoples situations

i dont know

...

i do not know

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i cant name name them all

yes

icba

Maybe how to resist racism as i am struggling with that at the moment

im not sure

To learn about how to cope with mental health issues, for yourself and for family and friends.

To learn about mental health ( Self Harm )

I think the school needs to talk more about life ahead resulting pregnancies boyfreinds, sexual relationships and its ok to try smoking and vaping because its a natrual thing people get curious they should teach safe ways to try these things though

Choices of jobs you can do when your older. Self harm. How to cope with your mental health.

Education and what you can do with it with certain school achievements. how to cope with depression/mental health and self harm

more about how to manage finances when you have a sustainable job

Learn important key stuff that help in life

On how to deal with bullying, death, breakups, saying no, self harm, mental illnesses.

mental health

again i think mental health should be explored much more especcially in our year group

I would like to se more of topics such as anxiety and depression covered a bit more than they currently are.

no thank you.

i dont think pshe needs anything else i do realy like some subjects in it

How to stop anxiety

im not sure.

what changes during puberty

everything now is fine

Mental health and how it can change someone's life

Money

I don't like to answer these type of questions.

how to stop bullying

I really like all of them

i donrt hAVE ANYRTHING

dunno

idk

I don't know :3

no

explaining in detail about the topic

?

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Safety online and offline about relationships, violence, etc

Business and finance

Add more stuff to learn that could help us in the future or how to cope with things that we could be struggling with

Mental health.

We're not allowed to be taught anything because our teacher is muslim

It's ok

Please teach sex education separately as it can be uncomfortable for opposite gender

We should be more inclusive to different point of view

LGBTQIA2S+(gay bisexual pansexual etc) and more Mental Health

I would like to ad the puberty and aid one pls

How to be safe in a gang or dangerous people.

I don't understand question?

Bullying the most bullies just won't learn it's like they are blind. And more ways to cure mental health issues, what to solve boredom

More relatable lessons

ITS VERY VERY POOR

teachers are being rude to students with dispreads

i already answered this question C:

i think that we need to have more lesson on pshe over the two week time table and branch out on different topics in pshe

I think that for learning about puberty boys and girls can be seperate (girls with female teacher, boys with a male teacher )

less gay stuff more normal some people dont realise that we dint all like thay gays and that we rather stay old fashoion with the gender stuff (there are only 2 genders..)

HI

Teach more about puderty (changes), sex, gangs, self protection, etc.

Do multiple lessons on this to allow students to get a common and complex understanding about the subjects.

Add a variety of lessons to allow students to get a complex understanding of the subjects being taught.

E.g. sex, pornography ,puberty ,gangs and violence, etc.

pshe need to improve a lot

needs to improve with teachers behaviour teaches always abuse there power of being able to give sanctions

eqdwqdwqwwqddw

how to deal with death and how to to get you to explore all aspects of life because all the people i know,as they had a tiring day of school they go on social media to give them endless hours of eg. tiktok and lets time pass.then they do that the next day.

no

It is good

I like that you are are teaching us these things and I appreciate it.

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no

N/A

I think the school has done very well

Very poor almost did not learn anything

More fun and not so depressing and weird

Personal development

we need to learn about managing money and buying properties for the future when we leave school because its one of the most crucial topics in pshe and we do not learn about it. my sister has left secondary school last year with little to no knowledge about managing money and so on. my parents will have to teach her

I think PSHE is really good

Cover a topic of stereotyped communities e.g stereotypes of the LGBTQ community

Nothing

Nothing

I don't knkw

Talk more about other things

How to invest, what to invest in, how to get a job, how to pay bills, explain what tax is and how much you have to pay, overall more on what you actually need to know in life. There should be another lesson once per week on finances instead of 4 English lessons.

I do not know any yet

i have really enjoyed learning about fitness and what it does to our bodies and what no to do to our bodies i think it was very useful

None

STOP LEWRI NG ABOUT GAY STUFF

actual bulling things that have happened around school(no names involved) to see what the world is actually like instead of teachers making up scenarios

more on online safety

I don't really have any

Just a bit more one how the real world works.

Racisim

Less surveys less questions

How to deal with mental health issues and ways to cope

How to cope with ur mental health alone

How to cope well with bad ending or toxic relationships

Nothing

I think some of the topics we learn aren't really explained well and don't make too much sense

Less writing

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Good i learn new things in daily life

nothing

i have no feedback

Do more about bullying and about 5 year 10/11 coming into year 8 toilets and threatening people and kicking people and treating people well.

need more fun things

I think its very good

fortnite skibidi toilet

nothing

More help for LGBTIQ+ in lesson, rather than sending links we may not be able to access.

Yes

relate the lessons to the age group of the classes

to make it more based on us and what is going on at the time

More topics.

cant think of it

More lessons about online safety, as online safety is more important looking at the fact that technology is getting popular over time.

THOU SHALL REVERE GOD  
 THOU SHALT WORSHIP GOD  
 THOU SHALL PROVE THY FAITH  
 THOSE WHO FAIL THESE COMMANDMANTS SHALT NOT LEAVE ALIVE

puberty and emotions we feel during puberty

Not much

just get rid of it

i worship lloyd, i am a lloydist, lloydism is the way to go

Mental health

Make more lessons about mental health

make more lessons about mental health and our self esteem

i HAVE NOTHING MORE TO SAY

i would like more modern and interactive

First aid

None really

More about the LGBTIQ+ community and about how to support people in it

nothing

copng mechanisms for trauma

...

i would not add anything

first aid

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a pro gamer fast\_gamer69

sex education, relationships, lgbtq+, PUBERTY how to cope  
like we dont do anything personal thats actually helpful to us  
how to manage stress with exams  
this school is actually so pressuring and being put in sets makes it worse like  
teachers dont understand the stress they make us go through frfr

I'm not sure.

They talk about bad addictions which effect our mental health (already talked about drugs and grief)

to learn about financial decisons and services and jobs and how to actually make good money

i think we should acosiate the well being of the staff and studdents in the school as it is verry imprtant to be  
able to know what is going on and have a stronger relatoinship with students to get the full experiance we  
students deserve to enhance our learning abilities

i dont know

not sure

I dont feel like we need to learn about relationships pornography or lgbtq

I would like health and wellbeing covered.

more on different careers.

PORNOGRAPHY AND LGBTQ

Bills(eletricity water heating)taxes morgages

I don't know

I'd rather not.

notjing

How dangerous smoking is

not

How to manage a bank account and how to get a job

Respect

Health and wellbeing

more on lgbtq

more about the world today and how tennagers in differnt places do things

racism

idk what it means

try to understand kids feelings

pshe is as

The dangers on the roads and streets when walking a near a sketchy area.

pornogra[py

pornorgrapyp

drg

noo

NOTHING

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i have nothing to say

bang

life situations

Mental health

They are all really good

PSHE COULD BE FUN AND USE UNI FROG EVERY TIME WE HAVRE IT OR ONCE A WEEK

make pshe more fun

sexaul assalt , vape

i don` t know












idk


answered	312
skipped	470

## APPENDIX 2

### ‘How Are You?’

#### Swindon schools Year 8 girls, 2023/24

1. Which school do you attend?				
Answer Choices			Response Percent	Response Total
1	Abbey Park school		25.63%	92
2	Churchward		0.28%	1
3	Crowdy's Hill		0.28%	1
4	EOTAS		0.00%	0
5	Great Western Academy		18.66%	67
6	Highworth Warneford School		5.01%	18
7	Kingsdown School		0.00%	0
8	Lawn Manor Academy		0.00%	0
9	Lydiard Park Academy		25.91%	93
10	Nova Hreod Academy		8.08%	29
11	St Joseph's Catholic College		10.31%	37
12	St Lukes		0.84%	3
13	Swindon Academy		4.74%	17
14	The Commonweal School		0.00%	0
15	The Deanery CE Academy		0.28%	1
16	The Dorcan Academy		0.00%	0
17	The Ridgeway School and Sixth Form		0.00%	0
			answered	359
			skipped	0

2. Are you?				
Answer Choices			Response Percent	Response Total
1	Male		0.00%	0
2	Female		100.00%	359



## 2. Are you?

3	Other/prefer not to say	0.00%	0
		answered	359
		skipped	0

## 3. What is your ethnicity?

Answer Choices		Response Percent	Response Total
1	Asian or Asian British (Indian Pakistani Bangladeshi Chinese Any other Asian background)	11.98%	43
2	Black, Black British, Caribbean or African (Caribbean African Any other Black, Black British, or Caribbean background)	6.69%	24
3	Mixed or multiple ethnic groups (White and Black Caribbean White and Black African White and Asian)	3.62%	13
4	White (English, Welsh, Scottish, Northern Irish or British Irish Gypsy or Irish Traveller Roma Any other White background)	72.98%	262
5	Other ethnic group (Arab, any other ethnic group)	4.74%	17
		answered	359
		skipped	0

## 4. Do you identify as LGBTQI+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex) or another member of the LGBTQI+ community?

Answer Choices		Response Percent	Response Total
1	Yes	13.09%	47
2	No	78.55%	282
3	Prefer not to say	8.36%	30
		answered	359
		skipped	0

**5. For each group below: How many do you think smoke cigarettes (tobacco)? Move the slider to the % that you think smoke. For example, do you think it's hardly any (1-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year smoke do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.50	0.00	100.00	13.77	359
Students in your year	15.53	0.00	100.00	21.89	359
				answered	359
				skipped	0

**6. For each group below: How many do you think smoke e-cigarettes (vaping)? Move the slider to the % that you think vape. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year use e-cigarettes/vape do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	8.66	0.00	100.00	18.36	359
Students in your year	32.63	0.00	100.00	26.86	359
				answered	359
				skipped	0

**7. For each group below: How many do you think use cannabis (weed), this includes using THC in a vape? Move the slider to the % that you think use cannabis. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends use cannabis, do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.63	0.00	100.00	11.59	359
Students in your year	8.13	0.00	100.00	16.08	359
				answered	359
				skipped	0

**8. For each group below: What percentage do you think drink alcohol once per month or more? Move the slider to the % that you think drink alcohol. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends drink alcohol do not use the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	8.33	0.00	100.00	19.51	359
Students in your year	19.42	0.00	100.00	25.83	359
				answered	359
				skipped	0

**9. For each group below: How many do you think have sent an explicit photo of themselves to someone else e.g., in underwear or naked? Move the slider to the % that you think have done this. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends have sent an explicit photo of themselves, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	3.92	0.00	100.00	15.13	359
Students in your year	12.86	0.00	100.00	20.89	359
				answered	359
				skipped	0

**10. For each group below: How many do you think choose to view online pornography? If you think none of your friends have viewed pornography do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.95	0.00	100.00	17.22	359
Students in your year	15.64	0.00	100.00	23.04	359
				answered	359
				skipped	0

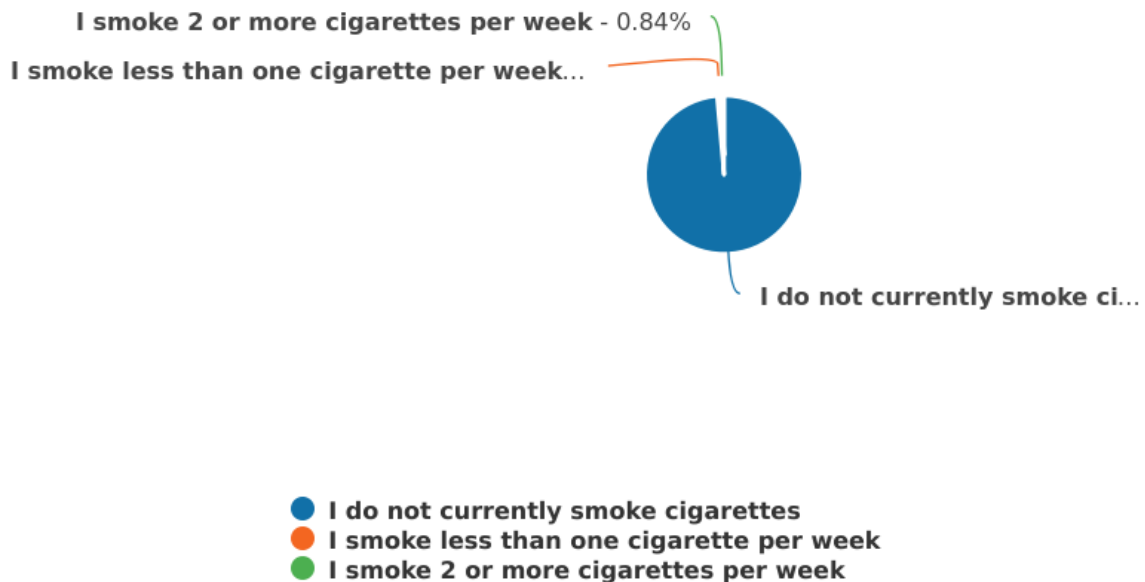
**11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.19	0.00	100.00	10.43	359
Students in your year	9.89	0.00	100.00	17.17	359

11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.

Item	Average	Min	Max	Std. Deviation	Total Responses
				answered	359
				skipped	0

12. Choose the statement that describes you:

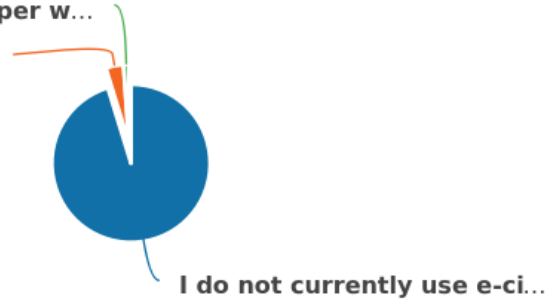


Answer Choices			Response Percent	Response Total
1	I do not currently smoke cigarettes	<div style="width: 98.61%; height: 15px; background-color: #0056b3;"></div>	98.61%	354
2	I smoke less than one cigarette per week	<div style="width: 0.56%; height: 15px; background-color: #e67e22;"></div>	0.56%	2
3	I smoke 2 or more cigarettes per week	<div style="width: 0.84%; height: 15px; background-color: #27ae60;"></div>	0.84%	3
			answered	359
			skipped	0

**13. Choose the statement that describes you:**

I use an e-cigarette/vape more than 1 time per w...

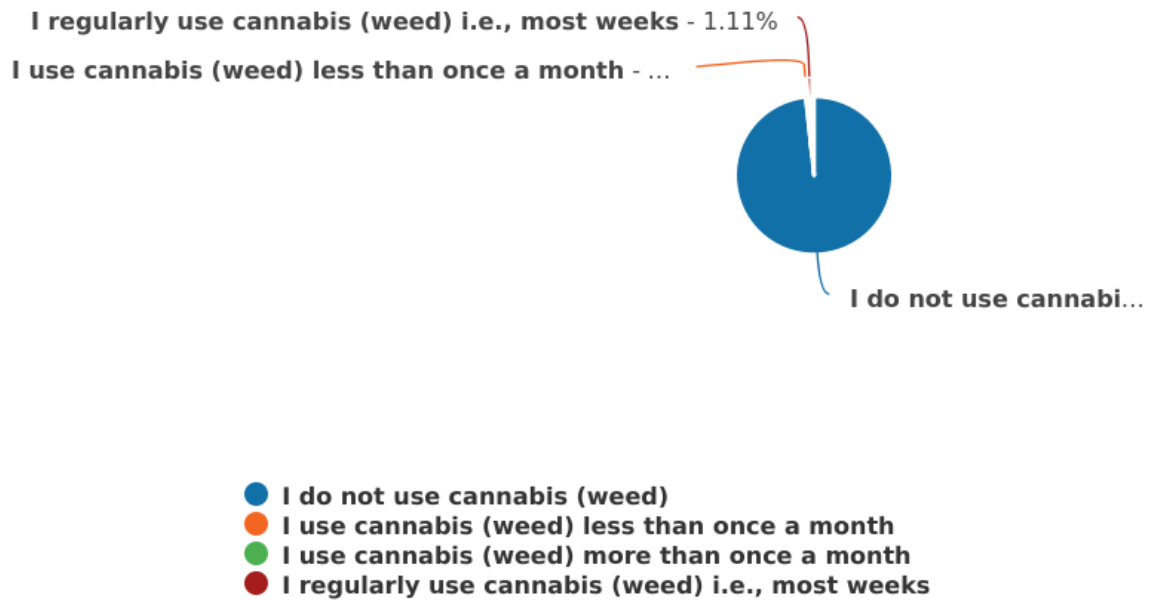
I use an e-cigarette/vape less than 1 tim...



- I do not currently use e-cigarettes or vape
- I use an e-cigarette/vape less than 1 time per week
- I use an e-cigarette/vape more than 1 time per week

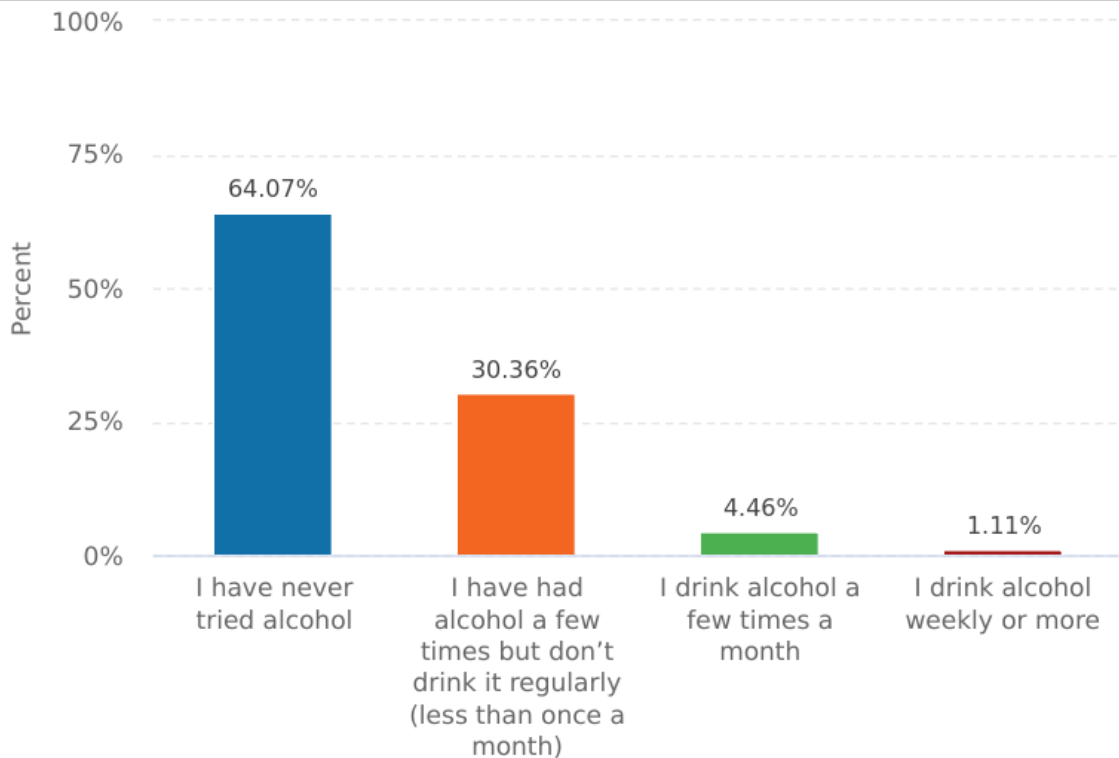
Answer Choices			Response Percent	Response Total
1	I do not currently use e-cigarettes or vape	<div style="width: 95.26%; height: 15px; background-color: blue;"></div>	95.26%	342
2	I use an e-cigarette/vape less than 1 time per week	<div style="width: 3.62%; height: 15px; background-color: orange;"></div>	3.62%	13
3	I use an e-cigarette/vape more than 1 time per week	<div style="width: 1.11%; height: 15px; background-color: green;"></div>	1.11%	4
			answered	359
			skipped	0





**14. Choose the statement that describes you:**





Answer Choices			Response Percent	Response Total
1	I do not use cannabis (weed)	<div style="width: 98.33%; height: 15px; background-color: blue;"></div>	98.33%	353
2	I use cannabis (weed) less than once a month	<div style="width: 0.56%; height: 15px; background-color: orange;"></div>	0.56%	2
3	I use cannabis (weed) more than once a month	<div style="width: 0.00%; height: 15px; background-color: green;"></div>	0.00%	0
4	I regularly use cannabis (weed) i.e., most weeks	<div style="width: 1.11%; height: 15px; background-color: red;"></div>	1.11%	4
			answered	359
			skipped	0

### 15. Choose the statement that describes you:







Answer Choices			Response Percent	Response Total
1	I have never tried alcohol		64.07%	230
2	I have had alcohol a few times but don't drink it regularly (less than once a month)		30.36%	109
3	I drink alcohol a few times a month		4.46%	16
4	I drink alcohol weekly or more		1.11%	4
			answered	359
			skipped	0

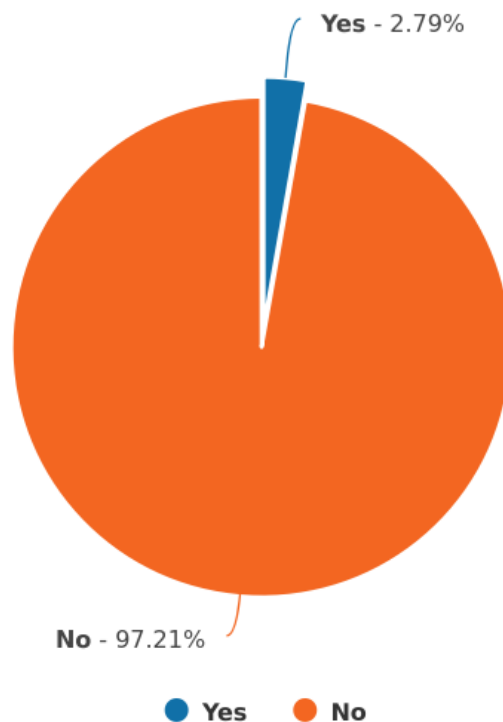
### 16. How do you get alcohol? Please tick all that apply.

Answer Choices			Response Percent	Response Total
1	Not applicable, I don't drink alcohol		74.65%	268
2	My parents give it to me		20.89%	75

**16. How do you get alcohol? Please tick all that apply.**

3	I buy it myself		0.84%	3
4	Friends		5.01%	18
5	Older brothers/sisters		2.51%	9
6	Another adult (not parent/carer)		3.34%	12
			answered	359
			skipped	0

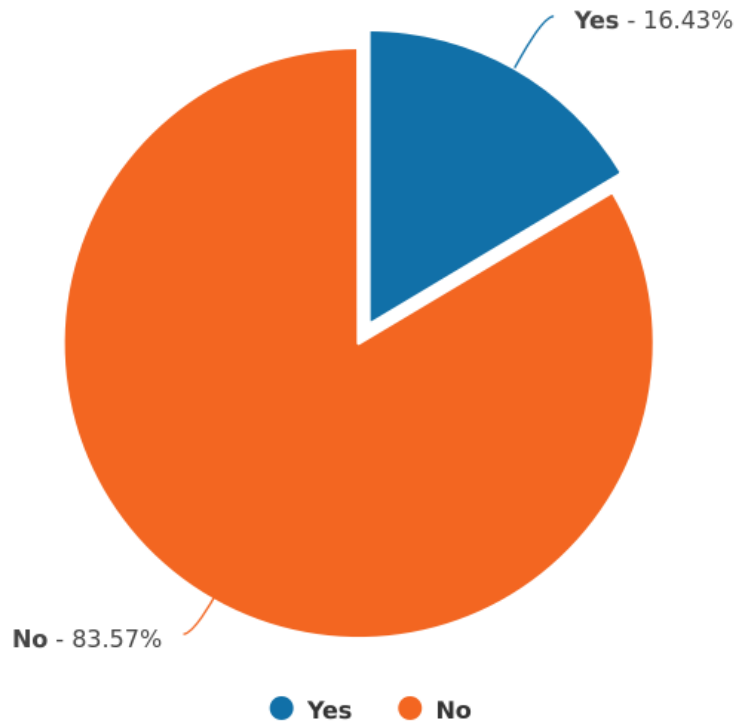
**17. Have you ever sent an explicit photo to someone, e.g., wearing only your underwear or naked?**



Answer Choices		Response Percent	Response Total	
1	Yes	2.79%	10	
2	No	97.21%	349	
			answered	359
			skipped	0

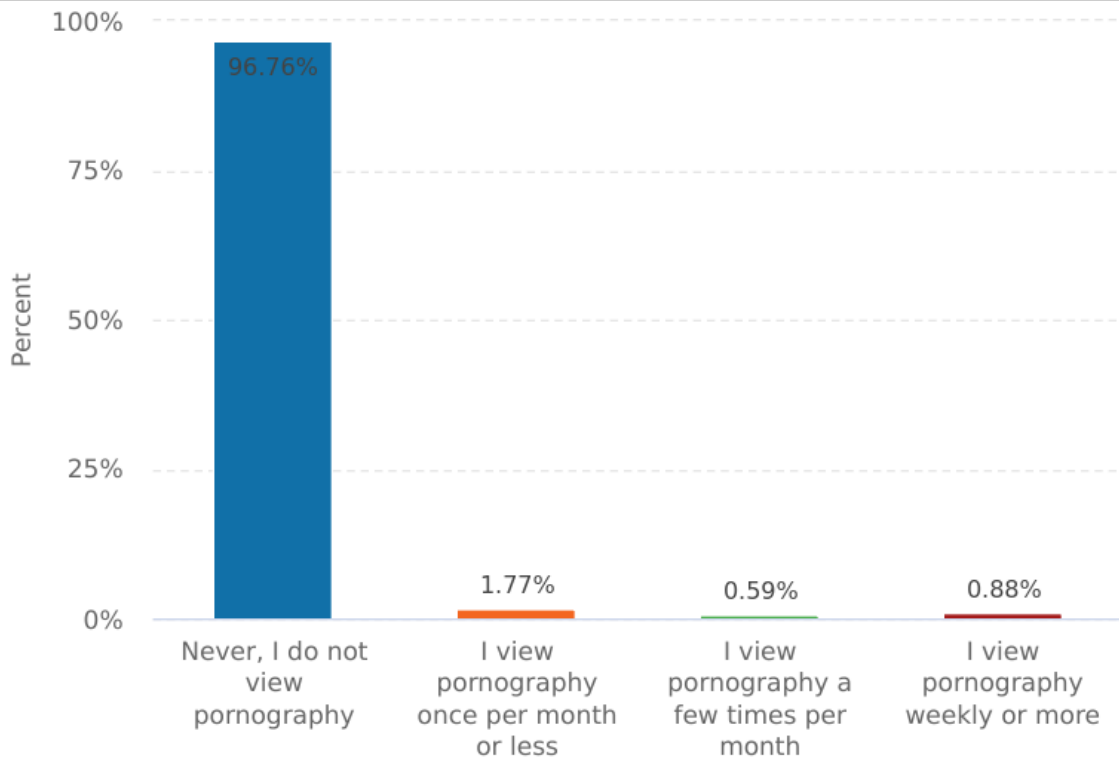






18. Have you ever been sent an explicit photo? e.g., someone in their underwear, partially naked or naked.



Answer Choices		Response Percent	Response Total
1	Yes	16.43%	59
2	No	83.57%	300
		answered	359
		skipped	0

**19. How often do you view pornography? (You can skip this question if you feel uncomfortable answering it.)**



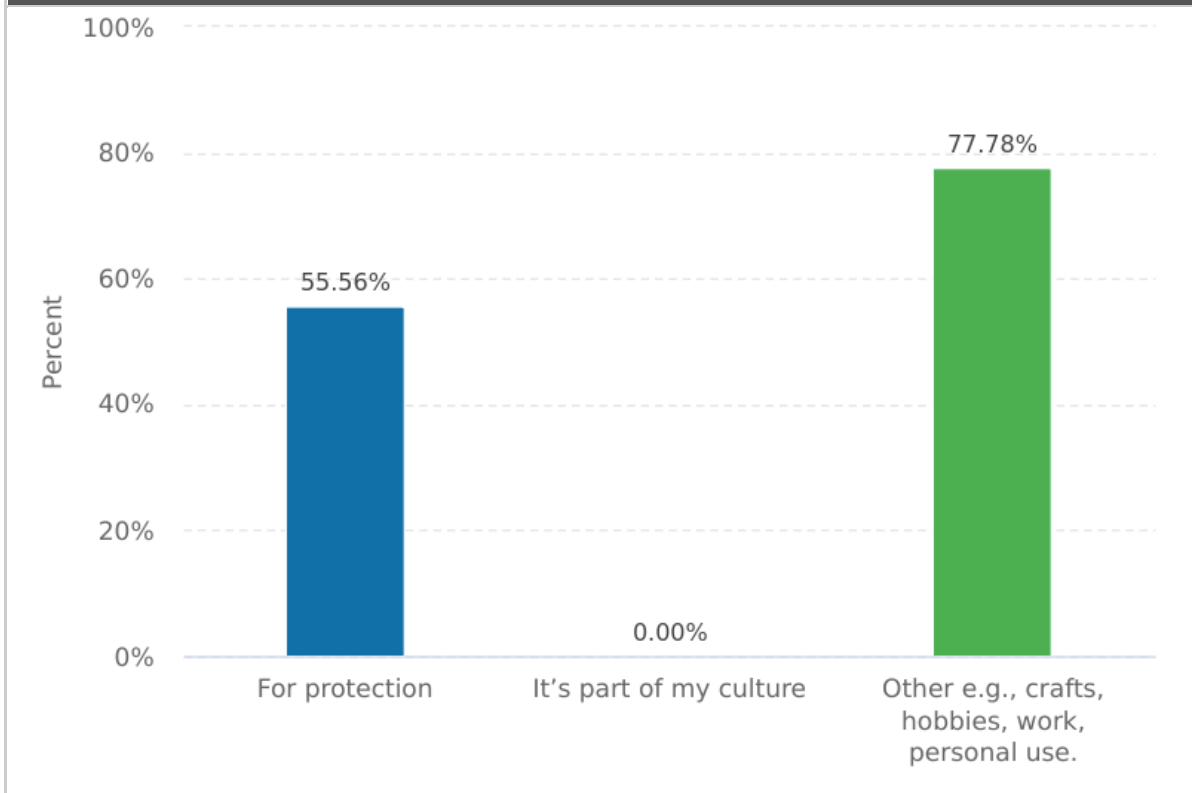
Answer Choices			Response Percent	Response Total
1	Never, I do not view pornography		96.76%	328
2	I view pornography once per month or less		1.77%	6
3	I view pornography a few times per month		0.59%	2
4	I view pornography weekly or more		0.88%	3
			answered	339
			skipped	20



**20. Do you carry a knife/ bladed implement/ tool?**



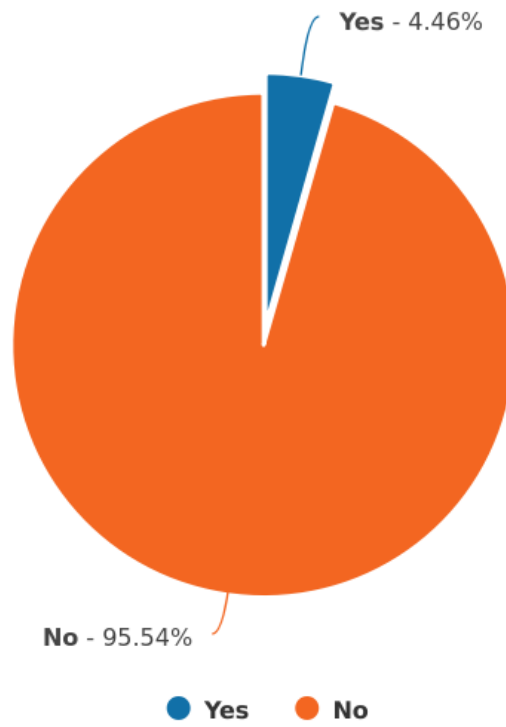
Answer Choices		Response Percent	Response Total
1	Yes	2.51%	9
2	No	94.43%	339
3	Rather not say	3.06%	11
		answered	359
		skipped	0

**21. Select the MAIN reason why you carry a knife/ bladed implement/ tool.**



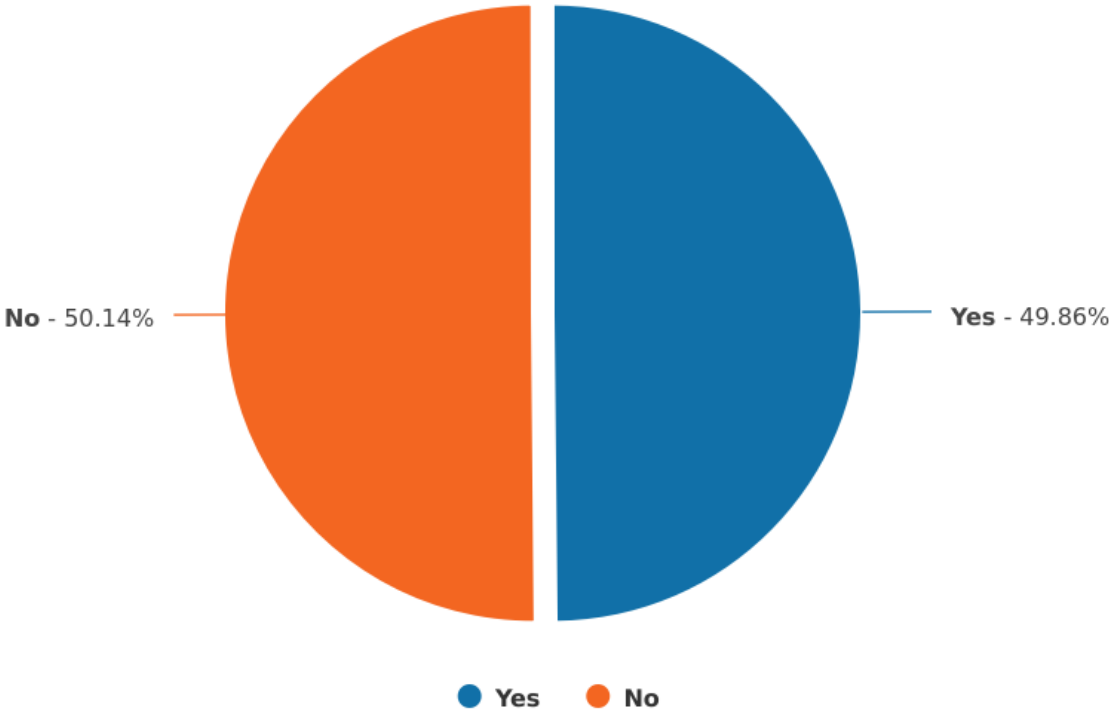
Answer Choices			Response Percent	Response Total
1	For protection		55.56%	5
2	It's part of my culture		0.00%	0
3	Other e.g., crafts, hobbies, work, personal use.		77.78%	7
			answered	9
			skipped	350

**22. Have you ever gambled without the permission of your parents/carers?**



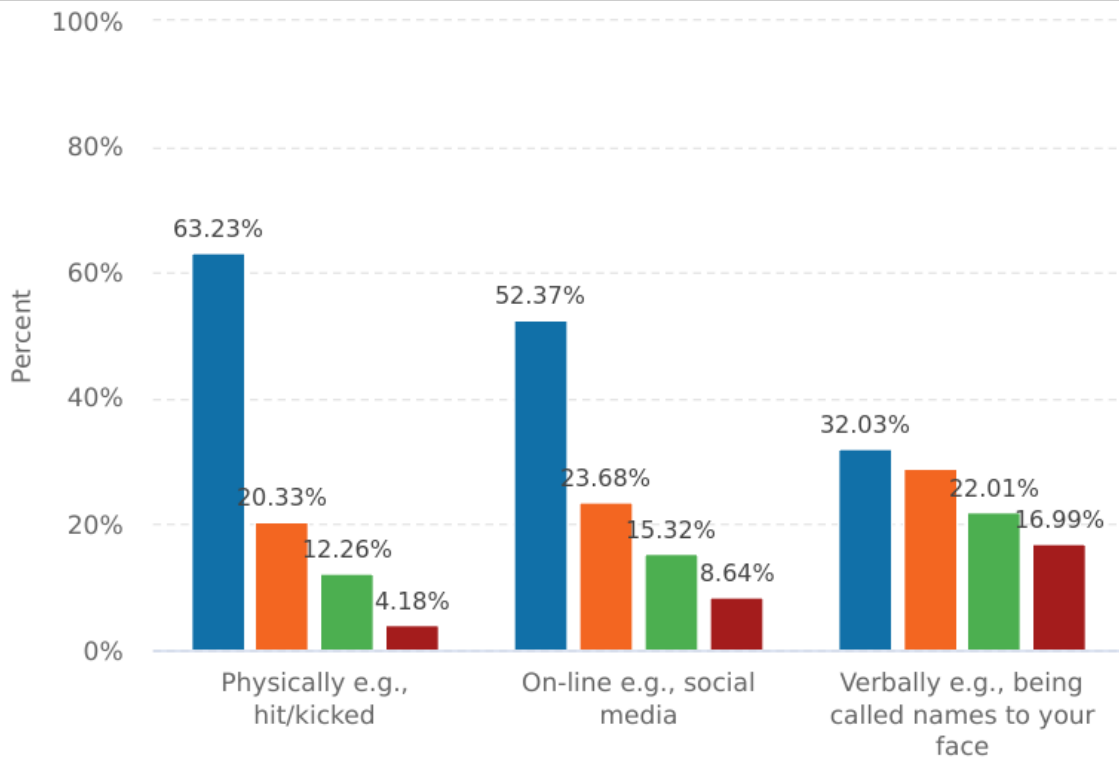
Answer Choices		Response Percent	Response Total
1	Yes	4.46%	16
2	No	95.54%	343
		answered	359
		skipped	0

23. Do you feel mostly happy or ok about the way you look?



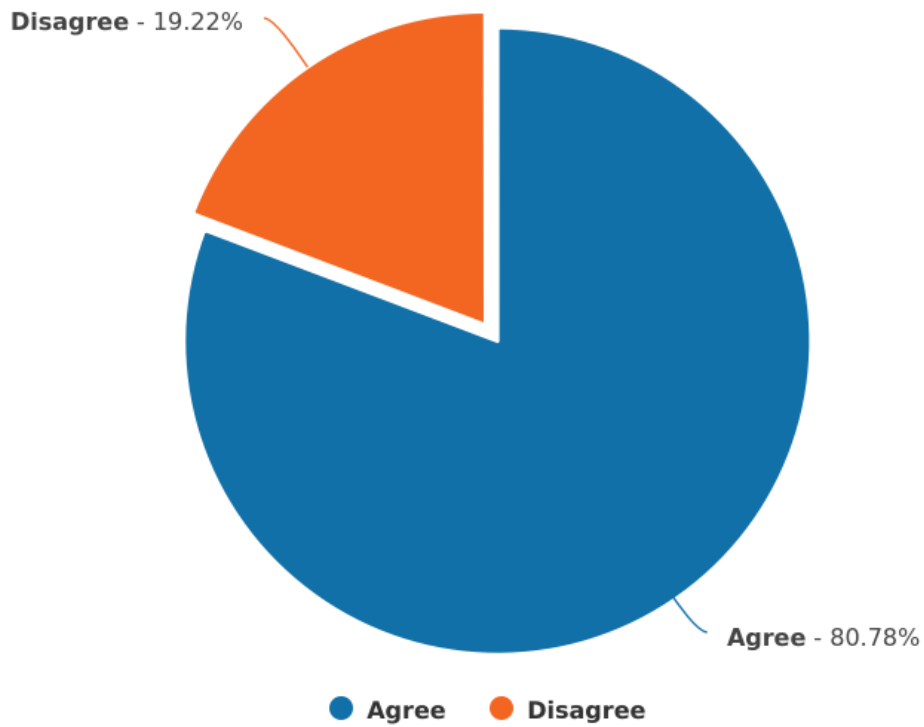
Answer Choices		Response Percent	Response Total
1	Yes	49.86%	179
2	No	50.14%	180
		answered	359
		skipped	0

## 24. Have you ever been bullied at secondary school?



Answer Choices	Never	Rarely	Sometimes	Often	Response Total
Physically e.g., hit/kicked	63.23% 227	20.33% 73	12.26% 44	4.18% 15	359
On-line e.g., social media	52.37% 188	23.68% 85	15.32% 55	8.64% 31	359
Verbally e.g., being called names to your face	32.03% 115	28.97% 104	22.01% 79	16.99% 61	359
				answered	359
				skipped	0

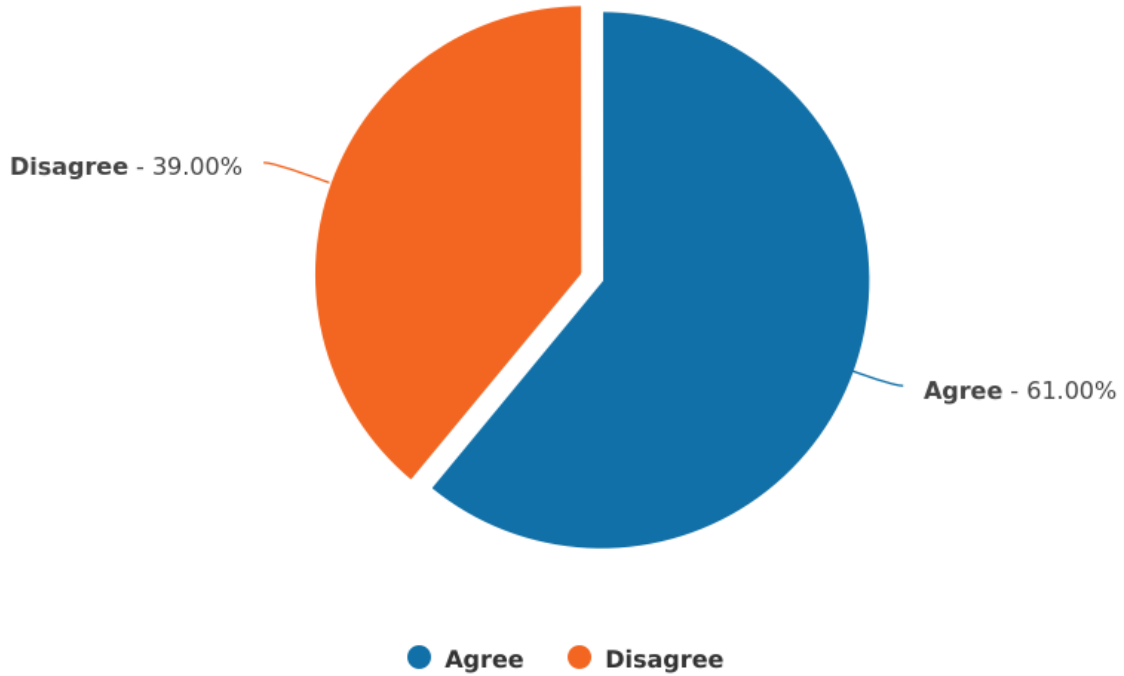
**25. I know how and where to report bullying in school.**



Answer Choices		Response Percent	Response Total
1	Agree	80.78%	290
2	Disagree	19.22%	69
		answered	359
		skipped	0

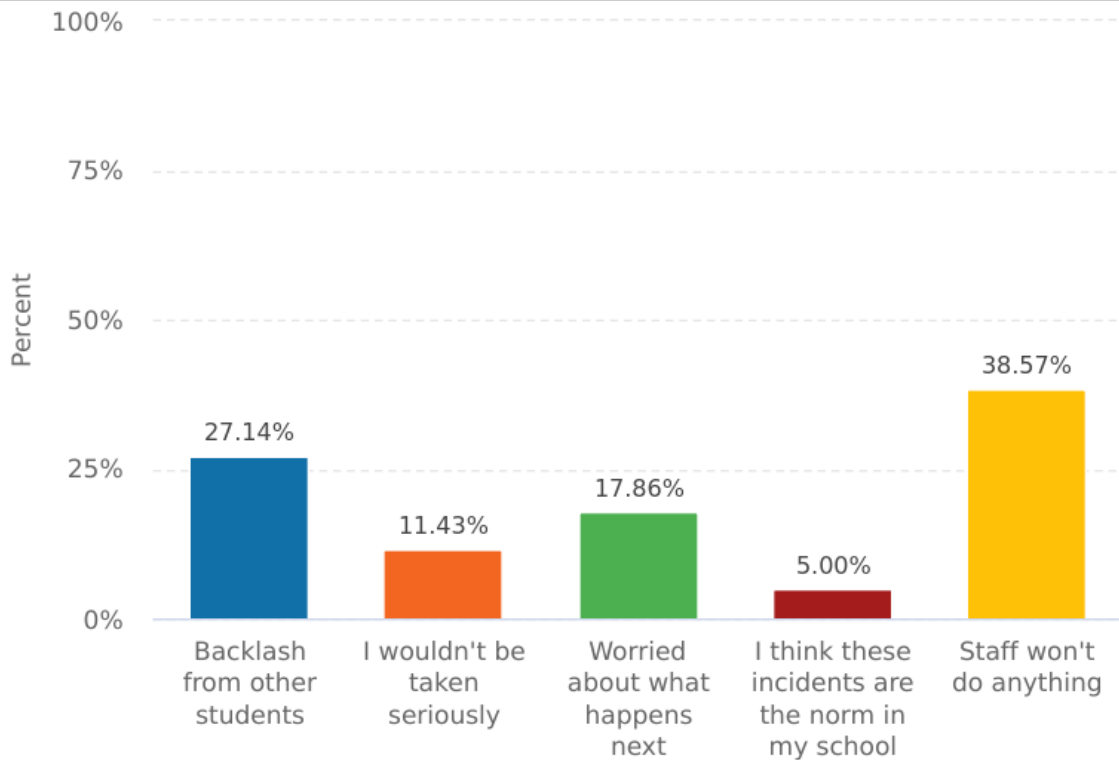







26. I feel confident to report incidents that affect my personal safety (i.e., anything or anyone that makes me feel unsafe).



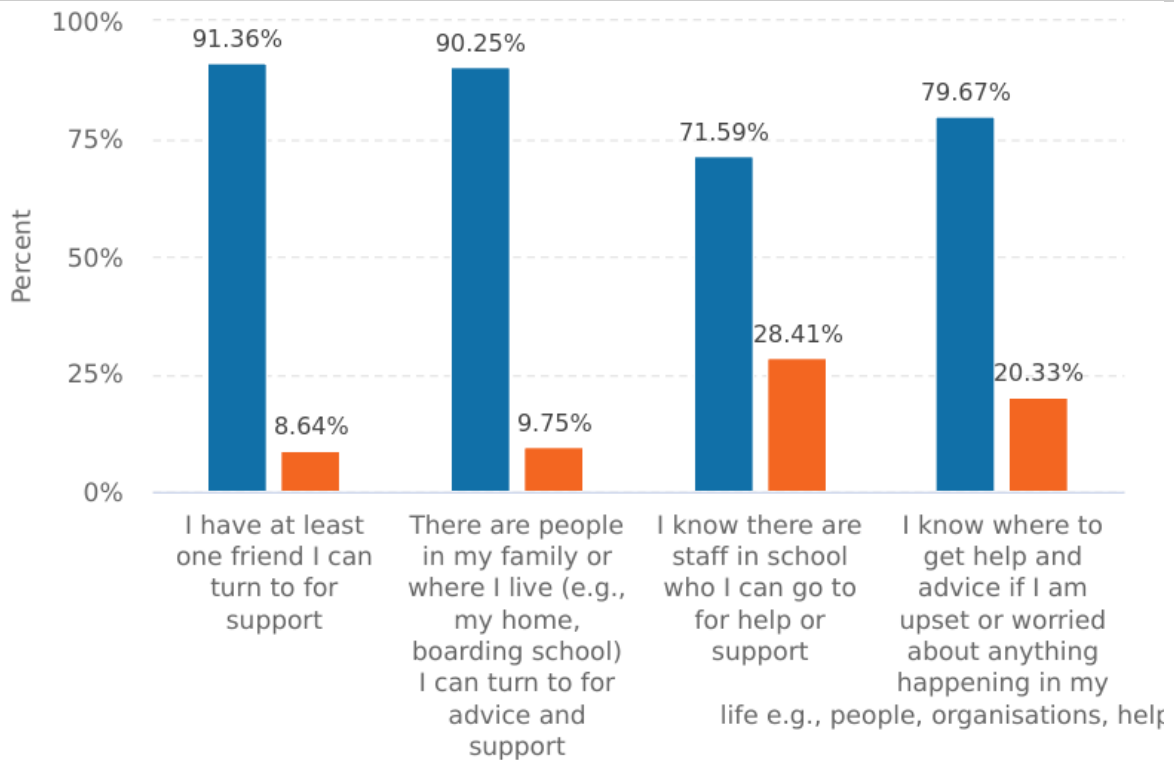
Answer Choices		Response Percent	Response Total
1	Agree	61.00%	219
2	Disagree	39.00%	140
		answered	359
		skipped	0

**27. The main reason I do not feel confident to report incidents that affect my personal safety is: (choose the one reason that is most relevant to you).**



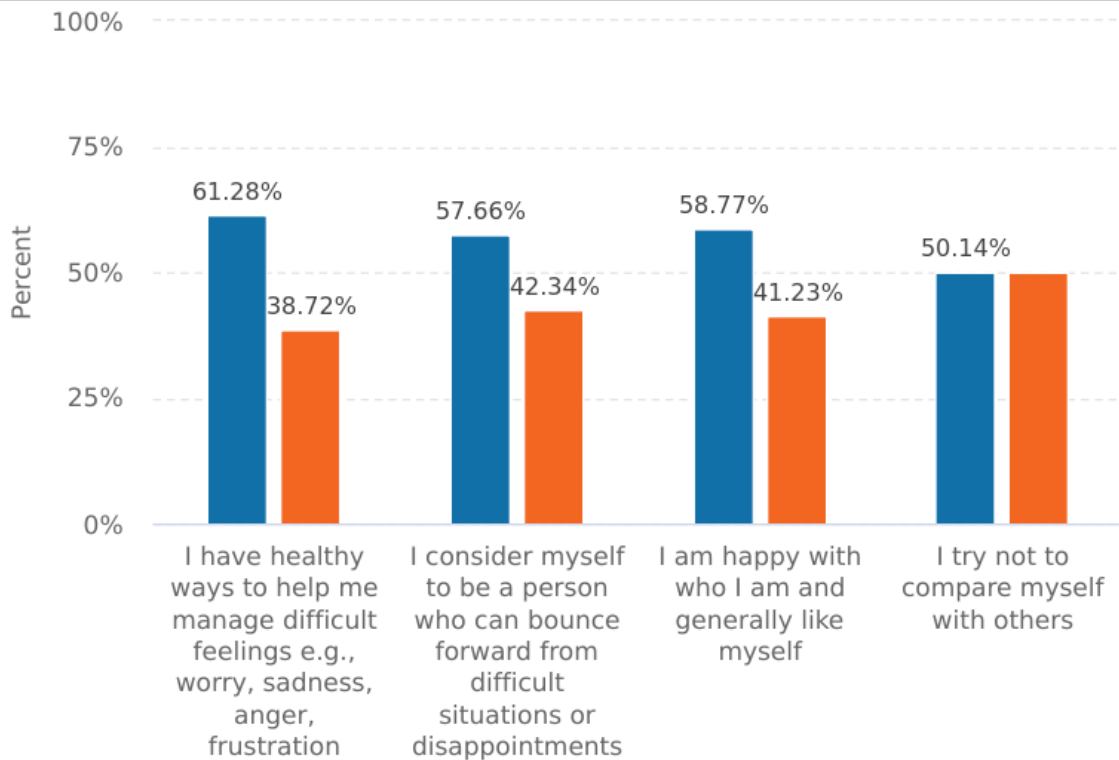
Answer Choices			Response Percent	Response Total
1	Backlash from other students		27.14%	38
2	I wouldn't be taken seriously		11.43%	16
3	Worried about what happens next		17.86%	25
4	I think these incidents are the norm in my school		5.00%	7
5	Staff won't do anything		38.57%	54
			answered	140
			skipped	219

### 28. Do you agree or disagree with these statements?:



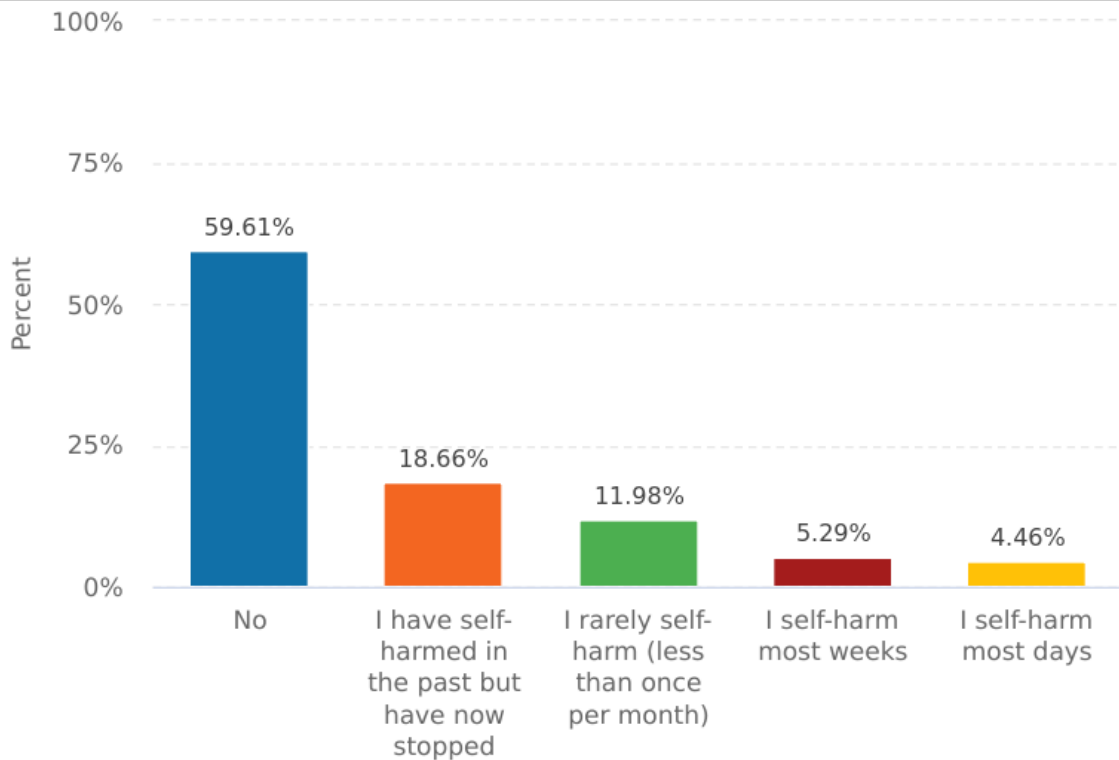
Answer Choices	Agree	Disagree	Response Total
I have at least one friend I can turn to for support	91.36% 328	8.64% 31	359
There are people in my family or where I live (e.g., my home, boarding school) I can turn to for advice and support	90.25% 324	9.75% 35	359
I know there are staff in school who I can go to for help or support	71.59% 257	28.41% 102	359
I know where to get help and advice if I am upset or worried about anything happening in my life e.g., people, organisations, helplines etc.	79.67% 286	20.33% 73	359
		answered	359
		skipped	0






### 29. Do you agree or disagree with these statements:



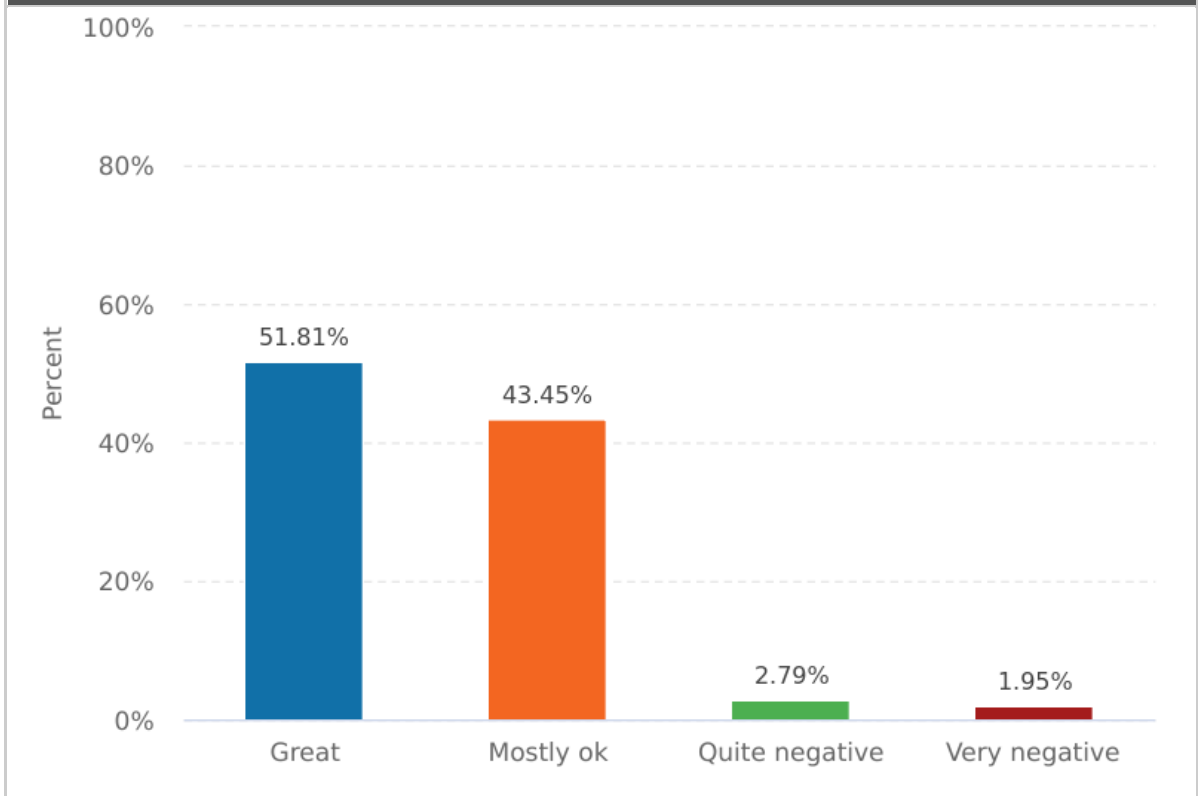
Answer Choices	Agree	Disagree	Response Total	
I have healthy ways to help me manage difficult feelings e.g., worry, sadness, anger, frustration	61.28% 220	38.72% 139	359	
I consider myself to be a person who can bounce forward from difficult situations or disappointments	57.66% 207	42.34% 152	359	
I am happy with who I am and generally like myself	58.77% 211	41.23% 148	359	
I try not to compare myself with others	50.14% 180	49.86% 179	359	
			answered	359
			skipped	0

**30. Have you ever deliberately harmed yourself? e.g., scratching, cutting, burning. Select the answer that most closely reflects what you are doing now.**



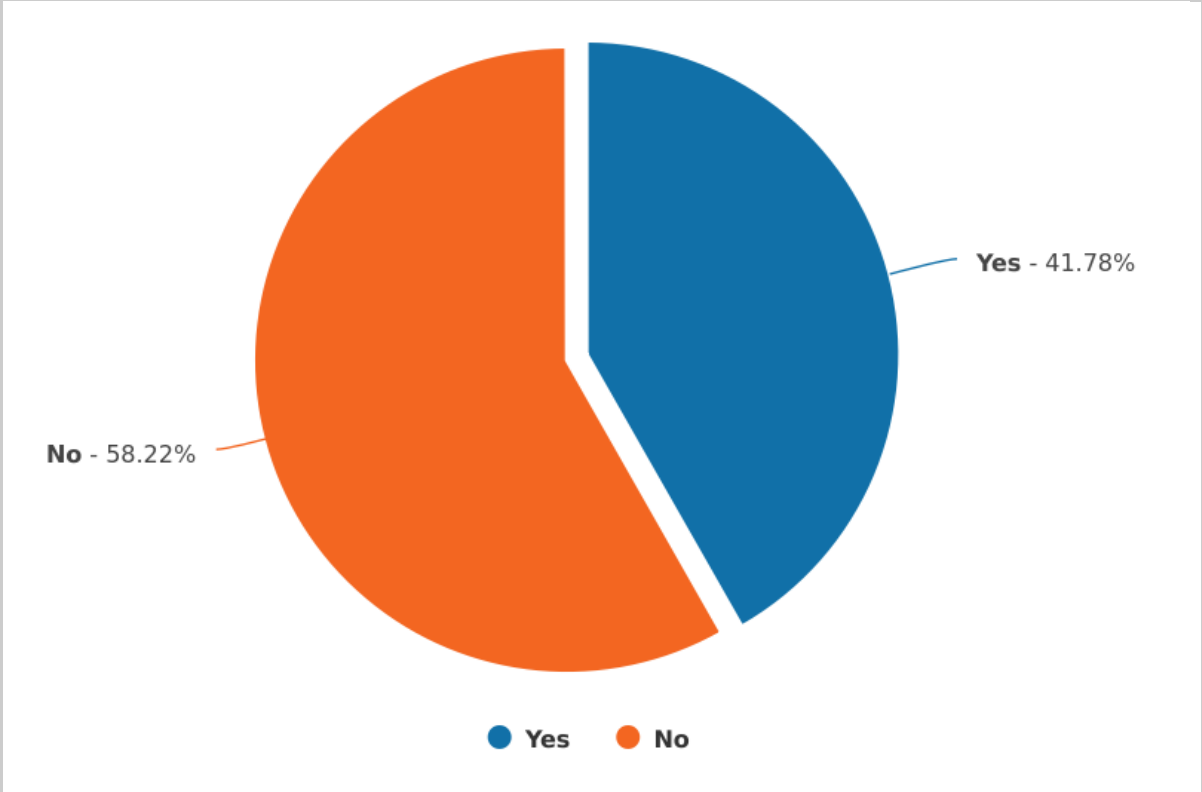
Answer Choices			Response Percent	Response Total
1	No		59.61%	214
2	I have self-harmed in the past but have now stopped		18.66%	67
3	I rarely self-harm (less than once per month)		11.98%	43
4	I self-harm most weeks		5.29%	19
5	I self-harm most days		4.46%	16
			answered	359
			skipped	0

### 31. How would you describe your relationship with social media?



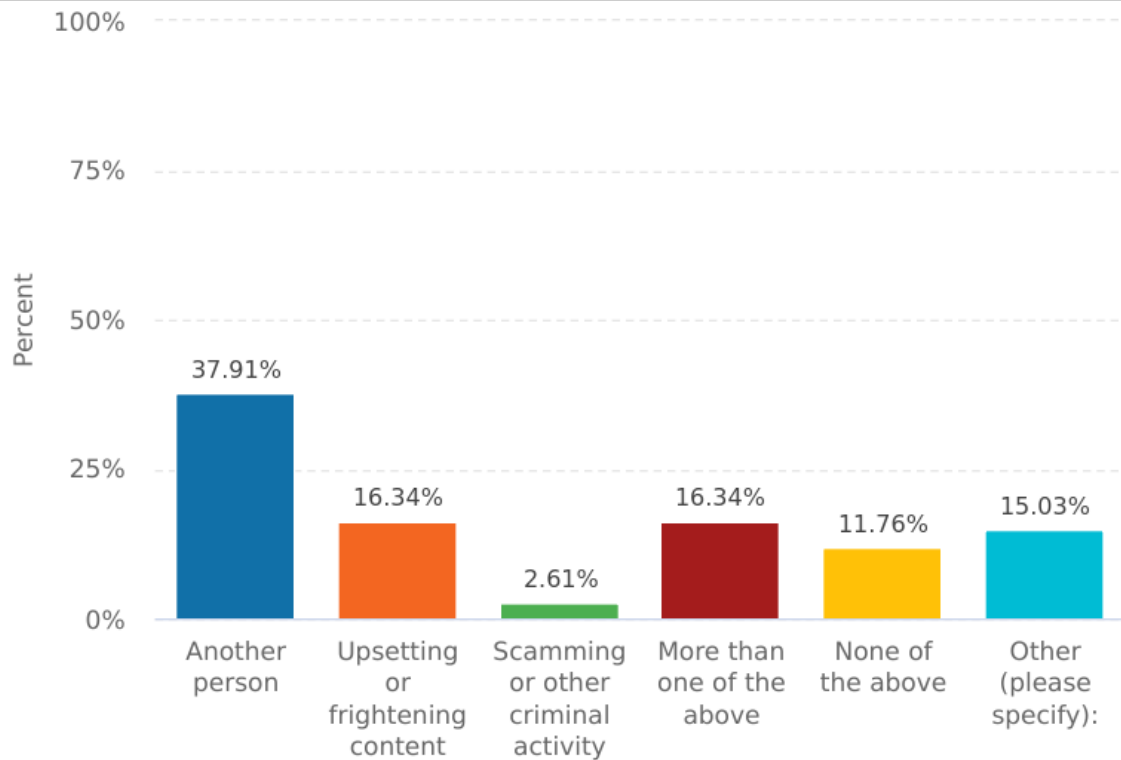
Answer Choices		Response Percent	Response Total
1	Great	51.81%	186
2	Mostly ok	43.45%	156
3	Quite negative	2.79%	10
4	Very negative	1.95%	7
		answered	359
		skipped	0







**32. Have you experienced anything on social media that has made you feel anxious, worried, or scared?**



Answer Choices		Response Percent	Response Total
1	Yes	41.78%	150
2	No	58.22%	209
		answered	359
		skipped	0

**33. Select the statement below that is most relevant to you. i.e., what has mainly made you feel anxious, worried, or scared on social media?**



Answer Choices			Response Percent	Response Total
1	Another person		37.91%	58
2	Upsetting or frightening content		16.34%	25
3	Scamming or other criminal activity		2.61%	4
4	More than one of the above		16.34%	25
5	None of the above		11.76%	18
6	Other (please specify):		15.03%	23
			answered	153
			skipped	206

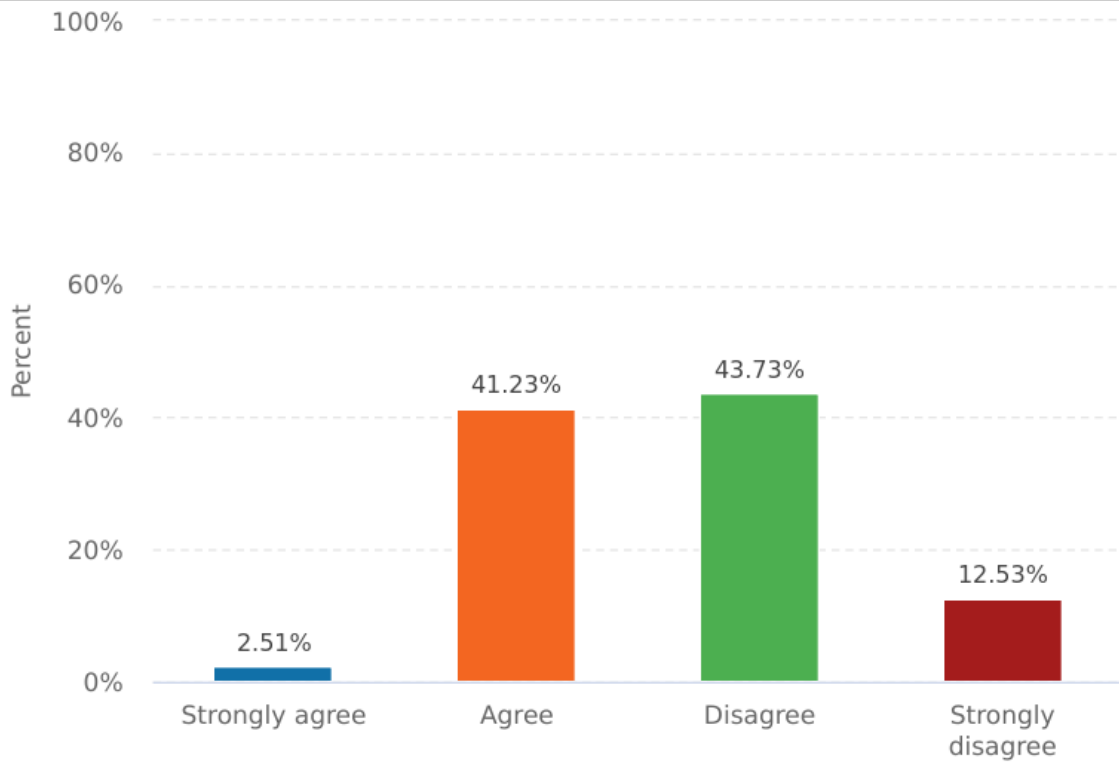
Other (please specify): (23)







1	08/11/2023 07:21 AM ID: 230877698	Getting random phones calls saying g creepy homophobic stuff
2	08/11/2023 13:21 PM ID: 230918530	The news and information that may effect the uk
3	08/11/2023 17:39 PM ID: 230954289	So called friends at school bullying me online
4	08/11/2023 20:15 PM ID: 230970160	Nahla
5	08/11/2023 20:18 PM ID: 230970522	random threats from random people
6	08/11/2023 20:25 PM ID: 230971084	It wasn't bullying but I was called a swear word in my dm's
7	09/11/2023 09:53 AM ID: 231002023	Dont want to say
8	09/11/2023 15:31 PM ID: 231043733	my birth dad
9	23/11/2023 11:20 AM ID: 232278115	war ,virus and scaryy urban legends
10	27/11/2023 09:12 AM ID: 232507168	threats
11	27/11/2023 14:50 PM ID: 232550152	people killing animals
12	27/11/2023 14:52 PM ID: 232549325	Large group chats where I am targeted
13	14/12/2023 22:17 PM ID: 233991467	I once was scrolling through tiktok and cane across a live with a man in it who was being very disturbing
14	05/01/2024 19:31 PM ID: 234845602	That people don't like me and my friends will leave me
15	06/01/2024 13:09 PM ID: 234886350	It say if u don't use this sound your mum will die in 20 minutes
16	08/01/2024 22:30 PM ID: 234991899	i reather not
17	10/01/2024 09:29 AM ID: 235079540	seeing we have school
18	10/01/2024 19:21 PM ID: 235140338	Sad dog videos

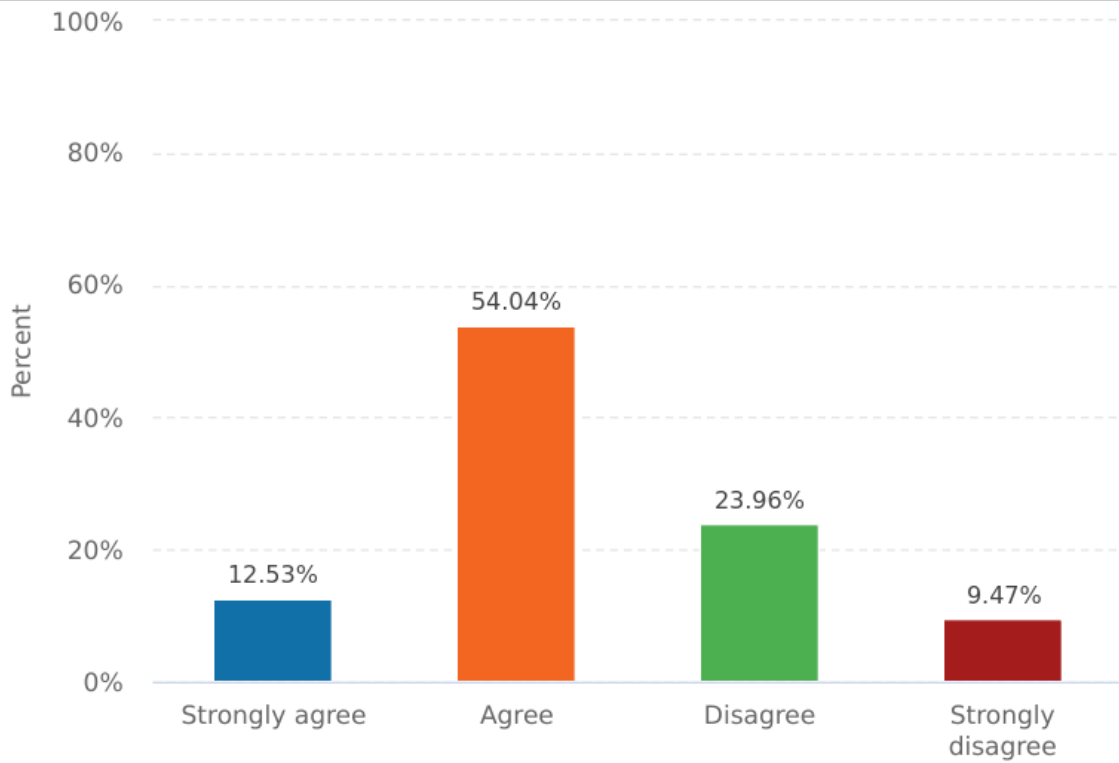
19	10/01/2024 19:40 PM ID: 235142366	Bullying
20	11/01/2024 11:09 AM ID: 235176536	people getting my ip but they really cant do any about it now a days
21	15/01/2024 12:02 PM ID: 235424293	characters
22	18/01/2024 11:46 AM ID: 235697578	chicken
23	19/01/2024 10:35 AM ID: 235779905	being bullied about my weight





### 34. Students in my school/college treat each other with respect



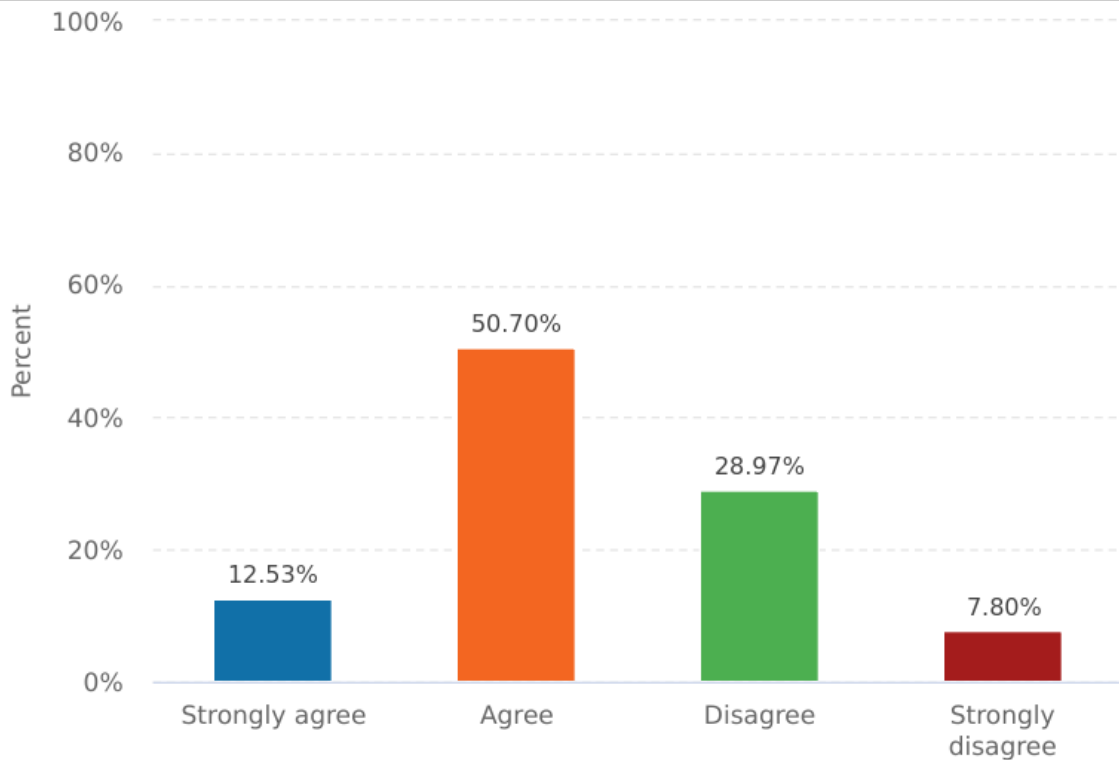
Answer Choices			Response Percent	Response Total
1	Strongly agree		2.51%	9
2	Agree		41.23%	148
3	Disagree		43.73%	157
4	Strongly disagree		12.53%	45
			answered	359
			skipped	0





### 35. Staff in my school/college are good role models.



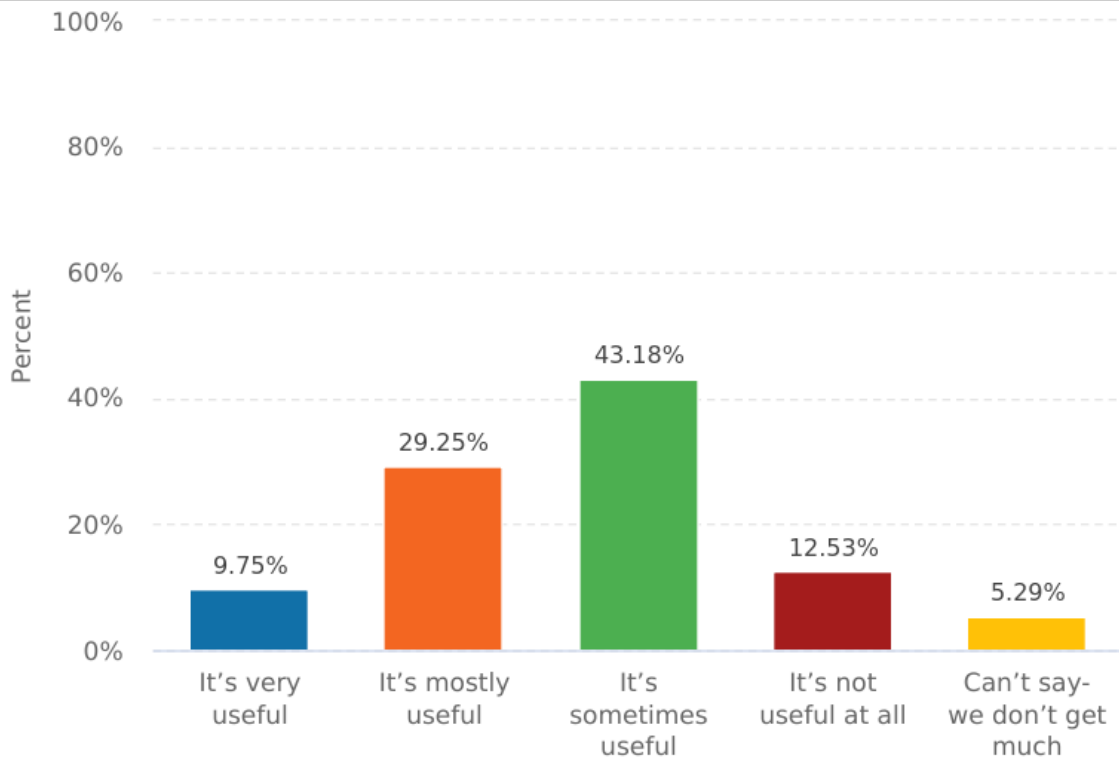
Answer Choices			Response Percent	Response Total
1	Strongly agree		12.53%	45
2	Agree		54.04%	194
3	Disagree		23.96%	86
4	Strongly disagree		9.47%	34
			answered	359
			skipped	0






**36. There is a culture of mutual respect in my school/college between students and staff. i.e., students treat staff with respect and vice versa.**



Answer Choices			Response Percent	Response Total
1	Strongly agree		12.53%	45
2	Agree		50.70%	182
3	Disagree		28.97%	104
4	Strongly disagree		7.80%	28
			answered	359
			skipped	0

### 37. How useful do you find the PSHE/ Health and Wellbeing / Personal Development / Social and Global lessons you have in school?



Answer Choices			Response Percent	Response Total
1	It's very useful		9.75%	35
2	It's mostly useful		29.25%	105
3	It's sometimes useful		43.18%	155
4	It's not useful at all		12.53%	45
5	Can't say- we don't get much		5.29%	19
			answered	359
			skipped	0

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	224
<p>i don't know</p> <hr/> <p>more on bullying</p> <hr/> <p>i would suggest doing a lesson about our day to day life and see if it's good for our well-being</p>			

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

make them more fun by acting out real life dangers and how to act on it and doing more practical work

Stories of mental health on others teenagers to make us feel understood

I don't have any thoughts

listen better

I dont know

More lessons

How to deal with mental health issues NOT how to get rid of it(which won't work anyway)

For them to teach us what lessons are good to take as a GCSE for the job we aim to do.

In my class the boys act stupid and are immature and I just think they should be quiet so then we can learn.

It's already good so nothing to improve

to have lessons that could help us in the future

be for fun

idk

Talk more about how to help with self harm since I haven't heard my cool talk about that

talk more about people's mental health because it matters. It's easy to say your okay when really your not, mentally or physically

I think the school staff can update the system and thinking that there the boss of EVERYONE when I am just going on with my day until a teacher comes up to be shouting and giving me a c3 for doing nothing or one of the smallest things ever it's not very good how they sometimes communicate with students when people can have stuff going on and the last thing they would want is a teacher coming up behind them shouting and being disrespectful to them at the next of the day yes I have disrespected a teacher but not for no reason I only do it when I feel uncomfortable with the way the teachers are shouting at me making me feel like I'm worthless and I think they could fix how there staff speaks to teachers as is very ridiculous!

get teacher who act know what they are on abt i find it very embarrassing for them bc they think touching a bit of grass will fix all my life problems

Include more mental health calming tips.

Not sure

more interesting topics

I don't know

Maybe every now and again make a list of things the tutor thinks we would like to learn about in PSHCE and then do a blind vote for what to do next term

Nothing

I'm not sure PSHE is quite fun

add a bit more activities

Not to do a family tree

noooooooooooo

N/A

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

for the lessons that are personal can you separate the girl and boys into separate rooms

I don't suggest anything

idk

Nothing

Be open to more of the students ideas

Try and make lessons more relevant/ relatable to the children you are teaching.

maybe more financial, culinary, taxes, how to invest, time management, more career advice lessons

Learning about teenagers now

actually tell us things

How to control ur anger in different ways

I don't know.

That are very good

blooket

try to get to the grade i need and to make sure everyone is lissinig

Learn about more things relevant to our mental health

Probably to learn about bullying much more since it does happen a lot.

More engaging/fun activities

I don't know

do more relatable things for the age group

The teacher

Talk about self harm and things like emotional dysregulation/depression. And more on sexualities and that its ok to love who you want because many students are homophobic and or disgusted by the thought of it

I am not sure

I don't know

More in depth teaching of different things

Make it more fun

Make them less book work, less very full on and breaks to make it more better

I don't know

N/A

Better understanding and more activates

Adding more things that really can help instead of things you may not be able to do in difficult situations

?

i would suggest talking about things like the problems and stuff not how to be ace because i dont really think that many people listen to stuff like that and dont care

Learning about more stuff that is relevant to people in our age group.



**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

MENTAL HEALTH!!!!!!!!!!!!!!

Some more fun activities like colouring by number and stuff

I think we should learn about more serious stuff like sex and love life not how to be ace

they could help more maybe and talk more

i don't know

no BULLying and racism

just stop phse its terrible

N/A (because I really don't know) I think it's all ready really good and it doesn't really have to change

htu54yuuy4e5yurtut5u5tu5y

try to make your pupils feel more safe and respected. and always make sure everyone is comftable with the topic

not do it at all

i think that they could have a lesson where you write down any worries or questions they have anonymously and the teacher can either read them alone or answer them outloud

explain things more

make it more intresting and fun

with sensitive subjects try and make it so people understand what to do if anything happens

give more information to support it

Maybe ask students or do a survey to see what they are most interested in learning about and then they would like the lessons more.

letting students pick useful subjects that are going to help us in life and letting the teacher teach them and let the students be active in the activities

Try to be more supportive with students suffering with serious things like self harm and mental health. And unless very serious keep it confidential

staying safe online, how to manage friendships, periods and the body in genral

i cant really think of any improvements

,i suggesst learning about life and how to control it

I think when learning about a sensitive topic students should be allowed to sit where ever as they may not be comfortable sitting with certain people  
More explanations about certain things as it may confuse people

i am not sure

Making it more welcoming. I don't know how this could be done, maybe making it more anonymous. I know I feel uncomfortable opening up in person.

i dont know

nothing i think its good

it be a place to discuss with friends and not the person sat next to you

i don know

For the teachers to let you talk to them in private.

I Don't Know

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

- Talking about or trying to do something about peer pressure  
legal ages for things  
the consequences for things like vaping, smoking, using drugs, smoking cannabis
- 
- Having teachers that are really kind. Have regular one to one sessions with the teacher and child.
- 
- have a wider team and to know who your team is.
- 
- They could ask whether you are comfortable with learning something.
- 
- make it more relatable
- 
- learning about bullying and situations in life but i like pshe and i dont think it is a bad subject
- 
- to not just say 'report to a teacher' because sometimes you feel like u cant
- 
- i dont really know but more support
- 
- make it easier
- 
- I don't have any suggestions
- 
- i dont know.
- 
- more activities
- 
- Could have more subjects about safe sexual relationships and how rent, jobs and other adult bills work
- 
- Better teachers that are not nosy and misunderstand you
- 
- More talking time and not just copying everything of the board
- 
- Learn useful stuff for life because nobody wants to learn about the positives and negatives about social media.
- 
- more about mental health, racism, discrimination
- 
- Less personal because some people get upset because it can get quite personal
- 
- Try to get better reference points
- 
- Not showing us dangers but instead how to deal with them.
- 
- Learn more about things that can help in the future
- 
- Dedicate it to children, what 12-14 year old needs to learn about sex? Dedicate it to online problems, health and safety etc...
- 
- i would suggest that if we are doing PSHE lessons that we talk more about self harming, bullying etc.
- 
- Instead of just watching videos do practicals
- 
- I don't know
- 
- Put bullying topic it is the really common topic but im seeing too much TOO much bullying around this soulless school.
- 
- no idea
- 
- Making the lessons more relatable
- 
- have workshops more often
- 
- TO HAVE A BETTER TEACHER WHO CAN TAKE GOOD CARE OF STUDENTS
- 
- make it more enjoying instead of making it to dark side of puberty
- 
- Nothing really

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

DONT LIKE LEARNING ABOUT GAY STUFF

Think before anything or a meditation lesson so if people are insecure to tell what's happening in their lives they can help us meditate

I wish we can learn about uncomfortable things

The teachers need to work better because they don't teach it properly

have teachers that actually care and have nicer teachers we can trust

we should learn about the bad habits that kids develop and this age and how will your life be affected for it and if school is too hard to bear all the time [negatively impacts you] and how to cope with that.

learn more about what people do in this generation instead of the past

I would suggest giving more options on what we learn about and go wider on who and why

idk

One quiz homework and then to not move on so fast

Idk my tutor does a good job

Do more work about health and wellbeing

To make it less boring and so something fun like matching words to statements

Let it be less boring

Not sure

To make it less boring

It's mostly fine

The pshe lessons are fine 😊

Not sure

Nothing

I don't know they are all. Very good

To add more physical activities.

Make the lessons relate more to us as young people/teen-agers.

I hate pshe bc I don't like the tutor I'm with so it makes everything in that room pointless and waste of my time

Teach us how to get a job, budget, pay tax, pay bills, how to invest, what to invest in, give motivation, how to keep disciplined, life lessons.

I do not know

Talk about problems that happen inside school more

To get people to actually understand and listen

like not learning about LGBTQ+ stuff because it makes me feel uncomfortable

?

to learn cultures

to learn about countries

Idk

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Nothinf

I don't know

Do more relatable subjects e.g how bills work and how to pay them

That we are encouraged to write down more

I don't know, sorry

Stop people from talking around me bc it's detracting

I'm not sure

More creative tasks?

I'm not sure

Talk abt what we can do to help people that is struggling with adhd or Austin's

Learn more about future (money)

I don't know sorry

More information on stuff like how to do taxes and how to manage money

NICE TEACHERS

more things that help general life

I don't think it needs to improve the lessons are good

Don't teach things to students that could make them scared of things in life

I dont know

nothing

no sexual subjects

nothing

teachers to respect students

i dont have anything to improve on

to maybe watch videos because it would make ppl watch and consenstrate

not sure

yu

I don't know

Be more straight forward and dont try make things different in a way that we can understand it

Be more straight to the point about stuff and dont make thiungs dfferent t owhat they actualy are

let us use our phones let us have a 5 min break in between lessons have an assigned person who we feel comfortable talking to

talking more about ways to cope with trauma e.g self harm

talk about more personal subjects like lgbt religion and self-discovery because we legit only talk about drugs and useless things over and over and over and over and its annoying

Actually do something about a certain situation.

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

I'm not sure really but we can improve the way we are told life will be in the future and what to expect.

i dont know

not sure

We should look in more detail of wellbeing.

talk more about futures and careers and how to get there.

I don't know

explain in more depth maybe on specific topics that are useful to us in the future

let more people notice the lesson

make it more about what life is like now not what it was like 5 years ago and ask us what we want to learn about in the lesson not what the teacher wants to

i would change the fact how we learn about things that is relatable to other people it might make you feel like a sad angry upset wanting to leave school or something like that

to take peoples topics that they dont want to talk about seriously and dont make them talk about it

idk

To include more scenarios where students have to guess what the person should do in a situation that's challenging.

Make the activities funner

Im not dure

Talk more about protection.

MAKE IT FUN BECAOUSE SOMETIMES PSHE IS BORING

to teach students to have their own head and not to follow the herd

talking about peoples life

answered	224
skipped	135

### 39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?

Answer Choices	Good	OK	Could be better	Poor/non-existent	Response Total
Information on drugs, alcohol, tobacco and e-cigarettes/vaping	49.03% 176	35.93% 129	12.26% 44	2.79% 10	359
Benefits and dangers of prescription drugs	44.85% 161	36.77% 132	13.65% 49	4.74% 17	359
The link between physical and mental health	39.55% 142	35.10% 126	18.94% 68	6.41% 23	359
The benefits of physical health and fitness	45.96% 165	36.21% 130	14.48% 52	3.34% 12	359

39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?					
Causes of ill health, treatment and how to stay healthy	40.67% 146	37.60% 135	15.60% 56	6.13% 22	359
Knowledge of basic first aid	29.25% 105	30.08% 108	24.51% 88	16.16% 58	359
The importance of good quality sleep	42.34% 152	35.10% 126	15.88% 57	6.69% 24	359
Body changes as a result of puberty	55.15% 198	29.81% 107	8.08% 29	6.96% 25	359
Emotional changes as a result of puberty	45.96% 165	28.13% 101	16.16% 58	9.75% 35	359
				answered	359
				skipped	0

40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?					
Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to manage stress and anxiety	25.63% 92	34.54% 124	27.02% 97	12.81% 46	359
Recognising the signs of common mental health issues e.g., depression and anxiety	29.53% 106	27.58% 99	24.79% 89	18.11% 65	359
Common types of mental ill health	30.64% 110	33.70% 121	20.06% 72	15.60% 56	359
How to manage your finances e.g., budgeting	32.31% 116	36.49% 131	20.06% 72	11.14% 40	359
Online safety including the law and how to use the internet and social media responsibly	45.40% 163	38.44% 138	11.14% 40	5.01% 18	359
Understand harms on and offline including gambling, fake news, harassment, bullying, exploitation, sexual harassment	41.23% 148	37.33% 134	16.16% 58	5.29% 19	359
Sex education, including contraception and Sexually Transmitted Infections (STIs)	32.59% 117	43.18% 155	15.04% 54	9.19% 33	359
How to have good relationships, including consent	41.78% 150	35.65% 128	15.04% 54	7.52% 27	359
LBGTQI+	29.81% 107	33.15% 119	14.21% 51	22.84% 82	359
Learning to live in a diverse society e.g., challenging racism, sexism, misogyny etc.	41.78% 150	33.70% 121	16.99% 61	7.52% 27	359

**40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?**

The risks associated with crime, gangs and knives	43.45% 156	32.87% 118	14.76% 53	8.91% 32	359	
					answered	359
					skipped	0

42. Page 42

**41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?**

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total	
How to cope with changes in a relationship e.g., break-ups, death of a loved one	27.30% 98	30.08% 108	21.17% 76	21.45% 77	359	
The legal status of different types of relationships	30.08% 108	35.93% 129	18.66% 67	15.32% 55	359	
Skills including teamwork, active listening, negotiation, public speaking etc.	42.62% 153	34.54% 124	16.16% 58	6.69% 24	359	
Fertility, pregnancy and choice	25.63% 92	38.72% 139	18.38% 66	17.27% 62	359	
Pornography	17.55% 63	32.03% 115	18.38% 66	32.03% 115	359	
Information on choices relating to jobs, careers, further and higher education	42.90% 154	35.10% 126	14.48% 52	7.52% 27	359	
Protecting yourself from people or groups with views that are harmful to others i.e., radicalisation and extremism	35.10% 126	32.87% 118	20.06% 72	11.98% 43	359	
Grooming and exploitation, including online.	35.65% 128	35.93% 129	15.88% 57	12.53% 45	359	
					answered	359
					skipped	0

43. Page 43

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Answer Choices	Response Percent	Response Total
1   Open-Ended Question	100.00%	147
More about budgeting		

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

N/A

Be nicer

not sure

What helps mental illness

To cover wha GCSE you would need to take for what jobs.

I think there should be some more pshe lessons on bullying because I'm getting bullied daily and even when the teachers have told them to stop and leave me alone they dont care and it just carry's on.

I don't have any fredback

could be better to explaining all of the things we learn

Maybe to help people get over trying to self harm just a little bit more and if people get uncomfortable ask tondo it one on one talking so it's not Infront of anyone

PSHE is a interesting lesson in some topics. We learn new things every lesson. Some things could be covered better than others

these teachers should all be fired they have poor skills AND ruin ppls mental health and are overal horribly rude and disrespectful they are selfish and if they are rude to u and u are rude back they throw a fit abt it and there have been multiple times i have said i felt dizzy or sick they have said "i don't care" or "that's nice" like what kind of answer is that sorry what??? how did my school pass and ofsted the school found out my mate sh and they locked her in a room all day when though she said she didn't want to and the male teachers make girls very uncomfortable with some comments i've had experienced like were i've been called "darling" like 🤪🤪🤪🤪🤪 PEDOOOOOOOOO and many more things o think this school should be shut down the teachers are always twisting up stories to parents and stuff like that so i hope they all climb down a deep dark hole and stay there forever

We haven't learnt everything but it is usually a very serious lesson and usually takes 2 lessons to explain

Disability awareness

Nothing

More fun

np

N/A

LGBTQ

no homophobic

Careers

Please stop telling girls to cover up and tell boys that touching people without consent isn't ok

Please don't have more sex education, I don't think everyone enjoys it

I don't know

Finances, and how to spend money better.

Talk to us about depression and causes for self harm

Good

I am fine.

blooket



**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

I would like to know how to deal with getting a better mental health and how to handle with not liking your looks.

I don't know

Talk about self harm  
Emotional dysregulation  
LGBTQIA+  
Depression  
Why some people aren't confident

Online bullying

We don't really learn much about sexual things or like how to be safe and what happens and the harms of when you vape/smoke

We haven't done much this year however I think we will cover more as the year goes on

Nothing.

N/A

More fun

make lessons more fun like watching clips because we find that more interesting and actually watch them instead of twiddling our thumbs

mental health and anxiety/panic attacks. the school never does anything about it it's annoying.

more about how to deal with anxiety and create an area you go at break to talk to a teacher.

i would like to cover about finances careers and sex education like more

some more of everything maybe

i don't know

things going on in the world and racism and deaths etc

setyehrdthfth

making sure you know when to help someone if you can see they are in distress

no

I would like to do more about how to notice mental illnesses and how to treat them in more depth

i think that overall PSHE can be taught very well but there are those like one or two subjects that we haven't learnt yet because we don't do much about that topic in year 8.

Things like self harm, mental health issues, pornography and sexual harassment and bullying

no. LOL

im not sure

how to deal with life mistakes

How to cope with having not enough money or how to budget your money or pocket money. how to save money  
Jobs in the future and what tests/exams you would need to take in order to achieve that role

Make it easier to talk!!

i don't know

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

icba

im not sure

To learn about how to cope with mental health issues, for yourself and for family and friends.

To learn about mental health ( Self Harm )

I think the school needs to talk more about life ahead resulting pregnancies boyfreinds, sexual relationships and its ok to try smoking and vaping because its a natrual thing people get curious they should teach safe ways to try these things though

Choices of jobs you can do when your older. Self harm. How to cope with your mental health.

On how to deal with bullying, death, breakups, saying no, self harm, mental illnesses.

no thank you.

i dont think pshe needs anything else i do realy like some subjects in it

How to stop anxiety

im not sure.

i dont hAVE ANYRTHING

explaining in detail about the topic

Safety online and offline about relationships, violence, etc

Business and finance

Add more stuff to learn that could help us in the future or how to cope with things that we could be struggling with

Mental health.

It's ok

We should be more inclusive to different point of view

Bullying the most bullies just won't learn it's like they are blind. And more ways to cure mental health issues, what to solve boredom

More relatable lessons

ITS VERY VERY POOR

teachers are being rude to students with dispreads

I think that for learning about puberty boys and girls can be seperate (girls with female teacher, boys with a male teacher )

less gay stuff more normall some people dont realise that we dint all like thay gays and that we rather stay old fashoion with the gender stuff (there are only 2 genders..)

HI

pshe need to improve a lot

needs to improve with teachers behaviour teaches always abuse there power of being able to give sanctions

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

how to deal with death and how to get you to explore all aspects of life because all the people i know,as they had a tiring day of school they go on social media to give them endless hours of eg. tiktok and lets time pass.then they do that the next day.

no

Very poor almost did not learn anything

I don't know

Personal development

ok

Cover a topic of stereotyped communitys e.g stereotypes of the LGBTQ community

?

Nothing

How to invest, what to invest in, how to get a job, how to pay bills, explain what tax is and how much you have to pay, overall more on what you actually need to know in life. There should be another lesson once per week on finances instead of 4 English lessons.

STOP LEWRI NG ABOUT GAY STUFF

more on online safety

I don't really have any

Just a bit more one how the real world works.

Racisim

How to deal with mental health issues and ways to cope

How to cope with ur mental health alone

I don't have any feedback

How to cope well with bad ending or toxic relationships

Mental heath

Make more lessons about mental healtjj

make more lessons about mental health and our self esteem

copng mechansisms for trauma

sex education, relationships, lgbtq+, PUBERTY how to cope like we dont do anything personal thats actually helpful to us  
how to manage stress with exams  
this school is actually so pressuring and being put in sets makes it worse like teachers dont understand the stress they make us go through frfr

not sure

I would like health and wellbeing covered.

more on different careers.

I don't know

Health and wellbeing

more about the world today and how tennagers in differnt places do things

racism

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

try to understand kids feelings

The dangers on the roads and streets when walking a near a sketchy area.

noo

Mental health

They are all really good

PSHE COULD BE FUN AND USE UNI FROG EVERY TIME WE HAVRE IT OR ONCE A WEEK

make pshe more fun

i don` t know












idk

answered	147
skipped	212

# APPENDIX 3

## ‘How Are You?’

### Swindon schools Year 8 boys 2023/24

1. Which school do you attend?				
Answer Choices			Response Percent	Response Total
1	Abbey Park school		29.19%	115
2	Churchward		0.76%	3
3	Crowdy's Hill		0.00%	0
4	EOTAS		0.25%	1
5	Great Western Academy		18.27%	72
6	Highworth Warneford School		4.82%	19
7	Kingsdown School		0.00%	0
8	Lawn Manor Academy		0.00%	0
9	Lydiard Park Academy		22.59%	89
10	Nova Hreod Academy		13.71%	54
11	St Joseph's Catholic College		4.06%	16
12	St Lukes		2.79%	11
13	Swindon Academy		2.54%	10
14	The Commonweal School		0.00%	0
15	The Deanery CE Academy		1.02%	4
16	The Dorcan Academy		0.00%	0
17	The Ridgeway School and Sixth Form		0.00%	0
			answered	394
			skipped	0

2. Are you?				
Answer Choices			Response Percent	Response Total
1	Male		100.00%	394
2	Female		0.00%	0

## 2. Are you?

3	Other/prefer not to say	0.00%	0
		answered	394
		skipped	0

## 3. What is your ethnicity?

Answer Choices		Response Percent	Response Total
1	Asian or Asian British (Indian Pakistani Bangladeshi Chinese Any other Asian background)	8.38%	33
2	Black, Black British, Caribbean or African (Caribbean African Any other Black, Black British, or Caribbean background)	3.81%	15
3	Mixed or multiple ethnic groups (White and Black Caribbean White and Black African White and Asian)	3.81%	15
4	White (English, Welsh, Scottish, Northern Irish or British Irish Gypsy or Irish Traveller Roma Any other White background)	79.95%	315
5	Other ethnic group (Arab, any other ethnic group)	4.06%	16
		answered	394
		skipped	0

## 4. Do you identify as LGBTQI+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex) or another member of the LGBTQI+ community?

Answer Choices		Response Percent	Response Total
1	Yes	1.78%	7
2	No	94.42%	372
3	Prefer not to say	3.81%	15
		answered	394
		skipped	0

**5. For each group below: How many do you think smoke cigarettes (tobacco)? Move the slider to the % that you think smoke. For example, do you think it's hardly any (1-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year smoke do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	3.96	0.00	100.00	17.08	394
Students in your year	9.29	0.00	100.00	18.77	394
				answered	394
				skipped	0

**6. For each group below: How many do you think smoke e-cigarettes (vaping)? Move the slider to the % that you think vape. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year use e-cigarettes/vape do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.18	0.00	100.00	14.10	394
Students in your year	20.47	0.00	100.00	25.37	394
				answered	394
				skipped	0

**7. For each group below: How many do you think use cannabis (weed), this includes using THC in a vape? Move the slider to the % that you think use cannabis. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends use cannabis, do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	1.43	0.00	100.00	10.29	394
Students in your year	4.50	0.00	100.00	13.76	394
				answered	394
				skipped	0

**8. For each group below: What percentage do you think drink alcohol once per month or more? Move the slider to the % that you think drink alcohol. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends drink alcohol do not use the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	5.83	0.00	100.00	17.76	394
Students in your year	11.32	0.00	100.00	21.39	394
				answered	394
				skipped	0

**9. For each group below: How many do you think have sent an explicit photo of themselves to someone else e.g., in underwear or naked? Move the slider to the % that you think have done this. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends have sent an explicit photo of themselves, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.48	0.00	100.00	11.44	394
Students in your year	9.26	0.00	100.00	18.71	394
				answered	394
				skipped	0

**10. For each group below: How many do you think choose to view online pornography? If you think none of your friends have viewed pornography do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	7.40	0.00	100.00	20.01	394
Students in your year	14.77	0.00	100.00	25.22	394
				answered	394
				skipped	0

**11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.**

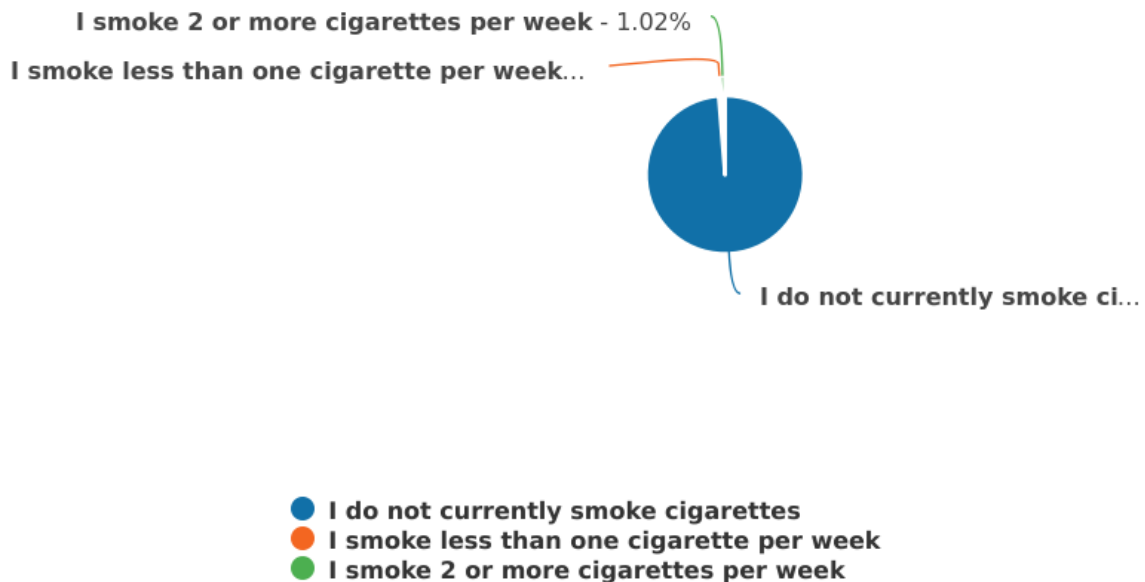
Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	2.35	0.00	100.00	12.00	394
Students in your year	6.78	0.00	100.00	15.89	394



11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.

Item	Average	Min	Max	Std. Deviation	Total Responses
				answered	394
				skipped	0

12. Choose the statement that describes you:



Answer Choices			Response Percent	Response Total
1	I do not currently smoke cigarettes	<div style="width: 98.73%; height: 15px; background-color: blue;"></div>	98.73%	389
2	I smoke less than one cigarette per week	<div style="width: 0.25%; height: 15px; background-color: orange;"></div>	0.25%	1
3	I smoke 2 or more cigarettes per week	<div style="width: 1.02%; height: 15px; background-color: green;"></div>	1.02%	4
			answered	394
			skipped	0

**13. Choose the statement that describes you:**

I use an e-cigarette/vape more than 1 time per w...

I use an e-cigarette/vape less than 1 time ...

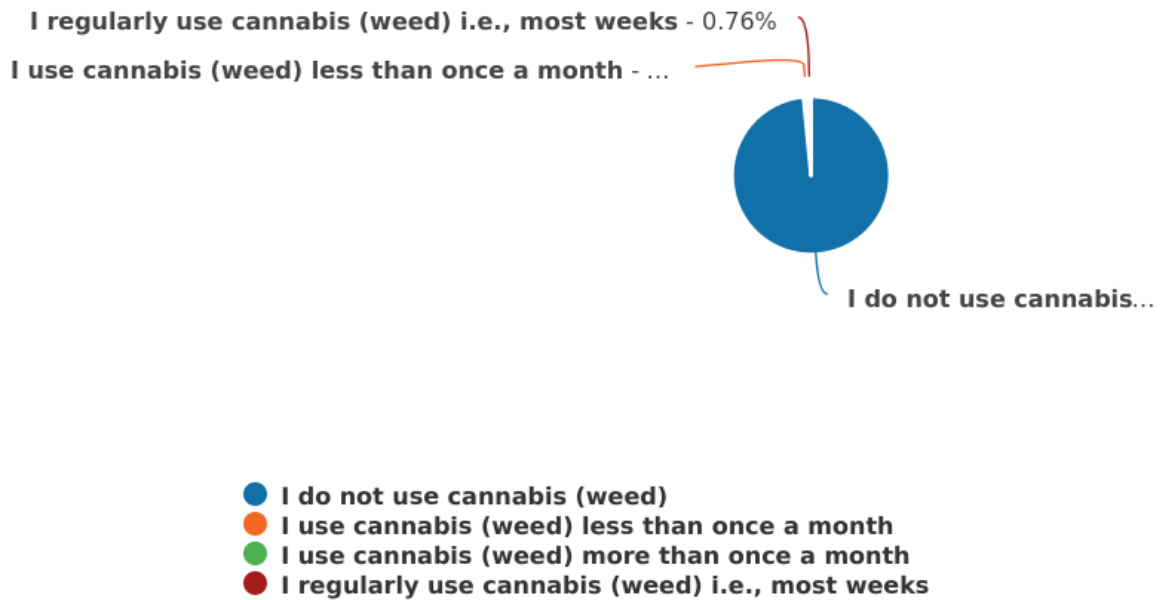


I do not currently use e-ci...

- I do not currently use e-cigarettes or vape
- I use an e-cigarette/vape less than 1 time per week
- I use an e-cigarette/vape more than 1 time per week

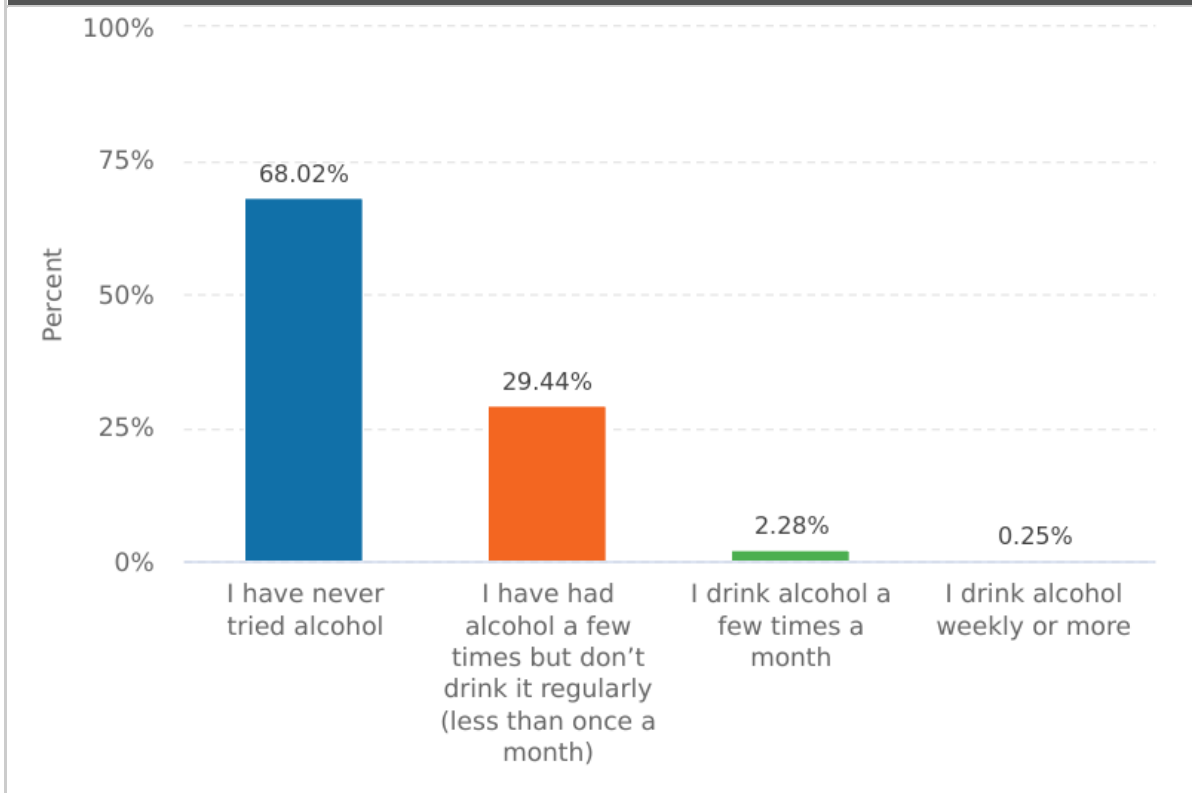
Answer Choices			Response Percent	Response Total
1	I do not currently use e-cigarettes or vape	<div style="width: 97.97%; height: 10px; background-color: blue;"></div>	97.97%	386
2	I use an e-cigarette/vape less than 1 time per week	<div style="width: 0.76%; height: 10px; background-color: orange;"></div>	0.76%	3
3	I use an e-cigarette/vape more than 1 time per week	<div style="width: 1.27%; height: 10px; background-color: green;"></div>	1.27%	5
			answered	394
			skipped	0





**14. Choose the statement that describes you:**





Answer Choices			Response Percent	Response Total
1	I do not use cannabis (weed)	<div style="width: 98.48%; height: 10px; background-color: blue;"></div>	98.48%	388
2	I use cannabis (weed) less than once a month	<div style="width: 0.51%; height: 10px; background-color: orange;"></div>	0.51%	2
3	I use cannabis (weed) more than once a month	<div style="width: 0.25%; height: 10px; background-color: green;"></div>	0.25%	1
4	I regularly use cannabis (weed) i.e., most weeks	<div style="width: 0.76%; height: 10px; background-color: red;"></div>	0.76%	3
			answered	394
			skipped	0

### 15. Choose the statement that describes you:







Answer Choices			Response Percent	Response Total
1	I have never tried alcohol		68.02%	268
2	I have had alcohol a few times but don't drink it regularly (less than once a month)		29.44%	116
3	I drink alcohol a few times a month		2.28%	9
4	I drink alcohol weekly or more		0.25%	1
			answered	394
			skipped	0

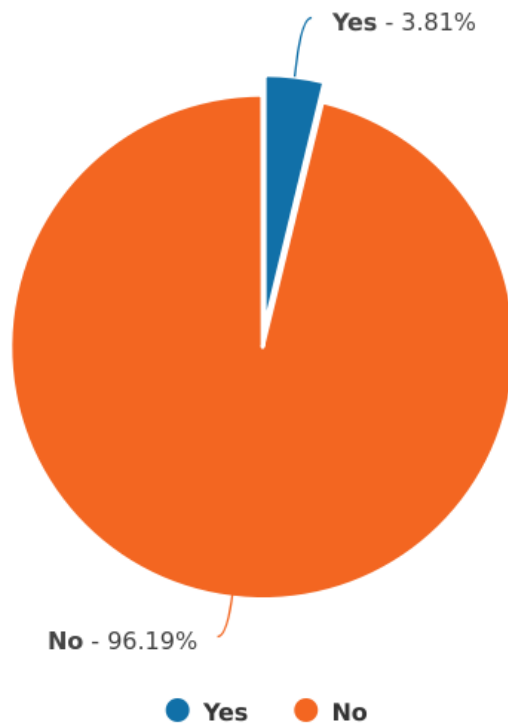
### 16. How do you get alcohol? Please tick all that apply.



Answer Choices			Response Percent	Response Total
1	Not applicable, I don't drink alcohol		76.40%	301
2	My parents give it to me		22.34%	88

**16. How do you get alcohol? Please tick all that apply.**

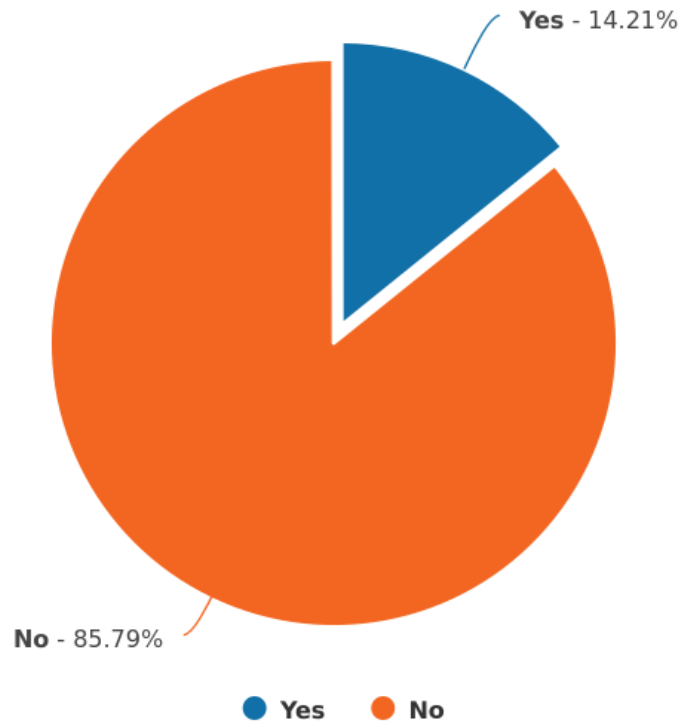
3	I buy it myself		0.76%	3
4	Friends		2.28%	9
5	Older brothers/sisters		1.02%	4
6	Another adult (not parent/carer)		2.79%	11
			answered	394
			skipped	0

**17. Have you ever sent an explicit photo to someone, e.g., wearing only your underwear or naked?**



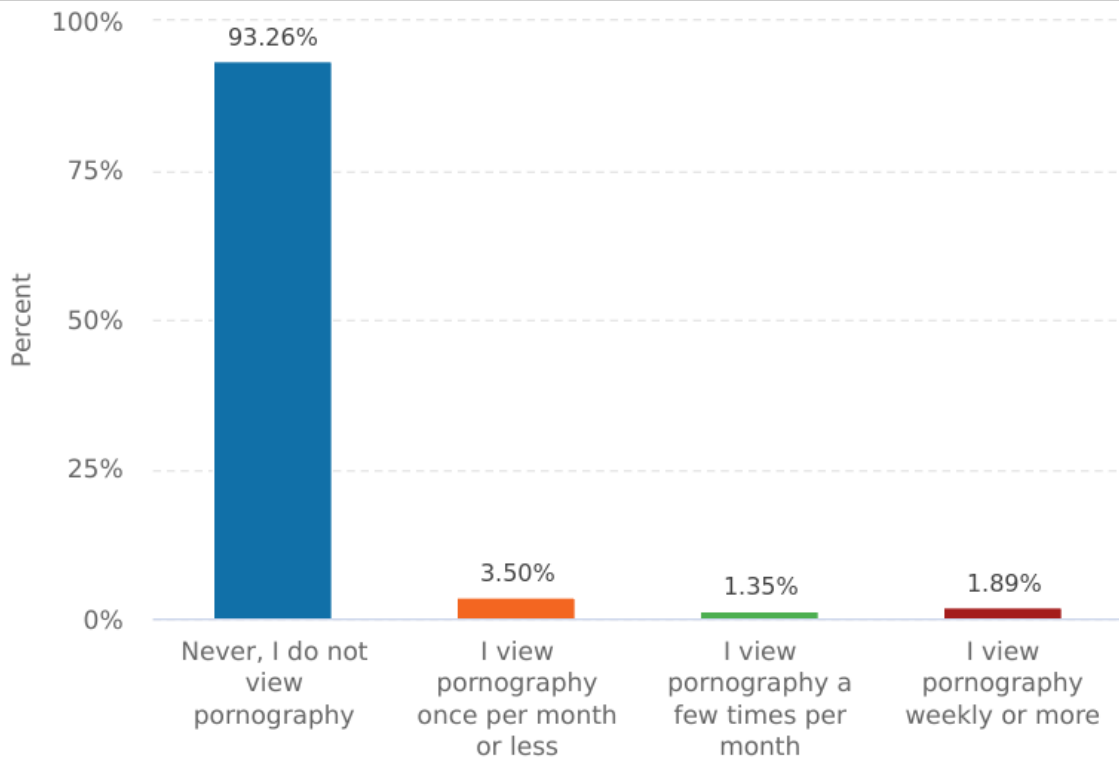
Answer Choices		Response Percent	Response Total
1	Yes		3.81% 15
2	No		96.19% 379
			answered
			394
			skipped
			0





18. Have you ever been sent an explicit photo? e.g., someone in their underwear, partially naked or naked.



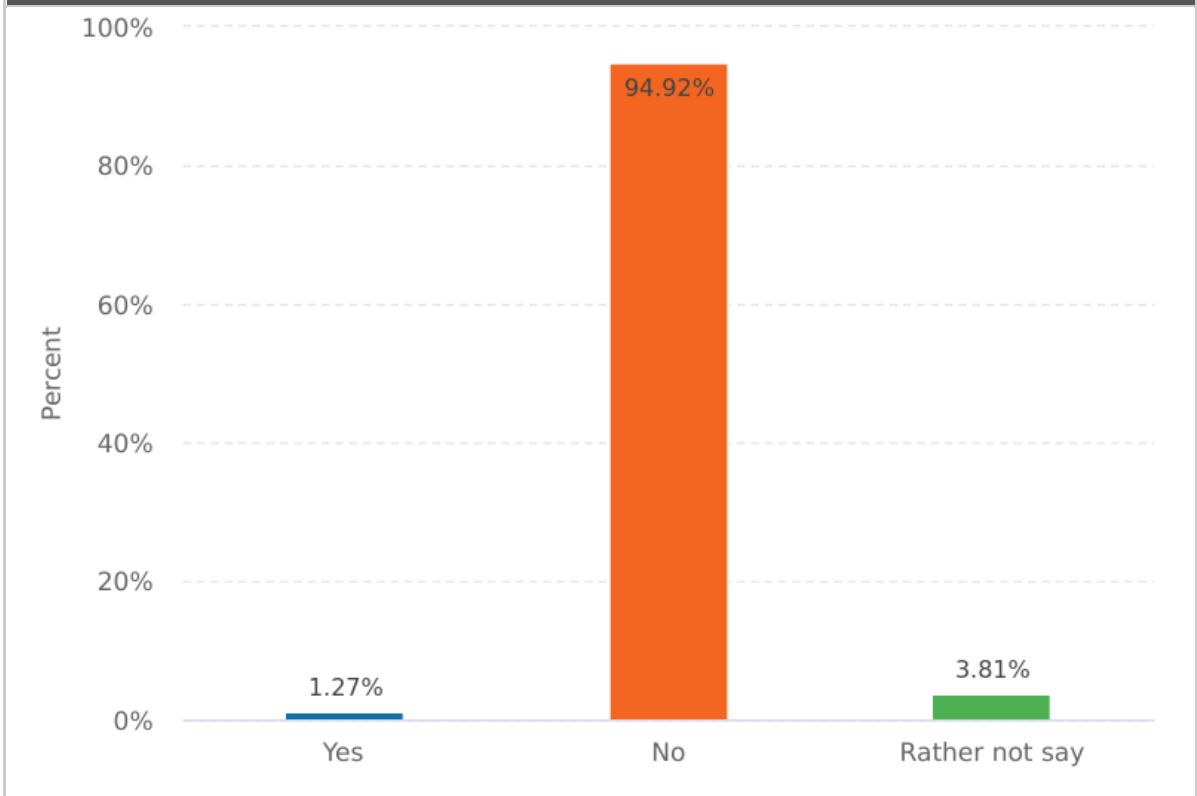
Answer Choices		Response Percent	Response Total
1	Yes	14.21%	56
2	No	85.79%	338
		answered	394
		skipped	0




**19. How often do you view pornography? (You can skip this question if you feel uncomfortable answering it.)**



Answer Choices			Response Percent	Response Total
1	Never, I do not view pornography		93.26%	346
2	I view pornography once per month or less		3.50%	13
3	I view pornography a few times per month		1.35%	5
4	I view pornography weekly or more		1.89%	7
			answered	371
			skipped	23

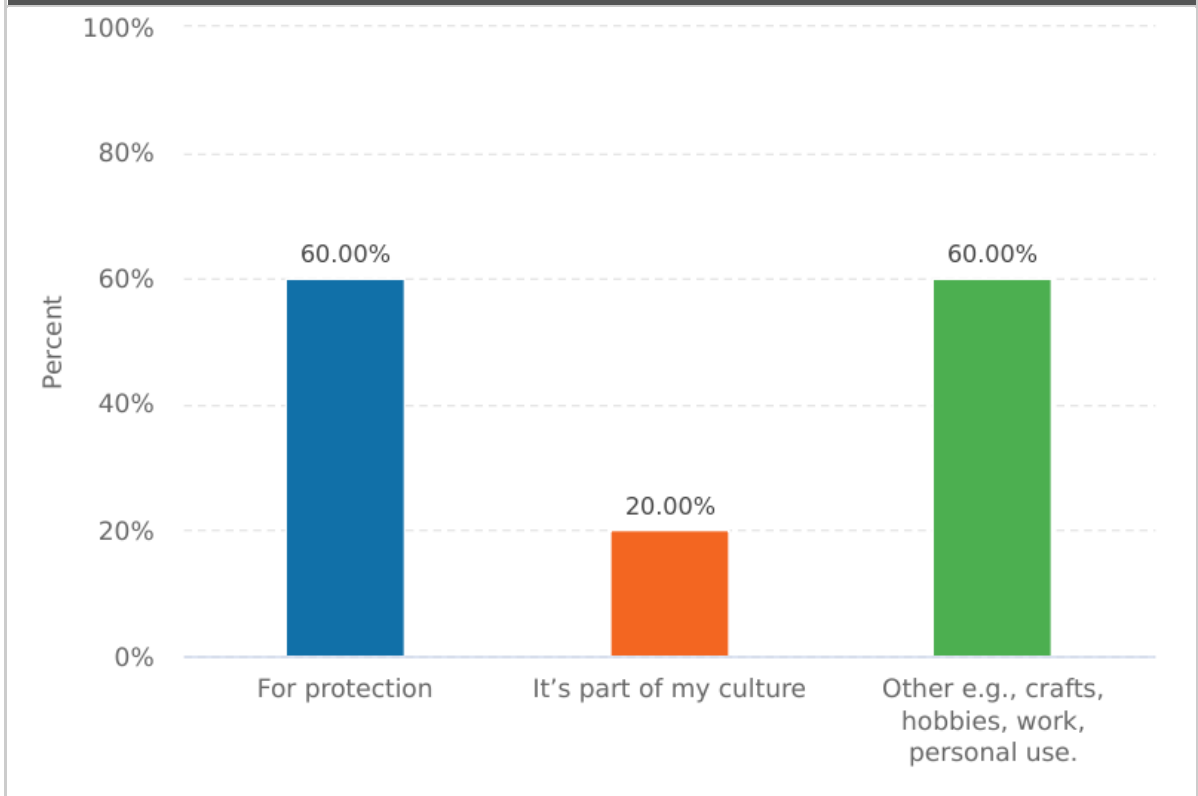
### 20. Do you carry a knife/ bladed implement/ tool?






Answer Choices			Response Percent	Response Total
1	Yes		1.27%	5
2	No		94.92%	374
3	Rather not say		3.81%	15
			answered	394
			skipped	0

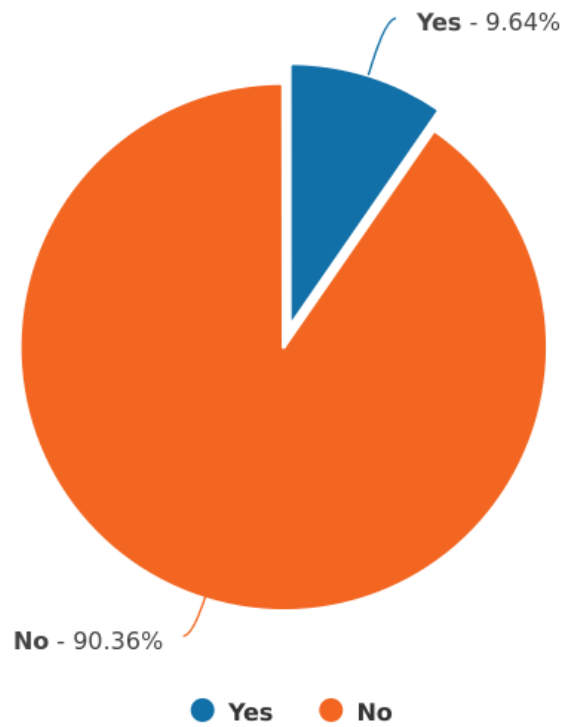


**21. Select the MAIN reason why you carry a knife/ bladed implement/ tool.**



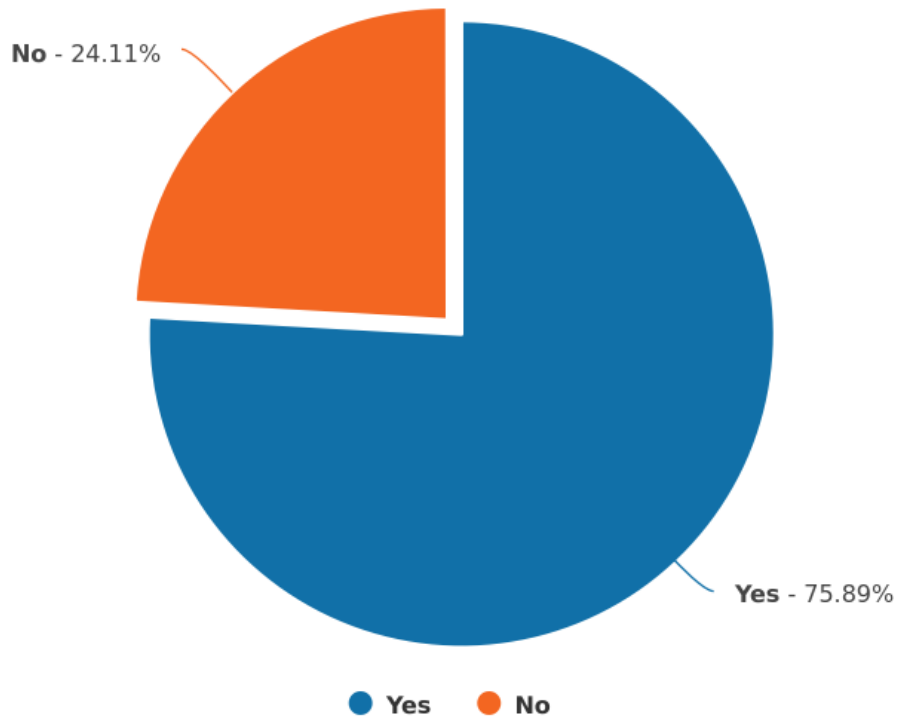
Answer Choices			Response Percent	Response Total
1	For protection		60.00%	3
2	It's part of my culture		20.00%	1
3	Other e.g., crafts, hobbies, work, personal use.		60.00%	3
			answered	5
			skipped	389

**22. Have you ever gambled without the permission of your parents/carers?**



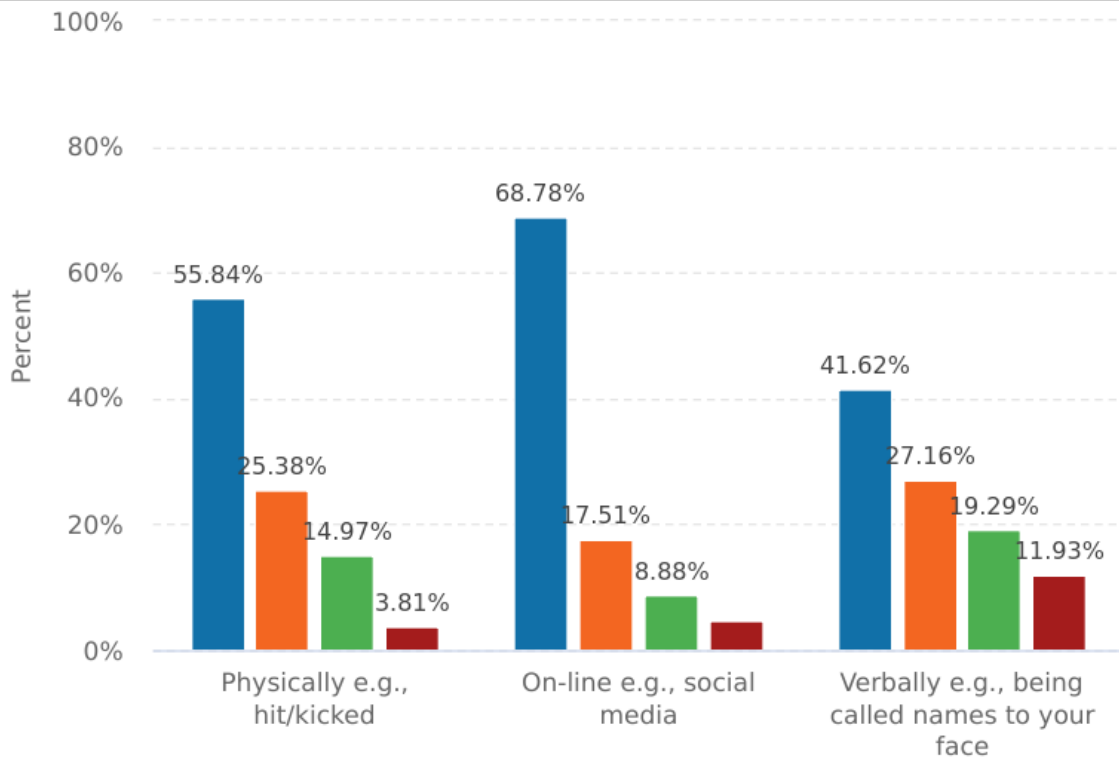
Answer Choices		Response Percent	Response Total
1	Yes	9.64%	38
2	No	90.36%	356
		answered	394
		skipped	0

23. Do you feel mostly happy or ok about the way you look?



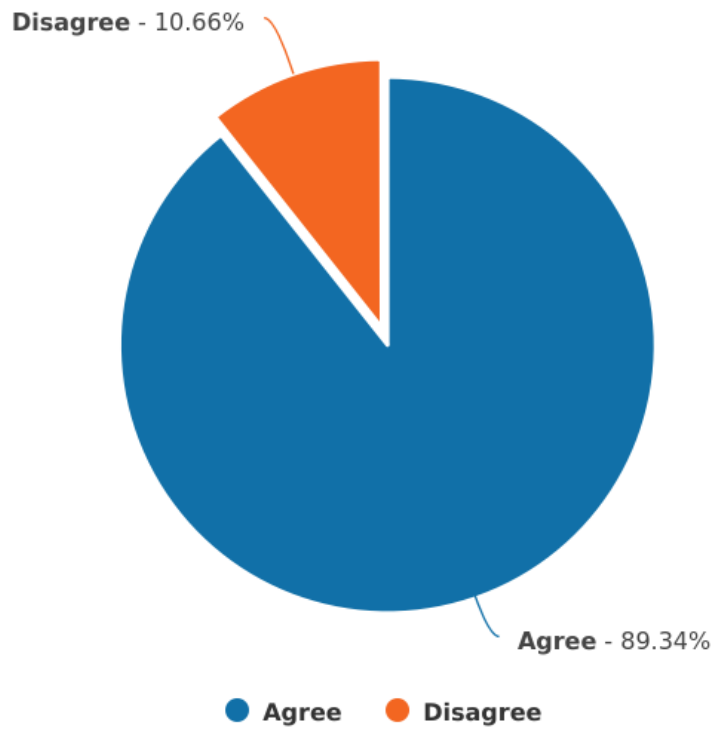
Answer Choices		Response Percent	Response Total
1	Yes	75.89%	299
2	No	24.11%	95
		answered	394
		skipped	0

## 24. Have you ever been bullied at secondary school?



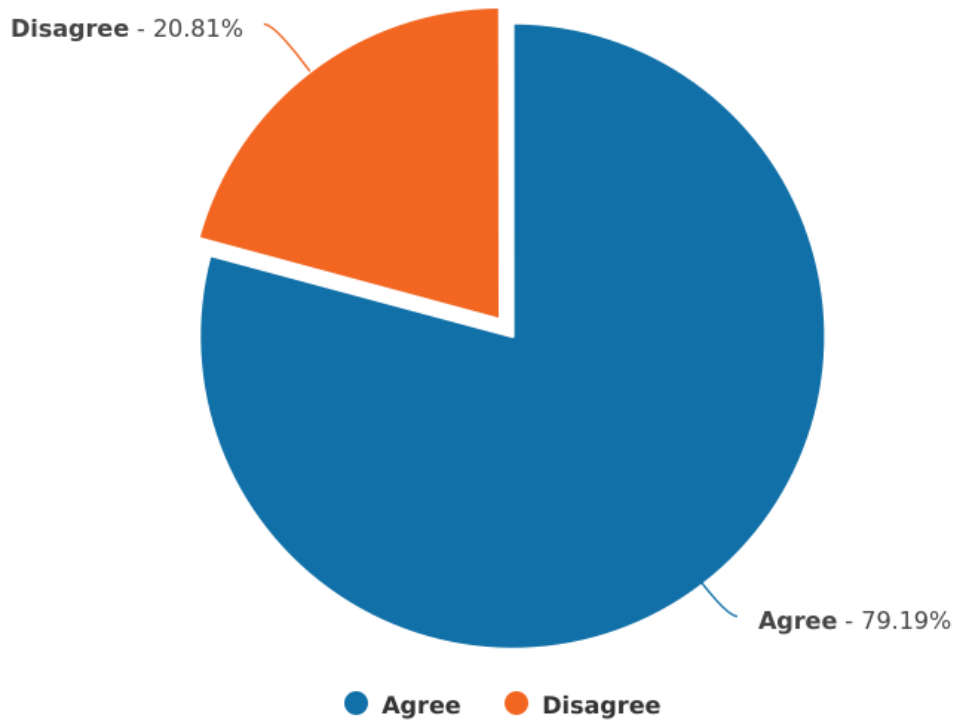
Answer Choices	Never	Rarely	Sometime s	Often	Response Total
Physically e.g., hit/kicked	55.84% 220	25.38% 100	14.97% 59	3.81% 15	394
On-line e.g., social media	68.78% 271	17.51% 69	8.88% 35	4.82% 19	394
Verbally e.g., being called names to your face	41.62% 164	27.16% 107	19.29% 76	11.93% 47	394
				answered	394
				skipped	0

**25. I know how and where to report bullying in school.**



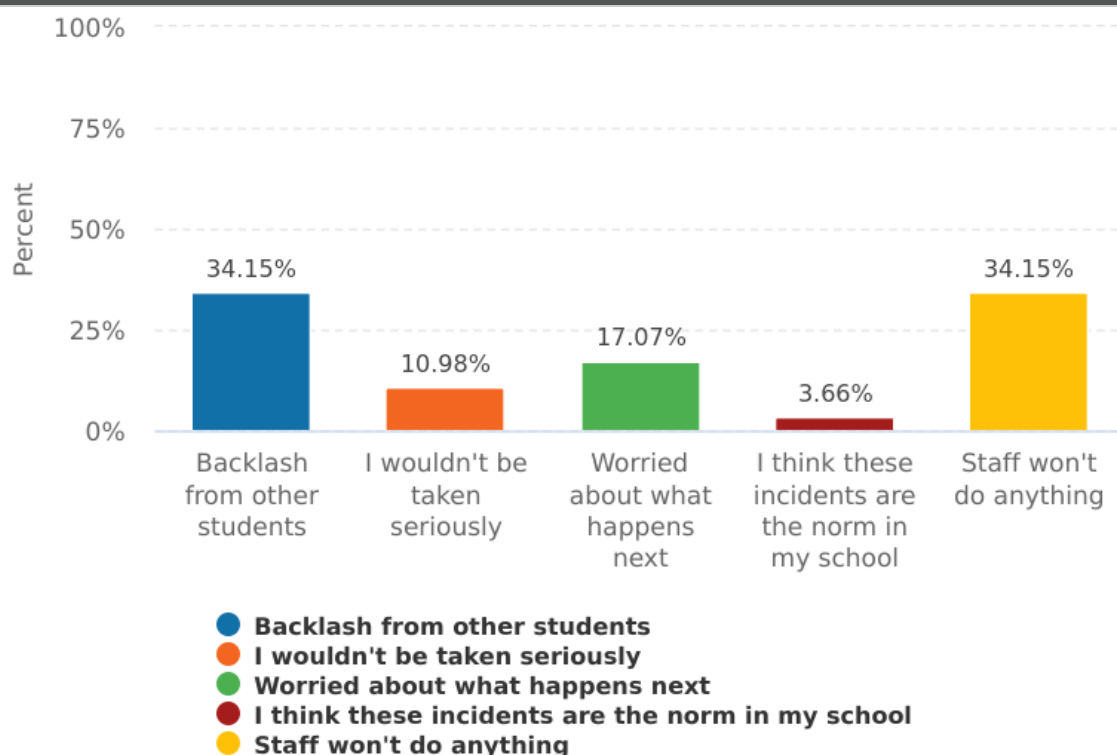
Answer Choices		Response Percent	Response Total
1	Agree	89.34%	352
2	Disagree	10.66%	42
		answered	394
		skipped	0






26. I feel confident to report incidents that affect my personal safety (i.e., anything or anyone that makes me feel unsafe).



Answer Choices		Response Percent	Response Total
1	Agree	79.19%	312
2	Disagree	20.81%	82
		answered	394
		skipped	0

**27. The main reason I do not feel confident to report incidents that affect my personal safety is: (choose the one reason that is most relevant to you).**



Answer Choices			Response Percent	Response Total
1	Backlash from other students		34.15%	28
2	I wouldn't be taken seriously		10.98%	9
3	Worried about what happens next		17.07%	14
4	I think these incidents are the norm in my school		3.66%	3
5	Staff won't do anything		34.15%	28
			answered	82
			skipped	312

**28. Do you agree or disagree with these statements?:**

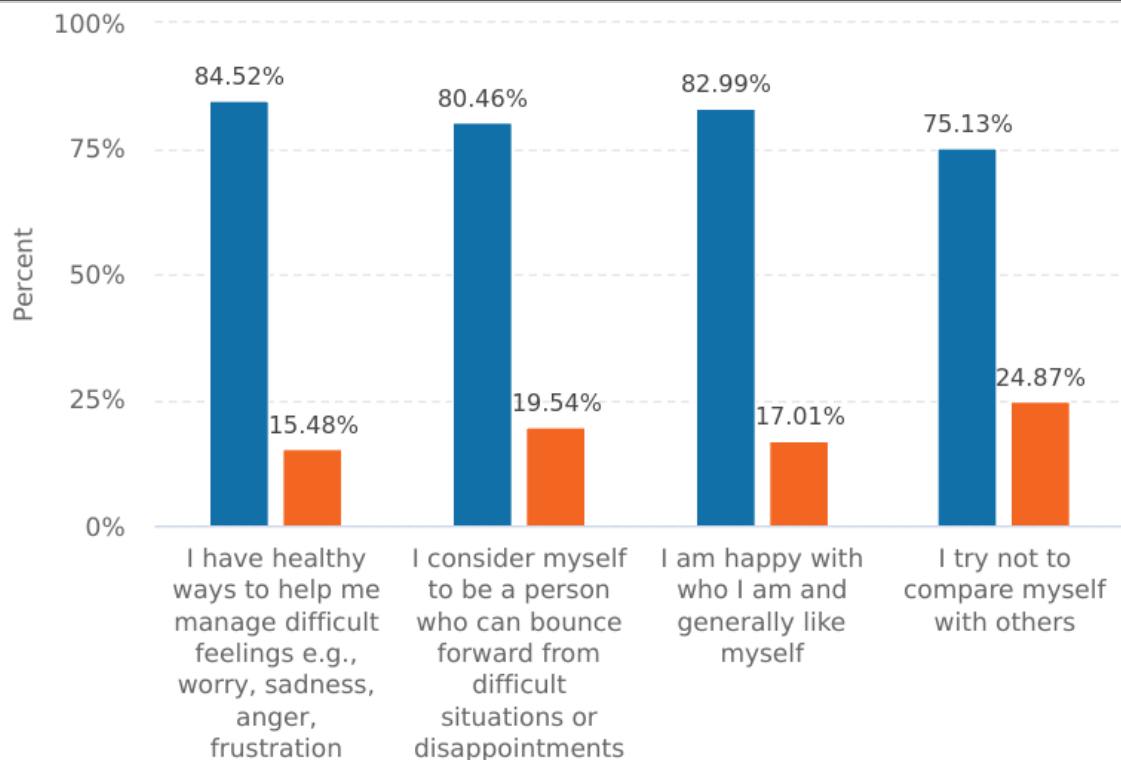
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Answer Choices	Agree	Disagree	Response Total
I have at least one friend I can turn to for support	93.15% 367	6.85% 27	394
There are people in my family or where I live (e.g., my home, boarding school) I can turn to for advice and support	96.45% 380	3.55% 14	394

### 28. Do you agree or disagree with these statements?:

I know there are staff in school who I can go to for help or support	81.47% 321	18.53% 73	394
I know where to get help and advice if I am upset or worried about anything happening in my life e.g., people, organisations, helplines etc.	88.32% 348	11.68% 46	394
		answered	394
		skipped	0

### 29. Do you agree or disagree with these statements:



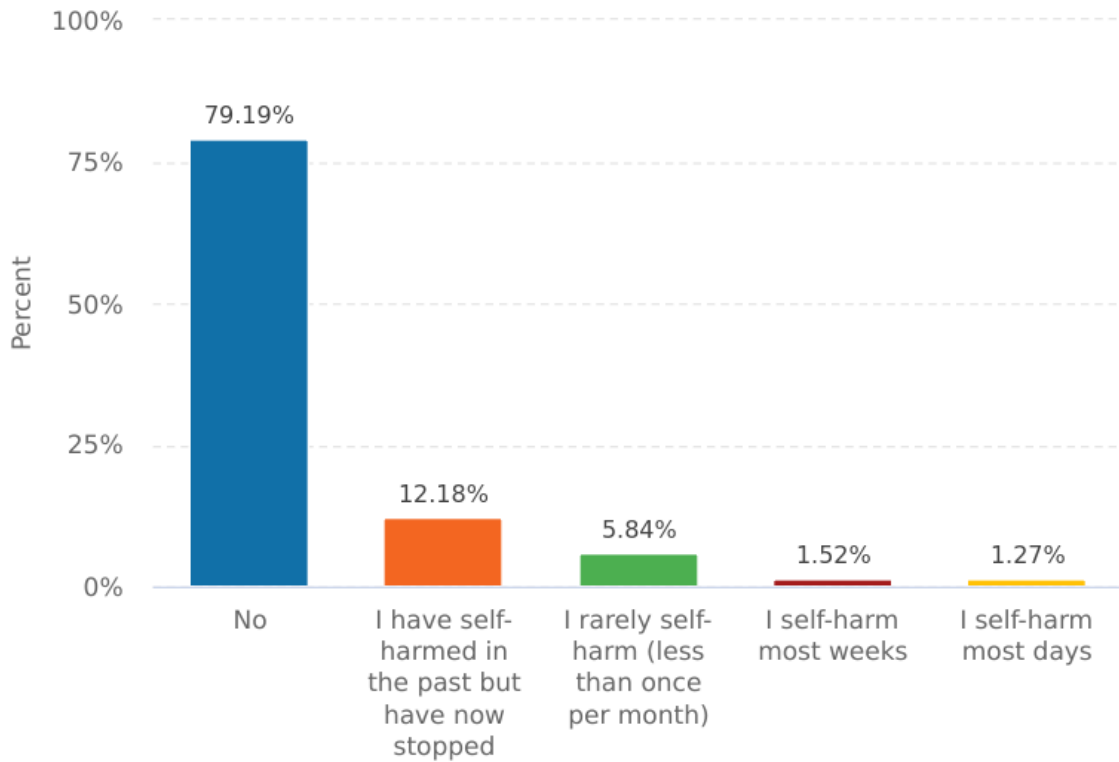
Answer Choices	Agree	Disagree	Response Total
I have healthy ways to help me manage difficult feelings e.g., worry, sadness, anger, frustration	84.52% 333	15.48% 61	394
I consider myself to be a person who can bounce forward from difficult situations or disappointments	80.46% 317	19.54% 77	394
I am happy with who I am and generally like myself	82.99% 327	17.01% 67	394
I try not to compare myself with others	75.13% 296	24.87% 98	394
		answered	394








29. Do you agree or disagree with these statements:

	skipped	0
--	---------	---

30. Have you ever deliberately harmed yourself? e.g., scratching, cutting, burning. Select the answer that most closely reflects what you are doing now.



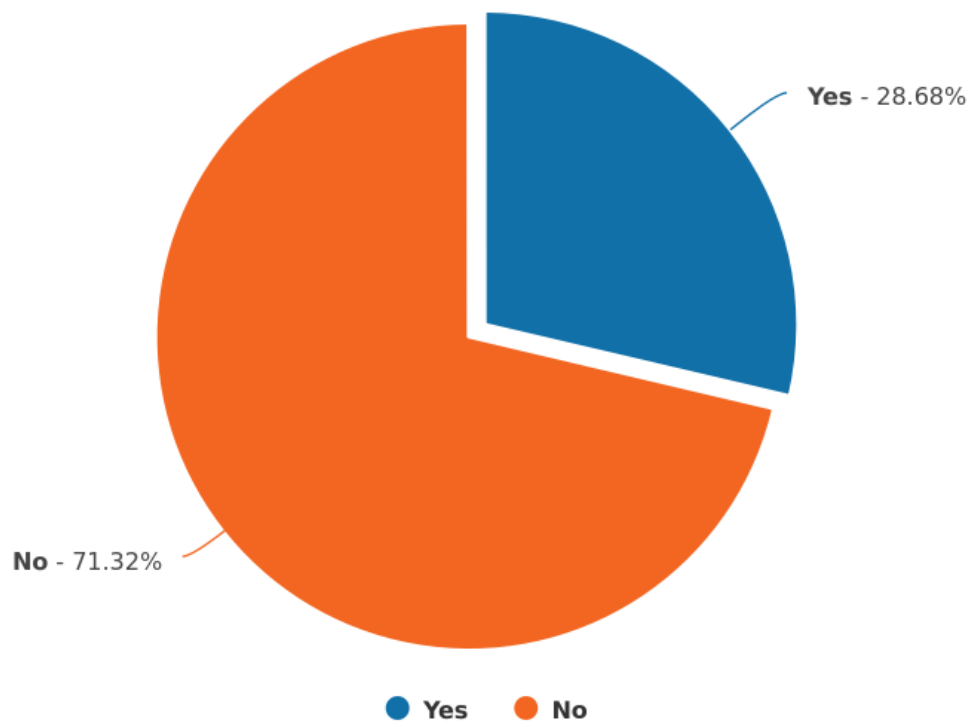
Answer Choices			Response Percent	Response Total
1	No		79.19%	312
2	I have self-harmed in the past but have now stopped		12.18%	48
3	I rarely self-harm (less than once per month)		5.84%	23
4	I self-harm most weeks		1.52%	6
5	I self-harm most days		1.27%	5
			answered	394
			skipped	0

### 31. How would you describe your relationship with social media?

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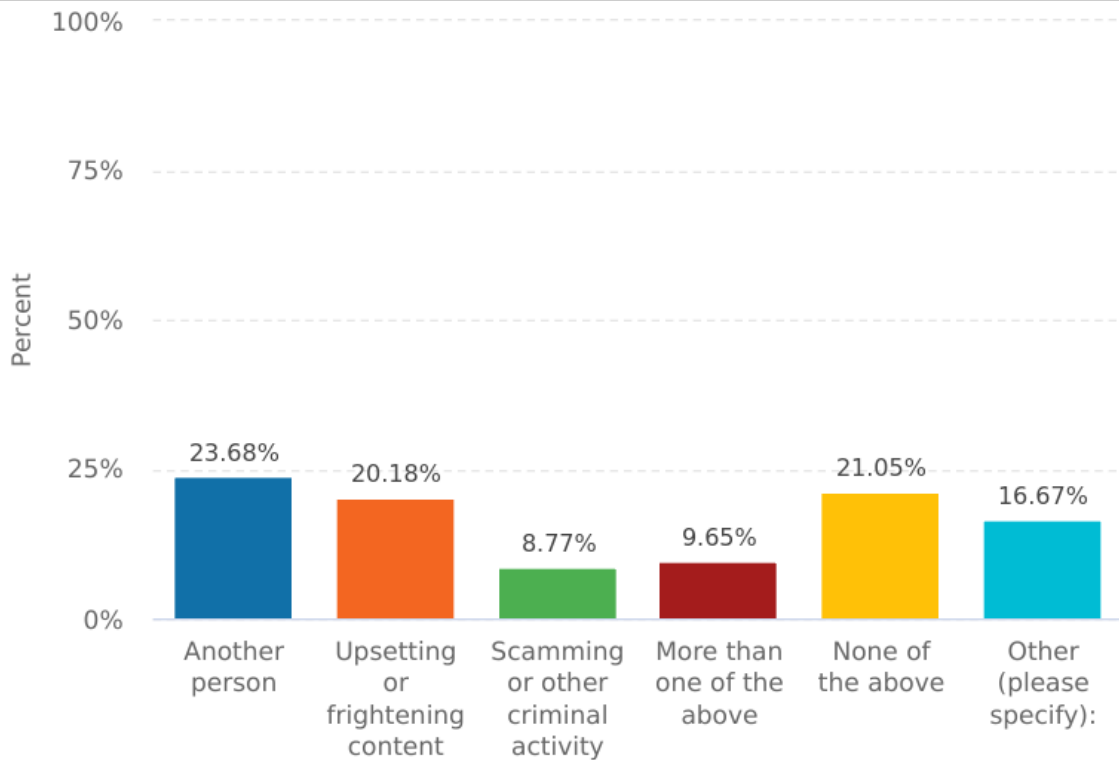
Answer Choices		Response Percent	Response Total
1	Great	54.82%	216
2	Mostly ok	40.61%	160
3	Quite negative	2.28%	9
4	Very negative	2.28%	9
		answered	394
		skipped	0







### 32. Have you experienced anything on social media that has made you feel anxious, worried, or scared?



Answer Choices		Response Percent	Response Total
1	Yes	28.68%	113
2	No	71.32%	281
		answered	394
		skipped	0

**33. Select the statement below that is most relevant to you. i.e., what has mainly made you feel anxious, worried, or scared on social media?**



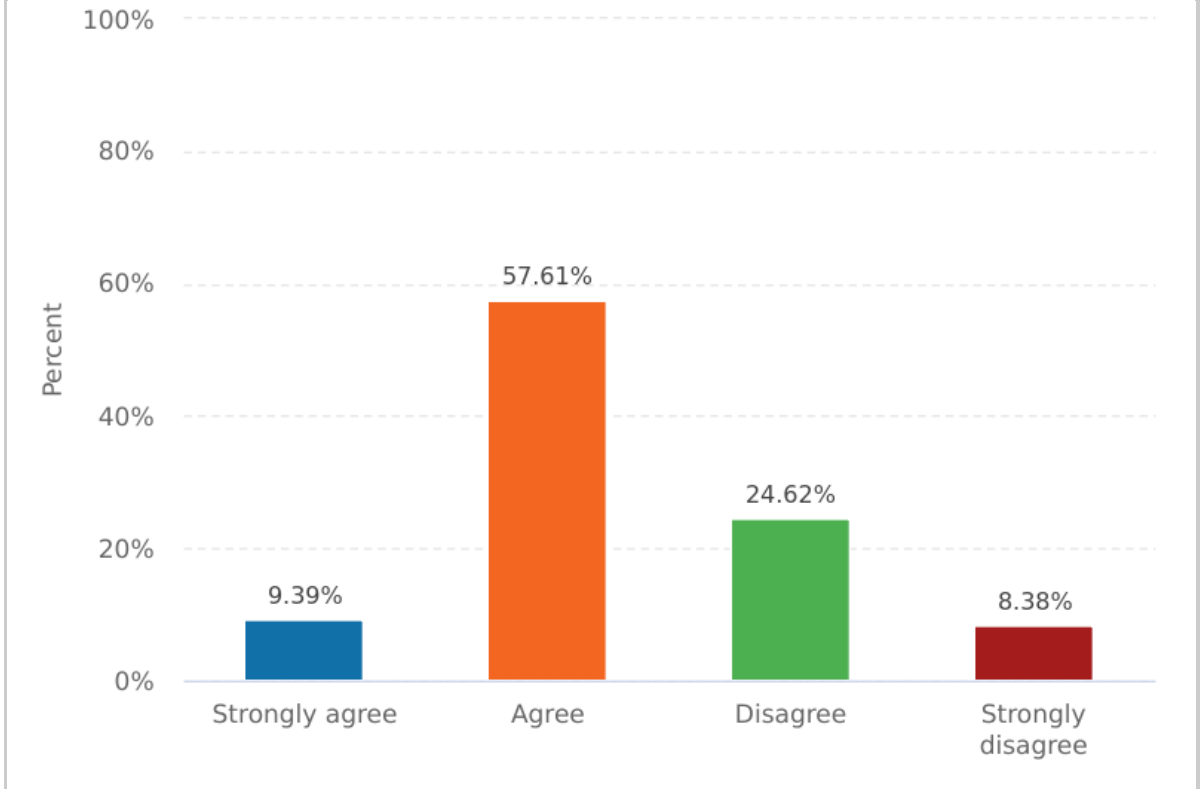
Answer Choices			Response Percent	Response Total
1	Another person		23.68%	27
2	Upsetting or frightening content		20.18%	23
3	Scamming or other criminal activity		8.77%	10
4	More than one of the above		9.65%	11
5	None of the above		21.05%	24
6	Other (please specify):		16.67%	19
			answered	114
			skipped	280





Other (please specify): (19)

1	12/11/2023 15:48 PM ID: 231207178	So I was watch Ing a video on a car driving unit there was a jump scpre
2	19/11/2023 20:47 PM ID: 231777122	Rude comments and personal threats
3	20/11/2023 23:23 PM ID: 231878282	horror videos
4	23/11/2023 11:08 AM ID: 232278003	Space Events
5	23/11/2023 11:09 AM ID: 232278046	people bullying me
6	23/11/2023 11:10 AM ID: 232278253	getting preasured into gangs
7	23/11/2023 11:14 AM ID: 232278078	myself
8	27/11/2023 09:10 AM ID: 232506990	Gore videos/ pictures
9	27/11/2023 09:10 AM ID: 232506974	got threatened to get jumped
10	27/11/2023 14:45 PM ID: 232550099	
11	27/11/2023 14:49 PM ID: 232550934	bullied
12	29/11/2023 11:57 AM ID: 232733032	being banned on social medias for no reason
13	29/11/2023 12:05 PM ID: 232733621	MOMO and SMILE DOG on creepypasta
14	10/12/2023 14:44 PM ID: 233594538	Someone said they would find where I live and they would kill me
15	08/01/2024 15:49 PM ID: 234968207	people calling me racist for saying a non racist opinion they dont agree with
16	14/01/2024 10:43 AM ID: 235364897	Horror
17	15/01/2024 12:08 PM ID: 235424674	skibidi toilet
18	16/01/2024 10:07 AM ID: 235495099	random p3dos sending nudes

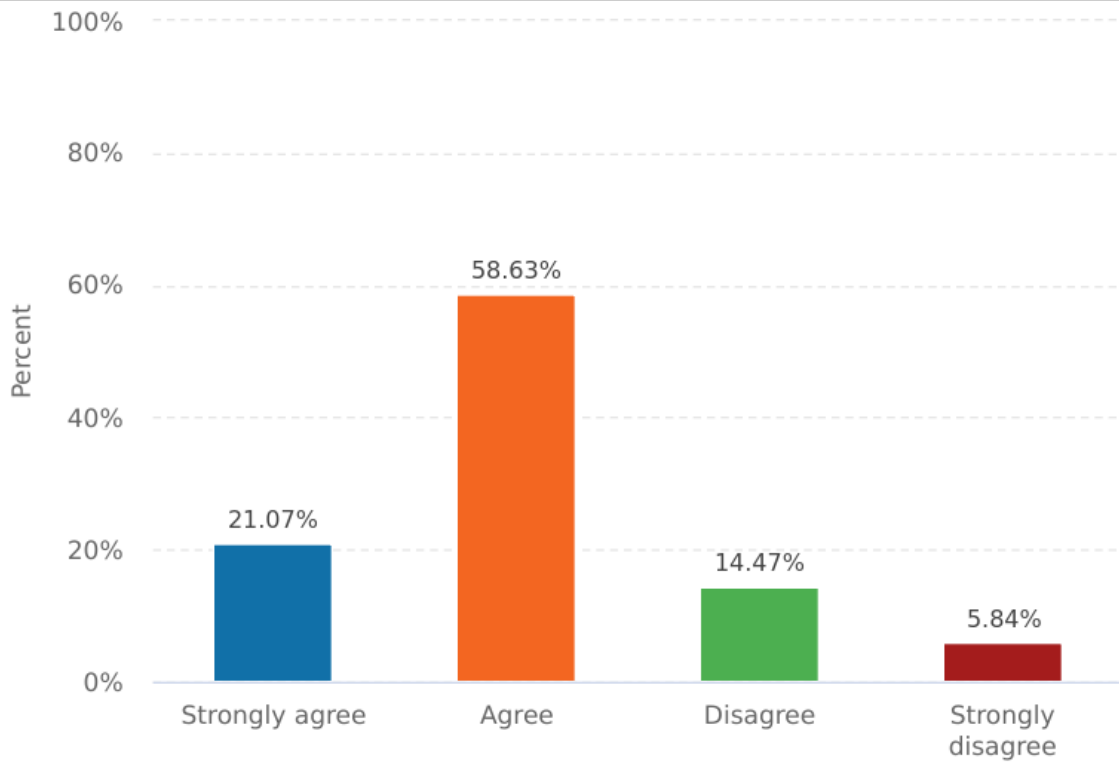
19	18/01/2024 11:46 AM ID: 235697283	GETTING INTO MORE FIGHTS
----	---	--------------------------





### 34. Students in my school/college treat each other with respect



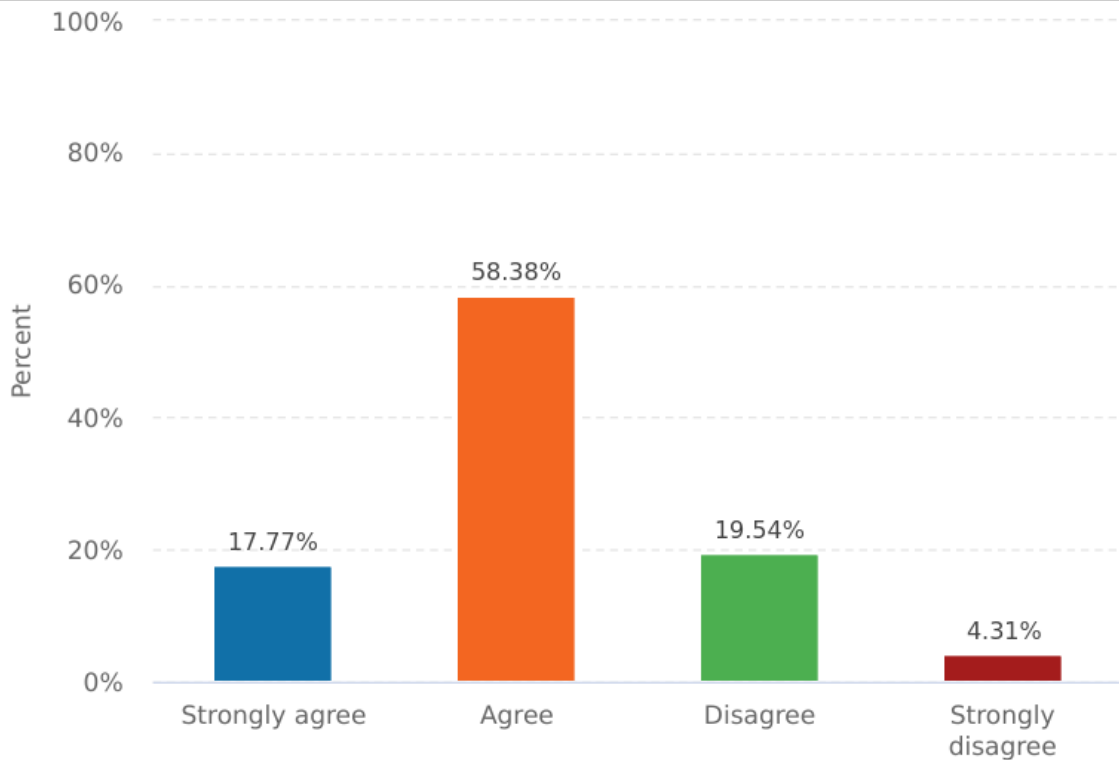
Answer Choices			Response Percent	Response Total
1	Strongly agree		9.39%	37
2	Agree		57.61%	227
3	Disagree		24.62%	97
4	Strongly disagree		8.38%	33
			answered	394
			skipped	0





### 35. Staff in my school/college are good role models.



Answer Choices			Response Percent	Response Total
1	Strongly agree		21.07%	83
2	Agree		58.63%	231
3	Disagree		14.47%	57
4	Strongly disagree		5.84%	23
			answered	394
			skipped	0






**36. There is a culture of mutual respect in my school/college between students and staff. i.e., students treat staff with respect and vice versa.**



Answer Choices			Response Percent	Response Total
1	Strongly agree		17.77%	70
2	Agree		58.38%	230
3	Disagree		19.54%	77
4	Strongly disagree		4.31%	17
			answered	394
			skipped	0

### 37. How useful do you find the PSHE/ Health and Wellbeing / Personal Development / Social and Global lessons you have in school?

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Answer Choices			Response Percent	Response Total
1	It's very useful		18.02%	71
2	It's mostly useful		34.26%	135
3	It's sometimes useful		38.32%	151
4	It's not useful at all		8.38%	33
5	Can't say- we don't get much		1.02%	4
			answered	394
			skipped	0



**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	215
<p>More guest speakers, this is very engaging</p> <hr/> <p>Answer more questions</p> <hr/> <p>try make students more involved and make them encouraged to learn</p> <hr/> <p>not much</p> <hr/> <p>Make it more age appropriate for year 8</p> <hr/> <p>do more sport</p> <hr/> <p>Don't know</p> <hr/> <p>Nothing</p> <hr/> <p>Dunno</p> <hr/> <p>It's all good</p> <hr/> <p>Nothing really everything is good</p> <hr/> <p>I am happy with PSHE lessons</p> <hr/> <p>Hh</p> <hr/> <p>Yeah by not having on good lesson bc I miss it</p> <hr/> <p>Explain the effect of what we are learning</p> <hr/> <p>Make it more useful in life rather than learning about a guy who makes a football out of condoms</p> <hr/> <p>Make it fun</p> <hr/> <p>I dont really like PSHE</p> <hr/> <p>Tell students to stop following random trends online</p> <hr/> <p>Learn about things that are useful</p> <hr/> <p>Make more activities that include groupwork.</p> <hr/> <p>Nothing</p> <hr/> <p>No there is nothing I would like to improve</p> <hr/> <p>n/a</p> <hr/> <p>ldk</p> <hr/> <p>More things such as finances</p> <hr/> <p>Go slower as maybe people can't write much</p> <hr/> <p>?</p> <hr/> <p>Maybe we can view each other's views a bit more and opinions of others on the topic and show all views. Like when we were having a lesson on the Taliban I really wanted to tell people that all muslims aren't terrorists. It's just this 1 specific group of muslims that do all of the terrible acts of terrorism.</p> <hr/> <p>Ask people if there ok sharing the info</p> <hr/> <p>Teaching us about things that are needed in real life, such as finance and sexual education.</p>			

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Seating plan

Make it more religious about how people treat different religious people or groups

Don't know

More interaction in the lesson, rather than asking 5 questions a lesson.

I don't know

I don't know

Nothing

Anonymous question box to write questions to be answered and discussed in the next session

Lessons to be more engaging, asking more questions to people etc

I don't know

Bring people that have done the things like drugs and have them explain how it hurt their life

Don't have anything to suggest

Nothing, the way they teach is very good

dunno

I don't know

Nothing

I have no suggestions

More lessons focussed on money, benefits and stuff to do with the government.

How to get fitter and to get stronger and to learn a about money

More activities

Make it interesting

make it more fun.

to add more stuff about learning disabilities

try to add some more video's to the lesson so we can experience other people views

Explain it more

do more practical stuff

make it more fun and more engageing to students and make tasks more physical like more getting up and doing stuff tasks

be less soft

to do kahoot or blooket every lesson and let us sit anywhere

make it funner and less boring

more of it

i dont know

Nothing.

less lesson time

i i dont know

I would let people ask ore questions insted of jst telling the info

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

just teach more lessons on it because we don't have many lessons on it

Adding things like lessons about self-harm because that is very common these days

njhkj

Have more relevant lessons to our age so if were in year 7 we learn about safety online but as we get older we go on to more serious subjects

more relevant topics and not doing things that don't really mater

More specific topics

Its fine how it is

To improve the PSHE lessons in my school, they could add in more lessons about taxes, realistic problems that could happen at my age, and how to control your emotions with hurting anybody / anything.

couldnt say anything i like pshe and dont think we need to improve anything

more better

?

Make it more accessible to more than just some type of people

nothing

go over it againtoword ends of term or make quize to tesr areknowledge

talking more about help in different situations

New teachers

..

I do not know

making it more entertaining

iwouldnt

i think it covers everything for our well being

To have more practicals and look at more interesting topics

maybe make it more interactive.

more one to one sessions with child so that they can get things of there chests and be nicer and more understanding to children.

more lessons

Make the activties funner and more interesting

idk

talk about things that the class want to talk about

talk alot more about mental health and where we can go

Make it a bit more interactive, so that students aren't just sat at desks for 1 hour etc.

not sure

maybe add more fun things like games and videos to help us understand

free personal therapists

Let students discuss what they want teachers want to go over in lessob

Preferably more life skills e.g money

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

dont talk about sensitive things with out checking if antone is going though it

Nothing I like it

dunno

i wouldnt

Nothing it is already good

no

Talk negatives and positive about a influencer or celebrity of done so

Being more informative on subjects like Sexyal Education

I would teach looks aren't important and. Personally its better

Teach us about more about sensitive lessons.

tackling acctual problems for kids

better teachers

For teachers not to tell us off for talking and laughing about thing and doing exercises that even the teachers know people are going to laugh at and tellingn them off for it

Do more lessons talking about well being and realistic scenarios that students may face. e.g. suicide, self harm, drug use,smoking/vaping and mental health improvement

Allow students to find ways to end situations that are negative to someone  
E.g. suicide , depression , a loss, bullying/harassment, unwanted sexual behaviors

hyfsdhfghusddnfgbhrej

nothing

I get to spend time in choter instead of lessons I don't want to be at

Keep it more understanding

More on sex because most are unaware of the purpose of masturbating

Talk about taxes

I don't have any wanted improvements personally.

I wouldn't

Learn more stuff

More fun way of learning. Not miserable stuff like stabbings, eating disorders

Make it more interesting so people are more engaged in the lessons.

I don't know

ldk

It's not bad but I know most of the stuff already

IDK

That we have more time for PSHE

Nothing

More about dangers

I enjoy all lessons in pshe and don't need to improve it

Do more stuff about current matters in the world

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

i dont think i could improve pshe because i learn a lot

Nothing

Learn how to manage and create a business

idk

Teach more relevant subjects

nothing

fun games (e.g. khoot)

to teach us about the actual things that happen in life and not random scenarios i want to learn things that will be useful in life

nothing

More talking allowed

I don't really know

I'm unsure.

Make the lessons more interactive

More videos

More regularly

I don't know

Teach us about how to overcome wrong and bad things that would make us anxious and worried.

Nothing it's all good

Blooket

more fun things

I'm not sure

?

fortnite

Just improve it

i would change them so they focus on the age group of the class

to focus more on what will happen in the future

Teach more about right after school, like college/university/and more.

do more of it and do stuff thats useful

I would go onto active ways to help people

Not sure...

Learning more about business

I DONT REALLY KNOW

More time on the computers so we can feel happy

Bring in more life skills

its just not good and there's nothing you can do to make it good

more moden and interactive learning

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

Make it memorable.

Teach us how to manage our daily life in the future - money, getting homes, places to work, where to live etc

get rid of it

stop doing it

i would not change anything

dont know

get rid of emily being hater to society

Its fine how it is

make it more interesting and fun

Its fine i do not have a problem with it.

i dont know im 12

I dont need this lesson

LEARN MORE ABOUT THE EFFECTS OF BULLYING AND THE RESULTS IT CAN LEAD TO

SHOW MORE HARMS OF LIFE AND DANGERS

Talk about taxes and mortgages

i dont know

playing games

IDK

I don't know

dont know

How to manage a bank account

Make it more interesting

do more on the LGBTQ stuff to help people feel better by being trans gay etc

idk

not have pshe

i would suggest that the teachers should ignore students that annoy them and to pay more attention to the lessons

i would suggest that the teachers should ignore student that annoy them and pay attention to other people in the lesson

do things students would be more conferrable with

good

MAKE IT MORE FUN AND THATS IT ;)

more learning than usual

more descusion nwith teacher

make them more fun and more discussions.

i have nothing to suggest

dunno

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

life situations

Talk about being kind and not bullying because we only look at it once a year for 3 lessons

I dont know

Mate it more interactive.

Nothing I think it's ok

no

answered	215
skipped	179

### 39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?

Answer Choices	Good	OK	Could be better	Poor/non-existent	Response Total
Information on drugs, alcohol, tobacco and e-cigarettes/vaping	59.64% 235	31.73% 125	7.11% 28	1.52% 6	394
Benefits and dangers of prescription drugs	55.08% 217	35.79% 141	7.11% 28	2.03% 8	394
The link between physical and mental health	54.82% 216	30.20% 119	12.44% 49	2.54% 10	394
The benefits of physical health and fitness	57.61% 227	32.74% 129	7.61% 30	2.03% 8	394
Causes of ill health, treatment and how to stay healthy	49.75% 196	38.58% 152	8.88% 35	2.79% 11	394
Knowledge of basic first aid	32.99% 130	31.98% 126	22.08% 87	12.94% 51	394
The importance of good quality sleep	53.30% 210	32.49% 128	9.90% 39	4.31% 17	394
Body changes as a result of puberty	55.58% 219	32.99% 130	8.38% 33	3.05% 12	394
Emotional changes as a result of puberty	49.75% 196	36.29% 143	8.88% 35	5.08% 20	394
				answered	394
				skipped	0

**40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?**

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to manage stress and anxiety	43.91% 173	32.99% 130	17.51% 69	5.58% 22	394
Recognising the signs of common mental health issues e.g., depression and anxiety	43.15% 170	36.55% 144	13.96% 55	6.35% 25	394
Common types of mental ill health	40.36% 159	40.86% 161	13.45% 53	5.33% 21	394
How to manage your finances e.g., budgeting	43.15% 170	30.46% 120	17.51% 69	8.88% 35	394
Online safety including the law and how to use the internet and social media responsibly	55.33% 218	35.53% 140	6.60% 26	2.54% 10	394
Understand harms on and offline including gambling, fake news, harassment, bullying, exploitation, sexual harassment	51.27% 202	33.76% 133	12.18% 48	2.79% 11	394
Sex education, including contraception and Sexually Transmitted Infections (STIs)	43.40% 171	37.82% 149	12.69% 50	6.09% 24	394
How to have good relationships, including consent	49.24% 194	38.83% 153	8.88% 35	3.05% 12	394
LBGTQI+	33.50% 132	35.03% 138	11.17% 44	20.30% 80	394
Learning to live in a diverse society e.g., challenging racism, sexism, misogyny etc.	52.79% 208	35.28% 139	7.11% 28	4.82% 19	394
The risks associated with crime, gangs and knives	55.08% 217	28.93% 114	10.15% 40	5.84% 23	394
				answered	394
				skipped	0

**41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?**

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to cope with changes in a relationship e.g., break-ups, death of a loved one	37.56% 148	34.52% 136	16.24% 64	11.68% 46	394
The legal status of different types of relationships	40.36% 159	39.09% 154	11.68% 46	8.88% 35	394



**41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?**

Skills including teamwork, active listening, negotiation, public speaking etc.	48.22% 190	35.53% 140	10.66% 42	5.58% 22	394
Fertility, pregnancy and choice	32.49% 128	42.39% 167	13.45% 53	11.68% 46	394
Pornography	26.14% 103	32.23% 127	12.69% 50	28.93% 114	394
Information on choices relating to jobs, careers, further and higher education	45.69% 180	38.32% 151	10.66% 42	5.33% 21	394
Protecting yourself from people or groups with views that are harmful to others i.e., radicalisation and extremism	42.13% 166	40.86% 161	10.66% 42	6.35% 25	394
Grooming and exploitation, including online.	43.15% 170	38.83% 153	8.12% 32	9.90% 39	394
				answered	394
				skipped	0

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	149
<p>good</p> <hr/> <p>nothing</p> <hr/> <p>Nope</p> <hr/> <p>Dunno</p> <hr/> <p>All good</p> <hr/> <p>No everything is good</p> <hr/> <p>??</p> <hr/> <p>more fun</p> <hr/> <p>More physical activity</p> <hr/> <p>It is fine at the moment</p> <hr/> <p>There is nothing I would like to improve</p> <hr/> <p>n/a</p> <hr/> <p>No</p> <hr/> <p>Finance</p> <hr/> <p>How to make friends/deal with anxiety better</p> <hr/> <p>None</p>			

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

I don't care It justhwelp

More about vapes and e-cigarettes

Don't know

t have no feedback to give

...more interaction in lessons

Not sure

I don't have any

More choices of the activities and more chances to work with your friends.

I don't know

i don't know

I have no feedback

ldk.

How to get stronger and to earn money

More activities

i think its quite good at the moment

Not any feedback :D

not getting involved into gang

health welben

ways mental health effects people ,

personal development, health and wellbeing

its fine how it is

Topics that i would like to be covered are taxes and more about sexual relationships.

pshe is marvin

do more about males as whenever we do things on puberty it is always about females

nothing

loosing famle members

maybe working on mental health and peoples situations

i cant name name them all

yes

Maybe how to resist racism as i am struggling with that at the moment

Education and what you can do with it with certain school achievements. how to cope with depression/mental health and self harm

more about how to manage finances when you have a sustainable job

Learn important key stuff that help in life

mental health

again i think mental health should be explored much more especcially in our year group

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

I would like to see more of topics such as anxiety and depression covered a bit more than they currently are.

---

what changes during puberty

---

everything now is fine

---

Mental health and how it can change someone's life

---

Money

---

I don't like to answer these type of questions.

---

how to stop bullying

---

I really like all of them

---

dunno

---

no

---

We're not allowed to be taught anything because our teacher is muslim

---

Please teach sex education separately as it can be uncomfortable for opposite gender

---

I would like to add the puberty and aid one pls

---

How to be safe in a gang or dangerous people.

---

i already answered this question C:

---

i think that we need to have more lesson on pshe over the two week time table and branch out on different topics in pshe

---

Teach more about puberty (changes), sex, gangs, self protection, etc.  
Do multiple lessons on this to allow students to get a common and complex understanding about the subjects.

---

Add a variety of lessons to allow students to get a complex understanding of the subjects being taught.  
E.g. sex, pornography ,puberty ,gangs and violence, etc.

---

It is good

---

I like that you are teaching us these things and I appreciate it.

---

N/A

---

I think the school has done very well

---

More fun and not so depressing and weird

---

we need to learn about managing money and buying properties for the future when we leave school because its one of the most crucial topics in pshe and we do not learn about it. my sister has left secondary school last year with little to no knowledge about managing money and so on. my parents will have to teach her

---

I think PSHE is really good

---

Nothing

---

Talk more about other things

---

i have really enjoyed learning about fitness and what it does to our bodies and what no to do to our bodies i think it was very useful

---

None

---

actual bullying things that have happened around school(no names involved) to see what the world is actually like instead of teachers making up scenarios

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Less surveys less questions

I think some of the topics we learn aren't really explained well and don't make too much sense

Less writing

Good i learn new things in daily life

Do more about bullying and about 5 year 10/11 coming into year 8 toilets and threatening people and kicking people and treating people well.

need more fun things

I think its very good

fortnite skibidi toilet

Yes

relate the lessons to the age group of the classes

to make it more based on us and what is going on at the time

More topics.

cant think of it

More lessons about online safety, as online safety is more important looking at the fact that technology is getting popular over time.

puberty and emotions we feel during puberty

Not much

just get rid of it

i would like more moden and interactive

First aid

None really

nothing

i would not add anything

first aid

a pro gamer fast\_gamer69

They talk about bad addictions which effect our mental health (already talked about drugs and grief)

to learn about financial decisons and services and jobs and how to actually make good money

i think we should acosiate the well being of the staff and studdents in the school as it is verry imprtant to be able to know what is going on and have a stronger relatoinship with students to get the full experiance we students deserve to enhance our learning abilities

I dont feel like we need to learn about relationships pornography or lgbtq

PORNOGRAPHY AND LGBTQ

Bills(eletricity water heating)taxes morgages

notjing

How dangerous smoking is

not

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

How to manage a bank account and how to get a job

Respect

more on lgbtq

idk what it means

pshe is as

pornogra[py

pornorgrapy

drg

NOTHING

i have nothing to say

bang

life situations

answered	149
----------	-----









skipped	245
---------	-----

## APPENDIX 4

### ‘How Are You?’

#### Swindon schools Year 8, girls (EMG)

2023/24

1. Which school do you attend?				
Answer Choices			Response Percent	Response Total
1	Abbey Park school		11.34%	11
2	Churchward		0.00%	0
3	Crowdy's Hill		0.00%	0
4	EOTAS		0.00%	0
5	Great Western Academy		19.59%	19
6	Highworth Warneford School		4.12%	4
7	Kingsdown School		0.00%	0
8	Lawn Manor Academy		0.00%	0
9	Lydiard Park Academy		19.59%	19
10	Nova Hreod Academy		9.28%	9
11	St Joseph's Catholic College		28.87%	28
12	St Lukes		0.00%	0
13	Swindon Academy		6.19%	6
14	The Commonweal School		0.00%	0
15	The Deanery CE Academy		1.03%	1
16	The Dorcan Academy		0.00%	0
17	The Ridgeway School and Sixth Form		0.00%	0
			answered	97
			skipped	0

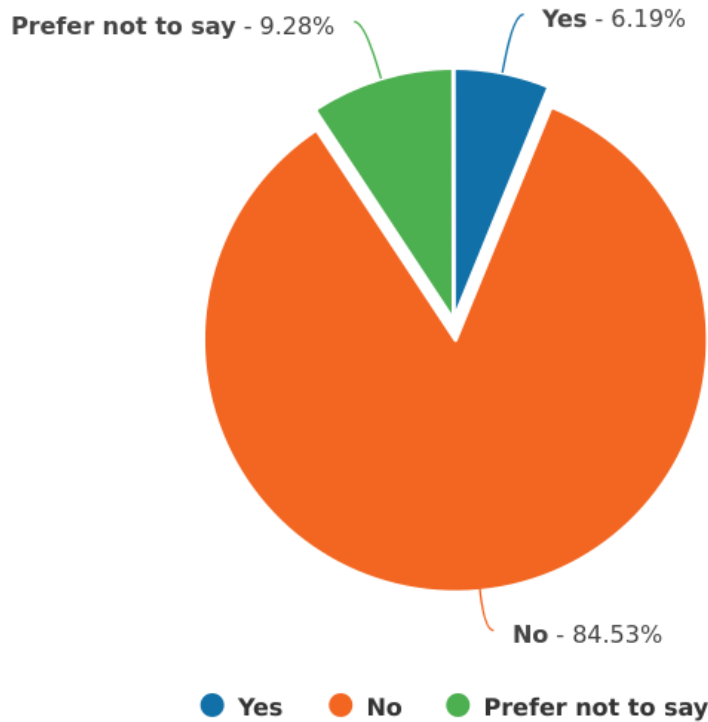
## 2. Are you?




Answer Choices		Response Percent	Response Total
1	Male	0.00%	0
2	Female	100.00%	97
3	Other/prefer not to say	0.00%	0
		answered	97
		skipped	0

## 3. What is your ethnicity?

Answer Choices		Response Percent	Response Total
1	Asian or Asian British (Indian Pakistani Bangladeshi Chinese Any other Asian background)	44.33%	43
2	Black, Black British, Caribbean or African (Caribbean African Any other Black, Black British, or Caribbean background)	24.74%	24
3	Mixed or multiple ethnic groups (White and Black Caribbean White and Black African White and Asian)	13.40%	13
4	White (English, Welsh, Scottish, Northern Irish or British Irish Gypsy or Irish Traveller Roma Any other White background)	0.00%	0
5	Other ethnic group (Arab, any other ethnic group)	17.53%	17
		answered	97
		skipped	0

**4. Do you identify as LGBTQI+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex) or another member of the LGBTQI+ community?**



Answer Choices			Response Percent	Response Total
1	Yes		6.19%	6
2	No		84.54%	82
3	Prefer not to say		9.28%	9
			answered	97
			skipped	0

**5. For each group below: How many do you think smoke cigarettes (tobacco)? Move the slider to the % that you think smoke. For example, do you think it's hardly any (1-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year smoke do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	6.24	0.00	100.00	17.23	97
Students in your year	18.30	0.00	100.00	24.93	97
				answered	97
				skipped	0



6. For each group below: How many do you think smoke e-cigarettes (vaping)? Move the slider to the % that you think vape. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year use e-cigarettes/vape do not move the slider.

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	10.41	0.00	100.00	21.83	97
Students in your year	33.87	0.00	100.00	27.83	97
				answered	97
				skipped	0

7. For each group below: How many do you think use cannabis (weed), this includes using THC in a vape? Move the slider to the % that you think use cannabis. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends use cannabis, do not move the slider

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.16	0.00	88.00	13.57	97
Students in your year	12.20	0.00	100.00	21.77	97
				answered	97
				skipped	0

8. For each group below: What percentage do you think drink alcohol once per month or more? Move the slider to the % that you think drink alcohol. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends drink alcohol do not use the slider

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	8.51	0.00	100.00	21.21	97
Students in your year	19.29	0.00	100.00	27.18	97
				answered	97
				skipped	0

**9. For each group below: How many do you think have sent an explicit photo of themselves to someone else e.g., in underwear or naked? Move the slider to the % that you think have done this. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends have sent an explicit photo of themselves, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	5.84	0.00	100.00	19.96	97
Students in your year	13.74	0.00	100.00	21.87	97
				answered	97
				skipped	0

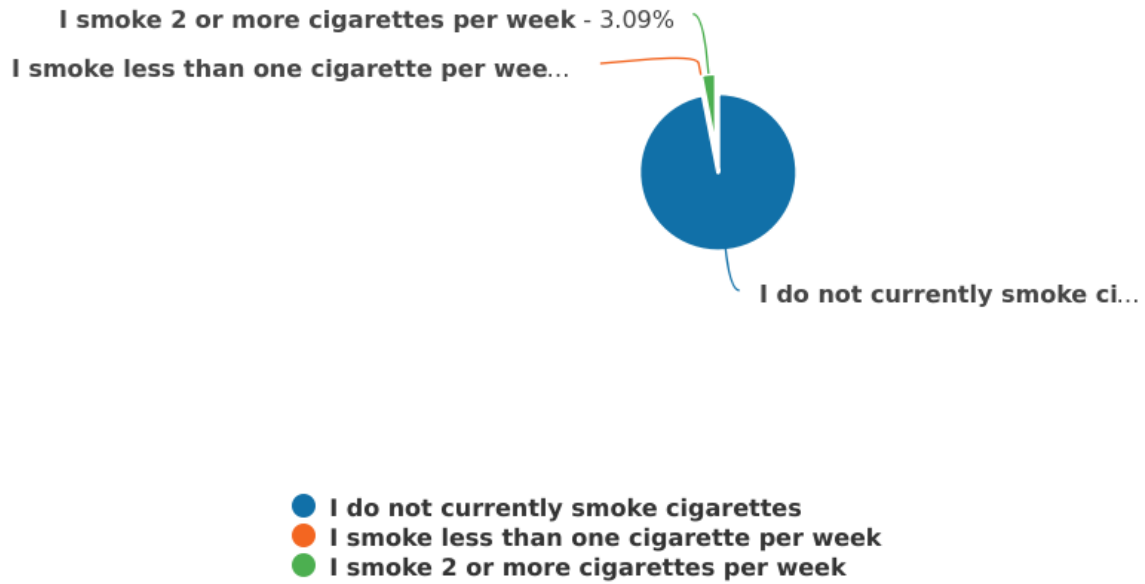
**10. For each group below: How many do you think choose to view online pornography? If you think none of your friends have viewed pornography do not move the slider**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	7.37	0.00	100.00	22.22	97
Students in your year	21.65	0.00	100.00	27.06	97
				answered	97
				skipped	0

**11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.52	0.00	100.00	16.16	97
Students in your year	11.53	0.00	100.00	20.25	97
				answered	97
				skipped	0

**12. Choose the statement that describes you:**



Answer Choices		Response Percent	Response Total
1	I do not currently smoke cigarettes	96.91%	94
2	I smoke less than one cigarette per week	0.00%	0
3	I smoke 2 or more cigarettes per week	3.09%	3
		answered	97
		skipped	0

**13. Choose the statement that describes you:**

I use an e-cigarette/vape more than 1 time per ...

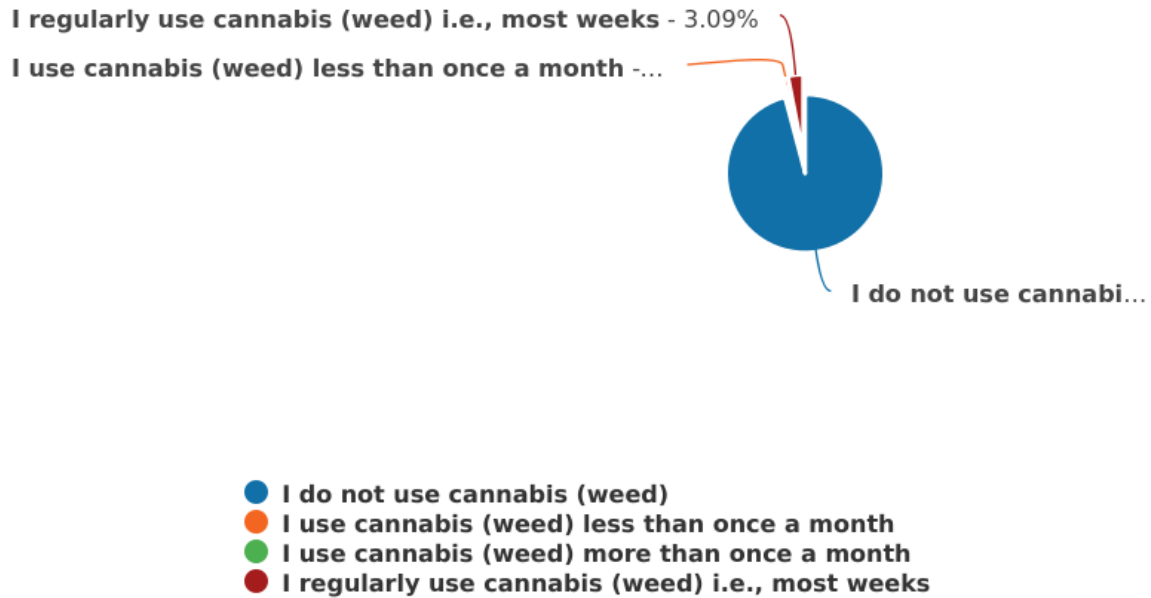
I use an e-cigarette/vape less than 1 tim...



- I do not currently use e-cigarettes or vape
- I use an e-cigarette/vape less than 1 time per week
- I use an e-cigarette/vape more than 1 time per week

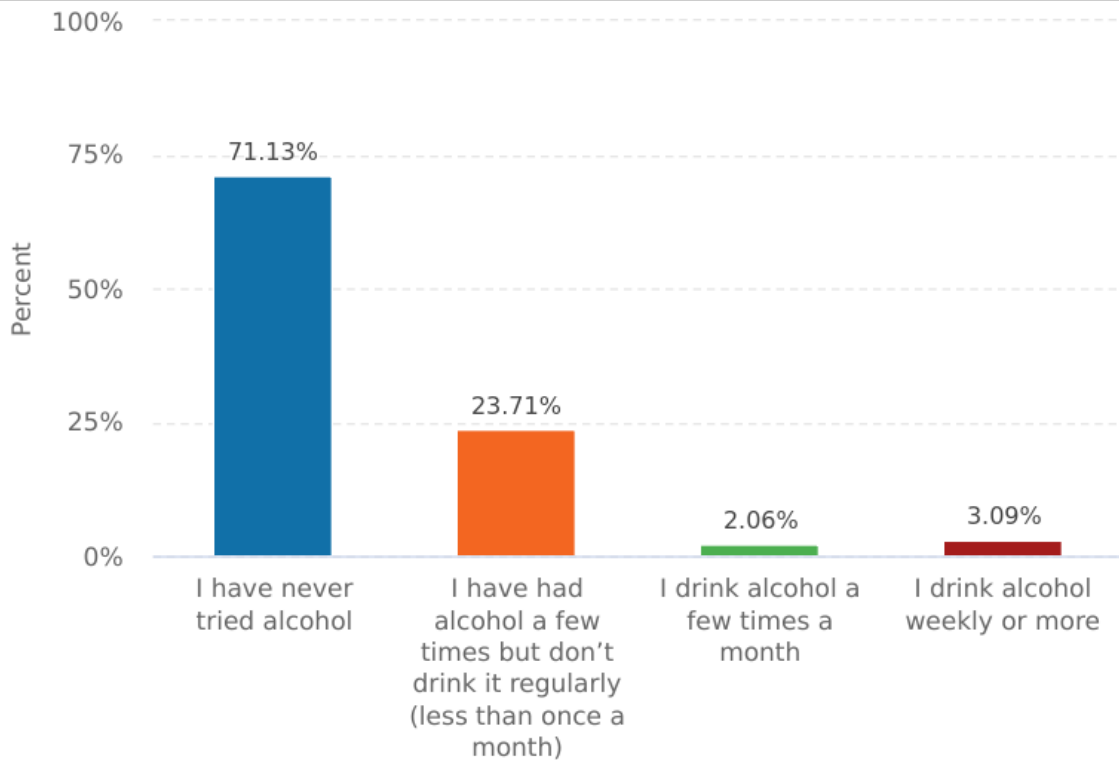
Answer Choices			Response Percent	Response Total
1	I do not currently use e-cigarettes or vape	<div style="width: 93.81%; height: 15px; background-color: blue;"></div>	93.81%	91
2	I use an e-cigarette/vape less than 1 time per week	<div style="width: 2.06%; height: 15px; background-color: orange;"></div>	2.06%	2
3	I use an e-cigarette/vape more than 1 time per week	<div style="width: 4.12%; height: 15px; background-color: green;"></div>	4.12%	4
			answered	97
			skipped	0





**14. Choose the statement that describes you:**









Answer Choices			Response Percent	Response Total
1	I do not use cannabis (weed)	<div style="width: 95.88%; height: 15px; background-color: blue;"></div>	95.88%	93
2	I use cannabis (weed) less than once a month	<div style="width: 1.03%; height: 15px; background-color: orange;"></div>	1.03%	1
3	I use cannabis (weed) more than once a month	<div style="width: 0.00%; height: 15px; background-color: green;"></div>	0.00%	0
4	I regularly use cannabis (weed) i.e., most weeks	<div style="width: 3.09%; height: 15px; background-color: red;"></div>	3.09%	3
			answered	97
			skipped	0

### 15. Choose the statement that describes you:

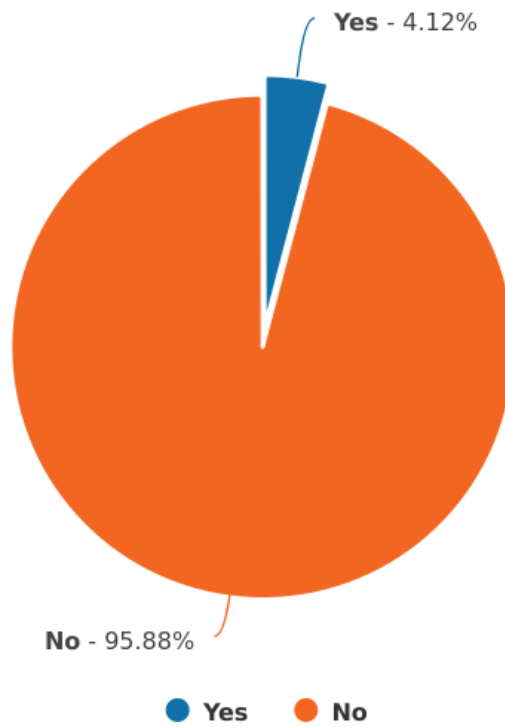


Answer Choices			Response Percent	Response Total
1	I have never tried alcohol		71.13%	69
2	I have had alcohol a few times but don't drink it regularly (less than once a month)		23.71%	23
3	I drink alcohol a few times a month		2.06%	2
4	I drink alcohol weekly or more		3.09%	3
			answered	97
			skipped	0

**16. How do you get alcohol? Please tick all that apply.**

Answer Choices			Response Percent	Response Total
1	Not applicable, I don't drink alcohol		75.26%	73
2	My parents give it to me		16.49%	16
3	I buy it myself		2.06%	2
4	Friends		4.12%	4
5	Older brothers/sisters		5.15%	5
6	Another adult (not parent/carer)		7.22%	7
			answered	97
			skipped	0

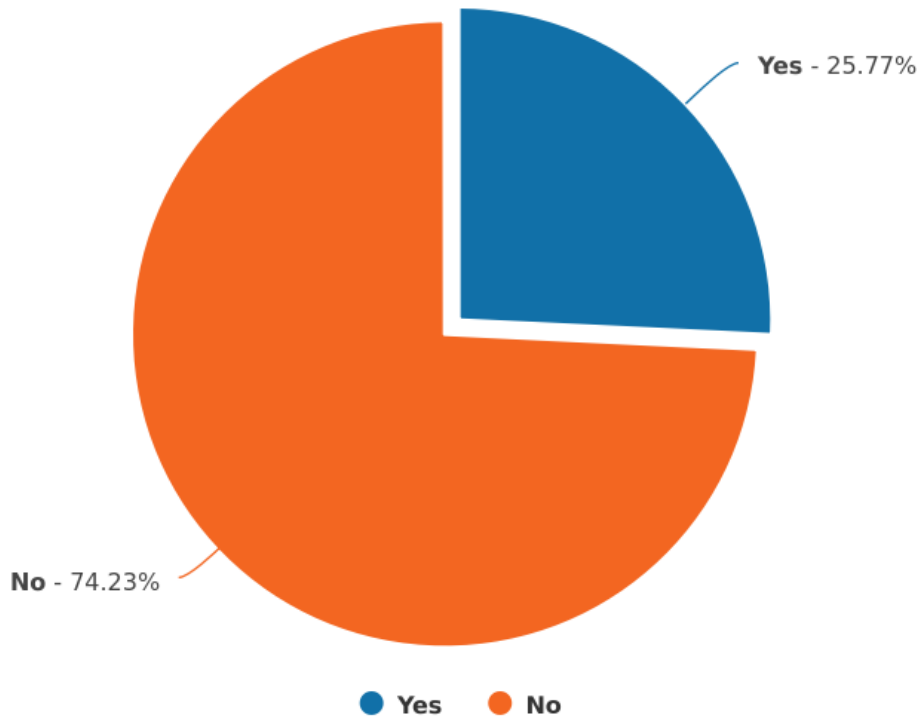
**17. Have you ever sent an explicit photo to someone, e.g., wearing only your underwear or naked?**



Answer Choices		Response Percent	Response Total
1	Yes	4.12%	4
2	No	95.88%	93
		answered	97
		skipped	0

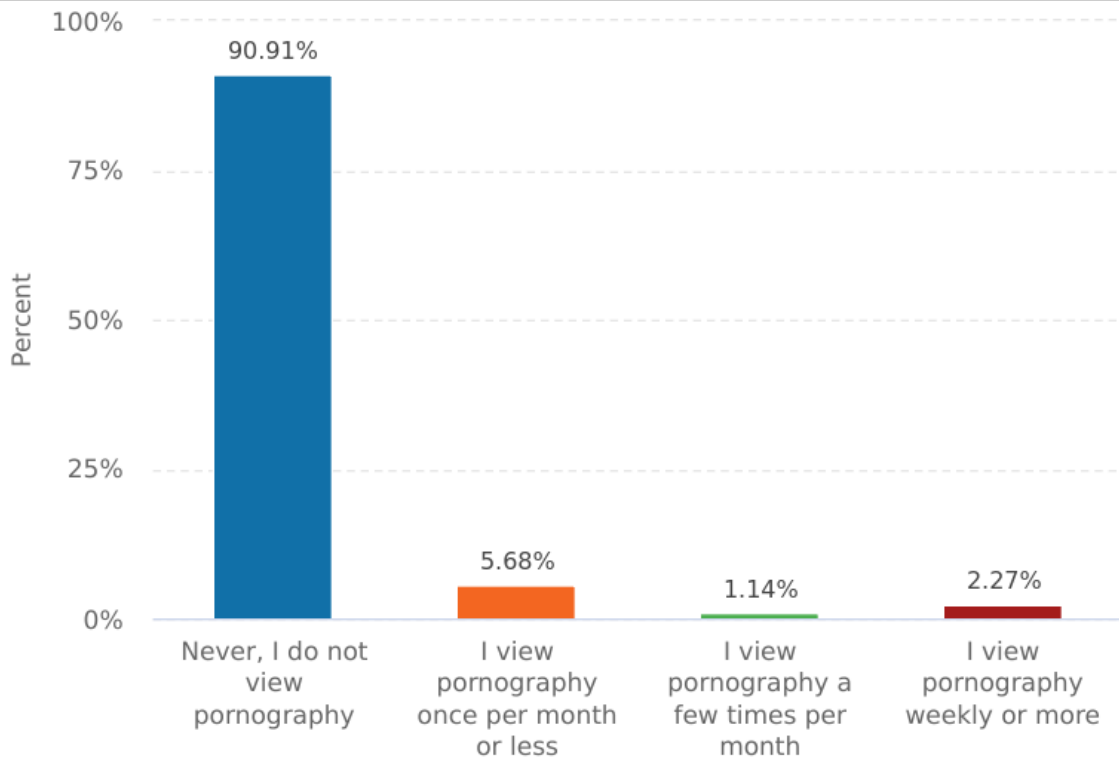






18. Have you ever been sent an explicit photo? e.g., someone in their underwear, partially naked or naked.



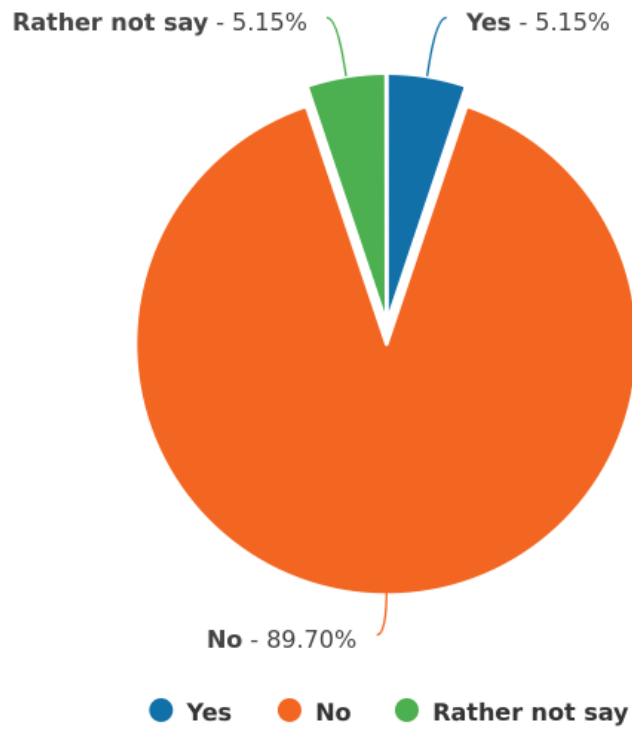
Answer Choices		Response Percent	Response Total
1	Yes	25.77%	25
2	No	74.23%	72
		answered	97
		skipped	0

**19. How often do you view pornography? (You can skip this question if you feel uncomfortable answering it.)**



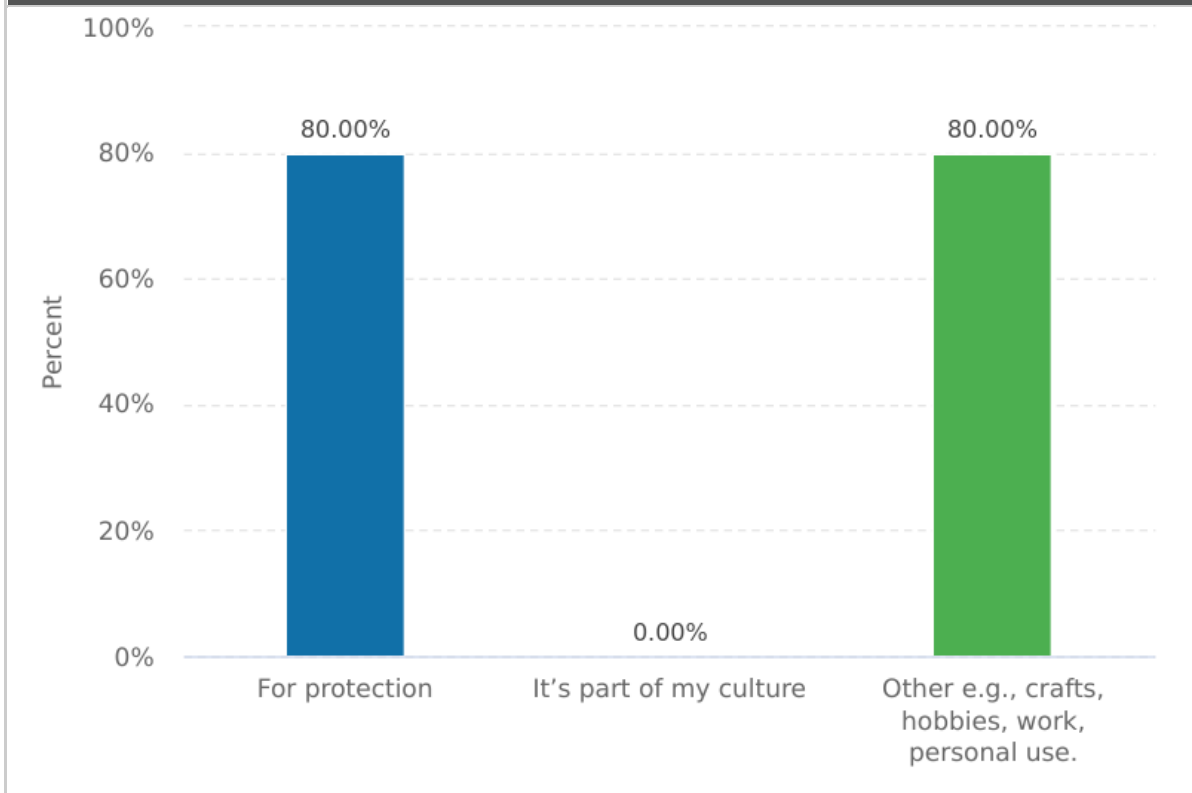
Answer Choices			Response Percent	Response Total
1	Never, I do not view pornography		90.91%	80
2	I view pornography once per month or less		5.68%	5
3	I view pornography a few times per month		1.14%	1
4	I view pornography weekly or more		2.27%	2
			answered	88
			skipped	9



**20. Do you carry a knife/ bladed implement/ tool?**



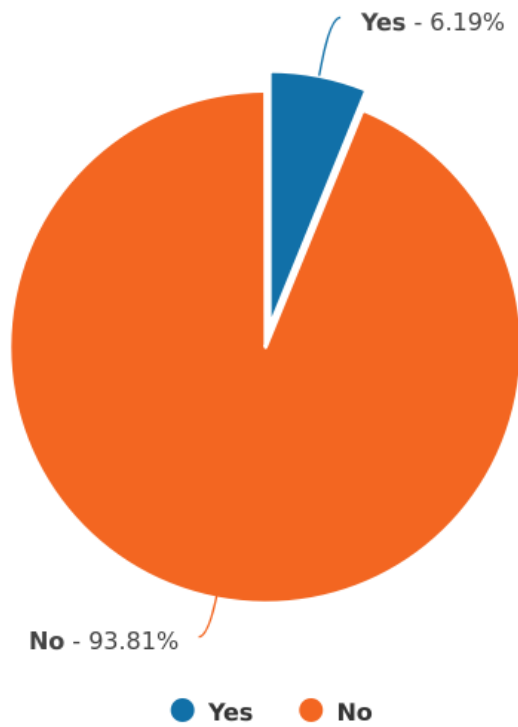
Answer Choices		Response Percent	Response Total
1	Yes	5.15%	5
2	No	89.69%	87
3	Rather not say	5.15%	5
		answered	97
		skipped	0

**21. Select the MAIN reason why you carry a knife/ bladed implement/ tool.**



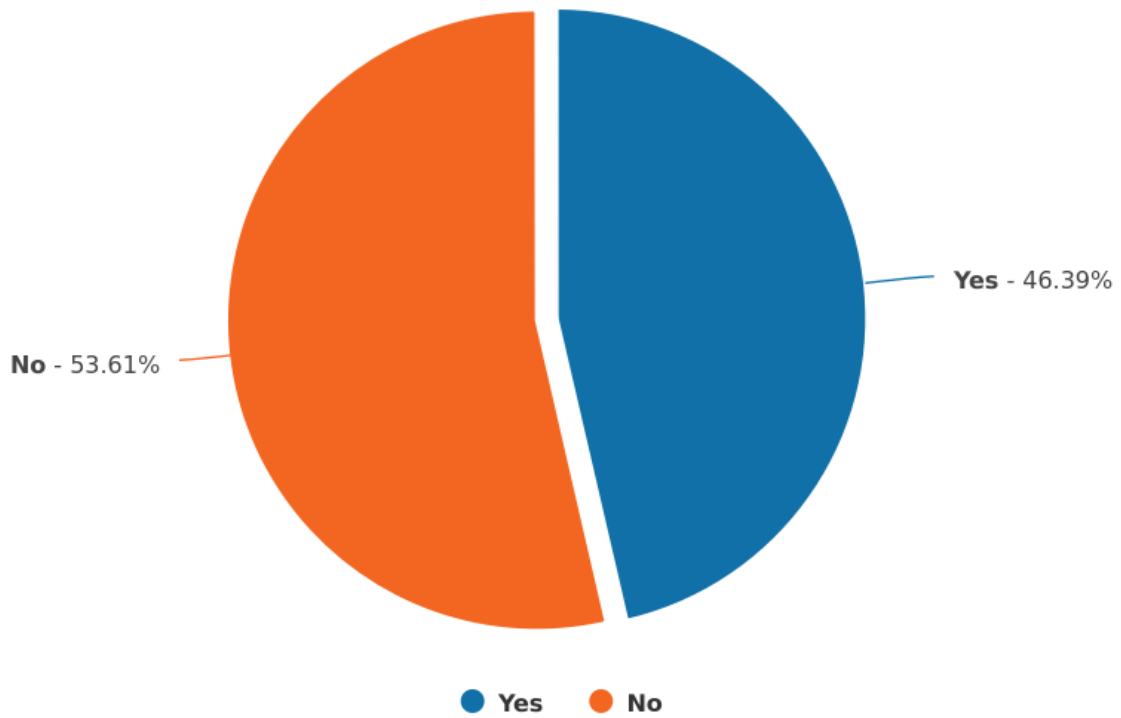
Answer Choices			Response Percent	Response Total
1	For protection		80.00%	4
2	It's part of my culture		0.00%	0
3	Other e.g., crafts, hobbies, work, personal use.		80.00%	4
			answered	5
			skipped	92

**22. Have you ever gambled without the permission of your parents/carers?**



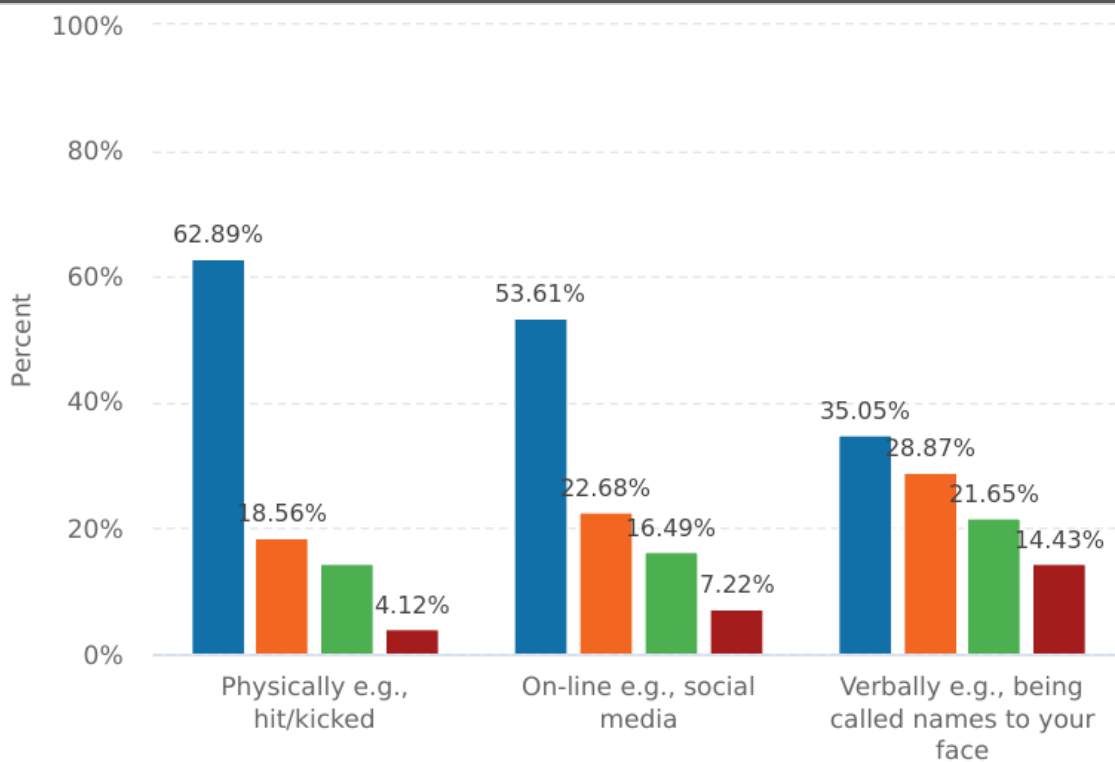
Answer Choices		Response Percent	Response Total
1	Yes	6.19%	6
2	No	93.81%	91
		answered	97
		skipped	0

23. Do you feel mostly happy or ok about the way you look?



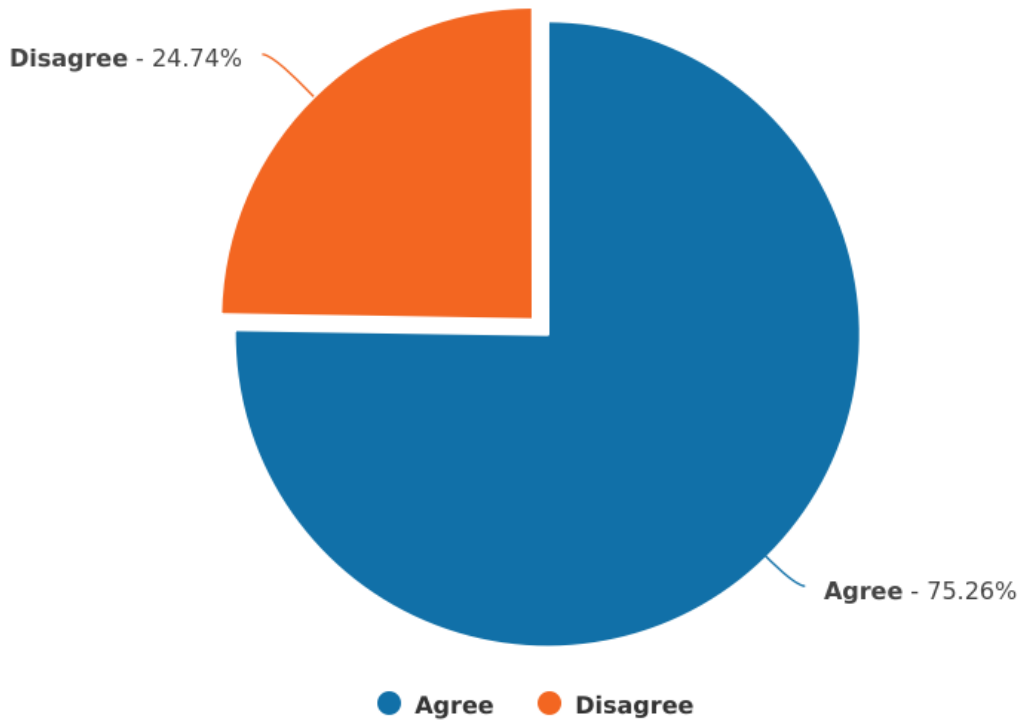
Answer Choices		Response Percent	Response Total
1	Yes	46.39%	45
2	No	53.61%	52
		answered	97
		skipped	0

## 24. Have you ever been bullied at secondary school?



Answer Choices	Never	Rarely	Sometime s	Often	Response Total
Physically e.g., hit/kicked	62.89% 61	18.56% 18	14.43% 14	4.12% 4	97
On-line e.g., social media	53.61% 52	22.68% 22	16.49% 16	7.22% 7	97
Verbally e.g., being called names to your face	35.05% 34	28.87% 28	21.65% 21	14.43% 14	97
				answered	97
				skipped	0

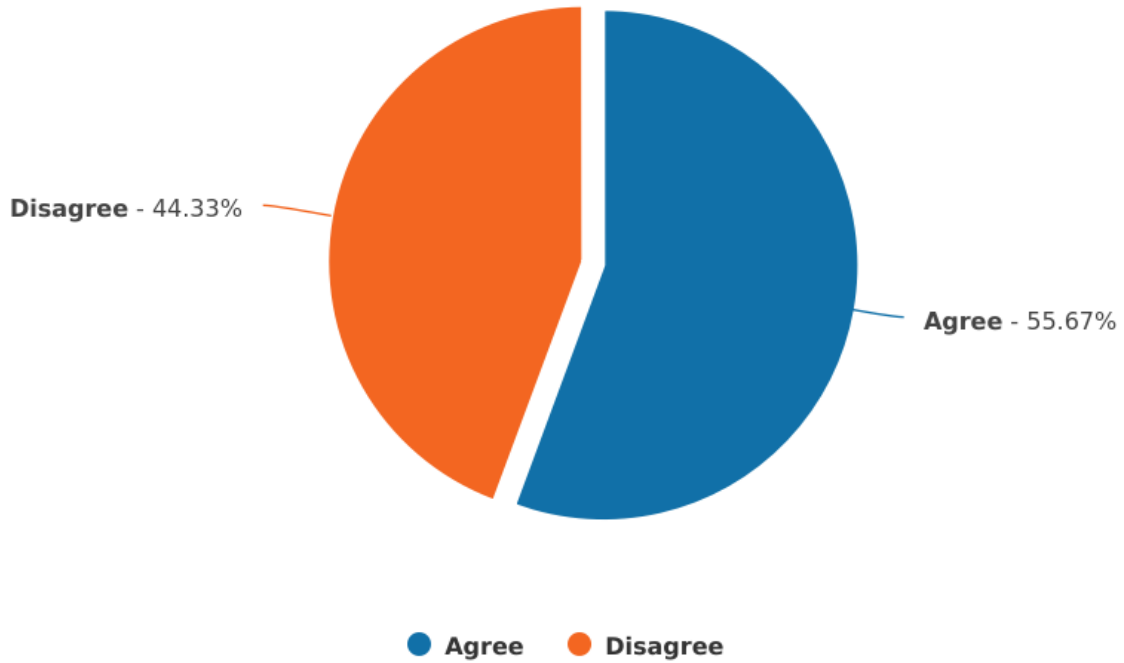
**25. I know how and where to report bullying in school.**



Answer Choices		Response Percent	Response Total
1	Agree	75.26%	73
2	Disagree	24.74%	24
		answered	97
		skipped	0

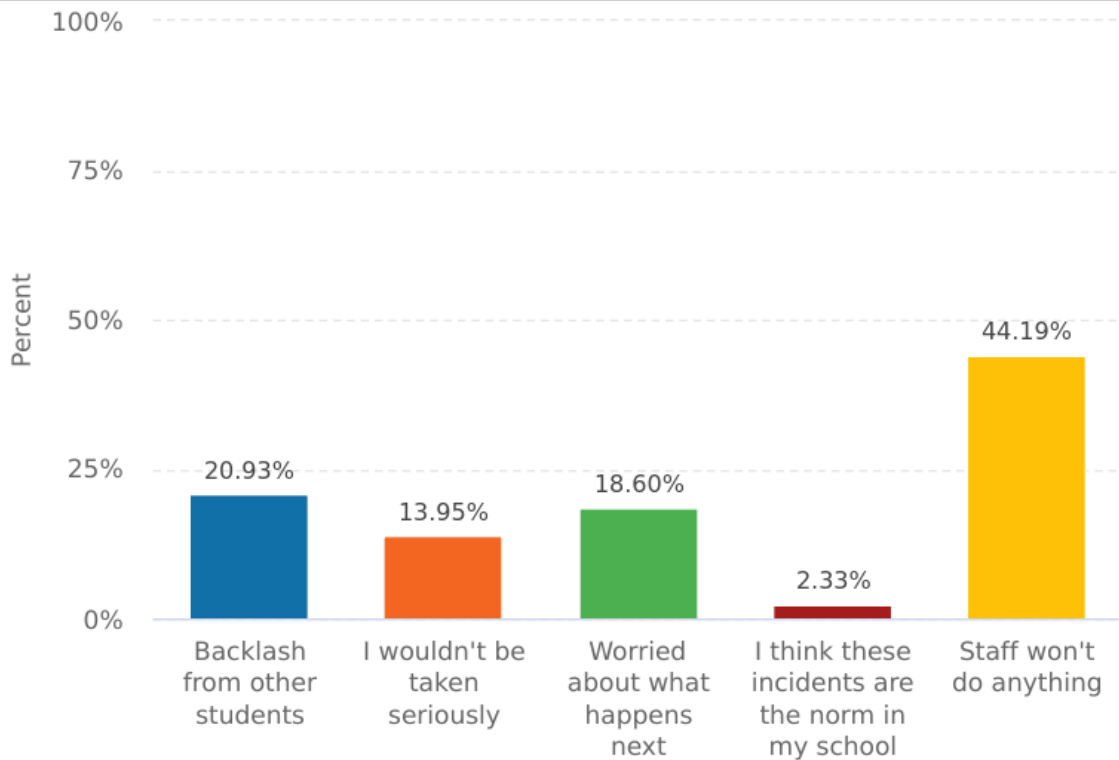







26. I feel confident to report incidents that affect my personal safety (i.e., anything or anyone that makes me feel unsafe).



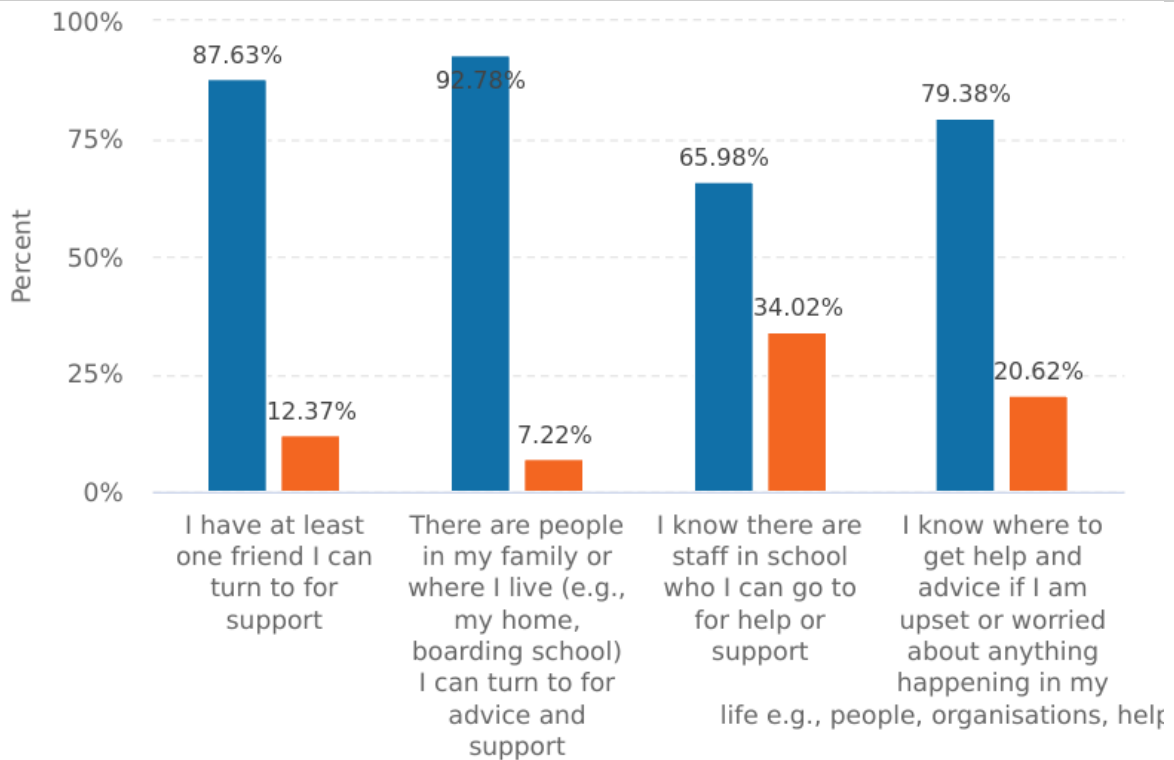
Answer Choices		Response Percent	Response Total
1	Agree	55.67%	54
2	Disagree	44.33%	43
		answered	97
		skipped	0

**27. The main reason I do not feel confident to report incidents that affect my personal safety is: (choose the one reason that is most relevant to you).**



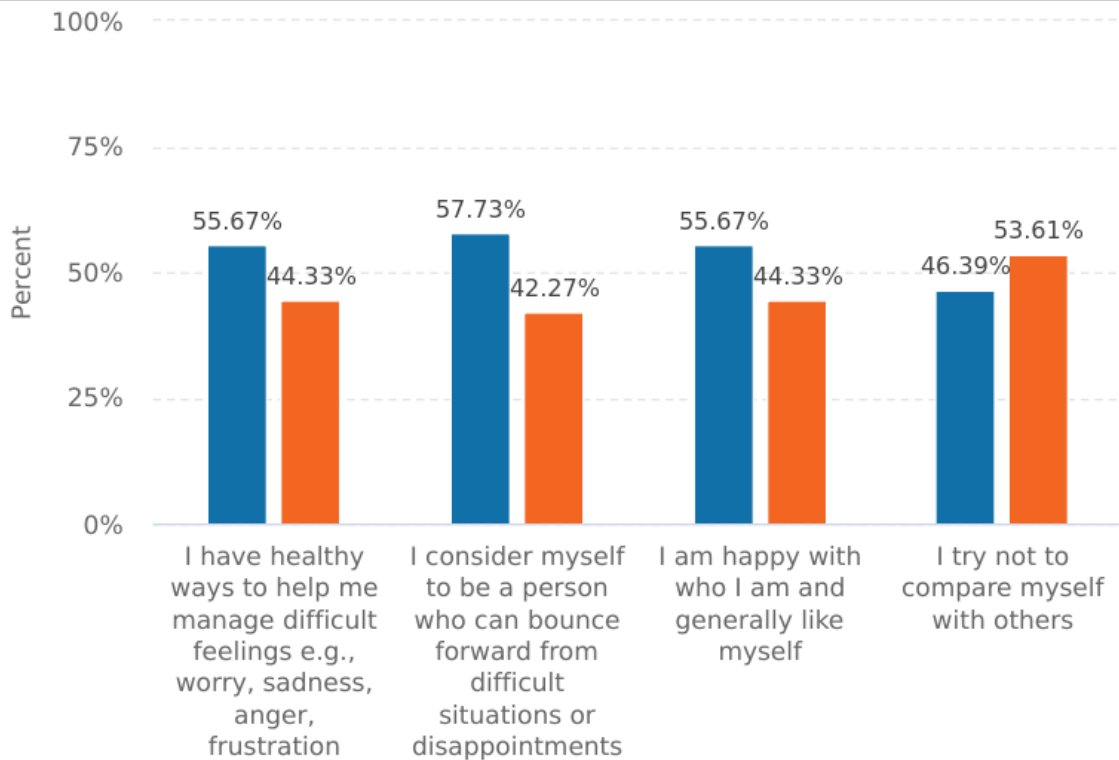
Answer Choices			Response Percent	Response Total
1	Backlash from other students		20.93%	9
2	I wouldn't be taken seriously		13.95%	6
3	Worried about what happens next		18.60%	8
4	I think these incidents are the norm in my school		2.33%	1
5	Staff won't do anything		44.19%	19
			answered	43
			skipped	54

### 28. Do you agree or disagree with these statements?:



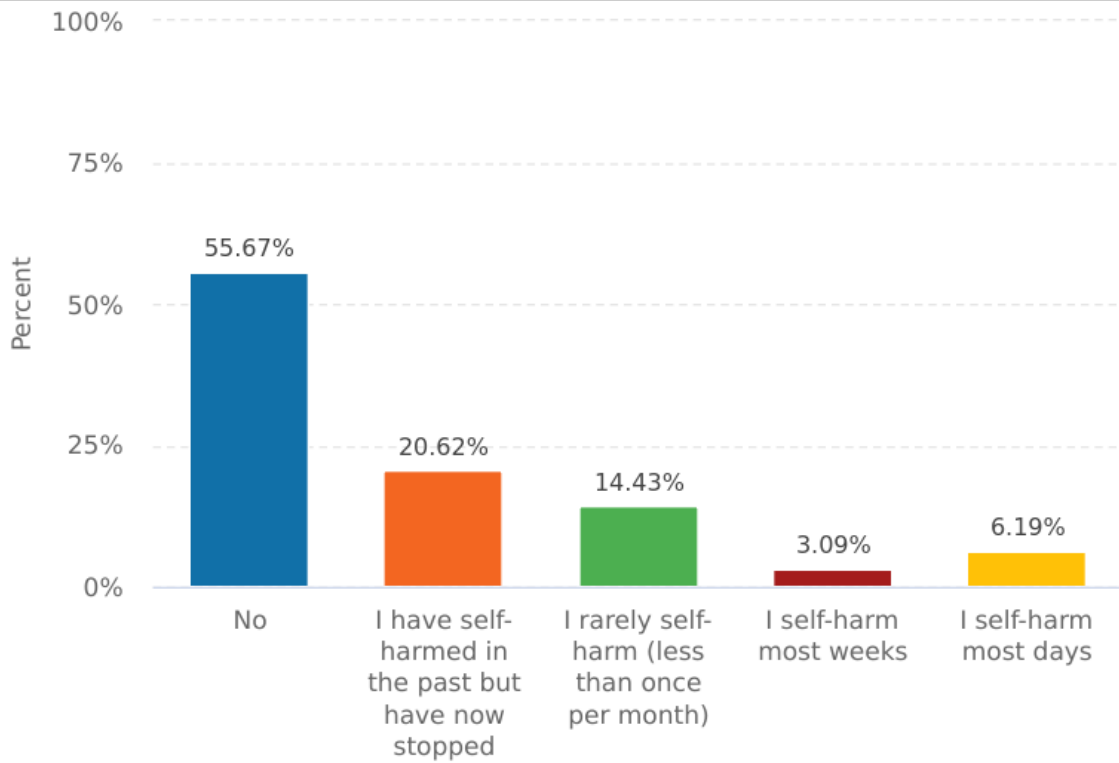
Answer Choices	Agree	Disagree	Response Total
I have at least one friend I can turn to for support	87.63% 85	12.37% 12	97
There are people in my family or where I live (e.g., my home, boarding school) I can turn to for advice and support	92.78% 90	7.22% 7	97
I know there are staff in school who I can go to for help or support	65.98% 64	34.02% 33	97
I know where to get help and advice if I am upset or worried about anything happening in my life e.g., people, organisations, helplines etc.	79.38% 77	20.62% 20	97
		answered	97
		skipped	0






### 29. Do you agree or disagree with these statements:



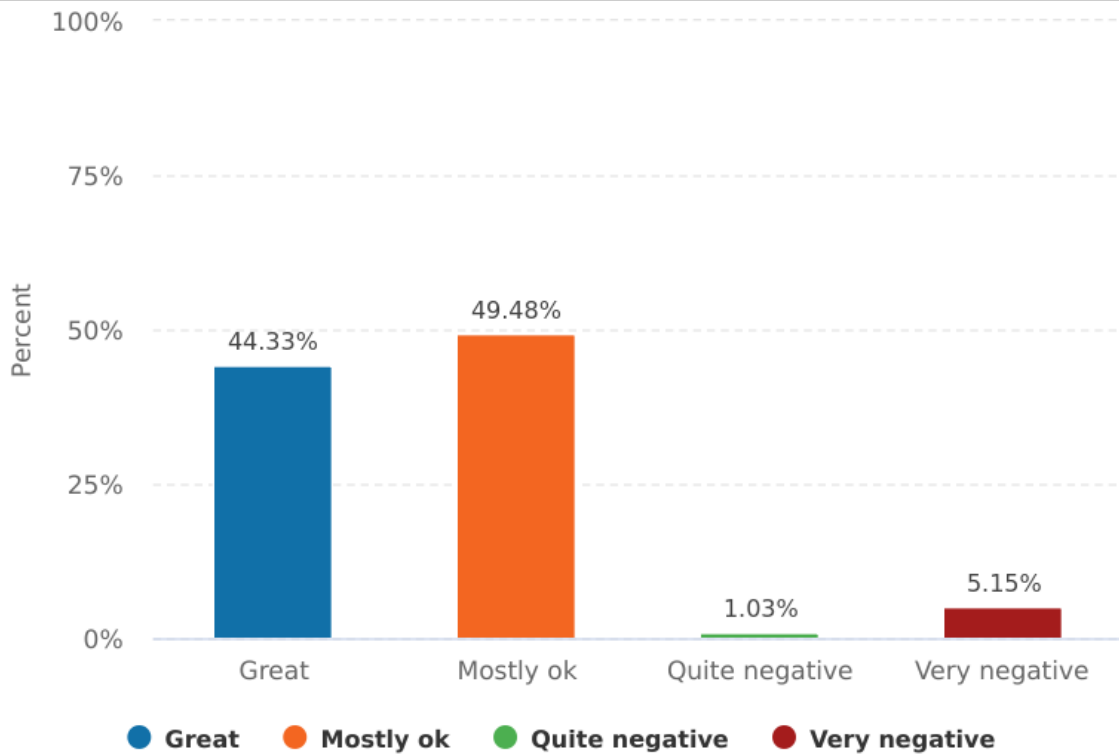
Answer Choices	Agree	Disagree	Response Total
I have healthy ways to help me manage difficult feelings e.g., worry, sadness, anger, frustration	55.67% 54	44.33% 43	97
I consider myself to be a person who can bounce forward from difficult situations or disappointments	57.73% 56	42.27% 41	97
I am happy with who I am and generally like myself	55.67% 54	44.33% 43	97
I try not to compare myself with others	46.39% 45	53.61% 52	97
			answered
			skipped
			97
			0

**30. Have you ever deliberately harmed yourself? e.g., scratching, cutting, burning. Select the answer that most closely reflects what you are doing now.**



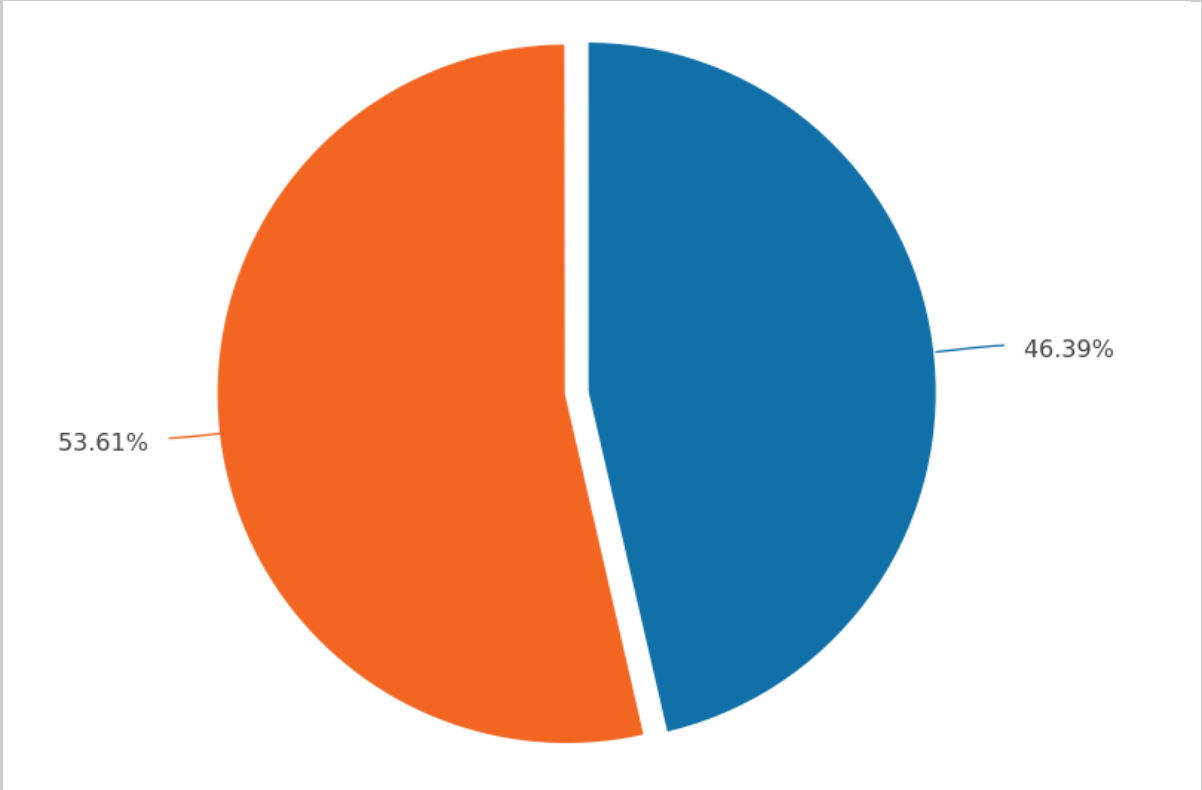
Answer Choices			Response Percent	Response Total
1	No		55.67%	54
2	I have self-harmed in the past but have now stopped		20.62%	20
3	I rarely self-harm (less than once per month)		14.43%	14
4	I self-harm most weeks		3.09%	3
5	I self-harm most days		6.19%	6
			answered	97
			skipped	0

### 31. How would you describe your relationship with social media?



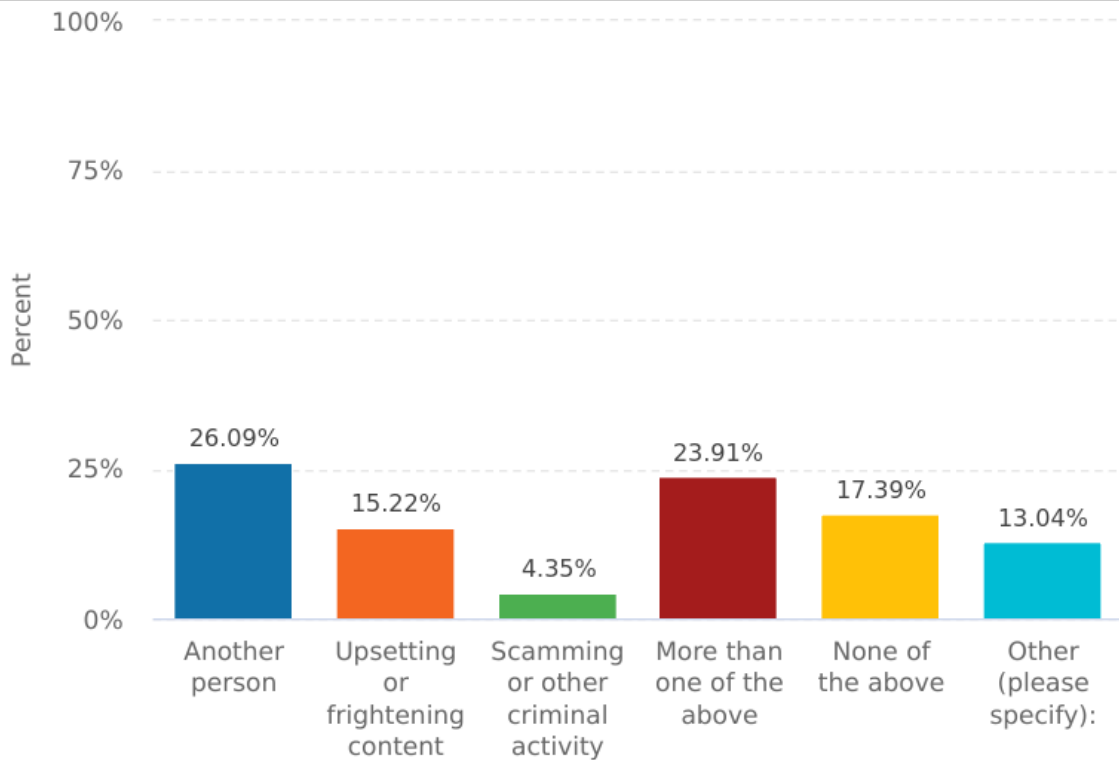
Answer Choices		Response Percent	Response Total
1	Great	44.33%	43
2	Mostly ok	49.48%	48
3	Quite negative	1.03%	1
4	Very negative	5.15%	5
		answered	97
		skipped	0







**32. Have you experienced anything on social media that has made you feel anxious, worried, or scared?**



Answer Choices		Response Percent	Response Total
1	Yes	46.39%	45
2	No	53.61%	52
		answered	97
		skipped	0

**33. Select the statement below that is most relevant to you. i.e., what has mainly made you feel anxious, worried, or scared on social media?**



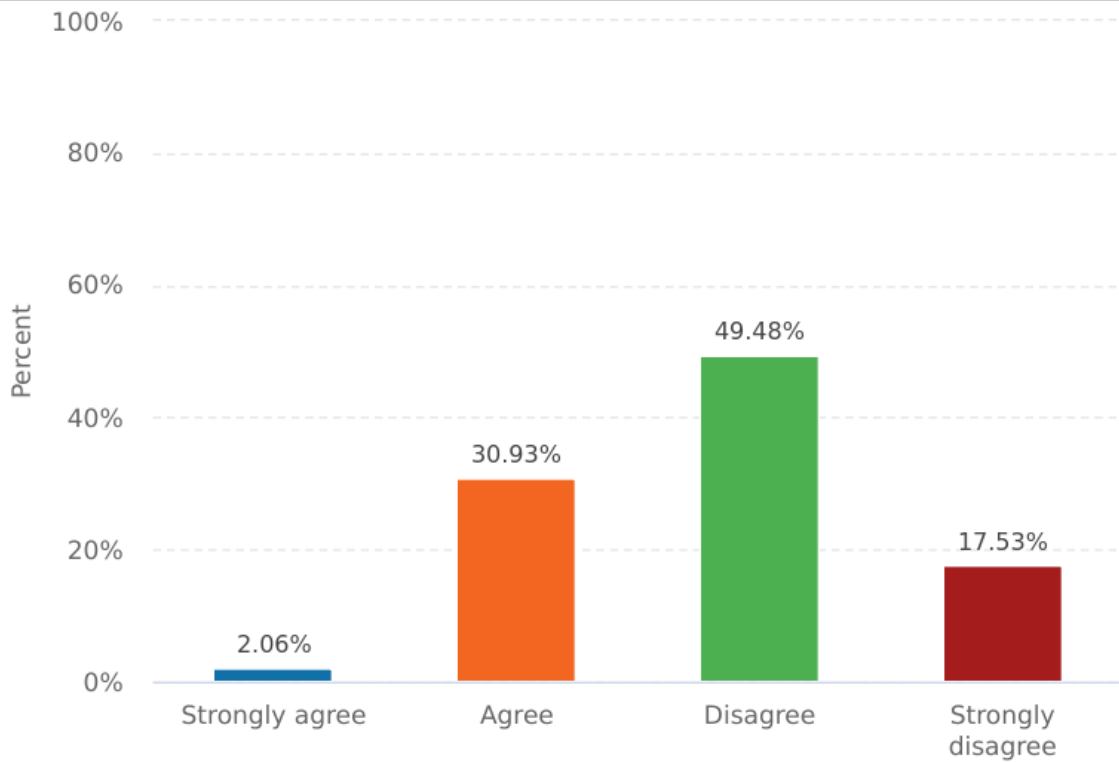
Answer Choices			Response Percent	Response Total
1	Another person		26.09%	12
2	Upsetting or frightening content		15.22%	7
3	Scamming or other criminal activity		4.35%	2
4	More than one of the above		23.91%	11
5	None of the above		17.39%	8
6	Other (please specify):		13.04%	6
			answered	46
			skipped	51





Other (please specify): (6)



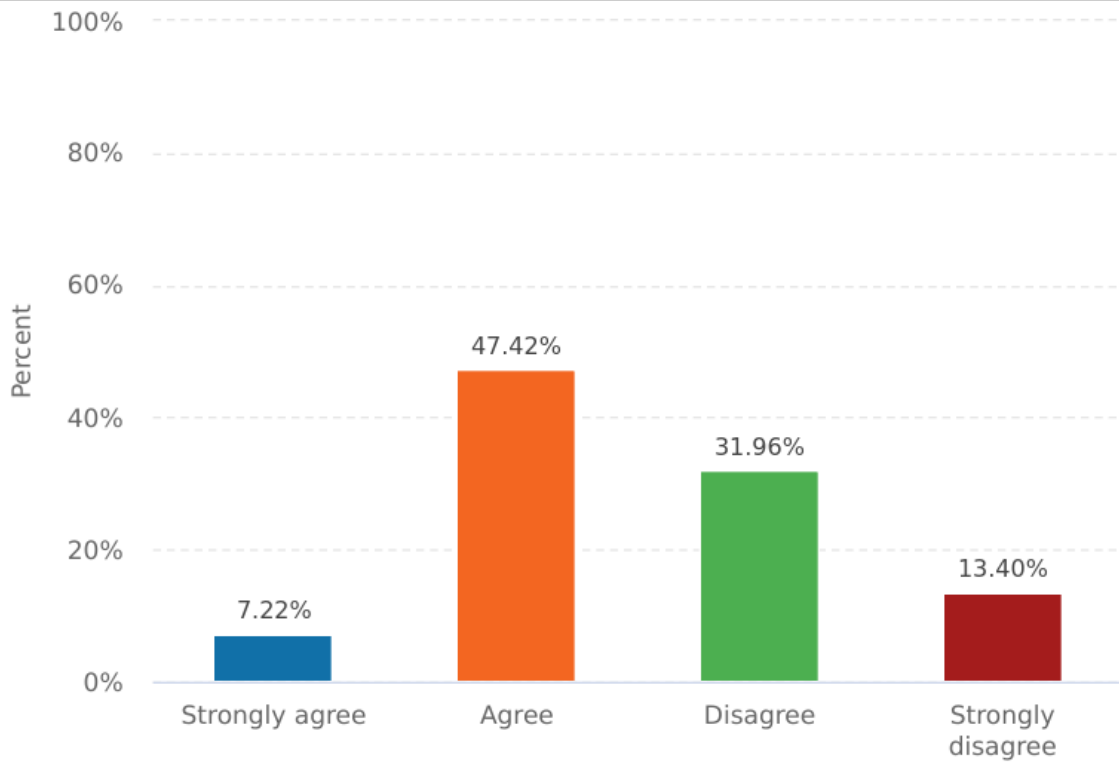
1	23/11/2023 11:20 AM ID: 232278115	war ,virus and scary urban legends
2	05/01/2024 19:31 PM ID: 234845602	That people don't like me and my friends will leave me
3	08/01/2024 22:30 PM ID: 234991899	i reather not
4	10/01/2024 09:29 AM ID: 235079540	seeing we have school
5	11/01/2024 11:09 AM ID: 235176536	people getting my ip but they really cant do any about it now a days
6	18/01/2024 11:46 AM ID: 235697578	chicken





### 34. Students in my school/college treat each other with respect



Answer Choices			Response Percent	Response Total
1	Strongly agree		2.06%	2
2	Agree		30.93%	30
3	Disagree		49.48%	48
4	Strongly disagree		17.53%	17
			answered	97
			skipped	0





### 35. Staff in my school/college are good role models.



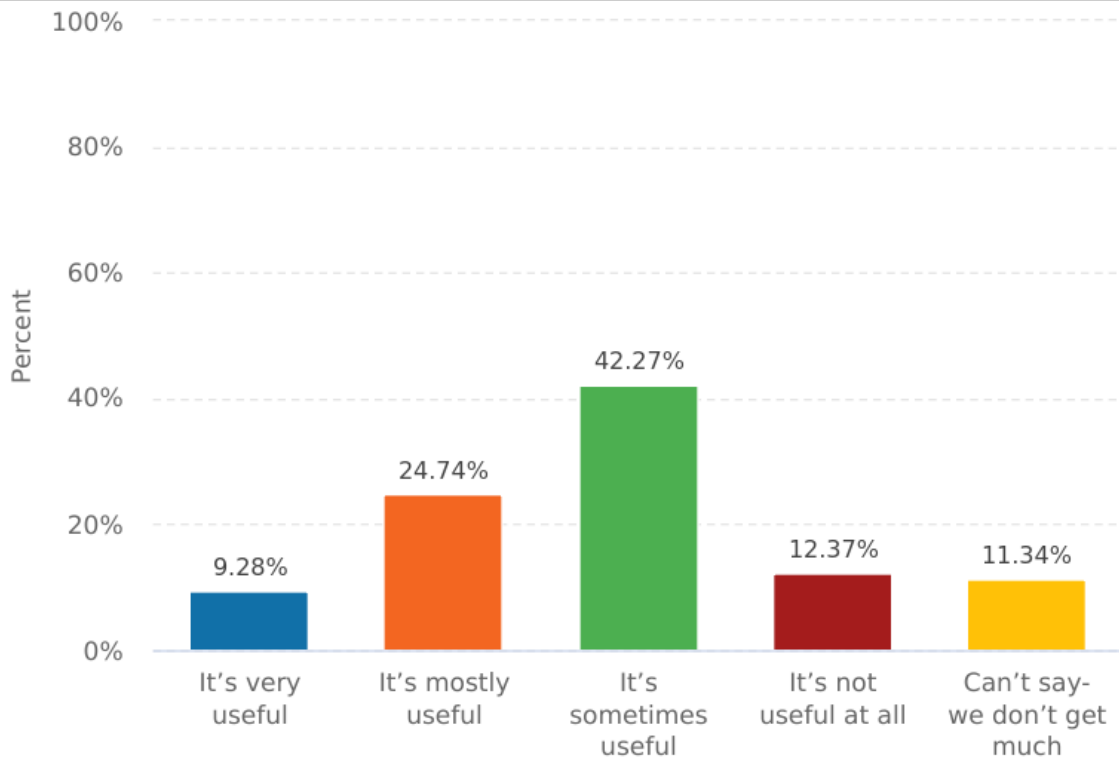
Answer Choices			Response Percent	Response Total
1	Strongly agree		7.22%	7
2	Agree		47.42%	46
3	Disagree		31.96%	31
4	Strongly disagree		13.40%	13
			answered	97
			skipped	0






**36. There is a culture of mutual respect in my school/college between students and staff. i.e., students treat staff with respect and vice versa.**

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Answer Choices			Response Percent	Response Total
1	Strongly agree		11.34%	11
2	Agree		39.18%	38
3	Disagree		38.14%	37
4	Strongly disagree		11.34%	11
			answered	97
			skipped	0

### 37. How useful do you find the PSHE/ Health and Wellbeing / Personal Development / Social and Global lessons you have in school?



Answer Choices			Response Percent	Response Total
1	It's very useful		9.28%	9
2	It's mostly useful		24.74%	24
3	It's sometimes useful		42.27%	41
4	It's not useful at all		12.37%	12
5	Can't say- we don't get much		11.34%	11
			answered	97
			skipped	0

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	67
more interesting topics			
N/A			
idk			

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

maybe more financial, culinary, taxes, how to invest, time management, more career advice lessons

Learning about teenagers now

actually tell us things

Talk about self harm and things like emotional dysregulation/depression. And more on sexualities and that its ok to love who you want because many students are homophobic and or disgusted by the thought of it

I don't know

Learning about more stuff that is relevant to people in our age group.

i don't know

no BULLying and racism

htu54yuuy4e5yurtut5u5tu5y

explain things more

Try to be more supportive with students suffering with serious things like self harm and mental health. And unless very serious keep it confidential

not sure

,i suggesst learning about life and how to control it

For the teachers to let you talk to them in private.

learning about bullying and situations in life but i like pshe and i dont think it is a bad subject

to not just say 'report to a teacher' because sometimes you feel like u cant

i dont really know but more support

idk

I don't have any suggestions

i dont know.

Better teachers that are not nosy and misunderstand you

Learn useful stuff for life because nobody wants to learn about the positives and negatives about social media.

more about mental health, racism, discrimination

Try to get better reference points

Not showing us dangers but instead how to deal with them.

Learn more about things that can help in the future

Instead of just watching videos do practicals

Put bullying topic it is the really common topic but im seeing too much TOO much bullying around this souless school.

Making the lessons more relatable

have workshops more often

TO HAVE A BETTER TEACHER WHO CAN TAKE GOOD CARE OF STTUDENTS

make it more enjoying instead of making it te dark side of purbety

.

**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

DONT LIKE LEARNING ABOUT GAY STUFF

Think before anything or a meditation lesson so if people are insecure to tell what's happening in their lives they can help us meditate

I wish we can learn about uncomfortable things

The teachers need to work better because they don't teach it properly

have teachers that actually care and have nicer teachers we can trust

we should learn about the bad habits that kids develop and this age and how will your life be affected for it and if school is too hard to bear all the time [negatively impacts you] and how to cope with that.

learn more about what people do in this generation instead of the past

To make it less boring and so something fun like matching words to statements

Let it be less boring

Not sure

It's mostly fine

I don't know they are all. Very good

I hate PSHE bc I don't like the tutor I'm with so it makes everything in that room pointless and waste of my time

like not learning about LGBTQ+ stuff because it makes me feel uncomfortable

I don't know

That we are encouraged to write down more

NICE TEACHERS

I don't know

no sexual subjects

not sure

you

I don't know

let us use our phones let us have a 5 min break in between lessons have an assigned person who we feel comfortable talking to

Actually do something about a certain situation.

I'm not sure really but we can improve the way we are told life will be in the future and what to expect.

i don't know

let more people notice the lesson

i would change the fact how we learn about things that is relatable to other people it might make you feel like a sad angry upset wanting to leave school or something like that

Make the activities funner

Talk more about protection.

answered	67
skipped	30

**39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?**

Answer Choices	Good	OK	Could be better	Poor/non-existent	Response Total
Information on drugs, alcohol, tobacco and e-cigarettes/vaping	41.24% 40	39.18% 38	14.43% 14	5.15% 5	97
Benefits and dangers of prescription drugs	36.08% 35	42.27% 41	16.49% 16	5.15% 5	97
The link between physical and mental health	32.99% 32	37.11% 36	19.59% 19	10.31% 10	97
The benefits of physical health and fitness	40.21% 39	40.21% 39	12.37% 12	7.22% 7	97
Causes of ill health, treatment and how to stay healthy	30.93% 30	43.30% 42	18.56% 18	7.22% 7	97
Knowledge of basic first aid	23.71% 23	36.08% 35	24.74% 24	15.46% 15	97
The importance of good quality sleep	34.02% 33	40.21% 39	18.56% 18	7.22% 7	97
Body changes as a result of puberty	46.39% 45	37.11% 36	10.31% 10	6.19% 6	97
Emotional changes as a result of puberty	35.05% 34	32.99% 32	20.62% 20	11.34% 11	97
				answered	97
				skipped	0

**40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?**

Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to manage stress and anxiety	20.62% 20	31.96% 31	29.90% 29	17.53% 17	97
Recognising the signs of common mental health issues e.g., depression and anxiety	19.59% 19	30.93% 30	23.71% 23	25.77% 25	97
Common types of mental ill health	23.71% 23	38.14% 37	20.62% 20	17.53% 17	97
How to manage your finances e.g., budgeting	23.71% 23	35.05% 34	26.80% 26	14.43% 14	97
Online safety including the law and how to use the internet and social media responsibly	43.30% 42	32.99% 32	16.49% 16	7.22% 7	97
Understand harms on and offline including gambling, fake news,	35.05% 34	34.02% 33	23.71% 23	7.22% 7	97



40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?					
harassment, bullying, exploitation, sexual harassment					
Sex education, including contraception and Sexually Transmitted Infections (STIs)	26.80% 26	42.27% 41	20.62% 20	10.31% 10	97
How to have good relationships, including consent	31.96% 31	36.08% 35	20.62% 20	11.34% 11	97
LBGTQI+	24.74% 24	31.96% 31	11.34% 11	31.96% 31	97
Learning to live in a diverse society e.g., challenging racism, sexism, misogyny etc.	31.96% 31	29.90% 29	26.80% 26	11.34% 11	97
The risks associated with crime, gangs and knives	28.87% 28	38.14% 37	19.59% 19	13.40% 13	97
				answered	97
				skipped	0

41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?					
Answer Choices	Good	Ok	Could be better	Poor/non-existent	Response Total
How to cope with changes in a relationship e.g., break-ups, death of a loved one	25.77% 25	30.93% 30	19.59% 19	23.71% 23	97
The legal status of different types of relationships	25.77% 25	38.14% 37	17.53% 17	18.56% 18	97
Skills including teamwork, active listening, negotiation, public speaking etc.	39.18% 38	32.99% 32	21.65% 21	6.19% 6	97
Fertility, pregnancy and choice	18.56% 18	37.11% 36	22.68% 22	21.65% 21	97
Pornography	17.53% 17	29.90% 29	21.65% 21	30.93% 30	97
Information on choices relating to jobs, careers, further and higher education	36.08% 35	37.11% 36	20.62% 20	6.19% 6	97
Protecting yourself from people or groups with views that are harmful to others i.e., radicalisation and extremism	31.96% 31	32.99% 32	21.65% 21	13.40% 13	97
Grooming and exploitation, including online.	27.84% 27	41.24% 40	18.56% 18	12.37% 12	97
				answered	97
				skipped	0

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	53
<p>N/A</p> <hr/> <p>no homophobic</p> <hr/> <p>Please don't have more sex education, I don't think everyone enjoys it</p> <hr/> <p>I don't know</p> <hr/> <p>Talk to us about depression and causes for self harm</p> <hr/> <p>Talk about self harm Emotional dysregulation LGBTQIA+ Depression Why some people aren't confident</p> <hr/> <p>Online bullying</p> <hr/> <p>i don't know</p> <hr/> <p>things going on in the world and racism and deaths etc</p> <hr/> <p>setyehrdthfth</p> <hr/> <p>no</p> <hr/> <p>Things like self harm, mental health issues, pornography and sexual harassment and bullying</p> <hr/> <p>not sure</p> <hr/> <p>how to deal with life mistakes</p> <hr/> <p>im not sure</p> <hr/> <p>To learn about how to cope with mental health issues, for yourself and for family and friends.</p> <hr/> <p>i don't think pshe needs anything else i do really like some subjects in it</p> <hr/> <p>How to manage anxiety</p> <hr/> <p>im not sure.</p> <hr/> <p>idk</p> <hr/> <p>explaining in detail about the topic</p> <hr/> <p>?</p> <hr/> <p>Business and finance</p> <hr/> <p>Mental health.</p> <hr/> <p>We should be more inclusive to different point of view</p> <hr/> <p>Bullying the most bullies just won't learn it's like they are blind. And more ways to cure mental health issues, what to solve boredom</p> <hr/> <p>More relatable lessons</p>			

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

ITS VERY VERY POOR

teachers are being rude to students with dispreads

less gay stuff more normal some people dont realise that we dint all like thay gays and that we rather stay old fashoion with the gender stuff (there are only 2 genders..)

HI

pshe need to improve a lot

needs to improve with teachers behaviour teaches always abuse there power of being able to give sanctions

how to deal with death and how to to get you to explore all aspects of life because all the people i know,as they had a tiring day of school they go on social media to give them endless hours of eg. tiktok and lets time pass.then they do that the next day.

ok

Cover a topic of stereotyped communitys e.g stereotypes of the LGBTQ community

I don't knkw

STOP LEWRI NG ABOUT GAY STUFF

I don't really have any

Racisim

How to cope with ur mental health alone

Nothing

i have no feedback

nothing

I don't know

make more lessons about mental health and our self esteem

I'm not sure.

i dont know

Health and wellbeing

racism

noo

Mental health











They are all really good

answered	53
skipped	44

## APPENDIX 5

### ‘How Are You?’





#### Swindon schools Year 8 boys (EMG) 2023/24

1. Which school do you attend?				
Answer Choices			Response Percent	Response Total
1	Abbey Park school		15.19%	12
2	Churchward		1.27%	1
3	Crowdy's Hill		0.00%	0
4	EOTAS		1.27%	1
5	Great Western Academy		20.25%	16
6	Highworth Warneford School		2.53%	2
7	Kingsdown School		0.00%	0
8	Lawn Manor Academy		0.00%	0
9	Lydiard Park Academy		15.19%	12
10	Nova Hreod Academy		20.25%	16
11	St Joseph's Catholic College		13.92%	11
12	St Lukes		0.00%	0
13	Swindon Academy		6.33%	5
14	The Commonweal School		0.00%	0
15	The Deanery CE Academy		3.80%	3
16	The Dorcan Academy		0.00%	0
17	The Ridgeway School and Sixth Form		0.00%	0
			answered	79
			skipped	0




## 2. Are you?

Answer Choices		Response Percent	Response Total
1	Male		100.00% 79
2	Female		0.00% 0
3	Other/prefer not to say		0.00% 0
		answered	79
		skipped	0

## 3. What is your ethnicity?

Answer Choices		Response Percent	Response Total
1	Asian or Asian British (Indian Pakistani Bangladeshi Chinese Any other Asian background)		41.77% 33
2	Black, Black British, Caribbean or African (Caribbean African Any other Black, Black British, or Caribbean background)		18.99% 15
3	Mixed or multiple ethnic groups (White and Black Caribbean White and Black African White and Asian)		18.99% 15
4	White (English, Welsh, Scottish, Northern Irish or British Irish Gypsy or Irish Traveller Roma Any other White background)		0.00% 0
5	Other ethnic group (Arab, any other ethnic group)		20.25% 16
		answered	79
		skipped	0

**4. Do you identify as LGBTQI+ (Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex) or another member of the LGBTQI+ community?**

Answer Choices			Response Percent	Response Total
1	Yes		1.27%	1
2	No		94.94%	75
3	Prefer not to say		3.80%	3
			answered	79
			skipped	0

**5. For each group below: How many do you think smoke cigarettes (tobacco)? Move the slider to the % that you think smoke. For example, do you think it's hardly any (1-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year smoke do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	4.86	0.00	100.00	17.72	79
Students in your year	9.76	0.00	100.00	20.20	79
				answered	79
				skipped	0

**6. For each group below: How many do you think smoke e-cigarettes (vaping)? Move the slider to the % that you think vape. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends or students in your year use e-cigarettes/vape do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	7.94	0.00	100.00	21.14	79
Students in your year	24.35	0.00	100.00	29.55	79
				answered	79
				skipped	0

7. For each group below: How many do you think use cannabis (weed), this includes using THC in a vape? Move the slider to the % that you think use cannabis. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends use cannabis, do not move the slider

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	3.46	0.00	100.00	16.03	79
Students in your year	6.14	0.00	100.00	19.08	79
				answered	79
				skipped	0

8. For each group below: What percentage do you think drink alcohol once per month or more? Move the slider to the % that you think drink alcohol. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends drink alcohol do not use the slider

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	6.65	0.00	100.00	18.49	79
Students in your year	12.27	0.00	100.00	22.96	79
				answered	79
				skipped	0

9. For each group below: How many do you think have sent an explicit photo of themselves to someone else e.g., in underwear or naked? Move the slider to the % that you think have done this. For example, do you think it's hardly any (0-5%), around half (50%), or nearly everyone (close to 100%)? If you think none of your friends have sent an explicit photo of themselves, do not move the slider.

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	5.49	0.00	100.00	19.30	79
Students in your year	11.85	0.00	100.00	24.59	79
				answered	79
				skipped	0

**10. For each group below: How many do you think choose to view online pornography? If you think none of your friends have viewed pornography do not move the slider**

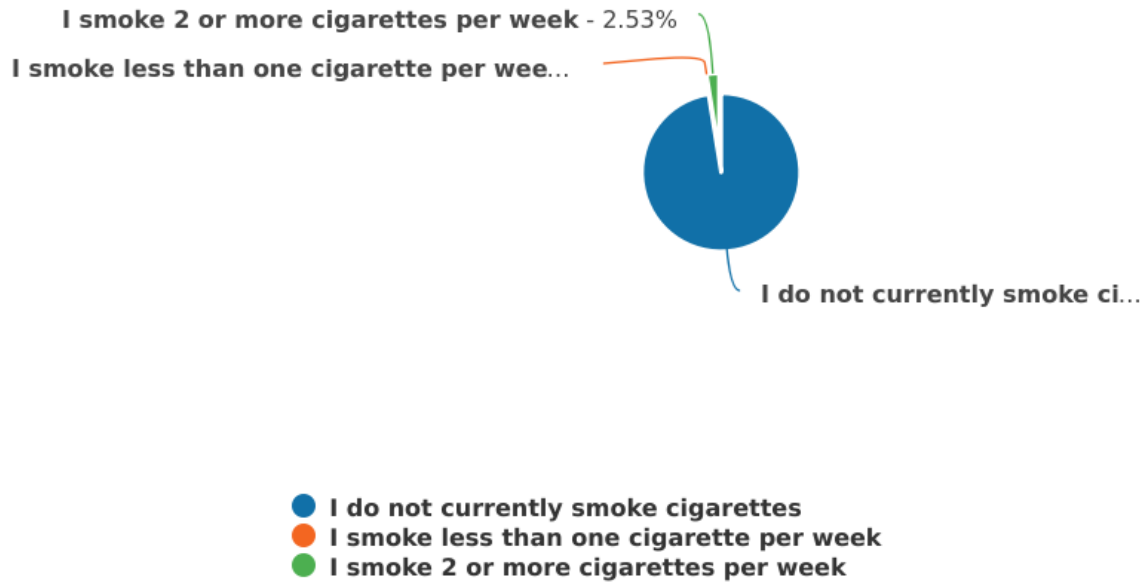
Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	9.35	0.00	100.00	24.65	79
Students in your year	15.54	0.00	100.00	26.11	79
				answered	79
				skipped	0

**11. For each group below: How many do you think carry a knife, bladed implement, or other tool that can be used as a weapon? If you think none of your friends carry a knife/weapon, do not move the slider.**

Item	Average	Min	Max	Std. Deviation	Total Responses
Close friends in your year	6.94	0.00	100.00	20.69	79
Students in your year	11.19	0.00	100.00	23.46	79
				answered	79
				skipped	0



**12. Choose the statement that describes you:**



Answer Choices		Response Percent	Response Total
1	I do not currently smoke cigarettes	97.47%	77
2	I smoke less than one cigarette per week	0.00%	0
3	I smoke 2 or more cigarettes per week	2.53%	2
		answered	79
		skipped	0

**13. Choose the statement that describes you:**

I use an e-cigarette/vape more than 1 time per ...

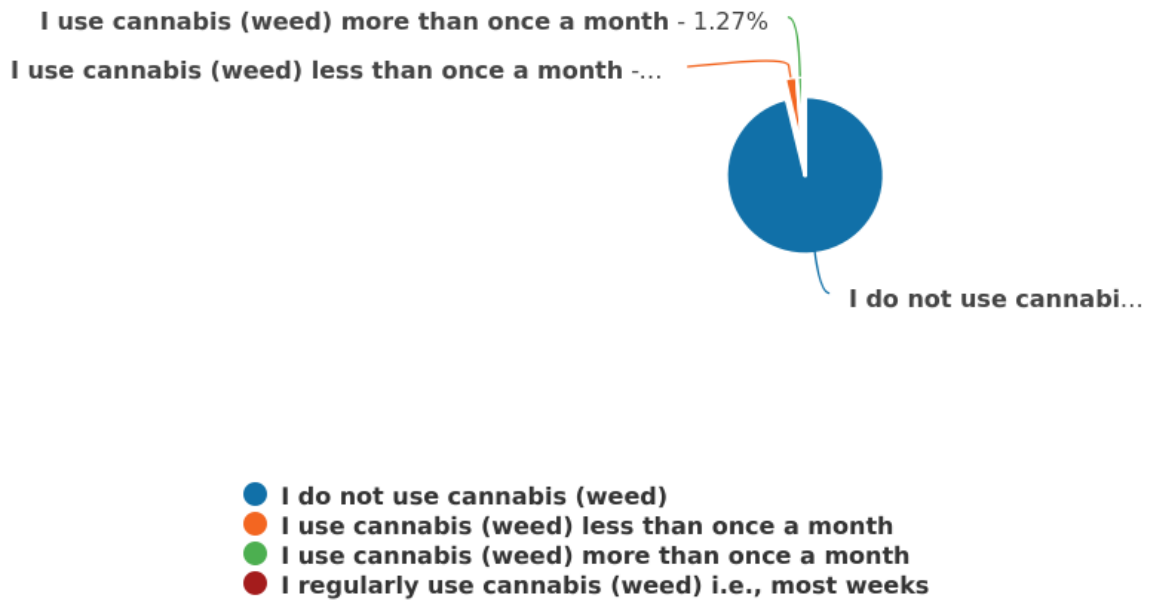
I use an e-cigarette/vape less than 1 time...



- I do not currently use e-cigarettes or vape
- I use an e-cigarette/vape less than 1 time per week
- I use an e-cigarette/vape more than 1 time per week

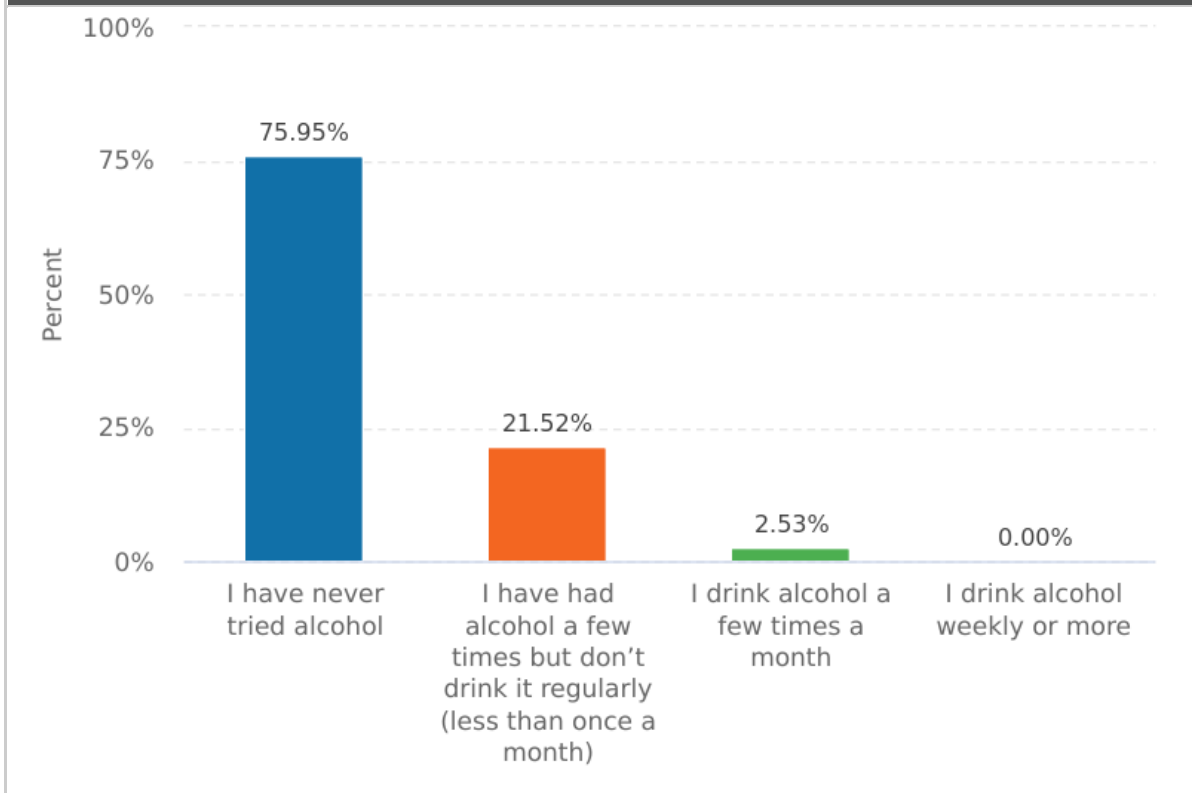
Answer Choices			Response Percent	Response Total
1	I do not currently use e-cigarettes or vape	<div style="width: 96.20%; height: 15px; background-color: blue;"></div>	96.20%	76
2	I use an e-cigarette/vape less than 1 time per week	<div style="width: 1.27%; height: 15px; background-color: orange;"></div>	1.27%	1
3	I use an e-cigarette/vape more than 1 time per week	<div style="width: 2.53%; height: 15px; background-color: green;"></div>	2.53%	2
			answered	79
			skipped	0

**14. Choose the statement that describes you:**



Answer Choices			Response Percent	Response Total
1	I do not use cannabis (weed)	<div style="width: 96.20%; height: 15px; background-color: blue;"></div>	96.20%	76
2	I use cannabis (weed) less than once a month	<div style="width: 2.53%; height: 15px; background-color: orange;"></div>	2.53%	2
3	I use cannabis (weed) more than once a month	<div style="width: 1.27%; height: 15px; background-color: green;"></div>	1.27%	1
4	I regularly use cannabis (weed) i.e., most weeks	<div style="width: 0.00%; height: 15px; background-color: red;"></div>	0.00%	0
			answered	79
			skipped	0

### 15. Choose the statement that describes you:







Answer Choices		Response Percent	Response Total
1	I have never tried alcohol	75.95%	60
2	I have had alcohol a few times but don't drink it regularly (less than once a month)	21.52%	17
3	I drink alcohol a few times a month	2.53%	2
4	I drink alcohol weekly or more	0.00%	0
		answered	79
		skipped	0

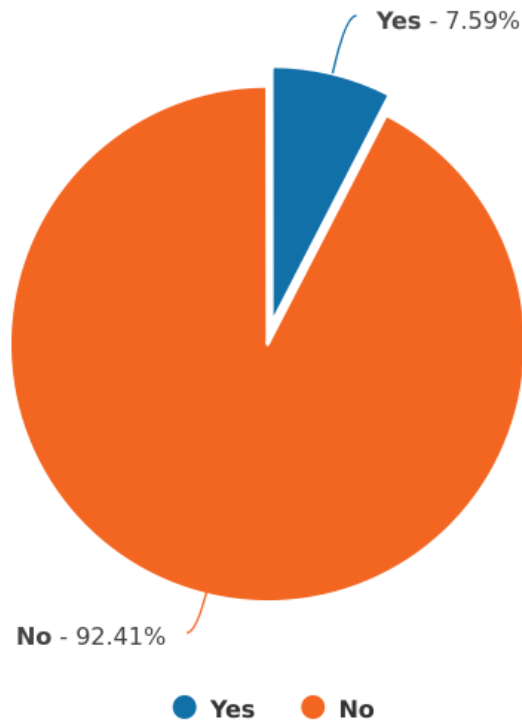
### 16. How do you get alcohol? Please tick all that apply.



Answer Choices		Response Percent	Response Total
1	Not applicable, I don't drink alcohol	77.22%	61
2	My parents give it to me	16.46%	13

**16. How do you get alcohol? Please tick all that apply.**

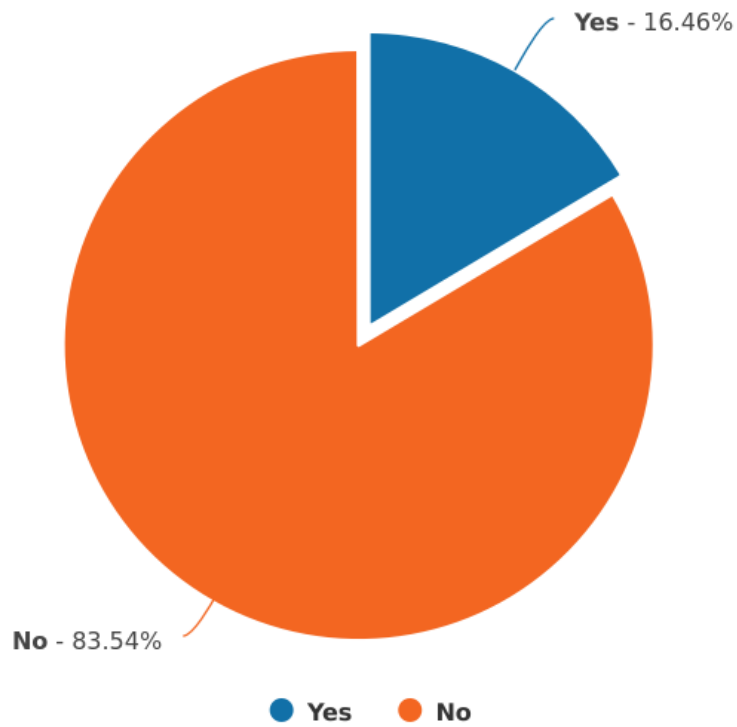
3	I buy it myself		2.53%	2
4	Friends		6.33%	5
5	Older brothers/sisters		2.53%	2
6	Another adult (not parent/carer)		3.80%	3
			answered	79
			skipped	0

**17. Have you ever sent an explicit photo to someone, e.g., wearing only your underwear or naked?**



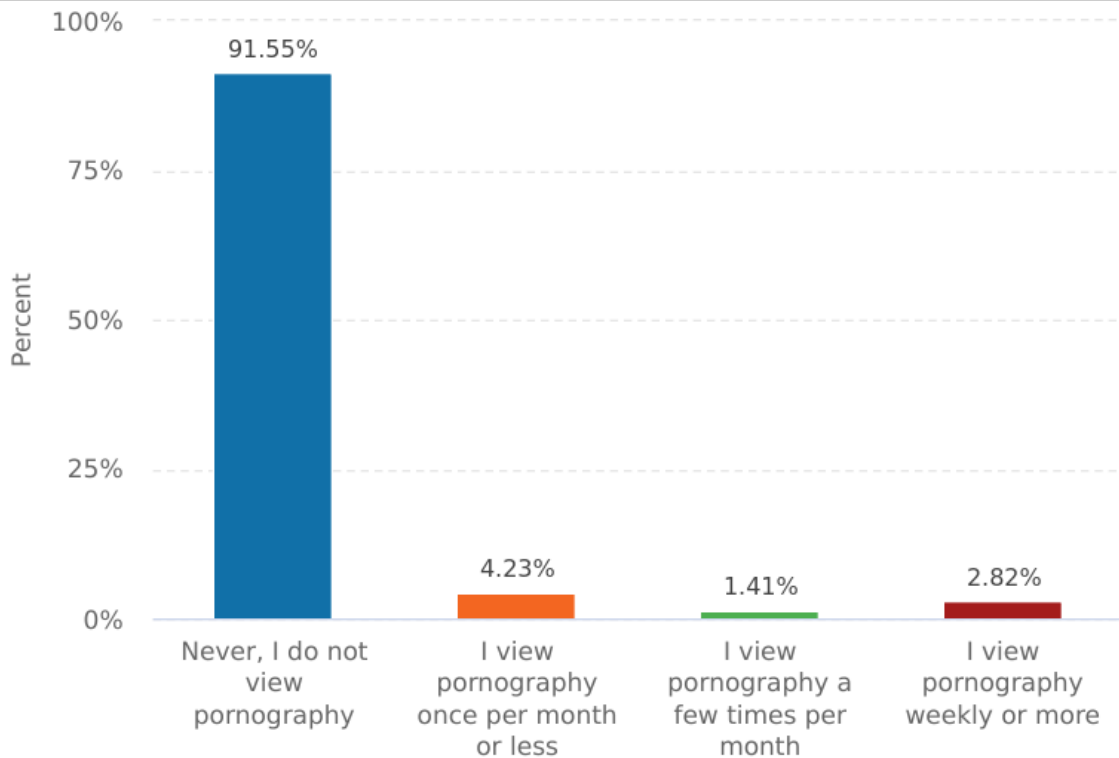
Answer Choices		Response Percent	Response Total
1	Yes		7.59% 6
2	No		92.41% 73
			answered
			79
			skipped
			0





18. Have you ever been sent an explicit photo? e.g., someone in their underwear, partially naked or naked.



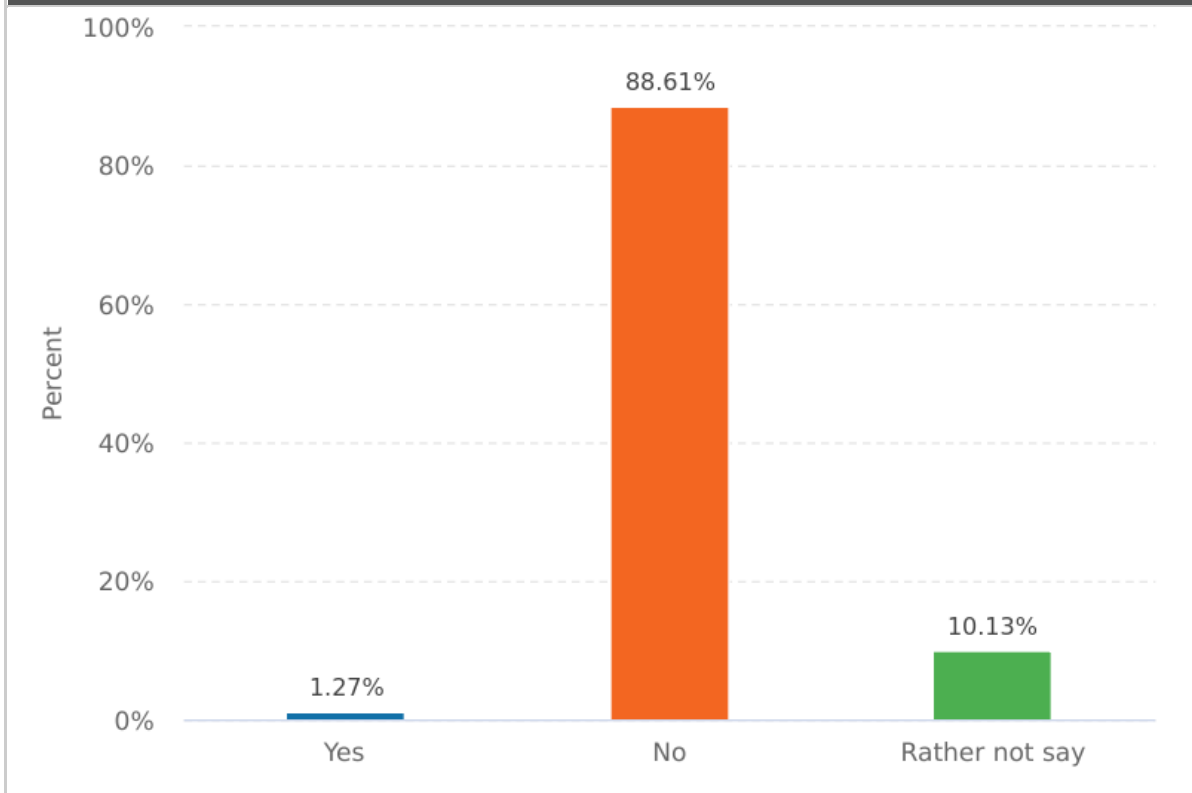
Answer Choices		Response Percent	Response Total
1	Yes	16.46%	13
2	No	83.54%	66
		answered	79
		skipped	0




**19. How often do you view pornography? (You can skip this question if you feel uncomfortable answering it.)**



Answer Choices			Response Percent	Response Total
1	Never, I do not view pornography		91.55%	65
2	I view pornography once per month or less		4.23%	3
3	I view pornography a few times per month		1.41%	1
4	I view pornography weekly or more		2.82%	2
			answered	71
			skipped	8

### 20. Do you carry a knife/ bladed implement/ tool?



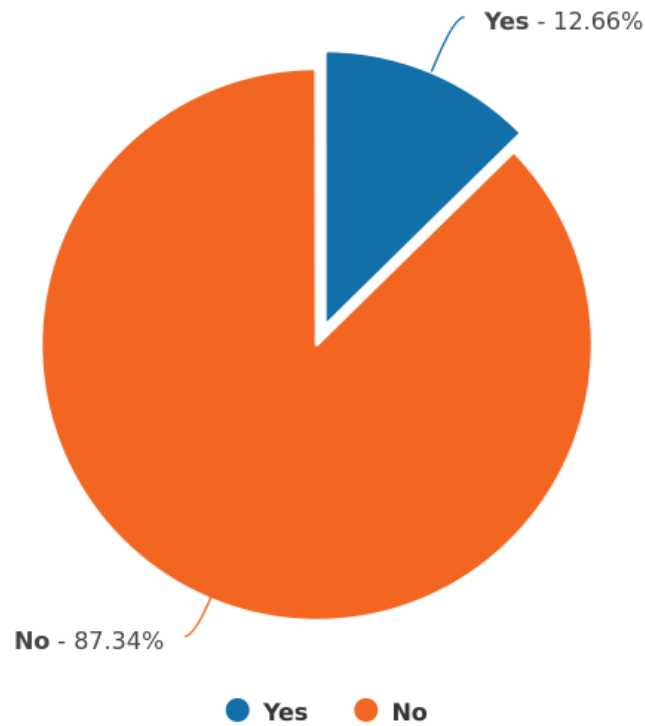
Answer Choices			Response Percent	Response Total
1	Yes		1.27%	1
2	No		88.61%	70
3	Rather not say		10.13%	8
			answered	79
			skipped	0

### 21. Select the MAIN reason why you carry a knife/ bladed implement/ tool.

Answer Choices			Response Percent	Response Total
1	For protection		100.00%	1
2	It's part of my culture		100.00%	1
3	Other e.g., crafts, hobbies, work, personal use.		100.00%	1
			answered	1
			skipped	78

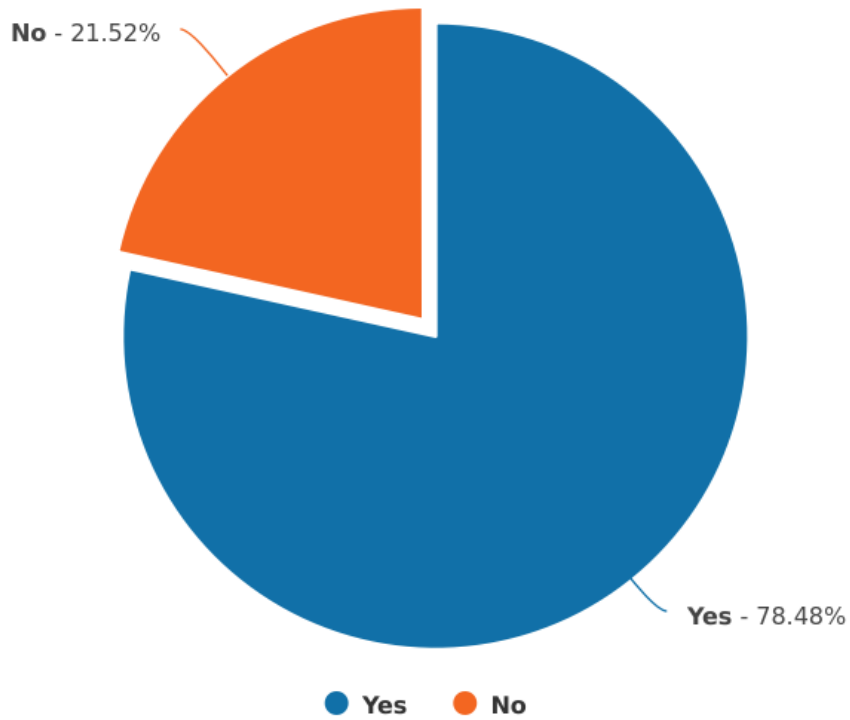


**22. Have you ever gambled without the permission of your parents/carers?**



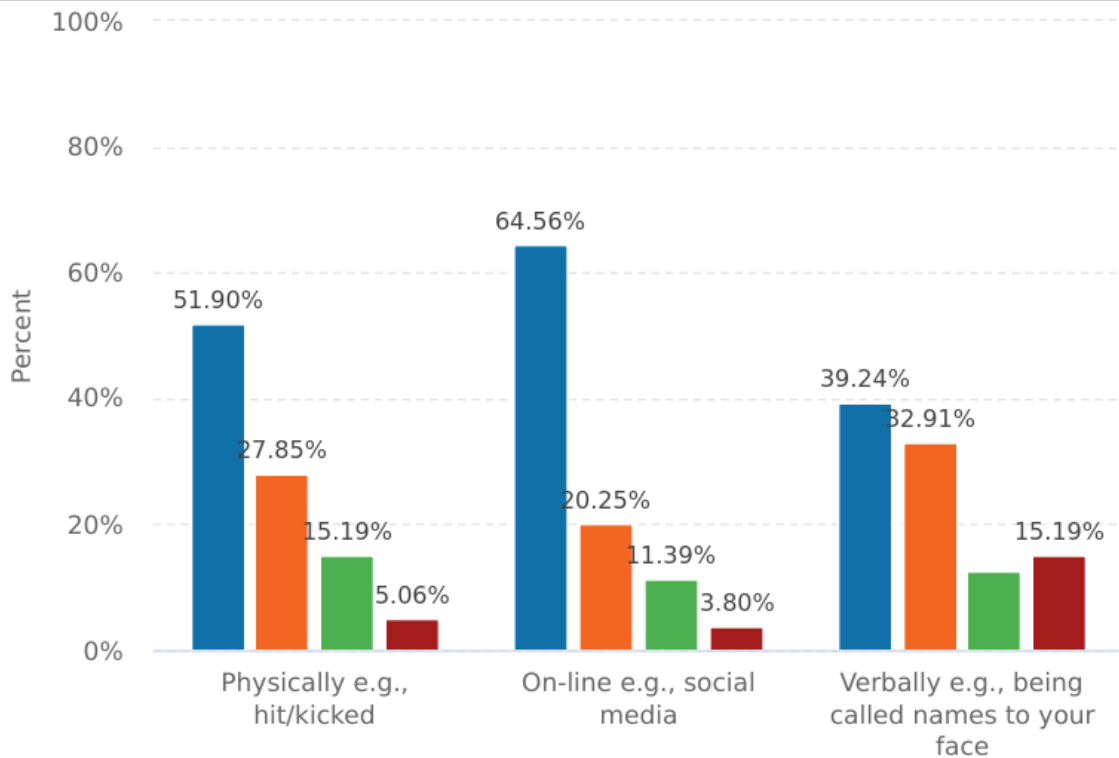
Answer Choices		Response Percent	Response Total
1	Yes	12.66%	10
2	No	87.34%	69
		answered	79
		skipped	0

23. Do you feel mostly happy or ok about the way you look?



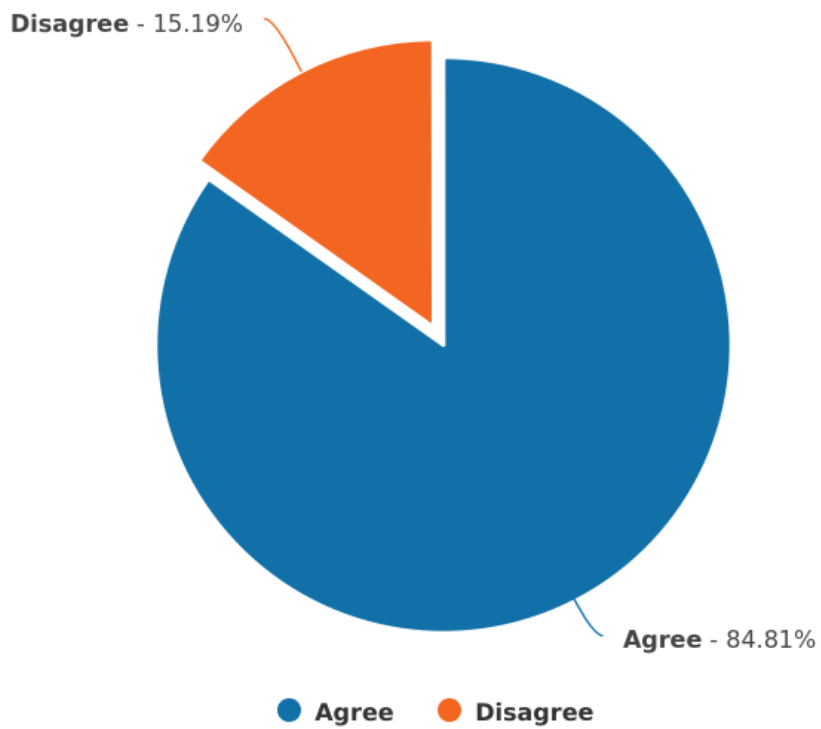
Answer Choices		Response Percent	Response Total
1	Yes	78.48%	62
2	No	21.52%	17
		answered	79
		skipped	0

## 24. Have you ever been bullied at secondary school?



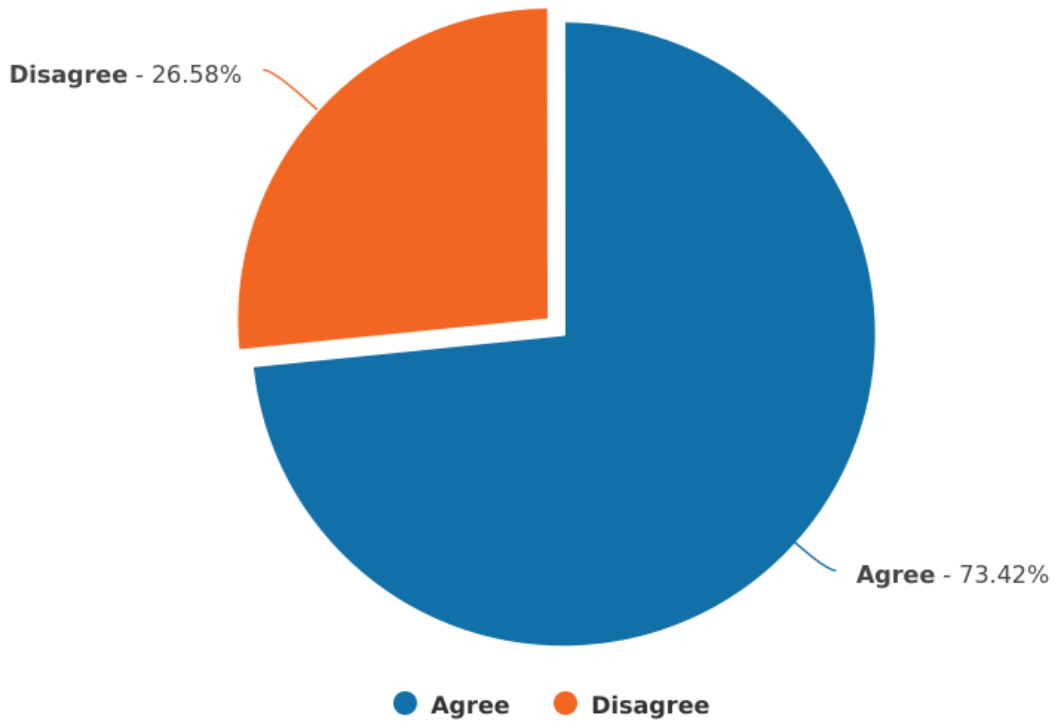
Answer Choices	Never	Rarely	Sometime s	Often	Response Total
Physically e.g., hit/kicked	51.90% 41	27.85% 22	15.19% 12	5.06% 4	79
On-line e.g., social media	64.56% 51	20.25% 16	11.39% 9	3.80% 3	79
Verbally e.g., being called names to your face	39.24% 31	32.91% 26	12.66% 10	15.19% 12	79
				answered	79
				skipped	0

**25. I know how and where to report bullying in school.**



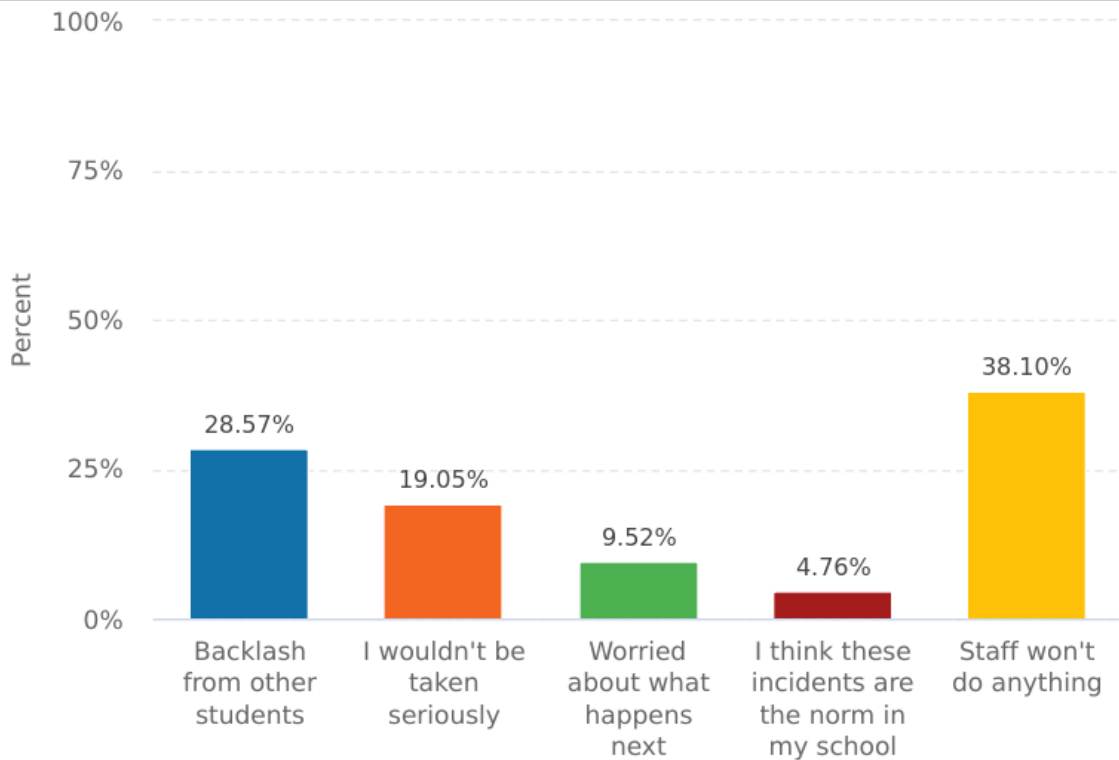
Answer Choices		Response Percent	Response Total
1	Agree	84.81%	67
2	Disagree	15.19%	12
		answered	79
		skipped	0






26. I feel confident to report incidents that affect my personal safety (i.e., anything or anyone that makes me feel unsafe).



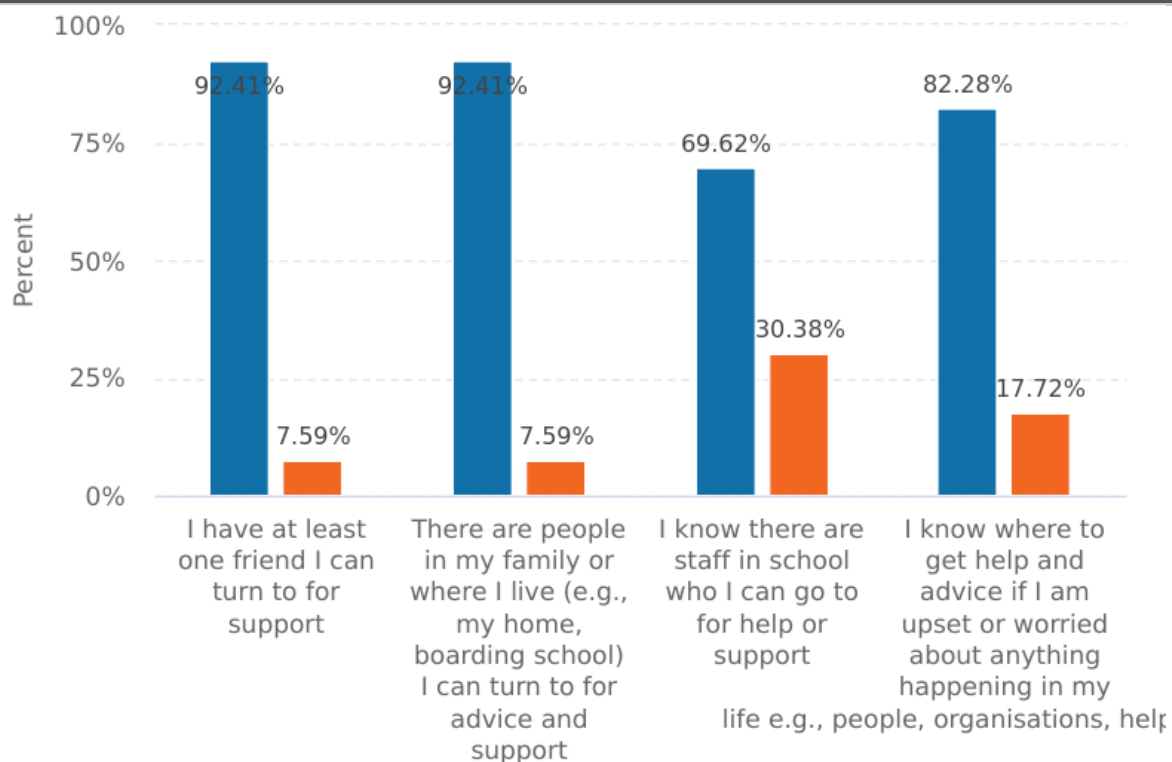
Answer Choices		Response Percent	Response Total
1	Agree	73.42%	58
2	Disagree	26.58%	21
		answered	79
		skipped	0

**27. The main reason I do not feel confident to report incidents that affect my personal safety is: (choose the one reason that is most relevant to you).**



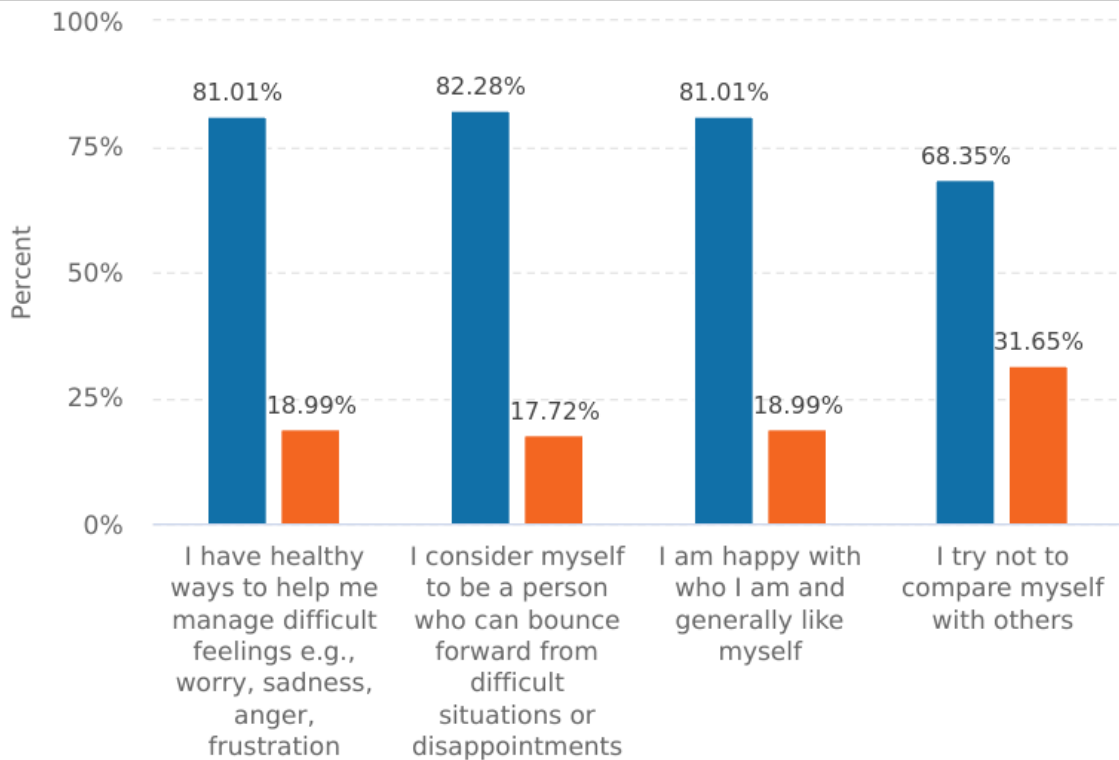
Answer Choices			Response Percent	Response Total
1	Backlash from other students		28.57%	6
2	I wouldn't be taken seriously		19.05%	4
3	Worried about what happens next		9.52%	2
4	I think these incidents are the norm in my school		4.76%	1
5	Staff won't do anything		38.10%	8
			answered	21
			skipped	58

### 28. Do you agree or disagree with these statements?:



Answer Choices	Agree	Disagree	Response Total
I have at least one friend I can turn to for support	92.41% 73	7.59% 6	79
There are people in my family or where I live (e.g., my home, boarding school) I can turn to for advice and support	92.41% 73	7.59% 6	79
I know there are staff in school who I can go to for help or support	69.62% 55	30.38% 24	79
I know where to get help and advice if I am upset or worried about anything happening in my life e.g., people, organisations, helplines etc.	82.28% 65	17.72% 14	79
		answered	79
		skipped	0

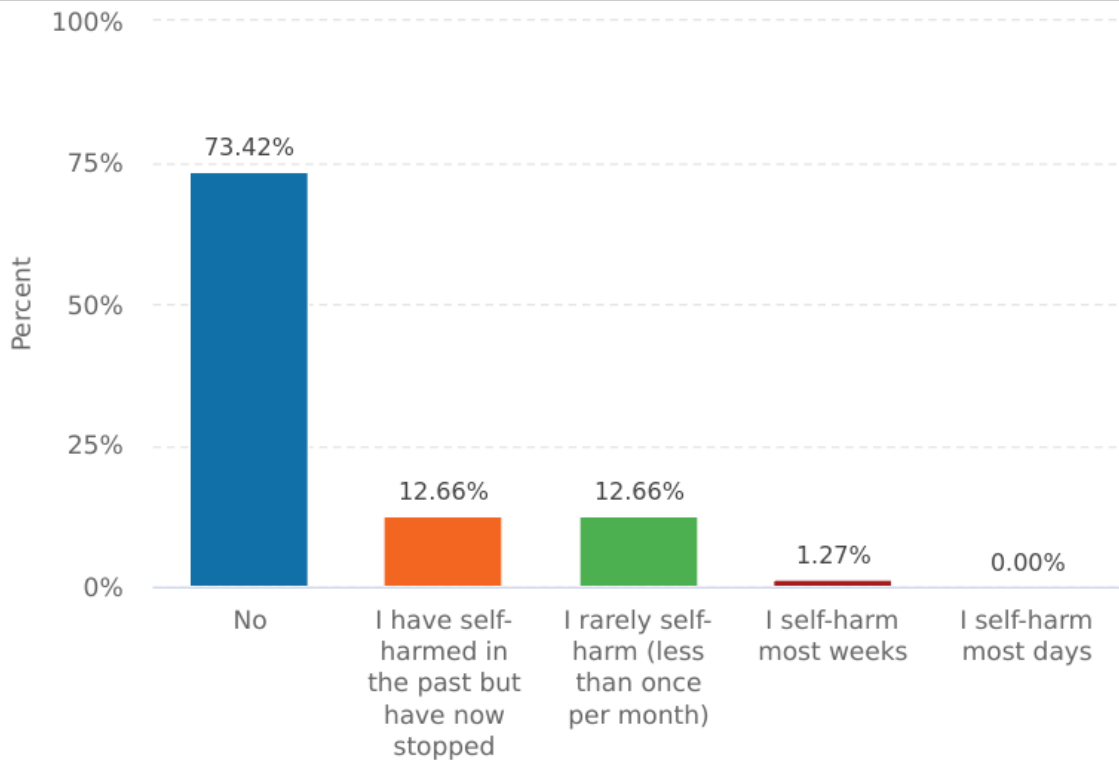
### 29. Do you agree or disagree with these statements:







Answer Choices	Agree	Disagree	Response Total
I have healthy ways to help me manage difficult feelings e.g., worry, sadness, anger, frustration	81.01% 64	18.99% 15	79
I consider myself to be a person who can bounce forward from difficult situations or disappointments	82.28% 65	17.72% 14	79
I am happy with who I am and generally like myself	81.01% 64	18.99% 15	79
I try not to compare myself with others	68.35% 54	31.65% 25	79
			answered
			79
			skipped
			0

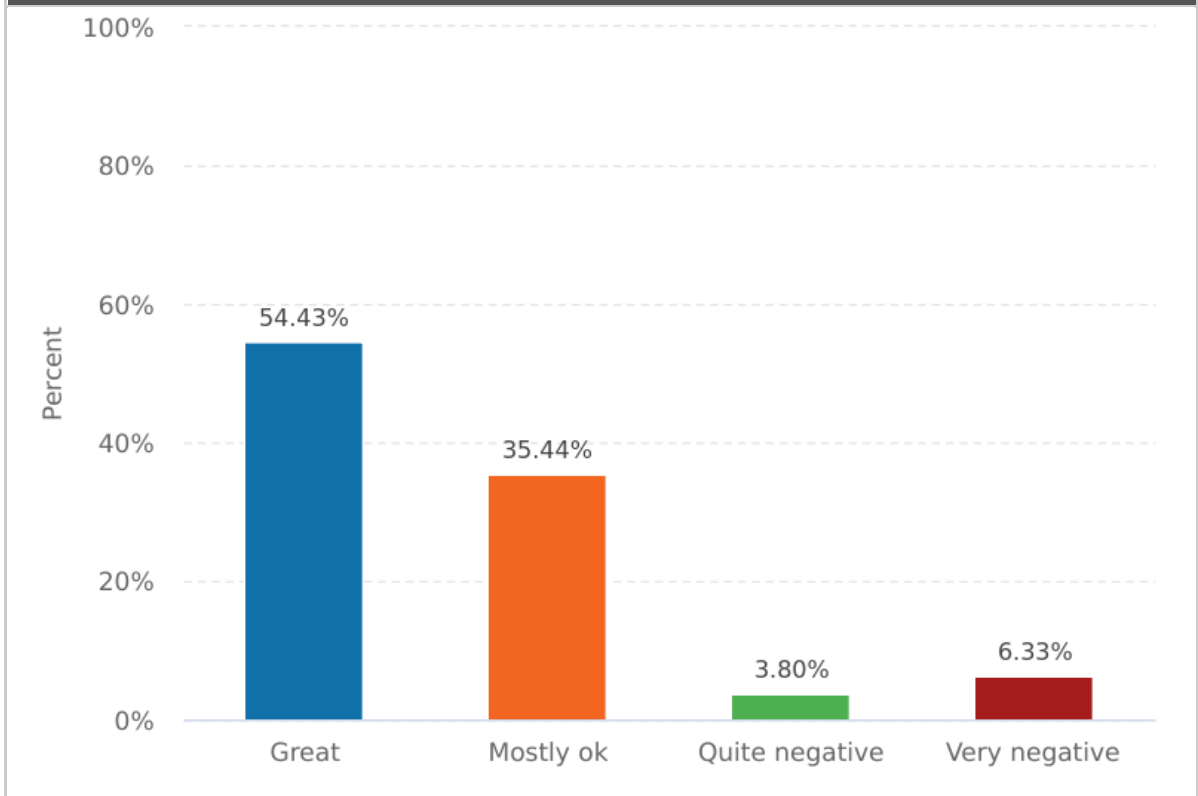






**30. Have you ever deliberately harmed yourself? e.g., scratching, cutting, burning. Select the answer that most closely reflects what you are doing now.**



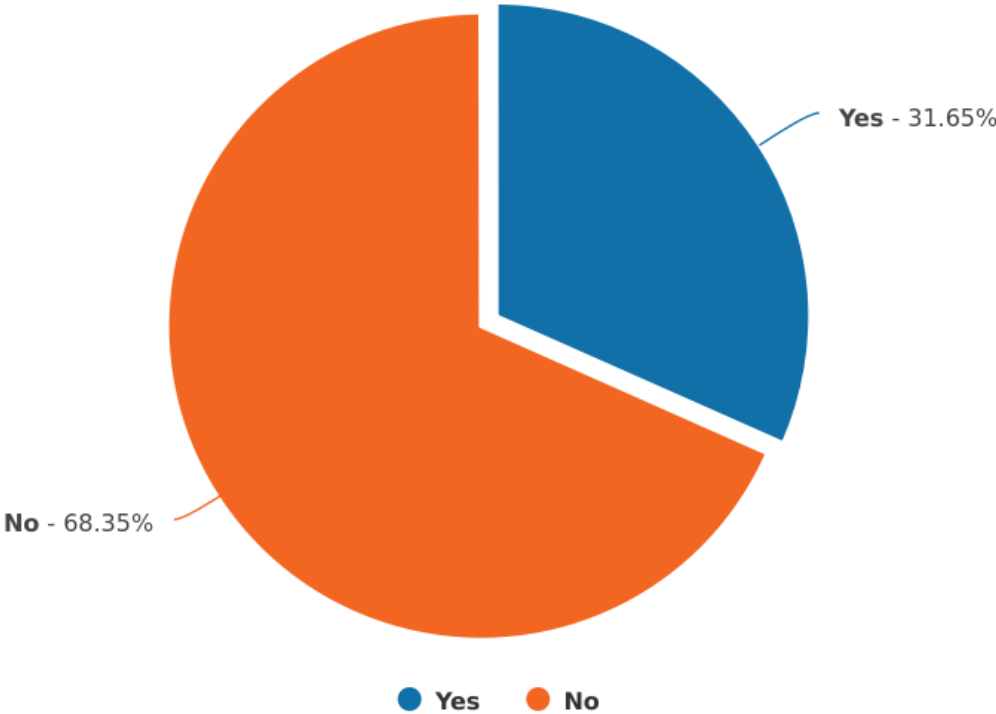
Answer Choices			Response Percent	Response Total
1	No		73.42%	58
2	I have self-harmed in the past but have now stopped		12.66%	10
3	I rarely self-harm (less than once per month)		12.66%	10
4	I self-harm most weeks		1.27%	1
5	I self-harm most days		0.00%	0
			answered	79
			skipped	0

### 31. How would you describe your relationship with social media?



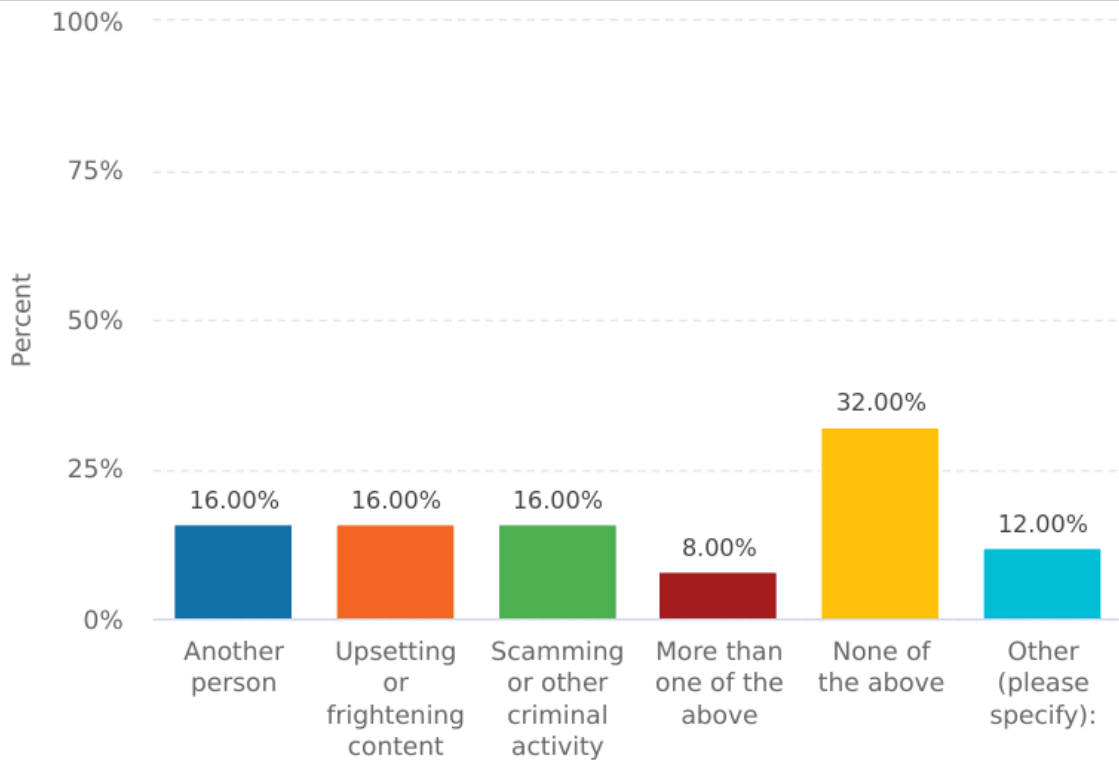
Answer Choices			Response Percent	Response Total
1	Great		54.43%	43
2	Mostly ok		35.44%	28
3	Quite negative		3.80%	3
4	Very negative		6.33%	5
			answered	79
			skipped	0







**32. Have you experienced anything on social media that has made you feel anxious, worried, or scared?**



Answer Choices		Response Percent	Response Total
1	Yes	31.65%	25
2	No	68.35%	54
		answered	79
		skipped	0

**33. Select the statement below that is most relevant to you. i.e., what has mainly made you feel anxious, worried, or scared on social media?**

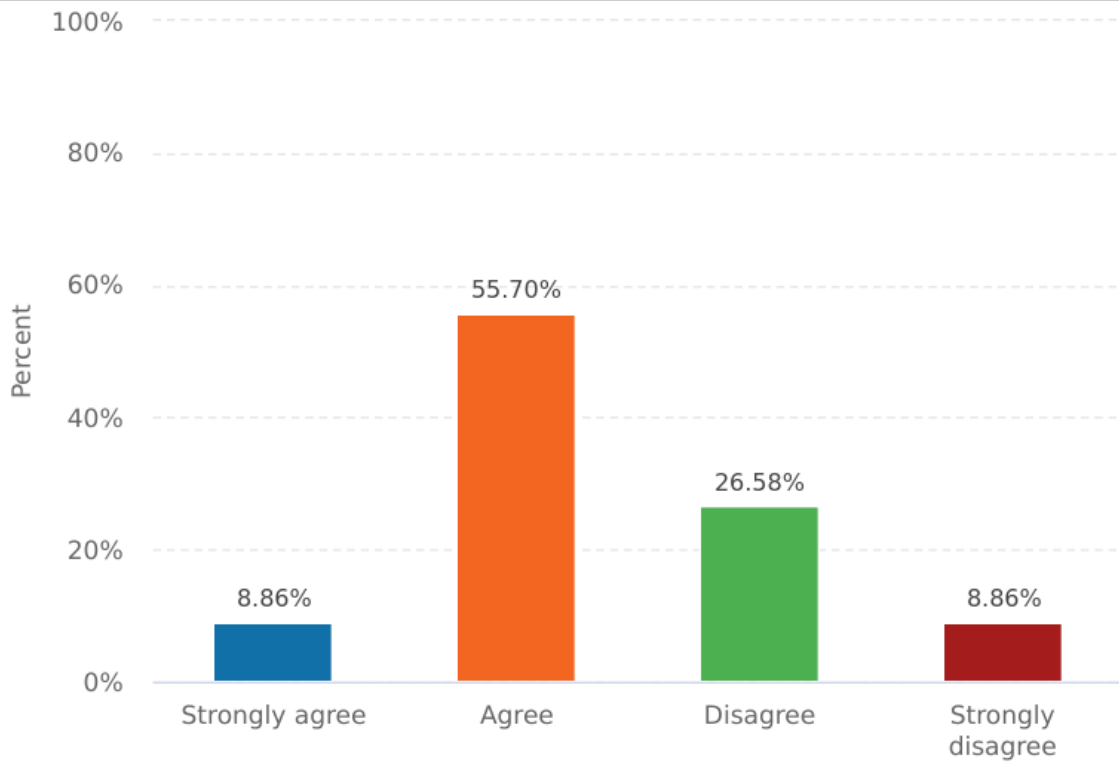






Answer Choices			Response Percent	Response Total
1	Another person		16.00%	4
2	Upsetting or frightening content		16.00%	4
3	Scamming or other criminal activity		16.00%	4
4	More than one of the above		8.00%	2
5	None of the above		32.00%	8
6	Other (please specify):		12.00%	3
			answered	25
			skipped	54

Other (please specify): (3)

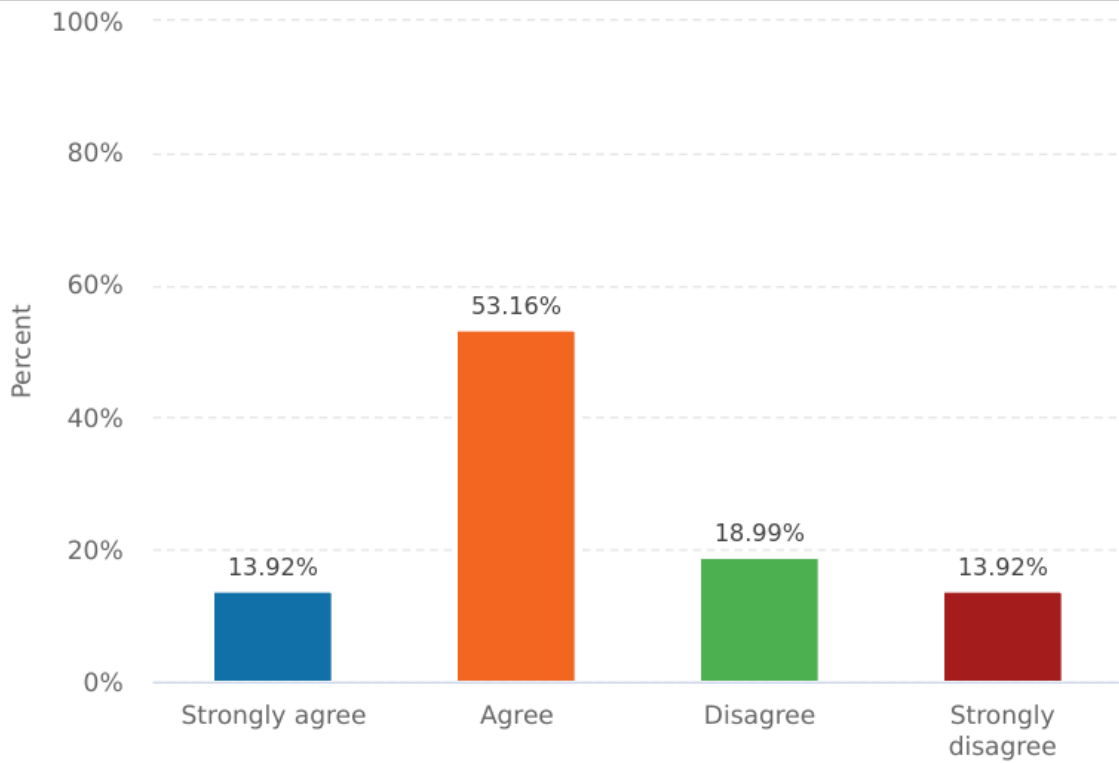
1	23/11/2023 11:14 AM ID: 232278078	myself
2	27/11/2023 14:49 PM ID: 232550934	bullied
3	18/01/2024 11:46 AM ID: 235697283	GETTING INTO MORE FIGHTS





### 34. Students in my school/college treat each other with respect



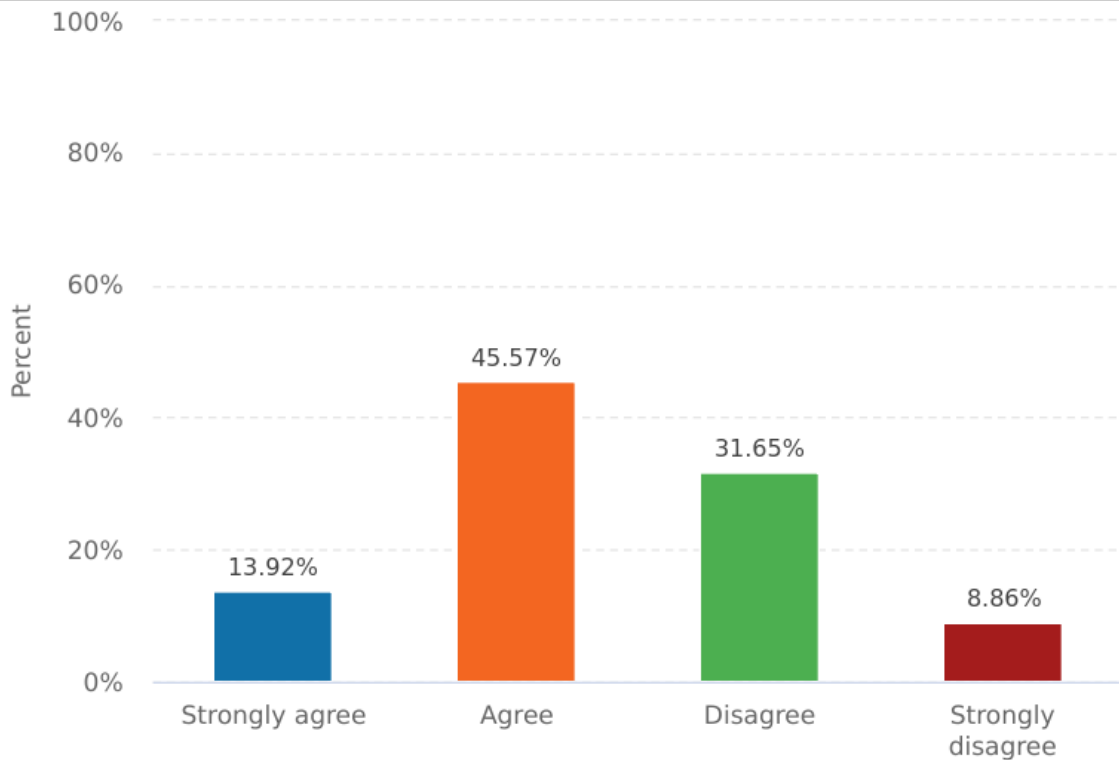
Answer Choices			Response Percent	Response Total
1	Strongly agree		8.86%	7
2	Agree		55.70%	44
3	Disagree		26.58%	21
4	Strongly disagree		8.86%	7
			answered	79
			skipped	0





### 35. Staff in my school/college are good role models.



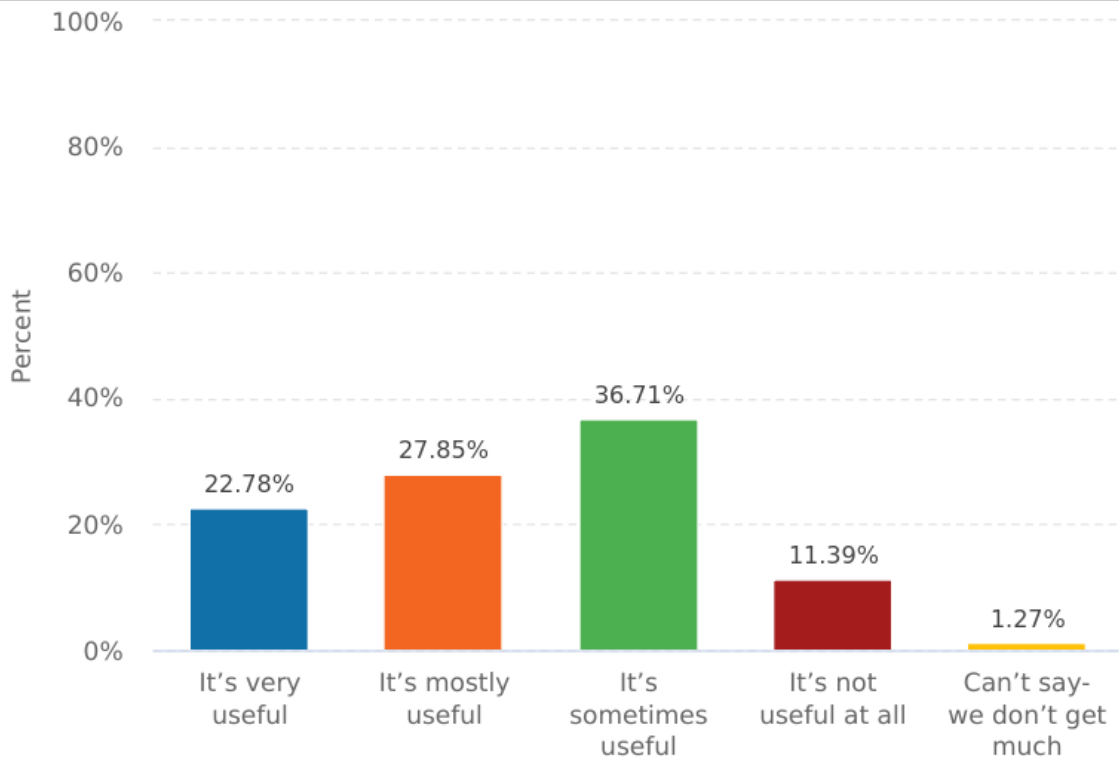
Answer Choices			Response Percent	Response Total
1	Strongly agree		13.92%	11
2	Agree		53.16%	42
3	Disagree		18.99%	15
4	Strongly disagree		13.92%	11
			answered	79
			skipped	0






**36. There is a culture of mutual respect in my school/college between students and staff. i.e., students treat staff with respect and vice versa.**



Answer Choices			Response Percent	Response Total
1	Strongly agree		13.92%	11
2	Agree		45.57%	36
3	Disagree		31.65%	25
4	Strongly disagree		8.86%	7
			answered	79
			skipped	0

### 37. How useful do you find the PSHE/ Health and Wellbeing / Personal Development / Social and Global lessons you have in school?



Answer Choices			Response Percent	Response Total
1	It's very useful		22.78%	18
2	It's mostly useful		27.85%	22
3	It's sometimes useful		36.71%	29
4	It's not useful at all		11.39%	9
5	Can't say- we don't get much		1.27%	1
			answered	79
			skipped	0

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	46
<p>Hh</p> <hr/> <p>Explain the effect of what we are learning</p> <hr/> <p>Maybe we can view each other's views a bit more and opinions of others on the topic and show all views. Like when we were having a lesson on the Taliban I really wanted to tell people that all muslims aren't terrorists. It's just this 1 specific group of muslims that do all of the terrible acts of terrorism.</p>			



**38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?**

I don't know

dunno

to do kahoot or blooket every lesson and let us sit anywhere

make it funner and less boring

more of it

Adding things like lessons about self-harm because that is very common these days

nothing

talking more about help in different situations

New teachers

..

making it more entertaining

To have more practicals and look at more interesting topics

Nothing I like it

no

Talk negatives and positive about a influencer or celebrity of done so

Being more informative on subjects like Sexyal Education

I would teach looks aren't important and. Personally its better

Teach us about more about sensitive lessons.

For teachers not to tell us off for talking and laughing about thing and doing exercises that even the teachers know people are going to laugh at and tellinng them off for it

Do more lessons talking about well being and realistic scenarios that students may face. e.g. suicide, self harm, drug use,smoking/vaping and mental health improvement

Allow students to find ways to end situations that are negative to someone  
E.g. suicide , depression , a loss, bullying/harassment, unwanted sexual behaviors

hyfsdhfgusddnfgbhrej

Keep it more understanding

Make the lessons more interactive

do more of it and do stuff thats useful

I would go onto active ways to help people

More time on the computers so we can feel happy

Bring in more life skills

more moden and interactive learning

dont know

make it more interesting and fun

How to manage a bank account

i would suggest that the teachers should ignore students that annoy them and to pay more attention to the lessons

i would suggest that the teachers should ignore student that annoy them and pay attention to other people in the lesson

### 38. If you could improve the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons in your school, what would you suggest?

do things students would be more conferrable with

good

MAKE IT MORE FUN AND THATS IT ;)

more learning than usual

dunno

I dont know

Nothing I think it's ok

no

answered 46

skipped 33

### 39. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social & Global lessons you have received in secondary school on the following topics?

Answer Choices	Good	OK	Could be better	Poor/non-existent	Response Total
Information on drugs, alcohol, tobacco and e-cigarettes/vaping	56.96% 45	25.32% 20	13.92% 11	3.80% 3	79
Benefits and dangers of prescription drugs	51.90% 41	34.18% 27	7.59% 6	6.33% 5	79
The link between physical and mental health	46.84% 37	29.11% 23	18.99% 15	5.06% 4	79
The benefits of physical health and fitness	53.16% 42	32.91% 26	10.13% 8	3.80% 3	79
Causes of ill health, treatment and how to stay healthy	48.10% 38	32.91% 26	12.66% 10	6.33% 5	79
Knowledge of basic first aid	29.11% 23	31.65% 25	20.25% 16	18.99% 15	79
The importance of good quality sleep	46.84% 37	32.91% 26	10.13% 8	10.13% 8	79
Body changes as a result of puberty	49.37% 39	30.38% 24	12.66% 10	7.59% 6	79
Emotional changes as a result of puberty	50.63% 40	26.58% 21	11.39% 9	11.39% 9	79
				answered	79
				skipped	0

<b>40. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social &amp; Global lessons you have received in secondary school on the following topics?</b>						
<b>Answer Choices</b>	<b>Good</b>	<b>Ok</b>	<b>Could be better</b>	<b>Poor/non-existent</b>	<b>Response Total</b>	
How to manage stress and anxiety	43.04% 34	30.38% 24	18.99% 15	7.59% 6	79	
Recognising the signs of common mental health issues e.g., depression and anxiety	44.30% 35	37.97% 30	11.39% 9	6.33% 5	79	
Common types of mental ill health	39.24% 31	40.51% 32	15.19% 12	5.06% 4	79	
How to manage your finances e.g., budgeting	36.71% 29	24.05% 19	21.52% 17	17.72% 14	79	
Online safety including the law and how to use the internet and social media responsibly	49.37% 39	35.44% 28	10.13% 8	5.06% 4	79	
Understand harms on and offline including gambling, fake news, harassment, bullying, exploitation, sexual harassment	50.63% 40	29.11% 23	15.19% 12	5.06% 4	79	
Sex education, including contraception and Sexually Transmitted Infections (STIs)	37.97% 30	34.18% 27	15.19% 12	12.66% 10	79	
How to have good relationships, including consent	37.97% 30	45.57% 36	11.39% 9	5.06% 4	79	
LBGTQI+	32.91% 26	26.58% 21	10.13% 8	30.38% 24	79	
Learning to live in a diverse society e.g., challenging racism, sexism, misogyny etc.	49.37% 39	30.38% 24	11.39% 9	8.86% 7	79	
The risks associated with crime, gangs and knives	51.90% 41	26.58% 21	12.66% 10	8.86% 7	79	
					answered	79
					skipped	0

#### 42. Page 42

<b>41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?</b>					
<b>Answer Choices</b>	<b>Good</b>	<b>Ok</b>	<b>Could be better</b>	<b>Poor/non-existent</b>	<b>Response Total</b>
How to cope with changes in a relationship e.g., break-ups, death of a loved one	37.97% 30	31.65% 25	15.19% 12	15.19% 12	79
The legal status of different types of relationships	39.24% 31	40.51% 32	12.66% 10	7.59% 6	79

41. How would you rate the PSHE / Health and Wellbeing / Personal Development / Social and Global you have received in secondary school on the following topics?					
Skills including teamwork, active listening, negotiation, public speaking etc.	44.30% 35	35.44% 28	11.39% 9	8.86% 7	79
Fertility, pregnancy and choice	27.85% 22	39.24% 31	16.46% 13	16.46% 13	79
Pornography	27.85% 22	29.11% 23	11.39% 9	31.65% 25	79
Information on choices relating to jobs, careers, further and higher education	37.97% 30	39.24% 31	12.66% 10	10.13% 8	79
Protecting yourself from people or groups with views that are harmful to others i.e., radicalisation and extremism	36.71% 29	43.04% 34	15.19% 12	5.06% 4	79
Grooming and exploitation, including online.	44.30% 35	37.97% 30	10.13% 8	7.59% 6	79
				answered	79
				skipped	0

### 43. Page 43

42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.			
Answer Choices		Response Percent	Response Total
1	Open-Ended Question	100.00%	35
<p>??</p> <p>Not sure</p> <p>i don't know</p> <p>nothing</p> <p>maybe working on mental health and peoples situations</p> <p>i cant name name them all</p> <p>Maybe how to resist racism as i am struggling with that at the moment</p> <p>I really like all of them</p> <p>no</p> <p>Please teach sex education separately as it can be uncomfortable for opposite gender</p> <p>I would like to ad the puberty and aid one pls</p> <p>How to be safe in a gang or dangerous people.</p> <p>Teach more about puderty (changes), sex, gangs, self protection, etc. Do multiple lessons on this to allow students to get a common and complex understanding about the subjects.</p>			

**42. Please use this space to provide any feedback on topics you would like covered in PSHE / Health and wellbeing / Personal Development / Social and Global and/or the style of delivery. This will help school modify the programme.**

Add a variety of lessons to allow students to get a complex understanding of the subjects being taught.

E.g. sex, pornography ,puberty ,gangs and violence, etc.

eqdwqdwqwqqddw

I like that you are are teaching us these things and I appreciate it.

I think some of the topics we learn aren't really explained well and don't make too much sense

cant think of it

puberty and emotions we feel during puberty

Not much

i would like more moden and interactive

first aid

to learn about financial decisons and services and jobs and how to actually make good money

How to manage a bank acount and how to get a job

Respect

pornogra[py

pornorgrapy

drg

NOTHING

.

bang

?

answered	35
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skipped	44
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